

中国核心期刊(遴选)数据库全文收录期刊
中国学术期刊网络出版总库全文收录期刊

ISSN 2096-7950
CN 10-1669/R4

反射疗法与康复医学

主管：中华人民共和国国家卫生健康委员会 主办：中国足部反射区健康法研究会、中国康复医学会

REFLEXOLOGY AND REHABILITATION MEDICINE

Volume 4 Number 1

January 2023

ISSN 2096-7950



9 772096 795238



01>

2023年1月 第4卷 第1期

反射疗法与康复医学

FANSHE LIAOFA YU KANGFU YIXUE

半月刊 2020 年创刊 第 4 卷 第 1 期 2023 年 1 月 1 日出版

主 管

中华人民共和国国家卫生健康委员会

主 办

中国足部反射区健康法研究会

中国康复医学会

社 长

廖海涛

主 编

李俊德

编辑部

齐霁 王文娟 刘金玲 洪梅

出 版

《反射疗法与康复医学》杂志社有限公司
广告经营许可证

京西工商广证第 8050 号

印 刷

北京中献拓方科技发展有限公司

地 址:北京市西城区黄寺大街 24 号院
19 号楼 A122,100120

电 话:(010)57167739

E-mail:fslfykfyxbjb@126.com

网 址:<http://www.fsykf.com/>

国内发行

《反射疗法与康复医学》杂志社有限公司
定 价

每期人民币 30.00 元,全年 720.00 元

国际标准连续出版物号

ISSN 2096-7950

国内统一连续出版物号

CN 10-1669/R4

本刊声明

本刊投稿作者须保证其作品为原创作品,且为独立创作,不存在任何侵权行为和一稿多投问题,否则一切责任由投稿作者自行承担。

凡在本刊发表的作品版权均归《反射疗法与康复医学》杂志社有限公司所有,如需转载、翻印、复制、镜像等,须经本刊同意并注明转载自本刊。本刊已许可中国知网、万方数据等主要数据库及其网站以数字化方式复制、汇编、发行及利用信息网络传播本刊全文。作者向本刊提交作品发表的行为即视为同意本刊上述声明。

投稿作者须保证其作品的权属无任何争议,否则,责任由该文作者自行承担。

除非特别声明,本刊刊出的所有文章不代表本刊编委会的观点。如有印装质量问题,请向本刊编辑部调换。

目 次

论 著

中医康复

- 小针刀疗法联合自拟中药方敷贴对膝关节骨性关节炎患者康复效果的影响 顾亦斌(1)
参苓白术散加减联合针刺疗法对功能性腹泻脾胃虚弱证患者血清炎性因子、胃肠激素的影响 李本领(6)
针刺联合推拿治疗膝关节增生性骨关节病的临床疗效探讨 刘洗宗(10)
益生菌联合康复新液对轻中度溃疡性结肠炎患者中医证候及血清炎症指标的影响 杨学超(13)
加味桂枝附子汤治疗寒湿痹阻型急性痛风性关节炎的临床观察 李晶,秦亚冰,唐影(16)
针灸联合辨证施护对颅脑损伤患者日常生活活动能力、生活质量的影响 时春玲,王丽,贺桂秀(20)
中医辨证施护联合耳穴压豆对老年糖尿病患者血糖控制及生活质量的影响 刘雷林(23)
温针灸联合热奄包热敷对全髋关节置换患者术后疼痛、肢体肿胀及康复的影响 薄文迪,葛蒙,张万学(27)
旋覆代赭汤加减联合雷贝拉唑对老年反流性食管炎患者中医证候及胃肠激素的影响 陆元洁(30)
黄芪桂枝五物汤联合穴位贴敷对中风恢复期患者脑血流动力学及神经功能的影响 王立霞(33)

- 中药熏蒸联合手法推拿在腰椎间盘突出症患者中的应用效果 范丽娟,倪平,蔡吉利(37)

- 梅花针叩刺联合局部拔罐应用于带状疱疹患者的临床效果 王大伟(41)

- 三阴寒湿方联合中药穴位贴敷治疗类风湿性关节炎的临床研究 徐晓燕(44)

- 康复新液联合奥美拉唑对反流性食管炎患者内镜分级、胃泌素及胃动素水平的影响 孙晶鑫,于晓玲,毕玉峰(47)

