



中国科技期刊卓越行动计划项目资助期刊
《中文核心期刊要目总览》入编期刊
中国科技核心期刊 (中国科技论文统计源期刊)
中国科学引文数据库 (CSCD) 来源期刊
T1 级优秀中医药科技期刊目录入选期刊
《科技期刊世界影响力指数 (WJCI) 报告》收录期刊
《中国精品科技期刊顶尖学术论文 (F5000)》项目来源期刊
中国期刊方阵“双效期刊”
CA、IPA、CSA、Ulrich PD、EBSCO host、JST、Embase 数据库收录期刊

ISSN 1006-2157

CN 11-3574/R

CODEN BZDXF5

北京中医药大学学报

Journal of Beijing University of Traditional Chinese Medicine

BEIJING ZHONGYIYAO DAXUE XUEBAO

2023

1

第46卷

本期重点推荐

明医之路道传薪火 冀望后学开创伟业 王永炎院士

论抑郁症“虚气流滞”病机 郭蓉娟教授



ISSN 1006-2157



Vol.46 Iss.1 2023年1月

北京中医药大学学报

BEIJING ZHONGYIYAO DAXUE XUEBAO

第46卷 第1期

2023年1月

目次

引航之声

明医之路道传薪火 冀望后学开创伟业 王永炎(1)

名家论坛

论抑郁症“虚气流滞”病机 郭蓉娟(5)

标准与规范

肿瘤相关抑郁中医诊疗专家共识 中华中医药学会血液病分会 中国民族医药学会血液病分会 中国中西医结合肿瘤专业委员会 北京中西医结合学会肿瘤专业委员会(12)

肥胖症互联网体重管理模式专家共识 中华中医药学会《中医体重管理临床指南》专家组 广东省针灸学会肥胖专病联盟(18)

COVID-19 专题

从伏邪理论探讨新型冠状病毒肺炎的发病特点 赵晨希 卢红蓉(25)

理论研究

基于中医脾胃生理功能探讨肿瘤免疫调控 陈洁娜 李园 丁霞(32)

基于知识元标引和扎根理论的《伤寒论》症状分类研究 侯鉴宸 杨凤 付兴 周冉冉 罗亚敏 李芊芊 李冉 张瑶 葛飞 陶晓华(37)

基于心为生之本论治高血压 覃锦 杨睿 宗星煜 赵鹏(42)

“肾应冬”理论气机规律研究 赵一博 魏凤琴(47)

躁脉辨析 李岩松 吕翠霞(52)

实验研究

犀角地黄汤合银翘散干预流行性感胃病毒感染的巨噬细胞炎症机制的网络药理学预测

及实验验证 邓迪 马璐瑶 刘天怡 周娜 刘梦华 杨明锐 邱宗林 郝钰(57)

首乌丸调节肠道菌群延缓 D-半乳糖模型大鼠脑衰老作用及机制研究 张超 加秀凤 黄万凌 周勇 汤琪 陈刚(65)

脾虚证模型大鼠腓肠肌损伤及其机制的探查 范方馨 朱昊如 钱梦 史拓 朱巳昊 谢鸣(77)

中医体质

基于“体-病-证”的组方模式解析气虚体质相关方剂 王雪可 李天星 李玲孺(87)

组态视角下中医体质与健康相关生命质量的关系研究	赵心源 朱燕波 李玉琼 龙利群 陈皮皮(93)
临床研究	
“泛督脉”视域下的脏腑疾病诊治思路及临床应用探讨	张雪萍 张佳乐 计辰洋 白兴华(100)
从气血与经络探讨腹式呼吸训练对认知功能的改善作用	张超阳 冯馨然 闫康 吕天宜 王若水 刘孟 赵希瑞 魏玉龙(106)
基于“燥湿同形同病”论治鱼鳞病	宋玮 张钟艺 凌桂华 饶响书 卓兴卫 肖敏 陈明岭 沈涛(110)
从湿热瘀互结探讨类风湿关节炎相关性疲劳的病机特点	程增玉 徐浩东 李达 庞枫韬 姜雯 唐晓颇(115)
从“玄府开阖、络脉疏塞”探讨淋巴水肿的病因病机及治法	李雨函 刘政 李奕萱 王颖蕊 刘国妍 王洪杰(120)
针灸推拿	
性别对膝骨关节炎针刺治疗疗效的影响:一项多中心随机对照研究的二次分析	郝晓万 屠建锋 王丽琼 于芳婷 林璐璐 李洪萍 石广霞 刘存志(125)
探讨电针对阿尔茨海默病小鼠模型学习记忆能力的影响及作用机制	游明灿 陈新旺 游言文 郝莉(132)
温肾通督针法对抑郁症肾阳虚证模型大鼠相关神经递质及 cAMP-RAF1 信号通路的影响	曹灵修 任路(141)
致读者、作者	(I)
致谢	(II)
《北京中医药大学学报》稿约	(III)

