

冰雪运动

国家体育总局

主管

中国滑冰协会、中国滑雪协会、中国冰球协会

主办

BINGXUE YUNDONG

2010年(第32卷)第6期
(2010年11月15日出版)

目次

· 速度滑冰 ·

- 2011年亚冬会前中韩两国速度滑冰实力对比与训练启示 许水生,魏来,魏佳巍,等(1)
- 速度滑冰终点直道切线犯规特征研究 蒙猛,邹吉玲,李军(6)
- 我国速度滑冰1000m速度耐力水平提高解析 刘万廷,具钟林,常锐,等(10)

· 短道速滑 ·

- 短道速滑裁判员临场执裁能力的培养 张连涛(14)
- 少儿短道速滑运动员训练安排的合理化探讨 崔娟(18)
- 我国短道速度滑冰科研状况评价 吴华慧(22)

· 滑雪 ·

- 我国开展北欧两项滑雪运动可行性分析 张成刚,李延亭,李勇(27)

· 冰壶 ·

- 我国青少年冰壶运动员战术能力的培养 赵金平,朱宇(32)

· 编读往来 ·

- 体育科技期刊编辑审稿剖析 张赢(35)

· 运动人体科学 ·

- 专业运动员腕关节损伤的原因和防治措施 高文岳,杨勇,臧克成,等(39)

· 理论探索 ·

- 黑龙江省速滑运动员合理膳食营养知识调查 王学峰,宋丽,郭静璐(42)

2009 年世界大学生冬季运动会体育科学大会市长论坛、校长论坛主题综述

	苏庆富,阮利民,解文跃,等(46)
冰雪体育文化软实力建设的经济投入与社会价值	任宏波,杨国红,史海立(51)
大冬会对黑龙江省高校体育环境的影响及优化	张桂新,王淑华(55)

· 冰雪体育教育 ·

冰上课个性化分层教学的有效途径	王 洋(60)
北方高校开展冬季户外拓展运动的可行性研究	王鹏宇(64)
黑龙江省高校冬季体育教学改革的本土化研究	王丰秋(68)
北方高校高山滑雪课教学中美育的实施	宁文晶(71)
普通高校速滑课教学现状与对策研究	朱 岩(75)

· 冰雪体育经济 ·

黑龙江省滑雪产业发展面临的问题与对策	赵永哲(79)
哈尔滨市冰雪旅游业竞争力的对策研究	孙显仁,刘勇强(83)
黑龙江省滑雪资源开发对地方经济发展的拉动作用	郑德志,吴华慧(88)
冰雪体育产业发展的生态位策略	张 洋(92)

封面图片:第 21 届冬奥会女子冰壶季军	黑龙江省体育局蔡秀丽供稿
国家女子冰壶队简介	《冰雪运动》编辑部(封二)
2011 年《冰雪运动》征订启事	《冰雪运动》编辑部(封三)

期刊基本参数:CN23 - 1223/G8 * 1979 * q * A4 * 96 * zh * P * ¥16.00 * 2000 * 23 * 2010 - 06

主 编 杨永生

执行主编 严 力

副 主 编 张连涛 田郁玫

编 委 (按姓氏笔划为序)

于立强 王 钢 王石安 田郁玫 李 臻 朱志强 许水生 杨永生 陈小平

严 力 张 强 张 赢 张连涛 林勇虎 郝光安 赵荫桐 赵金平 谢敏豪

编辑部主任 张连涛 责任编辑 田郁玫 张 赢 张连涛 编 辑 孙 程 牛 妮

英文编辑 刘贵宝 美术编辑 张树海

CHINA WINTER SPORTS

Vol. 32 No. 6 Nov. 2010

CONTENTS

• SPEED SKATING •

Strength Contrast and Training Notice on Chinese and

Korean Speed Skating before 2011 Asian Winter Games

XU Shui - sheng, WEI Lai, WEI Jia - wei, et al(1)

