



1673-873X
50-1184/R

QK2256581

保健医学研究与实践[®]

BAOJIAN YIXUE YANJIU YU SHIJIAN

2023年1月 第20卷 第1期

Jan. 2023 Vol.20 No.1

HMRP

HEALTH
MEDICINE
RESEARCH AND PRACTICE

中华人民共和国教育部主管
西南大学主办

中国科技核心期刊
中国科技论文统计源期刊
《中国学术期刊影响因子年报》统计源期刊
国家新闻出版广电总局认定学术期刊
中国知网(CNKI)全文收录期刊
中国核心期刊(遴选)数据库收录期刊
美国《乌利希期刊指南》(UPD)收录期刊
中国科学评价研究中心(RCCSE)收录期刊(B+)
中国高校系列医学期刊



ISSN 1673-873X



9 771673 873239

万方数据

中华预防医学会系列杂志
SERIAL JOURNAL OF CHINESE PREVENTIVE MEDICINE ASSOCIATION

01
2023

保健医学研究与实践

月刊 2004 年 7 月创刊 第 20 卷 第 1 期 2023 年 1 月 20 日出版

主 管

中华人民共和国教育部

主 办

西南大学

名誉主编

胡大一 郭 清

主 编

吴宗辉

编辑部主任

胡永国

编辑出版

《保健医学研究与实践》编辑部

地址:重庆市北碚区天生路 2 号,400715

电话:(023)68253954;68253109

传真:(023)68254182

http://bjyx.swu.edu.cn

E-mail:bjyx02368253954@163.com

bjyxyj@swu.edu.cn

广告经营许可证号

023049

印 刷

重庆市国丰印务有限责任公司

发 行(公开)

国内:重庆市报刊发行局

国外:中国国际图书贸易集团有限公司

代号: M 9117

订 购

全国各地邮政局

邮发代号: 78-149

邮 购

《保健医学研究与实践》编辑部

定 价

每期 24.00 元, 全年 288.00 元

ISSN 1673-873X

CN 50-1184/R

版权归西南大学所有

未经授权,不得转载、摘编本刊文章,不得使用本刊的版式设计

除非特别声明,本刊刊出的所有文章不代表西南大学和本刊编委会的观点

若有印装质量问题,请与本刊编辑部联系

目 次

公共卫生

- 1 基于移动客户端的医师主动管理对超质量及肥胖患者减肥效果评价
白瑞雪,齐晓姹,胡玉坤,张勇,陈梦雪,彭丽霞,梅英

临床医学

- 6 2 型糖尿病患者并发感染与葡萄糖 TIR 的相关性研究
秦思,倪银星,钟健
- 13 乌司他丁联合连续性血液净化治疗脓毒症的疗效
董哲,冯伟
- 18 慢性完全闭塞病变对接急诊介入治疗 AMI 患者疗效及远期预后的影响
乔燕燕,汪昭君
- 22 营养支持对乙型肝炎相关慢加急性肝衰竭患者肠道菌群及预后的影响
靳彩虹,田琼林
- 26 腹腔镜与开腹手术治疗子宫内膜癌的效果比较
王莉,张媛,杨玮
- 29 布地奈德联合肺表面活性物质治疗 BPD 高危早产儿的效果观察
金闪闪,高杰,李艳阳
- 33 俯卧位机械通气在儿童重症肺炎治疗中的应用
刘静,孟晓莉,孟洁琼
- 37 杏贝止咳颗粒联合补肺汤合参蛤散治疗老年 COPD 肺肾气虚证患者的效果观察
郝琳
- 41 桂枝汤加减联合穴位贴敷治疗脾胃虚弱型妊娠剧吐的疗效观察
杨芍,徐巍
- 45 Kegel 运动对高龄 PFD 患者盆底功能、氧化应激指标水平及预后的影响
徐燕,楚莹,张莉莉
- 49 IGF- I、Anti-HBs 及 IL-4 对乙型肝炎的诊断价值
于永歌,乔世岩,王雅琳
- 53 超声引导下甲状腺细针穿刺检查在甲状腺肿瘤诊断中的应用
马崇坡,陈成生,邓文娟
- 58 用药科普干预在长期服用拉莫三嗪癫痫患者中的应用
齐晓宇,苏莎莎
- 61 临床药师对结核性胸膜炎合并低蛋白血症患者的药学服务
郑先珍,陈立,游莉,张洁

