



中华中医药学会系列杂志  
中国科技核心期刊  
中国科技论文统计源期刊

QK2045029  
ISSN 1672-951X  
CN 43-1446/R

# 中医指南报

GUIDING JOURNAL OF  
TRADITIONAL  
CHINESE MEDICINE  
AND PHARMACY

13 2020

2020年9月 第26卷 第13期 总359期

ISSN 1672-951X



9 771672951204



万方数据



# 中医药导报

ZHONGYIYAO DAOBAO

1995年创刊 月刊

第26卷第13期(总第359期)

2020年9月28日出版

主 管	湖南省卫生健康委员会
主 办	湖南省中医药学会
	湖南省中医药管理局
顾 问	陈可冀 石学敏 唐由之 路志正 刘祖贻 谭新华 孙达武
编委会主任	邵湘宁
名誉主编	袁长津
主 编	詹 鸣
副 社 长	薛丽君
副 主 编	陈 燕 陈新宇 刘正清 朱镇华
编 辑 出 版	《中医药导报》编辑部
地 址	中国·长沙·芙蓉区·新军路43号
邮 编	410000
电 话	编辑部 073182234727 综合服务部 073184828502 策划与新媒体部 073185415606
邮 箱	zyydb@vip.126.com
网 址	<a href="http://www.zyydb.com">http://www.zyydb.com</a>
微 信 公 众 号	zyydb-84828502
中 国 标 准 连 续 出 版 物 号	ISSN 1672-951X CN 43-1446/R
国 外 发 行	中国国际图书贸易集团有限公司 北京399信箱 邮编:100044
国 外 代 号	M6653
国 内 发 行	湖南省邮政报刊发行局
国 内 代 号	42-144
印 刷	湖南省日大彩色印务有限公司
定 价	每册16.00元,全年384.00元
广 告 经 营 许 可 证	4300004000006

# 目 次

## 新冠肺炎

- 范伏元团队从“湿热燥毒虚”论治新型冠状病毒肺炎的体会 ..... 李 姣,沈 泉,金朝晖,王 伟,王革智,赵四林,范伏元(1)  
从“顾护脾胃”论治新型冠状病毒肺炎 ..... 华 光,蒋 霞,周丽凤,谢宇雯,陈 琼,祁双林,朱海利(4)  
中医药全程参与救治5次核酸检测阴性新型冠状病毒肺炎1例报告 ..... 蔡慧颖,邹文辉,贺佐梅,李克雄,曾普华(6)

## 实 验

- 荔枝核醇提物对放射性肺损伤大鼠的防护研究 ..... 李嘉斌,丁杰英,杜 智(9)  
加味二陈汤对肥胖SD幼鼠脂质代谢和FXR的影响 ..... 姚 婷,邹嘉艳,刘建刚,金 莺,赵 鑫(13)  
基于PI3K/Akt/GSK-3 $\beta$ 信号通路探讨益智治呆方对AD模型大鼠学习记忆能力的影响及其作用机制 ..... 赵翠霞,江 钰,省格丽(18)  
益心泰颗粒对慢性心力衰竭心气虚兼血瘀水停证大鼠LVEF及血清BNP、FFA的影响 ..... 唐 云,郭志华(23)

## 中 药

- 首乌藤指纹图谱的建立及3种成分的测定 ..... 周 桂,谢瑞芳,于天源,周 昕(27)  
不同产地前胡27种无机元素的多元统计分析 ..... 姜 涛,姚艺新,刘子祯,林晓坤,陈丹纯,陈欣欣(33)  
两种不同干燥温度下盐茱萸、蒸茱萸中5种有效成分及水分含量研究 ..... 戴 冰,杨 磊,雷欣东,李玉星,于 慧(40)  
不同产地大蓟、小蓟的指纹图谱研究 ..... 易炳学,张崇佩,李志林,张一贊,龚千锋(45)  
畅气饮颗粒质量控制方法研究 ..... 肖岚岚,汪 兰,黄本东,李顺祥(49)  
蒲公英中咖啡酸、总酚酸大孔树脂纯化工艺研究及纯化前后的药效比较 ..... 冯 倩,郑 伟,张洪亮,武光云,庄华青,关永霞,王永刚,张贵民(54)  
白芥子及炒白芥子饮片、水煎液、配方颗粒UPLC特征图谱研究 ..... 刘涛乾,张志鹏,夏长青,何民友,钟志奎,黄 瑶(59)  
鸡冠花药材HPLC指纹图谱及黄酮类成分含量测定研究 ..... 李国卫,孙冬梅,何民友,吴淑珍,吴文平,曹斯琼(64)  
基于中医药个体化制剂的信息化平台开发 ..... 黄志峰,李得堂(68)

