

目 录

搏击·武术科学

2011年5月
第8卷 第5期
2011年5月28日出版

主 编:王基福
副 主 编:赵光圣
李金龙
田文波(常务)

责任编辑:田文波
郭玉成
郭丽萍
金馨瑜
英文编辑:杨海庆

【专家论谈】

武术文化传播与国家形象塑造 骆红斌(1)

【武术发展研究】

非物质文化遗产理念下传统武术的传承与保护 李吉远,谢业雷(3)

传统武术流失的历史与现实原因分析 张 丹(6)

后奥运时代的传统武术发展之路

..... 庄长宽,杨晓军,桑全喜,周学兰(8)

复兴传统武术应重视传统文化教育 刘霓尘,陈飞宇(10)

武术文化产业发展的可行性及其对策 金国齐(12)

浅谈武术的起源与发展 史文锋(14)

【武术文化研究】

中国传统文化思想在太极拳中的体现 贾 亮(17)

略论李小龙截拳道武道哲学 郝 钢,张继生,罗孝志(19)

《中华武术》二十七年发展脉络梳理 李守培,郭玉成(21)

【传统武术研究】

论高校校园开展传统武术的可行性 张 杰(26)

沙氏武术的形成及特点 欧道生,郭振华(28)

德州地区少数民族武术活动研究 赵金娜(31)

从武术的视角解析丹田 尹 铮(34)

【大众武术研究】

现代女性防身自卫训练的新视点 王海源,管庆丽(37)

影响高校教工太极拳锻炼的坚持性因素分析 施鲜丽(40)

【武术套路研究】

构建传统武术套路比赛评价模式的可行性与必要性分析

..... 王东敏(43)

【武术散打研究】

浅析散打运动技能训练内容要素及基本特征 刘文涛(47)

浅谈如何激发学生擒拿格斗课训练热情 公黎斌(50)

散打体能与训练系统结构研究 刘 洋(53)

试析现代竞技武术散打在武术中的定位 孙向豪,王向阳(56)

【武术教学研究】

高校武术课情景演绎式教学与传统教学模式实验比较研究

..... 洪 流(59)

浅谈武术教学中的安全文化建设 刘晓玲(63)

- 论中学生武术兴趣的培养 赵红波,王兵伟(65)
- 浅析高校学生选修武术课动机的培养激发方法 曹永跃(67)
- 攻防技击回归武术套路教学的研究 杨帆,彭昕(70)
- 普通高校武术普修课程主体性教学的实验研究 闫洪涛(72)
- 学校武术教学现状与创新 周慧虹(74)
- 浅谈幼儿武术教学中的武德教育 罗虹霞,魏开源(76)
- 武术课堂教学多媒体 CAI 课件的设计与应用 杨远(78)

【国外武技研究】

- 民族地区跆拳道发展研究 王韶玉,许菲菲(80)
- 关于印度意念健身术理论建构的思考 胡伟(82)
- 浅谈跆拳道运动员的身体素质训练 胡媛媛(85)

【民族传统体育】

- 贵州原生态民族传统体育文化资源的调查与研究
..... 王亚琼,罗建新(88)
- 少数民族传统体育与学校体育的关系研究
..... 李颖侠,姜婵,孟峰年(91)
- 学校体育视野下民族传统体育的传承与发展
..... 陶志超,陆清(93)
- 湖南普通高校舞龙运动训练及竞赛的现状与发展对策研究
..... 罗锡文,龙佩林(95)
- 潮汕传统体育英歌舞的运动损伤与预防研究 许汝松,邓金兰(98)
- 河南省普通高校民族传统体育学科建设模式的研究 蒋培锋(100)
- 谈健身气功俱乐部教学中的 5W1H 问题 宋金超(103)
- 内蒙古锡林郭勒盟那达慕对当地经济、文化促进作用的研究
..... 李佳,刘定一(106)

【其它体育研究】

- 我国城市社区学校体育设施对外开放现状研究 李晓天(108)
- 普通高校课余体育竞赛发展现状与对策研究 马光(112)
- 关于我国开展职业拳击运动的思考 赵丽,王坤明,李艳(115)
- 高职院校 BMI 指数异常学生的体育教学干预研究
..... 张文贤(118)
- 体育教师非言语行为应用的分析与策略 田章飞(120)
- 沈阳体育学院竞技体校优秀运动员膳食调查——维生素摄入分析
..... 韩巍(123)

主管单位:山西省体育局
 主办单位:山西省体育报刊社
 编辑出版:山西省体育报刊社
 社 长:王基福
 地 址:太原市大营盘寇庄
 北街 3 号
 电 话:(0351)7044201
 电子信箱:wushukexuesx
 @163.com
 法律顾问:姚雪飞
 印 刷:山西百花印刷
 有限公司
 国外发行:中国国际图书贸易总
 公司(京 2810 信箱)
 国外代号:M1925
 国内发行:山西省邮政报刊
 发行局
 邮发代号:22-86