护理研究

- 65 结构式心理干预对青中年脑卒中患者创伤后成长、自我感受负担的影响
黄阿敏,王芬,黄圣明,薛艳
- 70 新冠肺炎期间三级医院发热门诊患者心理韧性状况及影响因素分析
杨红艳,王小波
- 74 影响老年肺癌患者化疗并发症的多元 Logistic 回归分析
刘庆玲,王小盼,李媛媛
- 77 基于跨理论模型的健康教育在冠心病心绞痛患者中的应用
程露萍,王丽,刘玥
- 82 个性化健康教育对糖尿病视网膜病变患者视功能恢复的影响
梁金环,李泓玥,付裕雯
- 87 全程健康教育模式对糖尿病患者疾病知晓率和遵医行为的影响
李冰冰,赵佩,魏晓燕
- 92 基于保护动机理论的健康教育对糖尿病患者健康行为及血糖控制水平的影响
吴巧云,朱慧,王玲玲
- 96 同质医疗理念下系统化护理管理方案在胸腔积液患者护理中的应用
徐燕,华勤学,赵芳娟

100 流程优化护理联合前瞻性护理在颅内动脉瘤介入栓塞术后患者中的应用
阮婷婷, 贾云玲, 路梦文

105 基于 JCI 标准的优质护理在冠状动脉搭桥术患者中的应用
李亚琦, 王小丽, 陈伟, 王慧

109 快速康复外科护理对老年胃肠道肿瘤切除术患者术后恢复的影响
郑宏娟, 蒋娟, 刘保莉

113 集束化护理干预对食管癌患者术后肺部感染的预防效果
宋洪娟, 张晓静, 郭亚斌

117 基于 HAPA 的饮食、运动行为干预在结直肠癌手术患者中的应用
喻远允, 刘天云, 李胜, 曾文, 陈代儒, 张斌, 李康健, 曾垂辉

123 早期 ONS 支持对膀胱癌患者术后营养状况和机体恢复的影响
李敏, 高丽娜, 张道秀, 周丽君, 潘家琪

127 基于社会认知理论的信息技术干预联合健康宣教在单胎初孕妇孕期 BMI 管理中的应用
杨佛岳

131 IKAP 护理模式在卵巢巧克力囊肿腹腔镜手术患者中的应用
韩倩, 倪秋梅

136 精细化护理在子宫肌瘤患者围手术期中的应用
杨晓棠, 施玮, 骆江云

140 早期微量喂养联合综合口腔运动干预对晚期早产儿生长发育及血清胃肠激素水平的影响
朱玉华, 朱宏瑞, 尚春灵

144 品管圈活动对 NICU 早产儿母乳喂养率的影响
邵琳, 白妙琴, 张卫丹

148 循证护理在小儿病毒性脑炎护理中的应用研究
唐乐, 江洁, 邢璐

153 程序化急诊护理路径在儿科急诊护理中的应用
李华丽, 申艳艳, 徐慧娟

156 八段锦在气虚血瘀证慢性心衰患者院外早期康复中的应用效果
祝晓迎, 任毅, 曹晋, 杜磊, 谢晓梅

162 快速康复干预在肩袖损伤患者护理中的应用效果
张芳, 李海艳, 李华

167 PDCA 管理模式在胃肿瘤患者胃镜检查中的应用效果
卢颖, 常淑雅

卫生管理

171 院外心肺复苏应急教育科普活动实施路径研究
何子轩, 王雨星, 杨思维, 左可盈, 李菁, 刘薇薇

综述

176 脓毒症相关生物标志物的研究进展
王黎霖, 李可欣, 刘刚

CONTENTS

Public Health

- 1 Evaluation of mobile application-based physician active management on weight loss in overweight and obese patients
Bai Ruixue, Qi Xiaoya, Hu Yukun, et al

Clinical Medicine

- 6 Correlation between infection and glucose TIR in patients with type 2 diabetes mellitus
Qin Si, Ni Yinxing, Zhong Jian
- 13 Efficacy of Ulinastatin combined with continuous blood purification in patients with sepsis
Dong Zhe, Feng Wei
- 18 Effect of chronic total occlusion on the therapeutic efficacy and long-term prognosis of emergency interventional therapy in patients with AMI
Qiao Yanyan, Wang Zhaojun
- 22 Effect of nutritional support on gut microbiota and prognosis in patients with hepatitis B virus-related acute-on-chronic liver failure
Jin Caihong, Tian Qionglin
- 26 Effectiveness comparison of laparoscopy and laparotomy in the treatment of endometrial carcinoma
Wang Li, Zhang Man, Yang Wei
- 29 Effect of budesonide combined with pulmonary surfactant in the treatment of premature infants at high risk of BPD
Jin Shanshan, Gao Jie, Li Yanyang
- 33 Application of mechanical ventilation in prone position in the treatment of pediatric severe pneumonia
Liu Jing Meng Xiaoli, Meng Jieqiong
- 37 Effect of Xingbei cough-relieving granules combined with Lung-tonifying decoction and ginseng gecko powder on elderly COPD patients with lung and kidney qi deficiency syndrome
Haolin
- 41 Effect of Guizhi decoction combined with acupoint application on hyperemesis gravidarum of spleen-stomach weakness type
Yang Shao, Xu Wei
- 45 Effect of Kegel exercise on pelvic floor function, oxidative stress index and prognosis in elderly patients with PFD
Xu Yan, Chu Ying, Zhang Lili
- 49 Diagnostic value of IGF- I, Anti-HBs and interleukin-4 in hepatitis B
Yu Yongge, Qiao Shiyan, Wang Yalin
- 53 Ultrasound-guided thyroid fine needle aspiration in diagnosis of thyroid tumors
Ma Chongpo, Chen Chengsheng, Deng Wenjuan
- 58 Application of medication popular science intervention in the treatment of epilepsy patients with long-term use of lamotrigine
Qi Xiaoyu, Su Shasha
- 61 Pharmaceutical service for patients with tuberculous pleurisy complicated with hypoproteinemia by clinical pharmacists
Zheng Xianzhen, Chen Li, You Li, et al

