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## 护 患 情 境 会 话

### 长期病痛的同情和理解 Sympathy and Understanding for a Patient Suffering from a Long-term Illness

#### 背景

医院骨科病房收住了一位臀部压疮准备作皮瓣移植的年轻女性患者。由于一次不幸的车祸,将正当青春年华的她造成终身下肢瘫痪。丈夫撇下幼女,离她而去。在父母的帮助下,坚强的她独自照顾幼女成长。

#### Background

A young lady was hospitalized in the Orthopedic department for skin flap transplantation due to decubital ulcer in her buttock. Because of an unfortunate traffic accident, she, who should have been in the full bloom of youth, is suffering from a life-long paralysis of her lower extremities. Her husband abandoned her and their little daughter. This strong-minded young woman tried to raise her young daughter by herself with her parents' help.

#### 交流

护士:你好!我是你的床位护士,让我来看看你臀部褥疮的情况。能告诉我发生过程吗?

病人:我下肢瘫痪已多年了。虽然我尽量坚持生活自理,但好多事情我力不从心。变换体位的次数少,臀部皮肤经常有破溃,一般涂些药也就好了,但这次皮肤溃破的范围大,而且深,久治不愈,只能来医院手术治疗了。

护士:听你母亲讲,你很不简单,生活上都是自己料理,从不肯让父母操劳,甚至大小便、月经周期也是自己处理。这次住院费用是自费,我会和医生联系,一定尽早手术,尽量减少不必要的费用。

病人母亲:真是太谢谢了!我们家离医院很远,家中还有老人和孩子。我虽临近退休,但学校领导还请我帮忙,所以时间紧张,不能经常陪伴她,要请你们多多照顾了!

护士:这是我们的责任,你放心吧!我们一定会尽心照顾她的。

(一周后,病人准备出院)

病人母亲:护士老师,我有一个请求,我想请你帮助我们。我对医院的人都不熟悉,有些时候,非常想找医护人员咨询,但不知找谁好。今后如果我女儿有什么问题,我能不能就找你咨询?

护士:当然可以啊!也谢谢你对我这么信任,有什么事你尽管找我,我一定尽力帮助。

#### Interactions

Nurse: How do you do? I am the nurse assigned to take care of you. Let me have a look at your decubital ulcer. Can you tell me how this happened?

Patient: I have been suffering from paralysis of my lower extremities for years. Although I have tried my best to take care of myself, there are lots of things I cannot do. Since I cannot change my posture very often, I am constantly troubled by skin ulcerations on my buttock area. Usually this would be healed after applying some medicines. However, this time, the ulceration area is very large and serious, and not healing. I need to be treated in the hospital.

Nurse: I have heard from your mother that you have been taking care of yourself, and never troubled your parents. You are such a great person! I also heard you even deal with your excretions and menstruations by yourself. Since you have to pay the hospital fees all by yourself, I will talk to the doctor and arrange your operation as soon as possible to reduce the unnecessary costs.

Patient's mother: I cannot thank you enough. Because our home is far away from the hospital, there are elder people and child who need attention, and although I am to retire soon, the school administrator often asks me to help. I have little time to look after my daughter. Therefore, I have to ask for your help to look after her. I really appreciate your help.

Nurse: It is our duty, so don't worry about it. We will do our best to take care of her.

(One week later, Miss Hong was ready to leave the hospital.)

Patient's mother: Can I ask you to do me a favor? Since we are not familiar with the hospital personnel, we don't know who to ask when we need to consult a professional. Can I turn to you for some consultation if there is something wrong with my daughter?

Nurse: Of course you can, and thank you for trusting me. You can always contact me for whatever reason and I will try my best to help you.

(庞曼莱)