

目次

· 速度滑冰 ·

短距离速滑运动员竞技状态的培养	张晓玲,高波(1)
少儿速滑运动员常见的错误动作与纠正	尹志彬,陈克明,陈文(6)
我国青少年速度滑冰运动员成长的影响因素	吴玉国,胡媛媛(9)
速度滑冰运动员抗压力能力的培养	裴玉霞,唐宝盛(13)
表面肌电分析在速度滑冰中的应用	朱静华,丛林(18)
少儿速度滑冰基础技术入门教学探讨	王鹏,侯强(22)

· 花样滑冰 ·

冰上舞蹈创编融入中国文化元素的构想 ——传统武术与民族舞蹈的使用	于淑华(25)
-------------------------------------	---------

· 冰球 ·

我国女子冰球运动员减少比赛犯规行为的对策	尹凯,李庆明(30)
呼伦贝尔市组建冰球队的可行性分析	郝晶,张玉明,杜守志,等(35)

· 滑雪 ·

中国滑雪运动发展的战略价值思考	张云峰,王制,王旭(38)
我国冬季两项运动裁判员现状与发展对策	秦秋红,黄起东(42)
越野滑雪运动员运动性疲劳的恢复	范静,姜跃全(46)

· 轮滑 ·

核心力量练习在轮滑训练中的应用	张善斌,王旭,芦燕(50)
“三自主”教学模式下普通高校开设平地花式轮滑课程的研究	许磊,邹吉玲(53)

· 追踪前沿 ·

对冬季项目科学化训练监控模式的思考 刘贵宝,张连涛(57)

· 人体科学 ·

脑电系列化监测在自由式滑雪空中技巧与单板 U 型场地滑雪训练中的应用
张 云,张振民,纪 冬,等(61)

· 冬奥会论坛 ·

我国速滑项目备战 2010 年冬奥会应注意的几个问题 王 程(66)

· 冰雪体育教育 ·

东北地区高校开展冰雪教学的有利条件、存在困难及对策 王美男,王 洋(70)
对话教学在高校速滑课教学中的实施 宁文静(74)
高校学生冰上课心理障碍的产生与克服 张 力,王贵成,杨香坤(78)
雪上定向运动纳入黑龙江省高校体育校本课程的可行性 葛 鸿(81)
高校冬季体育教学改革对策 郑来发(85)

· 冰雪体育经济 ·

黑龙江省滑雪场所设施情况的调查 周亚臣,房英杰,王 迪,等(89)
黑龙江省冰雪体育旅游业应对当前金融危机的对策研究 朱 成,唐宝盛(93)

封面图片:第 11 届全国运动会花样滑冰冰上舞蹈冠军黄欣彤/郑讯 黑龙江省体育局关潮供稿
卷首语:人文的体育时代 《冰雪运动》编辑部(封二)
2010 年《冰雪运动》征订启事 《冰雪运动》编辑部(封三)

期刊基本参数:CN23-1223/G8*1979*q*A4*96*zh*P*¥16.00*2000*24*2010-01

主 编 杨永生

执行编辑 严 力

副 主 编 张连涛 田郁玫

编 委 (按姓氏笔划为序)

于立强 王 钢 王石安 田郁玫 李 臻 朱志强 许水生 杨永生 陈小平

严 力 张 强 张 赢 张连涛 林勇虎 郝光安 赵荫桐 赵金平 谢敏豪

编辑部主任 张连涛 责任编辑 田郁玫 张 赢 张连涛 编 辑 孙 程 牛 妮

英文编辑 刘贵宝 美术编辑 谭启平

CHINA WINTER SPORTS

Vol. 32 No. 1 Feb. 2010

CONTENTS

• SPEED SKATING •

Development of the Sprint Speed Skaters' Competitive Condition	ZHANG Xiao - ling, GAO Bo(1)
Discussion on Children Speed Skaters' Familiar Technical Errors and Correction	YIN Zhi - bin, CHEN Ke - ming, CHEN Wen(6)
Influencing Factors on Chinese Junior Speed Skaters' Growth	WU Yu - guo, HU Yuan - yuan(9)
Training of the Speed Skaters' Psychological Pressure Load Ability	PEI Yu - xia, TANG Bao - sheng(13)
Application of Surface Electromyography in Speed Skating	ZHU Jing - hua, CONG Lin(18)
Discussion on the Introductory Teaching of Children Speed Skaters' Basic Technique	WANG Peng, HOU Qiang(22)