## 民族医药

- 蒙药药对广枣-肉豆蔻对Wistar乳鼠心肌细胞氧化损伤的保护作用 ..... 王 欣,张 谦,王跃武,王乐纯,那生桑,孙 鹏,张 焰,石 静,陆景坤(72)  
口尝麻舌感在蒙药炮制中的应用及问题 ..... 乌兰图雅,包勒朝鲁(77)

## 临 床

- 补肾衍精汤联合穴位艾灸治疗弱精症的临床研究 ..... 胡金辉,李 博,王 霖,张 熙,陈其华(80)  
甘草泻心汤雾化吸入预防鼻咽癌放射性口腔黏膜炎的疗效观察 ..... 张晓芳,刘玉瑶,代 蕊,魏洁丽,翁劳燕,郑静静(82)  
百会穴艾灸联合按摩疗法对维持性血液透析患者睡眠质量的影响 ..... 张凤娟,赵春善,高 玲(85)  
四磨汤口服液治疗儿童功能性便秘随机双盲多中心临床试验 ..... 李新民,杜永刚,潘树强,洪丽军,全惜春,李学明(88)  
四磨汤口服液治疗功能性消化不良(气滞食积证)随机双盲多中心临床试验 ..... 周正华,王韶峰,梁秋明,吴洁琼,王宏光,张 明,刘东文(92)

## 规 律

- 国医大师治疗胃脘痛用药规律分析 ..... 严郑元,汪 琼,马师师,黄 芳,李晶晶,周祯祥(96)  
刘丽芳治疗浆细胞性乳腺炎用药规律分析 ..... 周 亮,王 月,李松莲,罗 君(102)  
《中医方剂大辞典》含全蝎-蜈蚣药对的方剂用药规律分析 ..... 马 青,赵 明(106)  
电针治疗中风后肢体运动功能障碍的诊疗特点研究 ..... 朱 利,苏同生(110)

期刊基本参数:CN43-1446/R\*1995\*s\*A4\*224\*zh\*P\*¥16.00\*3000\*53\*2020-13

## 分析

基于网络药理学研究升陷汤治疗心力衰竭的作用机制

.....董红彦,张少强,钟燕春,丛洪良(114)

大麻二酚对结肠癌抑制作用的网络药理学研究

.....段婷,瞿鹏飞,

蒋金旭,瞿浩,洪仕君,邢豫明,姜焰凌,宋京风,张荣平,王蕊(119)

四妙散治疗肾病综合征、痛风及湿疹的系统生物学研究

.....林形,李丽,梁彩君,彭立生(124)

桃红四物汤治疗口腔黏膜下纤维性变分子作用机制的网络药理学分析

.....朱可可,周蓉,陈明,王志豪,王宗康,谭劲(129)

四物汤治疗早发性卵巢功能不全机制的网络药理学研究

.....王鹏鹏,傅成伟,吴桂玲(134)

藏药六味木香丸干预慢性萎缩性胃炎的网络药理学研究

.....华青措,

罗婧,冯学梅,英措,桑杰卓玛,洛桑东智,张艺,仁青东主(139)

半夏-苍术-香附组药干预痰湿型多囊卵巢综合征的生物机制

.....肖卫琼,袁仁智,康开彪(144)

刮痧疗法辅助治疗原发性高血压临床疗效的Meta分析

.....朱海利,陈燕,刘佳,黄静(151)

补阳还五汤联合西药治疗血管性痴呆疗效和安全性的Meta分析

.....袁荣荣,钱仁义,关运祥,赵佳源,王小芳(156)

## 综述

当归六黄汤的研究进展

.....薛倍倍,王晓丽,刘虹,王涛,陈晓鹏(162)

耳穴疗法在心血管疾病中的应用进展

.....杨杉杉,范增光,周亚滨,焦扬,代永兴(168)

中药抗人乳腺癌MCF-7细胞的作用及机制研究现状

.....向莹,潘博(171)

健脾法治疗肿瘤恶病质的研究进展

.....贺倩文,刘燕,吴耀松,陈玉龙,桑亚洲,蒋时红(176)

中医药治疗老年肌少症研究进展

.....齐涵,赵洪欣,孟凯华,张泽(179)

针灸推拿在军事训练伤中的应用综述

.....徐玲,王刚,李莉,支世保(182)

