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(十六)

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### 辨证病情 凸显中药

在临床上，消化道疾病、肠道内窥镜检查前的肠道准备、外伤及手术后患者易发胃肠胀气，甚至发生不全性肠梗阻、麻痹性肠梗阻，给患者带来巨大痛苦。中医药在肠道内窥镜检查前的肠道准备和上述病证的治疗方面具有独特优势，能快速改善症状，解除患者病痛。

### 腑气通畅 诸证自解

健胃清肠合剂以厚朴为君，配用枳实以助厚朴之力，合大黄泻热除滞而行气通闭止痛，治气滞腹满引起的“痛而闭者”。合而用之，共奏行气宽中，行滞通便之功。健胃清肠合剂与《伤寒论》中小承气汤药味相同，但药量不同。小承气汤意在荡积攻实，故以大黄为君；健胃清肠合剂意在行气泄满，以厚朴为主。在祛除肠胃积滞的同时，有效保护胃黏膜，抑制溃疡产生，取得健脾和胃之效。

### 遵其古方 创其新品

健胃清肠合剂是甘肃省中医院消化科廖志峰主任医师遵《金匱要略》中厚朴三物汤而创立。《金匱要略·腹满寒疝宿食病》载：“痛而闭者，厚朴三物汤主之。”厚朴三物汤方：“厚朴八两、大黄四两、枳实五枚、上三味，以水一斗二升，先煮二味，取五升，内大黄，煮取三升，温分一升，以利为度。”主治“阳明热结气闭症”。

### 健胃清肠 惠及健康

健胃清肠合剂主要用于肠道系统检查前清肠的准备工作。临床研究表明，健胃清肠合剂清肠效果明显，且腹痛、腹胀、恶心、呕吐等副反应发生率较低，患者耐受程度高，易于接受。目前，健胃清肠合剂为全省医疗机构调剂品种，已纳入新农合、城镇职工医保、城镇居民医保全额报销范围之内，可在甘肃省内部分医疗机构购买。

## 健胃清肠合剂

JIANWEIQINGCHANGHEJI



甘肃省中医院消化科廖志峰主任医师经验方

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