• FIGURE SKATING •

My Thoughts on Integrating Chinese Culture Element into the Original Ice Dancing	
——Making Use of the Traditional Chinese Martial Art and National Dance	YU Shu - hua(25)

• ICE HOCKEY •

Countermeasures on the Chinese Female Players Foul Behaviors in Ice Hockey Match	YIN Kai, LI Qing - ming(30)
Feasibility Analysis on Building a Team of Ice Hockey in Hulunbel City	HAO Jing, ZHANG Yu - ming, DU Shou - zhi, et al(35)

• SKIING •

My Thoughts on the Strategic Value of Chinese Skiing Development	ZHANG Yun - feng, WANG Zhi, WANG Xu(38)
Current Status and Countermeasure on the Development of Chinese Biathlon Umpires	QIN Qiu - hong, HUANG Qi - dong(42)
Discussion on the Cross - Country Skier's Sports Fatigue Recovery	FAN Jing, JIANG Yue - quan(46)

• ROLLER SKATING •

Application of the Core Strength Training in Roller Skating	ZHANG Shan - bin, WANG Xu, LU Yan(50)
Research on Setting up the Freestyle Slalom Roller Skating Curriculum in "Three Freedoms of Choice" Teaching Mode in Universities	XU Lei, ZOU Ji - ling(53)

• FOLLOW UP THE FRONT •

My Thoughts on the Scientific Monitoring Mode of Winter Sports Training LIU Gui - bao,ZHANG Lian - tao(57)

• HUMAN SCIENCE •

Application of Serial Electroencephalograph Monitoring in the Training of Aerials of Freestyle Skiing and Half - pipe Snowboard ZHANG Yun, ZHANG Zhen - min, JI Dong,et al(61)

• FORUM OF OLYMPIC WINTER GAMES •

Several Notices for Chinese Speed Skating in Preparing the 2010 Olympic Winter Games WANG Cheng(66)

• ICE - SNOW SPORTS PEDAGOGY •

Advantage, Difficulty and Countermeasure of Ice - Snow Teaching in the Northeast Universities WANG Mei - nan,WANG Ying(70)

Application of Dialogic Teaching Method in the Speed Skating Teaching in Universities NING Wen - jing(74)

Causation and Countermeasure on the Undergraduates’
Psychological Block in Skating Teaching ZHANG Li, WANG Gui - cheng, YANG Xiang - kun(78)

Feasibility Analysis on Bringing the Direction - based Snow Sports into the Physical Education School - based Curriculum in Heilongjiang Universities GE Hong(81)

Countermeasures on the Reform of Undergraduates’ Winter Physical Education ZHENG Lai - fa(85)

• ICE - SNOW SPORTS ECONOMY •

Investigation on the Skiing Resorts Establishment in Heilongjiang Province ZHOU Ya - chen, FANG Ying - jie, WANG Di, et al(89)

Discussing the Countermeasure on the Ice - Snow Sports Tourism in Heilongjiang Province against the Financial Crisis ZHU Cheng,TANG Bao - sheng(93)

EDITOR - IN - CHIEF YANG Yong - sheng

EXECUTIVE EDITOR - IN - CHIEF YAN Li

ASSOCIATE EDITORS ZHANG Lian - tao TIAN Yu - mei

EDITORIAL BOARD YU Li - qiang WANG Gang WANG Shi - an TIAN Yu - mei LI Zhen ZHU Zhi - qiang
XU Shui - sheng YANG Yong - sheng CHEN Xiao - ping YAN Li ZHANG Qiang
ZHANG Ying ZHANG Lian - tao LIN Yong - hu HAO Guang - an ZHAO Yin - tong
ZHAO Jin - ping XIE Min - hao