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护 患 情 境 会 话

长期病痛的同情和理解 Sympathy and Understanding for a Patient Suffering from a Long-term Illness

结果

一周后,患者出院回家,局部伤口的换药均由这位床位护士上门服务,甚至在倾盆大雨的天气也不误时,全家人都很感动。由于伤口问题,她在这位护士的帮助下第二次住院治疗后痊愈。护士有时也带学生上门,向她学习坚韧自强的精神。护患之间也由此产生了深深的友谊,成为一生的朋友。她们之间经常电话互相问候。最近她的女儿考上了大学,又乔迁了新居,还特地邀请这位护士朋友来新居聚会。

Result

Miu Hong left the hospital and went back home one week later. Since then, she was helped by the nurse in her home. Even during the bad raining days, the nurse would come on time, which moved Miu Hong and her family deeply. Due to the wound, she had to come back to the hospital for a second time and was healed with the nurse's help. Sometimes, the nurse would take her students to visit her and to learn her tenacity and constant struggle to be strong. Friendship grew between the nurse and Miu Hong, which made them life-long friends. Even today, they still keep in contact by phone. Recently, her daughter passed the college entrance examination, and they also moved to a new house. The nurse was invited to the new house to celebrate her daughter's admission to college.

(庞曼蓁)

患者伤口愈合问题的心理护理 Psychological Nursing Care for a Patient with a Wound Healing Problem

背景

陆先生,73岁,因6月前胃部手术后窦道形成,由于创面长期不愈,脾气比较急躁,缺乏耐心,主观性强,常对医务人员抱怨,挑剔,不合作,对各项护理和治疗配合欠佳。

Background

Mr. Lu, 73 years old, was hospitalized due to a fistula formation after a gastric operation 6 months ago. Because

of the long period of suffering with the wound, this patient became angry easily, had no patience for any treatment, always complained, and would not cooperate with nursing care and treatment.

交流

护士:陆老伯,您好!要输液了,要上个厕所吗?床要给你摇平吗?

患者:(半卧位),不要,就这样好了,这样我舒服,(眼睛转了几下,斜瞄了一眼正挂上去的补液袋,表情不屑和不耐烦),天天挂水,病又没给我挂好,钱倒花了不少。

护士:陆老伯,我们知道你受罪了,但是您不是一天比一天好吗?再说,这病情的好转也是需要一定时间的,今天换药时我看了你的伤口,愈合的很好。

患者:需要时间!我反反复复多久了,这个看看,那个治治,一直到了现在。(表情很恼火,嘴里不时的嘟哝)

护士:(改变话题),今天早饭吃什么了,胃口好吗?(同时进行输液的各个步骤)

患者:胃口?还提什么胃口,我什么都吃不下去!(头转向窗外,发出一声叹息。)

Interactions

Nurse: Hello Mr. Lu, I am going to give you an intravenous transfusion. Do you want to go to the bath room first? Is your bed angle comfortable for you?

Patient: (Semi-Fowler's position) No, this is fine, I feel comfortable this way. I receive an IV everyday which costs me a lot of money, but I haven't felt any better. (Looks at the fluid bag with an unworthy and impatient expression)

Nurse: Well Mr. Lu, I know you are suffering, but, you are getting better every day.

The treatment needs time. I just examined your wound, it's getting better.

Patient: Needs time! Back and forth, treated by a different person. Do you know how long I have suffered from this? (angrily complaining).

Nurse: (Changing subject) What did you have for breakfast this morning? How was your appetite? (Preparing the transfusion at the same time)

Patient: Appetite? Don't mention it. I can't eat anything. (Turns his head toward the window and sighs)

(徐 蓉)