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护 患 情 境 会 话

关切自我形象

Concerning Self-Image

交流

(正说着,小陈拿出吹风机慢慢吹干阿婆的头发,用梳子梳整齐了,并拿出镜子给阿婆照了照。)

护士:好了,阿婆,您看您多精神啊!

病人老伴:来来来,陈小姐我们一起来合个影吧。我要把照片寄给我在澳大利亚的女儿看看,让她也放心。既使她不在我们身边,但这儿也有像女儿一样的护士小姐照顾着我们。

Interactions

(Nurse Chen took out the hair dryer and dried the patient's hair slowly, combed her hair with a comb, and took out a mirror and let the patient see her hair.)

Nurse: Well, Mrs. Liu, see how nice you look now.

Patient's Husband: Come here, Miss Chen, take a picture with us. I will send it to my daughter in Australia. Let her not worry. Although she is not here with us, we have the nurse like a daughter here to take care of us.

点评

基础护理是临床工作的重点,为老年患者提供优质的护理尤为重要。目前越来越多的空巢老人因孤独而渴望得到子女们的关爱。通过护理人员悉心的护理和亲人般的关怀,让老年人重新体会到自身价值的所在,体会到护理工作最温柔的一面。

Comments

Basic nursing is the foundation for nursing practice. Providing excellent nursing care for older patients is especially important. These days, more and more elder people lives alone, they miss the care and love from their sons and daughters very much. By paying special attention to them like their own relatives, nursing can make them realize their self-value again and recognize the tenderness of the nursing care.

(王 稚)

社交障碍病人的护理

Nursing Care for a Patient with Impaired Social Interaction

背景

程某,男性,未婚,银行职员,一向工作认真负责,但近两个月却不愿去上班了。父母了解后得知,最近一段时间他害羞不敢和女孩交往的现象越来越严重,现在一看到异性就面红耳赤,紧张焦虑,甚至于在单位里连熟悉的女同事也无法面对,影响工作。父母不得已将其送入医院。程某虽然求治心切,但同时也痛苦万分,因为他一见到女护士就紧张。这天,责任护士走到了他的床边。

Background

Mr. Cheng, a single banker, is a hard working and highly responsible person, but he has not wanted to go to work for two months. His parents found out that he is shy when communicating with women, feeling nervous and anxious. He can't even work with his female colleagues. His parents send him to the hospital for treatment. Although the patient is eager to be cured, he is also very nervous to see the female nurses. His responsible nurse comes to his bedside to talk to him.

交流

护士:从你现在低垂的眼神和不停搓手的举动中,我能感觉到你面对我时的紧张不安。

病人:(没抬眼)我也不知道。反正特别怕与女性接触,特别是年轻的,我会心慌、胸闷、透不过气来,我不敢看你。

护士:你内心的痛苦和挣扎我能理解。如果我是你,处在这样的境况下,可能也会和你一样的。我的孩子比你小不了几岁。你能看一看我,彼此熟悉一下吗?

Interactions

Nurse: I sense you are very nervous and anxious now. You are looking down and rubbing your hands.

Patient: (still looking down) I don't know. I'm afraid of communicating with women, especially young ladies. I have palpitations, dyspnea, and choking. I dare not look at you.

Nurse: I can understand your pain and struggle. If I were you, I probably would have the same feelings. I have a son who is not much younger than you. Can you try looking at me so we can get acquainted better?

(赵惠英)