物理康复

- 川平法联合肌电生物反馈对脑卒中后偏瘫患者手功能恢复的影响 柴德君,胡斌,苏晓雪,等(51)

- 盆底电刺激对产后盆底功能障碍性疾病患者尿失禁症状及盆底功能恢复的影响 路娜娜,许龙飞,张红芳(54)

- 股四头肌低频电刺激联合卧位蹬车训练对全膝关节置换术后患者肌力、膝关节功能的影响 崔爽,张亮,彭素华,等(58)

- 仿生物电技术联合加速康复外科理念在全盆底重建术围术期护理中的应用研究 徐雅惠,王培红,程湘玮,等(62)
低频脉冲电刺激联合镜像疗法对脑梗死后肩手综合征患者上肢功能的影响 高风超,孙秀娟,张风玉(66)
暗示疗法联合重复经颅磁刺激对精神分裂症患者社会功能及康复状态的影响 梅佳(70)
中频脉冲电刺激联合康复训练对脑卒中偏瘫患者功能康复的影响 张光年,刘婉莹(73)

运动康复

- 有氧运动对头颈部肿瘤放疗患者癌因性疲乏、功能康复及生活质量的影响 杨晔(77)
关节持续被动活动机训练结合综合康复治疗在下肢骨折后膝关节活动功能障碍中的应用效果 孟凡瑞,张艳(82)
常规康复训练联合个体化康复训练对伏案工作人群慢性肌肉骨骼疼痛的疗效分析 陈少军,杨伟伟,王宇轩,等(85)
早期强化康复运动对体外膜肺氧合期间生理参数的影响 张苓莉,文丹,王瑶,等(89)
镜像疗法与依达拉奉联合常规康复训练对脑卒中恢复期患者神经细胞因子及运动功能的影响 张媛,周腾(93)

综合康复

- 宫腔镜冷刀术与宫腔镜电切术治疗中重度宫腔粘连的效果及对患者术后月经量、宫颈恢复的影响对比研究
何妮娜,卢碧云,谈秋莹(97)
西妥昔单抗联合 FOLFOX 方案对进展期直肠癌患者病情控制及免疫功能的影响 方皓,石海龙(100)
倍他司汀联合前庭辅助训练对老年良性阵发性位置性眩晕的近远期疗效分析 朱晓燕,刘婷婷(103)
Q 开关 1 064 nm 激光联合左旋维生素 C 微针导入对黄褐斑患者面部修复情况的影响 聂兆燕,白东方(107)
RICE 原则联合手法淋巴引流技术治疗急性期踝关节扭伤的临床效果 李喜涛,寄婧,石玉其,等(111)
协同康复护理应用于慢性心力衰竭患者的临床效果 窦晓红,冯丽娜(115)
个案管理模式对人工全膝关节表面置换术后患者疼痛程度及功能康复的影响 李慧,王丽燕,高芬,等(119)
白内障超声乳化术联合房角分离术对闭角型青光眼并发白内障患者视力恢复的影响 艾衍良,朱建军(123)
高压氧联合机械取栓对急性颅内大血管闭塞性脑卒中患者神经功能及日常生活活动能力的影响
陈晓洁,陈丹娜,黄楚明,等(126)

- 微创直接前入路与后外侧入路行全髋关节置换对股骨颈骨折患者术后功能康复的影响 吴昊(130)
改良型美容术式腮腺切除术对良性腮腺肿瘤患者手术相关指标、美观度及生活质量的影响 胡海民,周虎(133)
快速康复外科干预在产科剖宫产术围术期的临床应用研究 张萍(137)
弹性髓内钉固定与蝶形骨块复位对锁骨中段移位骨折患者肩关节功能的恢复效果 杨雷(141)
光动力疗法联合 CO₂ 激光对口腔白斑病患者疼痛程度及白斑面积的影响 赵雪,郑晓东(145)
微型钢板内固定治疗对掌指骨骨折患者关节功能恢复情况及疼痛程度的影响 李天意,邱田(148)
低剂量阿司匹林联合硫酸镁对子痫前期患者凝血功能及子宫动脉血流的影响 李昀筱,施小飞,董娟娟(152)
甲巯咪唑联合比索洛尔对甲状腺功能亢进患者甲状腺激素水平及糖脂代谢功能的影响 王付颖,张琳(156)
PFNA 内固定联合系统性康复指导治疗股骨粗隆间骨折的临床研究 衡辉,王岩(160)
认知心理疗法联合右佐匹克隆对老年失眠症患者睡眠质量及负性情绪的影响 李文学,李倩(164)