CONTENTS

Wushu Culture Diffusion and National Image Creation	Luo Hongbin(1)
Inheritance and Protection of Traditional Wushu under the Thought of Intangible Cultural Heritage	Li Jiyuan,Xie Yelei(3)
Historical and Realistic Reasons of Traditional Wushu Outflow	Zhang Dan(6)
The Road of Traditional Wushu Development in the Post-Olympic Era	Zhuang ChangKuan, Yang Xiaojun, Sang Quanxi, Zhou Xuelan(8)
Traditional Wushu should Attach Importance to the Revival of Traditional Culture Education Paying Attention to Traditional Wushu to Revive Traditional Cultural Education	Liu Nichen, Chen Feiyu(10)
On the Feasibility and Countermeasures of Developing Wushu Culture Industry	Jin Guoqi(12)
On the Origin and Development of Wushu	Shi Wenfeng(14)
The Expression of Chinese Traditional Culture in Taijiquan	Jia Liang(17)
On the Wushu Philosophy of Bruce Lee's Jeet Kune Do	Hao Gang, Zhang Jisheng, Luo Xiaozhi(19)
Overview of the Twenty Seven Years Development Course of Chinese Wushu	Li Shoupei, Guo Yucheng(21)
On the Feasibility of Carrying out the Traditional Wushu in College Campus	Zhang Jie(26)
The Formation and Characteristics of Sha Style Wushu	Ou Daosheng , Guo Zhenhua(28)
On Dezhou Minorities Wushu Activities	Zhao Jinna(31)
From the Perspective of Wushu to Analysis DanTian	Yin Zheng(34)
The New Viewpoint on Modern Women's Self-defense Training	Wang Haiyuan, Guan Qingli(37)
The Influence Factors of Taijiquan Adherence to Teachers and Administration Staff in University	Shi Xianli(40)
Analysis on the Feasibility and Necessity of Constructing the Evaluation Model of Traditional Wushu Routine Competition	Wang Dongmin(43)
The Basic Features of the Content Elements of Sanda Skills	Liu Wentao(47)
How to Arouse Students' Training Passion in the Twisting of Joints Class	Gong Libin(50)
The Study of Physical Fitness and Its Systematic Training in Sanshou	Liu Yang(53)
Analysis of Competitive Wushu Sanda Position in Wushu	Sun Xianghao, Wang Xiangyang(56)
The Experimental and Comparative Study on the Scene Deductive Teaching and Traditional Teaching Models of Wushu Lessons in College	Hong Liu(59)
Research on Construction of Safety Culture in the Wushu Teaching	Liu Xiaoling(63)

On the of development of School Students Wushu Interest	Zhao Hongbo, Wang Bingwei(65)
College Students Wushu Motive Stimulation Methods	Cao Yongyao(67)
The Research of Defending and Attacking Return to the Teaching of Wushu	Yang Fan, Peng Xin(70)
Experimental Study on the Subjective Teaching of College Wushu Class	Yan Hongtao(72)
The Teaching Situation and Innovation of Wushu in Shools	Zhou Huihong(74)
Study on Relationship between the Minority Traditional Sports and On Wushu Mortality Education in Children Wushu Teaching	Luo Hongxia, Wei Kaiyuan(76)
Design and Application of Multimedia CAI Courseware in Wushu Class Teaching	Yang Yuan(78)
A Developmental Study of Taekwondo in Ethnic Regions	Wang Shaoyu, Xu Feifei(80)
On Theoretical Construction of The Body—built Arts by Awareness of India	Hu Wei(82)
Physical Quality Training of Taekwondo Athletes	Hu Yuanyuan(85)
The Investigation and Research of Original—form Traditional Nation Sports in Guizhou	Wang Yaqiong, Lou Jianxin(88)
Study on Relationship between the Minority Traditional Sports and School Physical Education	Li Yingxia, Jiang chan, Meng Fengnian(91)
Heritage and Development of National Traditional Sports in the School Physical Education Perspective	Tao Zhichao, Lu Qing(93)
Countermeasures on the Current Situation and Development of Dragon Sports Training and Competition in Universities of Hunan	Luo Xiwen, Long Peilin(95)
On Prevention and Sports Injuries about Dance of Ying—ge	Xu Rusong, Deng Jinlan(98)
On the Model of the National Traditional Sports Discipline Construction in Ordinary Universities of Henan Province	Jiang Peifeng(100)
On the "5W1H" Problems of Teaching in Health Qigong Clubs	Song Jinchao(103)
On the Promotion of XiLinGuoLeMeng' Naadam Faire to the Economics and Culture Development	Li Jia, Liu Dingyi(106)
On the Current Conditions of Sport Facilities Opening for Publics in Chinese Rural Community Schools	Li Xiaotian(108)
College After—school Sports Competitions and the Countermeasures	Ma Guang(112)
On the Development of Professional Boxing in China	Zhao Li, Wang Kunming, Li Yan(115)
A Study on the Sports Teaching Intervention of BMI Abnormal Students in Vocational Colleges	Zhang Wenxian(118)
The Analyses and Strategy of Physical Teacher's Non—speech Behavior Applicaiton	Tian Zhangfei(120)
The Dietary Survey on Elite Athletes in Sports School Attached to Shenyang Sport University——Analysis on Vitamin Intakes	Han Wei(123)