## 经验

范郁山朱砂针法发挥

.....贺彩,范郁山(185)

舒鹏辨证治疗肺癌咳嗽经验

.....孙莉,舒鹏(187)

冉雪峰治疗危证验案5则

.....石卫华,李勇华(190)

钟薏运用中医药治疗喉乳头状瘤术后复发1例

.....邱瑾,付淑娟,刘剑新,钟薏(193)

以慢性肾衰竭为首发表现的华氏巨球蛋白血症1例并文献复习

.....高振桓,徐英,靳蕊(195)

## 诊断

兰茂《医门纲要》脉诊刍议

.....李福,汪剑,张晓琳(199)

## 调查

株洲市养老机构老年人健康状况及中医健康养生需求分析

.....尹雨晴,刘晴健,张洁,徐聆,陈燕(202)

## 文化

基于海外传播平台的文明交流互鉴助推中医药国际传播与文化认同

.....高静,郑晓红(207)

基于《广州大典》5种“卫生”典籍比较中外卫生思想

.....何钰怡,李永宸(211)

秦汉出土简帛中涉医优恤制度

.....陈稳根,张如青(215)

## 教学

湖南中医药大学在线教学教务管理实践与探讨

.....刘仙菊,何清湖,闫云云,刘婵,陈楚淘,胡以仁,李铁浪(218)

Volume26 Number 13

September 2020

Administered by: Hunan Provincial Health Commission

Sponsored by: Hunan Provincial Association of TCM

Hunan Provincial Administration

Bureau of TCM

Consultant: CHEN Ke-ji SHI Xue-min

TANG You-zhi LU Zhi-zheng

LIU Zu-yi TAN Xin-hua

SUN Da-wu

Director of Editorial Staff: SHAO Xiang-ning

Honorary Editor-in-Chief: YUAN Chang-jin

Editor-in-Chief: ZHAN Ming

Vice President: XUE Li-jun

Deputy Editors-in-Chief: CHEN Yan CHEN Xin-yu

LIU Zheng-qing ZHU Zhen-hua

Edited and Published by: Journal Office of  
Guiding Journal of Traditional Chinese Medicine and Pharmacy

Address: The 5<sup>th</sup> Floor of Office Building,  
No. 43, Xinjun Road, Furong District,  
Changsha, China

Post code: 410001

Tel: 0731-82234727

0731-84828502

0731-85415606

E-mail: zyydb@vip.126.com

<http://www.zyydb.com>

Wechat Public Number: zyydb-84828502

CSSN: ISSN 1672-951X  
CN 43-1446/R

Overseas Distributor: China International Book Trading Corporation (P.O. Box 399 Beijing, China 100044)

External Code No.: M6653

Domestic Distributor: Hunan Postal Press-issuing Bureau

Domestic Code No.: 42-144

Printed by: Hunan Rida Color Printing Co., Ltd.