作业康复

- 游戏辅以言语训练在语言发育迟缓患儿中的应用效果 龚琪,杨祥正(168)
CPM 治疗仪结合本体感觉训练对膝关节周围骨折术后患者膝关节功能的影响 潘士虎,尤丽萍(171)

个案报道

- 绳带疗法对 1 例重型创伤性颅脑损伤患者步态的显效观察 孙定东,王超,杨丹,等(175)

Reflexology and Rehabilitation Medicine

Semimonthly Established in 2020 Volume 4, Number 1 January 1, 2023

Supervisor

National Health Commission of the People's
Republic of China

Sponsor

China Reflexology Association
Chinese Association of Rehabilitation Medi-
cine

President: LIAO Haitao

Chief Editor: LI Junde

Editorial Office

QI Ji WANG Wenjuan LIU Jinling HONG Mei

Publishing

Reflexology and Rehabilitation Medicine
Magazine Co., Ltd

Advertising License

Beijing West Industrial and Commercial
License No. 8050

Printing

Beijing Zhongxian Tuofang Science and
Technology Development Co., Ltd.

Address: A122, Building 19, Yard 24, Huangsi
Street, Xicheng District, Beijing, 100120

Office Tel: (010)57167739

E-mail: fslfykfyxbjb@126.com

Website: <http://www.fsykf.com/>

Domestic Distribution

Reflexology and Rehabilitation Medicine
Magazine Co., Ltd

Pricing per Issue: 30 RMB

ISSN: 2096-7950

CN: 10-1669/R4

Journal Statement

The contributors of this journal shall guarantee that their works are original works and independent creation, without any infringement and multiple contributions of one manuscript, otherwise all responsibilities shall be borne by the contributors themselves.

All copyrights of works published in this journal belong to the Reflexology and Rehabilitation Medicine Magazine Co., Ltd. If it is necessary to reprint, reproduce, copy, mirror image and so on, it shall be approved by this journal, and it shall be noted that they are reprinted from this journal. The journal has licensed CNKI, Wanfang and other major databases with their websites to reproduce, compile, distribute and disseminate the full text by the digital way. The authors' submission of the work to the journal for publication shall be deemed to agree with the above statement of the journal.

The author of the contribution shall ensure that the ownership of his work is free from any dispute, otherwise, the responsibility shall be borne by the author himself.

All articles published represent the opinions of the authors, do not reflect the official policy of the Editorial Committee, unless it is clearly specified.