Nursing Research

- 65 Effect of structured psychological intervention on posttraumatic growth and self-perceived burden in young and middle-aged patients with stroke
Huang Amin, Wang Fen, Huang Shengming, et al
- 70 Psychological resilience and influencing factors of febrile outpatients in tertiary hospitals during COVID-19
Yang Hongyan, Wang Xiaobo
- 74 Multiple logistic regression analysis on complications of chemotherapy in elderly patients with lung cancer
Liu Qingling, Wang Xiaopan, Li Yuanyua
- 77 Application of transtheoretical model-based health education in patients with angina pectoris from coronary heart disease
Cheng Luping, Wang Li, Liu Yue
- 82 Effect of personalized health education on visual function recovery in patients with diabetic retinopathy
Liang Jinhuan, Li Hongyue, Fu Yuwen
- 87 Effect of whole-course health education on disease awareness and compliance behavior of diabetic patients
Li Bingbing, Zhao Pei, Wei Xiaoyan
- 92 Effect of protection motivation theory-based health education on health behavior and blood glucose control in patients with diabetes mellitus
Wu Qiaoyun, Zhu Hui, Wang Lingling
- 96 Application of systematic nursing management program in nursing of patients with pleural effusion under homogeneous medical care concept
Xu Yan, Hua Qinxue, Zhao Fangjuan
- 100 Application of process optimization nursing combined with prospective nursing intervention in patients with intracranial aneurysm after interventional embolization
Ruan Tingting, Jia Yunling, Lu Mengwen

105 JCI standards-based high-quality care in patients underwent coronary artery bypass grafting
Li Yaqi , Wang Xiaoli , Chen Wei , et al

109 Effect of fast-track surgical care on postoperative recovery of elderly patients with gastrointestinal tumor resection
Zheng Hongjuan , Jiang Juan , Liu Baoli

113 Preventive effect of bundle nursing intervention on postoperative pulmonary infection in patients with esophageal cancer
Song Hongjuan , Zhang Xiaojing , Guo Yabin

117 Application of HAPA-based diet and exercise behavior intervention in patients undergoing colorectal cancer surgery
Yu Yuanyou , Liu Tianyun , Li Sheng , et al

123 Effect of early ONS supportive care on postoperative nutritional status and recovery of patients with bladder cancer
Li Min , Gao Lina , Zhang Daoxiu , et al

127 Application of social cognitive theory-based information technology intervention combined with health education in BMI management during pregnancy in singleton primigravid women
Yang Fuyue

131 Application of IKAP nursing in patients underwent laparoscopic surgery for chocolate cyst of ovary
Han Qian , Ni Qiumei

136 Application of refined nursing in the perioperative period of patients with uterine fibroids
Yang Xiaotang , Shi Wei , Luo Jiangyun

140 Effect of early microfeeding combined with integrated oral exercise intervention on growth and serum gastrointestinal hormones in late preterm infants
Zhu Yuhua , Zhu Hongrui , Shang Chunling

144 Effect of quality control circle activities on breastfeeding rate of premature infants in NICU
Shao Lin , Bai Miaoqin , Zhang Weidan

148 Application of evidence-based care in children with viral encephalitis
Tang Le , Jiang Jie , Xing Lu

153 Application of programmed emergency care pathway in pediatric emergency care
Li Huali , Shen Yanyan , Xu Huijuan

156 Effect of Baduanjin exercise in early rehabilitation of chronic heart failure patients with qi deficiency and blood stasis syndrome out-side hospital
Zhu Xiaoying , Ren Yi , Cao Jin , et al

162 Effect of fast-track intervention in the nursing of patients with rotator cuff injury
Zhang Fang , Lai Haiyan , Li hua

167 Effect of PDCA management mode in gastroscopy of patients with gastric tumors
Lu Ying , Chang Shuya

Health Management

171 Implementation approach of popular science activities in emergency education of out-of-hospital cardiopulmonary resuscitation
He Zixuan , Wang Yuxing , Yang Siwei , et al

Review

176 Research advances in sepsis-related biomarkers
Wang Lilin , Li Kexin , Liu Gang



国际标准连续出版物号：ISSN 1673-873X；国内统一连续出版物号：CN 50-1184/R 邮发代号：78-149 定价：每期24.00元