Advertisement Licence No.: 4300004000006

**MAIN CONTENTS**

- Study on the Protection of Lizhi (Litchi Semen) Alcohol Extract on Rats with Radiation-induced Lung Injury ..... *LI Jia-bin, DING Jie-ying, DU Zhi(9)*
- Effect of Modified Erchen Decoction (加味二陈汤) on Lipid Metabolism and FXR Receptor in Obese Young SD Rats ..... *YAO Ting, ZOU Jia-yan, LIU Jian-gang, JIN Ying, ZHAO Yun(13)*
- Explore the Effect of Yizhi Zhidai Recipe (益智治呆方) on the Learning and Memory Ability of AD Model Rats and Its Mechanism Based on PI3K/Akt/GSK-3 $\beta$  Signaling Pathway ..... *ZHAO Cui-xia, JIANG Yu, SHENG Ge-li(18)*
- Effect of Yixintai Granules (益心泰颗粒) on LVEF, Serum BNP and FFA of Rats with Chronic Heart Failure with Heart Qi Deficiency and Blood Stasis and Fluid-Retention Syndrome ..... *TANG Yun, GUO Zhi-hua(23)*
- Establishment of Fingerprint and Determination of Three Components of Shouwuteng (Polygoni Multiflori Caulis) ..... *ZHOU Gui, XIE Rui-fang, YU Tian-yuan, ZHOU Xin(27)*
- Multivariate Statistical Analysis of 27 Kinds of Inorganic Elements in Qianhu (Peucedani Radix) from Different Origins ..... *JIANG Tao, YAO Yi-xin, LIU Zi-zhen, LIN Xiao-kun, CHEN Dan-chun, CHEN Xin-xin(33)*
- Study on Five Effective Components and Moisture Content of Salted and Steamed Shanzhuyu (Corni Fructus) at Two Different Drying Temperatures ..... *DAI Bing, YANG Lei, LEI Xin-dong, LI Yu-xing, YU Hui(40)*
- Study on the Fingerprint of Daji (Cirsii Japonici Herba seu Radix) and Xiaoji (Cirsii Herba) from Different Habitats ..... *YI Bing-xue, ZHANG Chong-pei, LI Zhi-lin, ZHANG Yi-yun, GONG Qian-feng(45)*
- Study on Quality Control Methods of Changqiyin Granules (畅气饮颗粒) ..... *XIAO Lan-lan, WANG Lan, HUANG Ben-dong, LI Shun-xiang(48)*
- Purification Process of Caffeic Acid and Total Phenolic Acid from Pugongying (Taraxaci Herba) by Macroporous Absorption Resin and Pharmacodynamic Comparison Before and After Purification ..... *FENG Qian, ZHENG Wei, ZHANG Hong-liang, WU Guang-yun, ZHUANG Hua-qing, GUAN Yong-xia, WANG Yong-gang, ZHANG Gui-min(54)*
- Study the UPLC Characteristic Spectra of Decoction Pieces, Water Decoctions and Formula Granules between Baijiezi (Sinapis Albae Semen) and Chaobajiezi (Sinapis Albae Semen Frictum) ..... *LIU Tao-qian, ZHANG Zhi-peng, XIA Chang-qing, HE Min-you, ZHONG Zhi-kui, HUANG Yao(59)*
- Study on the HPLC Fingerprint and the Content Determination of Flavonoids of Jiguanhua (Celosiae Cristatae Flos) ..... *LI Guo-wei, SUN Dong-mei, HE Min-you, WU Shu-zhen, WU Wen-ping, CAO Si-qiong(64)*
- Development of Information Platform Based on Individualized Preparations of Traditional Chinese Medicine ..... *HUANG Zhi-feng, LI De-tang(68)*
- Effect of Mongolian Herb Pair Guangzao (Choerospondiatis)-Roudoukou (Nutmeg) against to Oxidative Damage of Wistar Neonatal Rat Cardiomyocytes ..... *WANG Xin, ZHANG Qian, WANG Yue-wu, WANG Le-chun, NA Seng-sang, SUN Peng, ZHANG Xuan, SHI Jing, LU Jing-kun(72)*
- The Application and Problems of the Sense of Tongue Numbness in the Processing of Mongolian Medicine ..... *Wulantuya, Baolechaolu(77)*
- Clinical Effect of Bushen Yanjing Decoction (补肾衍精汤) combined with Acupoint Moxibustion on Patients with Asthenospermia ..... *HU Jin-hui, LI Bo, WANG Lin, ZHANG Xi, CHEN Qi-hua(80)*
- Randomized Double-Blind Multicenter Clinical Trial of Simo Decoction (四磨汤) in Children with Functional Constipation ..... *LI Xin-min, DU Yong-gang, PAN Shu-qiang, HONG Li-jun, QUAN Xi-chun, LI Xue-ming(88)*
- Analysis on the Law of Traditional Chinese Medicine Used by LIU Li-fang in Treating Plasma Cell Mastitis ..... *ZHOU Liang, WANG Yue, LI Song-lian, LUO Jun(102)*