Research on the Characteristics of Cross Line

Foul in Finishing Straight in Speed Skating Competition

MENG Meng, ZOU Ji - ling, LI Jun(6)

Analysis on Improving the

Speed Endurance of Chinese 1000m Speed Skaters

LIU Wan - ting, JU Zhong - Lin, CHANG Rui , et al(10)

• SHORT TRACK SKATING •

Development of the Referee's Immediate Judgment Ability of Short Track Speed Skating

ZHANG Lian - tao(14)

Applying the Growth Rhythm into the Children Training of Short Track Speed Skating

CUI Juan(18)

Evaluation on the Scientific Research Situation of Short Track Speed Skating in China

WU Hua - hui(22)

• SKIING •

Development of Nordic

Combined (Cross - Country Skiing and Ski Jumping) in China

ZHANG Cheng - gang, LI Yan - ting, LI Yong(27)

• CURLING •

How to Improve the Tactical Ability of Chinese Junior Curling Players

ZHAO Jin - ping, ZHU Yu(32)

• COMMUNION WITH READER •

Analysis on the Manuscript Edit and Review of Sports Science and Technology Journals

ZHANG Ying(35)

• HUMAN SPORTS SCIENCE •

Causation, Treatment and

Precaution on the Professional Athletes' Wrist Injury

GAO Wen - yue, YANG Yong, ZANG Ke - cheng, et al(39)

• THEORETIC RESEARCH •

Investigation on the Speed Skaters’

Nutrition Knowledge in Heilongjiang Province

WANG Xue - feng, SONG Li, GUO Jing - lu(42)

Topical Summarization on the Mayor and Schoolmaster

Forum at 2009 Winter Universiade Sports Science Conference

SU Qing - fu, RUAN Li - min, XIE Wen - yue, et al(46)

Economic Investment and Social Value of

Developing the Culture Soft Power of Ice - Snow Sports

REN Hong - bo, YANG Guo - hong, SHI Hai - li(51)

Influence and Optimization of 2009 Winter Universiade

on the University Sports Environment in Heilongjiang Province

ZHANG Gui - xin, WANG Shu - hua(55)

• ICE - SNOW SPORTS PEDAGOGY •

Effective Approach of Hierarchical Teaching for

Carrying out the Individualization Education in Skating Curriculum

WANG Yang(60)

Feasibility Research on Developing

the Winter Sports Outdoor Outspread Activities in Northern Universities

WANG Peng - yu(64)

Localization Reform of the Collegiate Winter Sports Teaching in Heilongjiang Province

WANG Feng - qiu(68)

Application of Aesthetic Education in

the Alpine Skiing Curriculum in Northern Universities

NING Wen - jing(71)

Current Status and Suggestions on the Speed Skating Curriculum in Universities

ZHU Yan(75)

• ICE - SNOW SPORTS ECNOMY •

Development Problems and Countermeasures on the Ski Industry in Heilongjiang Province

ZHAO Yong - zhe(79)

How to Develop the Competitiveness of Ice - Snow Tourism in Harbin City

SUN Xian - ren, LIU Yong - qiang(83)

Effect of Exploiting the Skiing Resource in

Heilongjiang Province on Developing the Local Economy

ZHENG De - zhi WU Hua - hui(88)

Research on the Ecological Niche Strategy of Developing the Ice - Snow Sports Industry

ZHANG Yang(92)

EDITOR - IN - CHIEF YANG Yong - sheng

EXECUTIVE EDITOR - IN - CHIEF YAN Li

ASSOCIATE EDITORS ZHANG Lian - tao TIAN Yu - mei

EDITORIAL BOARD YU Li - qiang WANG Gang WANG Shi - an TIAN Yu - mei LI Zhen ZHU Zhi - qiang

XU Shui - sheng YANG Yong - sheng CHEN Xiao - ping YAN Li ZHANG Qiang

ZHANG Ying ZHANG Lian - tao LIN Yong - hu HAO Guang - an ZHAO Yin - tong

ZHAO Jin - ping XIE Min - hao