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护 患 情 境 会 话

输液疼痛的抚慰

Comforting a Patient with Pain Resulting from Receiving Intravenous Transfusion

交流

病人:不用了,你给我拔掉重打。

张护士:王阿姨,你住院时间长了,盐水也一直在挂,现在静脉也比较难找,而且即使换了地方也不一定很好。相信我,如果热敷的效果不好,我马上给你重打,好吗?

病人:肯定不会好的,我的手痛的有多厉害,我自己知道。

张护士:(给病人用热敷,10分钟后。)王阿姨,好些了吗?

病人:没有。你给我重打吧!

张护士:看来,王阿姨你的手的确痛得很厉害,我马上给你重打。

病人:你的意思是我手痛是假的。你的工作太不负责任了,我都痛了那么长时间了,你折腾来折腾去,就不帮我重打。

张护士:王阿姨,我不是那个意思。其实我也希望你早日康复,你手疼我也不好受,最起码说明我输液的技巧不过关,给你增加痛苦了,真是对不起。

病人:你给我把针拔了,我不信任你,你另外叫个人给我重打。

张护士:好的。

(拔除留置针后,赵护士来为病人重打。)

赵护士:王阿姨,我来给你重打吧!

病人:刚刚那护士技术差劲,态度又不好,以后不要叫她来给我打针了。

赵护士:小张呢,也工作了好几年了,平时对工作负责,技术也一点不差,今天可能手气不太好,你原谅她吧!人家小姑娘,听了你的教训,心里也不太好受。

病人:是的,我都几十岁的人了,不会跟她计较的。

赵护士:对啊!大家相互体谅点,就什么事也没了。我帮你找一下静脉。

(给病人扎压脉带,病人尖叫:“痛死了,轻点儿。”)

Interactions

Patient: It's a waste of time. Just redo the needle for me.

Nurse Zhang: Ms. Wang, you have had venous transfusion for some time now. So it's difficult to find a good

blood vessel. Changing places may not be effective either. Trust me, if the warm towel can't relieve your pain, I will restart your IV immediately, OK?

Patient: I don't think it will work. No one knows better than me about how painful my hand is.

Nurse Zhang: (after 10 minutes of warm towel compresses) Ms. Wang, are you getting a little better now?

Patient: Not at all, redo the needle for me now.

Nurse Zhang: It seems your hand is really hurt. I will redo it immediately.

Patient: What! How dare you to say that. You think I was lying?! You are so irresponsible. I have had the pain for so long, and you have wasted so much time, you let me suffer and refused to restart the needle.

Nurse Zhang: Ms. Wang, you misunderstood what I said. I feel bad too when you are hurting, I truly wish you have a speedy recovery. Your hand hurts which shows that I didn't do a very good job on your IV transfusion. I'm really sorry.

Patient: Remove the needle! I don't trust you any more. Call someone else to redo it for me.

Nurse Zhang: OK.

(After removing the needle, Nurse Zhou came to the room.)

Nurse Zhou: Ms. Wang, I will redo the needle for you now.

Patient: The other nurse had bad skills and an awful attitude. Don't let her give me injections any more.

Nurse Zhou: Miss Zhang has worked here for several years. She is always responsible for her work and has good skills. She may have a bad day today. Please forgive her. She is still very young, and your critical words made her feel a little uncomfortable.

Patient: Yes. I'm much older than her. I won't argue with her any more.

Nurse Zhou: Yes, if we can appreciate each other a little more, nothing unpleasant will happen again. Let me look for a vein that will work for you.

(The patient screamed when nurse Zhou tightened the tourniquet: Ouch, it hurts, not so hard.)

(张英)