- Study on Diagnosis and Treatment Characteristics of Electroacupuncture for Limb Motor Dysfunction After Stroke ..... ZHU Li, SU Tong-sheng(110)
- Study on the Mechanism of Treating Heart Failure with Shengxian Decoction (升陷汤) based on Network Pharmacology ..... DONG Hong-yan, ZHANG Shao-qiang, ZHONG Yan-chun, CONG Hong-liang(114)
- The Inhibitory Effect of Cannabidiol on Colon Cancer based on Network Pharmacology ..... DUAN Ting, QU Peng-fei, IANG Jin-xu, QU Hao, HONG Shi-jun, XING Yu-ming, JIANG Yan-ling, SONG Jing-feng, ZHANG Rong-ping, WANG Rui(119)
- A Systematic Biology Study of Simiao Decoction (四妙散) for Treating Different Diseases with the Same Method on Nephrotic Syndrome, Gout, and Eczema ..... LIN Tong, LI Li, LIAO Cai-jun, PENG Li-sheng(124)
- Molecular Mechanism of Taohong Siwu Decoction (桃红四物汤) on Treatment of Oral Submucous Fibrosis based on Network Pharmacology ..... ZHU Ke-ke, ZHOU Rong, CHEN Ming, WANG Zhi-hao, WANG Zong-kang, TAN Jin(129)
- Network Pharmacology Research of Siwu Decoction (四物汤) in Treating Primary Ovarian Insufficiency ..... WANG Kun-peng, FU Cheng-wei, WU Gui-ling(134)
- Analysis on the Mechanism of Tibetan Medical Formula Liuwei Muxiang Pill (六味木香丸) in Treating Chronic Atrophic Gastritis based on Network Pharmacology ..... Huaqingcuo, LUO Jing, FENG Xue-mei, YING Cuo, Sangie Zhuoma, Luosang Dongzhi, ZHANG Yi, Renqing Dongzhu(139)
- Biological Mechanism of Banxia (Pinelliae Rhizoma)-Cangzhu (Atractylodis Rhizoma)-Xiangfu (Cyperi Rhizoma) Group on Phlegm-wetting Polycystic Ovary Syndrome ..... XIAO Wei-qiong, YUAN Ren-zhi, KANG Kai-biao(144)
- A Meta-Analysis of the Clinical Efficacy of Scrapping Therapy in the Treatment of Essential Hypertension ..... ZHU Hai-li, CHEN Yan, LIU Jia, HUANG Jing(151)
- Efficacy and Safety of Vascular Dementia Treated by Buyang Huanwu Decoction (补阳还五汤) Combined with Western Medicine: A Meta-Analysis ..... YUAN Rong-rong, QIAN Ren-yi, GUAN Yun-xiang, ZHAO Jia-yuan, WANG Xiao-fang(156)
- Research Progress of Danggui Liu Huang Decoction (当归六黄汤) ..... XUE Bei-bei, WANG Xiao-li, LIU Hong, WANG Tao, CHEN Xiao-peng(162)
- Research Progress of Spleen Strengthening Method in the Treatment of Tumor Cachexia ..... HE Qian-wen, LIU Yan, WU Yao-song, CHEN Yu-long, SANG Ya-zhou, JIANG Shi-hong(176)
- A Review on the Treatment of Chinese Medicine for Elderly Patients with Sarcopenia ..... QI Han, ZHAO Hong-xin, MENG Kai-hua, ZHANG Ze(179)
- Development of ZHU Lian's Acupuncture Method by FAN Yu-shan ..... HE Cai, FAN Yu-Shan(185)
- Waldenstrom Macroglobulinemia with Chronic Renal Failure as the Initial Manifestation: A Report of One Case and Literature Review ..... GAO Zhen-huan, XU Ying, JIN Rui(195)
- Discussion on Pulse Diagnosis in LAN Mao's Yimen Lanyao ..... LI Fu, WANG Jian, ZHANG Xiao-ling(199)
- Investigation on the Health Status of and Demand for Health Care of Chinese Medicine of the Elderly in Zhuzhou Old-Age Care Institutions ..... YIN Yu-qing, LIU Qing-cai, ZHANG Jie, XU Ling, CHEN Yan(202)
- Exchange and Mutual Learning among Civilizations Encouragement of Chinese Medicine International Communication and Cultural Identity Based on Chinese Medicine Overseas Communication Platform ..... GAO Jing, ZHENG Xiao-hong(207)
- The Comparative Study of Chinese and Foreign Health Thoughts-Focusing on Five Kinds of Hygiene Classics in Guangzhou Encyclopedia ..... HE Yu-yi, LI Yong-chen(211)
- Practice and Discussion of Online Teaching Education Management in Hunan University of Chinese Medicine ..... LIU Xian-ju, HE Qing-hu, YAN Yun-yun, LIU Chan, CHEN Chu-tao, HU Yi-ren, LI Tie-lang(218)



# 中国科技核心期刊

(中国科技论文统计源期刊)

## 收录证书

CERTIFICATE OF SOURCE JOURNAL  
FOR CHINESE SCIENTIFIC AND TECHNICAL PAPERS AND CITATIONS

### 中医药导报

经过多项学术指标综合评定及同行专家  
评议推荐，贵刊被收录为“中国科技核心期  
刊”（中国科技论文统计源期刊）。

特颁发此证书。



Institute of Scientific and Technical Information of China

北京复兴路 15 号 100038 [www.istic.ac.cn](http://www.istic.ac.cn)

2019年11月

证书编号：2018-G681-2357  
有效期至：2020年12月