CONTENTS IN BRIEF

Effect of Small Acupotomy Therapy Combined with Self-Made Traditional Chinese Medicine Prescription Application on Rehabilitation of Patients with Knee Osteoarthritis	GU Yibin(1)
Effect of Modified Shenling Baizhu Powder Combined with Acupuncture Therapy on Serum Inflammatory Factors and Gastrointestinal Hormones in Patients with Functional Diarrhea of Spleen Stomach Asthenia Syndrome	LI Benling(6)
Clinical Efficacy of Acupuncture Combined with Massage in the Treatment of Hyperplastic Osteoarthropathy of Knee Joint	LIU Xianzong(10)
Effect of Probiotics Combined with Kangfuxin Liquid on TCM Syndrome and Serum Inflammatory Indicators in Patients with Mild to Moderate Ulcerative Colitis	YANG Xuechao(13)
Clinical Observation of Modified Guizhi Fuzi Decoction in Treating Acute Gouty Arthritis of Cold-Dampness Obstruction Type	LI Jing, QIN Yabing, TANG Ying(16)
Effects of Acupuncture Combined with Syndrome Differentiation Nursing on Activities of Daily Living and Quality of Life in Patients with Craniocerebral Injury	SHI Chunling, WANG Li, HE Guixiu(20)
Effect of Dialectical Nursing of Traditional Chinese Medicine Combined with Ear Point Pressing on Blood Sugar Control and Quality of Life in Elderly Patients with Diabetes	LIU Leilin(23)
Effect of Warm Acupuncture Combined with Hot Compress on Postoperative Pain, Limb Swelling and Rehabilitation of Patients with Total Hip Arthroplasty	BO Wendi, GE Meng, ZHANG Wanxue(27)
Effects of Xuanfu Daizhe Decoction Combined with Rabeprozole on TCM Syndromes and Gastrointestinal Hormones in Elderly Patients with Reflux Esophagitis	LU Yuanjie(30)
Effects of Huangqi Guizhi Wuwu Decoction Combined with Acupoint Application on Cerebral Hemodynamics and Nerve Function in Patients with Stroke in Convalescent Period	WANG Lixia(33)
Application Effect of Traditional Chinese Medicine Fumigation Combined with Manipulative Massage in Patients with Lumbar Disc Herniation	FAN Lijuan, NI Ping, CAI Jili(37)
Clinical Effect of Plum Blossom Needle Tapping Combined with Local Cupping in Patients with Herpes Zoster	WANG Dawei(41)
Clinical Study on Treatment of Rheumatoid Arthritis with Sanyin Hanshi Formula Combined with Traditional Chinese Medicine Acupoint Application	XU Xiaoyan(44)
Effect of Kangfuxin Solution Combined with Omeprazole on Endoscopic Grading, Gastrin and Motilin Levels in Patients with Reflux Esophagitis	SUN Jingxin, YU Xiaoling, BI Yufeng(47)
Effect of Chuaping Method Combined with Electromyography Biofeedback on Hand Function Recovery of Hemiplegia Patients after Stroke	CHAI Dejun, HU Bin, SU Xiaoxue, et al(51)
Effect of Pelvic Floor Electrical Stimulation on Urinary Incontinence and Recovery of Pelvic Floor Function in Postpartum Patients with Pelvic Floor Dysfunction	LU Nana, XU Longfei, ZHANG Hongfang(54)
Effect of Quadriceps Femoris Low Frequency Electrical Stimulation Combined with Recumbent Bicycle Training on Muscle Strength and Knee Function in Patients Undergoing Total Knee Replacement	CUI Shuang, ZHANG Liang, PENG Suhua, et al(58)