北京中医药大学学报 BEIJING ZHONGYIYAO DAXUE XUEBAO (月刊,1959年创刊) ISSN 1006-2157 CN 11-3574/R CODEN BZDXF5 第 46 卷第 1 期 2023 年 1 月 30 日 主管单位 中华人民共和国教育部 主办单位 北京中医药大学 主 编 王永炎 常务副主编 李岩 副 主 编 (以姓氏笔画为序) 王伟 田金洲 乔延江 陈家旭 梁吉春 鲁兆麟 靳琦	编辑出版 北京中医药大学学报编辑部 编辑部地址 北京市北三环东路 11 号 邮政编码 100029 联系电话 010-53911857 网 址 https://xb.bucm.edu.cn 印刷单位 北京博海升彩色印刷有限公司 国内发行 北京报刊发行局 (100055 北京丰台区莲花池东路 126 号) 国内订阅 全国各地邮局 电子版权出版发行合作伙伴 中邮阅读网 www.183read.com 国外发行 中国国际图书贸易集团有限公司 (北京 399 信箱) 邮发代号 国内 82-414 国外 M 734 国内售价 每册 50.00 元
---	--

广告经营许可证:京朝工商广登字第 20170033 号

本期责任编辑 徐昉 英文编辑 SURPRENANT Teri 美术编辑 刘馨泽 付尧 李雨佳

本刊论文作者已将著作权转让给本刊,现本刊和全体作者共同声明,未经本刊许可,任何机构不得转载、摘编本刊论文

CONTENTS

Voice of Guidance

- Road to becoming a mastered doctor who passes on good experience and places their hopes on the younger generation
to achieve great success **WANG Yongyan** (1)

Prestigious Forum

- Pathogenesis of “deficient-qi induced stagnation” in depression **GUO Rongjuan** (5)

Standards & Guidelines

- Expert consensus statement on the diagnosis and treatment of cancer-related depression based on traditional Chinese
medicine **China Association of Chinese Medicine Blood Disease Branch, Hematology Branch of
Chinese Ethnic Medicine Association, Chinese Cancer Committee of Integrated Traditional and Western Medicine,
Cancer Committee of Beijing Society of Integrated Traditional Chinese and Western Medicine** (12)
- Expert consensus on the treatment of obesity using an Internet weight management model
**Panel of Clinical Guideline for Body Weight Management in TCM of China Association of Chinese Medicine,
Obesity League of Guangdong Association of Acupuncture-Moxibustion** (18)

COVID-19 Theme

- Exploring the disease characteristics of Corona Virus Disease 2019 from the theory of the hidden pathogen
..... **ZHAO Chenxi, LU Hongrong** (25)

Theoretical Studies

- Tumor immune regulation from the perspective of the physiological function of the spleen and stomach in
traditional Chinese medicine **CHEN Jiena, LI Yuan, DING Xia** (32)
- Classification of symptoms in *Shanghan Lun* with knowledge element indexing and grounded theory
..... **HOU Jianchen, YANG Feng, FU Xing, ZHOU Ranran, LUO Yamin,
LI Qianqian, LI Ran, ZHANG Yao, GE Fei, TAO Xiaohua** (37)
- Treatment of hypertension based on the heart as the foundation of life
..... **QIN Jin, YANG Rui, ZONG Xingyu, ZHAO Peng** (42)
- Study on the theory of “kidney corresponding with winter” **ZHAO Yibo, WEI Fengqin** (47)
- Discrimination of the manic pulse **LI Yansong, LYU Cuixia** (52)

Experimental Studies

- Network pharmacological prediction and experimental validation of *Xijiao Dihuang* Decoction combined with
Yinqiao Powder in macrophages infected with influenza virus
DENG Di, MA Luyao, LIU Tianyi, ZHOU Na, LIU Menghua, YANG Mingrui, QIU Zonglin, HAO Yu (57)
- Effect and mechanism of *Shouwu* Pill on regulating intestinal flora and delaying brain aging in D-galactose model rats
..... **ZHANG Chao, JIA Xiufeng, HUANG Wanling, ZHOU Yong, TANG Qi, CHEN Gang** (65)
- Exploration of gastrocnemius injury and its mechanism in rats with syndrome of spleen deficiency
..... **FAN Fangxin, ZHU Haoru, QIAN Meng, SHI Tuo, ZHU Sitai, XIE Ming** (77)