Application of Bioelectric Technology Combined with Enhanced Recovery after Surgery Concept in Perioperative Nursing of Total Pelvic Floor Reconstruction	XU Yahui, WANG Peihong, CHENG Xiangwei, et al(62)
Effect of Low-Frequency Pulsed Electrical Stimulation Combined with Mirror Therapy on Upper Limb Function in Patients with Shoulder and Hand Syndrome after Cerebral Infarction	GAO Fengchao, SUN Xiujuan, ZHANG Fengyu(66)
Effect of Suggestion Therapy Combined with Repetitive Transcranial Magnetic Stimulation on Social Function and Recovery Status in Patients with Schizophrenia	MEI Jia(70)
Effect of Intermediate Frequency Pulse Electrical Stimulation Combined with Rehabilitation Training on Functional Rehabilitation of Stroke Patients with Hemiplegia	ZHANG Guangnian, LIU Wanying(73)
Effect of Aerobic Exercise on Cancer-Related Fatigue, Functional Rehabilitation and Quality of Life in Patients Undergoing Radiotherapy for Head and Neck Tumors	YANG Ye(77)
Application Effect of Joint Continuous Passive Mobility Machine Training Combined with Comprehensive Rehabilitation in Knee Dysfunction after Lower Limb Fracture	MENG Fanrui, ZHANG Yan(82)
Analysis of Effect of Routine Rehabilitation Training Combined with Individualized Rehabilitation Training in Chronic Musculoskeletal Pain in People Working at the Desk	CHEN Shaojun, YANG Weiwei, WANG Yuxuan, et al(85)
Effect of Early Intensive Rehabilitation Exercise on Physiological Parameters During Extracorporeal Membrane Oxygenation	ZHANG Lingli, WEN Dan, WANG Yao, et al(89)
Effect of Mirror Image Therapy and Edaravone Combined with Conventional Rehabilitation Training on Neurocytokine and Motor Function in Patients with Stroke at Convalescent Stage	ZHANG Yuan, ZHOU Teng(93)
A Comparative Study of the Effects of Hysteroscopic Cryoablation and Hysteroscopic Electrotomy on Moderate and Severe Intrauterine Adhesions and Their Effects on Postoperative Menstrual Volume and Cervical Recovery	HE Nina, LU Biyun, TAN Qiuying(97)
Effect of Cetuximab Combined with FOLFOX Regimen on Disease Control and Immune Function in Patients with Advanced Rectal Cancer	FANG Hao, SHI Hailong(100)
Analysis of Short and Long Term Efficacy of Betahistine Combined with Vestibular Assistance Training in Benign Paroxysmal Positional Vertigo in the Elderly	ZHU Xiaoyan, LIU Tingting(103)
Effect of Q Switch 1 064 nm Laser Combined with L-Vitamin C Microneedle on Facial Repair in Patients with Melasma	NIE Zhaoyan, BAI Dongfang(107)
The Curative Effect of RICE Principle Combined with the Manual Lymphatic Drainage Technique in the Treatment of Acute Ankle Sprain	LI Xitao, JI Jing, SHI Yuqi, et al(111)
Clinical Effect of Cooperative Rehabilitation Nursing in Patients with Chronic Heart Failure	DOU Xiaohong, FENG Lina(115)
Effect of Case Management Mode on Pain Degree and Functional Rehabilitation of Patients after Total Knee Arthroplasty	LI Hui, WANG Liyan, GAO Fen, et al(119)
Effect of Phacoemulsification Combined with Atrial Angle Separation on Visual Acuity Recovery in Patients with Angle Closure Glaucoma Complicated with Cataract	AI Yanliang, ZHU Jianjun(123)
Effect of Hyperbaric Oxygen Combined with Mechanical Thrombectomy on Neurological Function and Ability of Daily Living in Patients with Acute Intracranial Great Vessel Occlusive Stroke	CHEN Xiaojie, CHEN Danna, HUANG Chuming, et al(126)
Effect of Total Hip Arthroplasty via Minimally Invasive Direct Anterior Approach and Posterior Approach on Functional Rehabilitation of Patients with Femoral Neck Fracture	WU Hao(130)
Effects of Modified Cosmetic Parotidectomy on Operation-Related Indicators, Aesthetics and Quality of Life in Patients with Benign Parotid Tumors	HU Haimin, ZHOU Hu(133)
Clinical Application of Fast-Track Surgery Intervention in Perioperative Period of Cesarean Section in Obstetrics	ZHANG Ping(137)
Recovery Effect of Elastic Intramedullary Nail Fixation and Sphenoidal Bone Block Reduction on Shoulder Function in Patients with Displaced Mid-Clavicle Fractures	YANG Lei(141)
Effect of Photodynamic Therapy Combined with CO ₂ Laser on Pain Degree and Leukoplakia Area in Patients with Oral Leukoplakia	ZHAO Xue, ZHENG Xiaodong(145)
Effect of Microplate Internal Fixation on Joint Function Recovery and Pain Degree in Patients with Metacarpal and Phalangeal Fractures	LI Tianyi, QIU Tian(148)
Effect of Low-Dose Aspirin Combined with Magnesium Sulfate on Coagulation Function and Uterine Artery Blood Flow in Patients with Preeclampsia	LI Yunxiao, SHI Xiaofei, DONG Juanjuan(152)
Effect of Methimazole Combined with Bisoprolol on Thyroid Hormone Levels and Glycolipid Metabolism in Hyperthyroidism Patients	WANG Fuying, ZHANG Lin(156)
Clinical Study of PFNA Internal Fixation Combined with Systematic Rehabilitation Guidance in the Treatment of Intertrochanteric Femoral Fracture	HENG Hui, WANG Yan(160)
Effects of Cognitive Psychotherapy Combined with Dexzopiclone on Sleep Quality and Negative Emotions in Senile Insomniac Patients	LI Wenxue, LI Qian(164)
Application Effect of Game and Speech Training in Children with Language Retardation	GONG Qi, YANG Xiangzheng(168)
Effect of CPM Therapy Instrument Combined with Proprioceptive Training on Knee Function of Patients after Peri-Knee Fracture Surgery	PAN Shihu, YOU Liping(171)
Effective Observation of Rope Therapy on Gait of a Patient with Severe Traumatic Brain Injury	SUN Dingdong, WANG Chao, YANG Dan, et al(175)