TCM Constitutions

Formula pattern of “constitution-disease-syndrome” as a basis to explore the related prescriptions of qi-deficiency constitution *WANG Xueke , LI Tianxing , LI Lingru*(87)

A configurations perspective on the impact of traditional Chinese medicine constitutions on health-related quality of life *ZHAO Xinyuan , ZHU Yanbo , LI Yuqiong , LONG Liqun , CHEN Pipi*(93)

Clinical Studies

Discussion on the thinking behind the diagnosis and treatment of visceral diseases and the clinical application from the perspective of a “Broad Governor Vessel” *ZHANG Xueping , ZHANG Jiale , JI Chenyang , BAI Xinghua*(100)

Exploration of the improvement effect of abdominal breathing training on cognitive function from the perspective of qi, blood, and meridians in traditional Chinese medicine *ZHANG Chaoyang , FENG Xinran , YAN Kang , LYU Tianyi , WANG Ruoshui , LIU Meng , ZHAO Xirui , WEI Yulong*(106)

Treating ichthyosis based on “dryness and dampness from the same source causing same disease” *SONG Wei , ZHANG Zhongyi , LING Guihua , RAO Xiangshu , ZHUO Xingwei , XIAO Min , CHEN Mingling , SHEN Tao*(110)

Rheumatoid arthritis-related fatigue resulting from the pathogenesis of binding of damp, heat, and stasis *CHENG Zengyu , XU Haodong , LI Da , PANG Fengtao , JIANG Wen , TANG Xiaopo*(115)

Discussion on the etiology, pathogenesis and treatment of lymphedema from “*Xuanfu* opening and closing, collaterals dredging and blocking” *LI Yuhan , LIU Zheng , LI Yixuan , WANG Yingrui , LIU Guoyan , WANG Hongjie*(120)

Acupuncture Moxibustion and Tuina

Influence of sex on the therapeutic effect of acupuncture on knee osteoarthritis; a secondary analysis of data from a multi-center randomized controlled study *HAO Xiaowan , TU Jianfeng , WANG Liqiong , YU Fangting , LIN Lulu ,LI Hongping , SHI Guangxia , LIU Cunzhi*(125)

Exploring the impact and mechanisms of electroacupuncture on the ability of learning and memory in a mouse model of Alzheimer’s disease *YOU Mingcan , CHEN Xinwang , YOU Yanwen , HAO Li*(132)

Effect of the warming kidney for dredging governor channel acupuncture method on related neurotransmitters and the cAMP-RAF1 signal pathway on depression with kidney yang deficiency syndrome model rats *CAO Lingxiu , REN Lu*(141)

To authors & readers (I)

Acknowledgement (II)

Guide for authors of Journal of Beijing University of Traditional Chinese Medicine (III)

Journal of Beijing University of Traditional Chinese Medicine

Monthly, started in 1959

ISSN 1006-2157

CN 11-3574/R

CODEN BZDXF5

Vol. 46 Iss. 1 Jan. 30, 2023

Supervised by: Ministry of Education, PRC

Sponsor: Beijing University of Chinese Medicine

Editor-in-Chief: WANG Yongyan

Executive Associate Editor-in-Chief: LI Yan

Associate Editor-in-Chief: WANG Wei, TIAN Jinzhou, QIAO Yanjiang, CHEN Jiaxu, LIANG Jichun, LU Zhaolin, JIN Qi

Publisher: Editorial Department of Journal of Beijing University of Traditional Chinese Medicine

Address: 11 Beisanhuan Donglu, Beijing, 100029, PRC

Tel: 010-53911857

Fax: 010-53911860

Url: <https://xb.bucm.edu.cn>

Printer: Beijing BOHS Colour Printing Co., Ltd.

Domestic Distributor: Beijing Newspaper and Periodicals Distributing Bureau

Domestic Subscription: Local post offices

Electric Publishing Partner: www.183read.com

Overseas Distributor: China International Book Trading Corporation (P. O. Box 399, Beijing)

Post Issue Number: Domestic: 82-414

Overseas: M 734

Domestic price: 50.00 RMB per issue