



中国科技核心期刊
(中国科技论文统计源期刊)

中国生物医学类核心期刊

中国期刊全文数据库 (CJFD) 收录期刊

中国学术期刊综合评价数据库 (CAJCED) 统计源期刊

万方数据—数字化期刊群全文收录期刊

中文科技期刊数据库收录期刊

ISSN 1002-6975
CN 52-1063/R

护士进修杂志

HUSHI JINXIU ZAZHI

护士进修杂志社

ISSN 1002-6975



2016 24

第31卷 VOI.31 NO.24

万方数据

护士进修杂志

HUSHI JINXIU ZAZHI

半月刊 1986年1月创刊 第31卷 第24期 2016年12月22日出版(卷终)

主管·主办

贵州省医药卫生学会办公室

编辑出版

护士进修杂志社

地址:贵州省贵阳市市北路11号

电话:(0851)86854912 86826371

86867129

邮政编码:550004

电子邮件:hsjx_guiyangshi@163.com

http://fsjx.cbpt.cnki.net

名誉主编

胡雁 过慧谨

社长

朱光成

总编辑

张秀

执行总编辑

吴筑兰

副总编辑

黄玉柱

编辑部主任

张秀

广告经营许可证

黔0040号

发行

国内:贵州省邮政局

国外:中国国际图书贸易总公司

印刷

贵阳精彩数字印刷有限公司

订购

全国各地邮政局

邮发代号 66-40

邮购

护士进修杂志社

定价

每期:10.00元,全年240.00元

中国标准连续出版物号

ISSN 1002-6975

CN 52-1063/R

2016年版权归护士进修杂志社所有

目次

讲座

社区护理学 高睿(2209)

论著

舒心养气功对缓解稳定性心绞痛患者焦虑症状的护理研究

..... 胡丽 张雅丽 王娜 余敏(2212)

脊髓损伤患者主要照顾者照顾负担与积极感受的相关性研究

..... 罗静文 林海英 黄小舟 何盼雪 廖振翔 万艳平(2216)

音乐放松疗法对下颌阻生牙拔除患者焦虑及疼痛的影响

..... 李丽 姚志清 王增香 梁青 王蓓 刘江炎(2219)

进食体位对脑卒中后吞咽障碍患者相关并发症影响的 Meta 分析

..... 杨晨晨 纪小凤 马海丽 黎亚玲 郑丽维(2223)

以胃肠调节肽水平变化验证穴位敷贴治疗功能性便秘疗效的探讨

..... 顾冬梅(2228)

盆底重建术后患者 PDCA 循环式功能锻炼研究

..... 李晓辉 侯涛 凌芳(2231)

综述

超声在小儿 PICC 置管中的应用研究进展

..... 林熹 江湖 蒲亨萍 曾广会 江滢(2235)

术中压力性损伤评估量表的研究进展

..... 徐双 李赞 韩小红(2238)

护理管理

门诊治疗护士信息化绩效管理系统的构建

..... 陈铭霞 顾则娟 杨洁 赵静 胡馨子(2241)

管制图与查检表在护理质控瓶颈问题中的应用探讨

..... 谢艳 梁业梅 梁春萍(2244)

健康教育

互动式教育模式在提高抑郁症患者自我护理行为中的应用研究

..... 陈芸 高月红 邱海燕(2247)

动机性访谈对慢性心力衰竭患者运动康复的干预效果

..... 赵珊珊 张继红 孙志琴(2250)

期刊基本参数:CN52-1063/R * 1986 * S * A₁ * 96 * zh * P * ¥10.00 * * 37 * 2016-24

专科护理

糖尿病患者下肢血管病变介入治疗围手术期并发症的管理

..... 郭莉 李书梅 王春燕 包素婷 石书芹 高淑清 王富军(2254)

动静脉内瘘急性血栓形成时静脉推注尿激酶溶栓的方法及护理 黄美莲 叶婷香 刘彩玲 古慧莲(2257)

舒适护理在玻璃体视网膜手术中的开展和疗效观察 鲍学英(2259)

沙盘游戏对消化道肿瘤患者抑郁心理状态的影响 卢金晶 成巧梅 张艳(2261)

Solitaire AB 支架治疗急性脑血管闭塞的护理 邹和飞 谢婧婧 郑丽娜(2264)

内镜下光动力治疗在胆道恶性梗阻中应用的护理配合

..... 时之梅 计燕 刘晓岚 袁芸 时小笛 黄婉钰 王书智(2267)

CT 引导下内脏大小神经毁损术治疗腹部晚期癌痛患者的护理 赵云 孟爱凤 程芳 羊波(2269)

延续护理在青光眼患者中的应用效果 杨玉琼 朱小敏 周全梅 谢琳 梁泽平(2272)

体外血液循环处理透析器首次使用综合征患者的效果观察 黄若 梅晓蓉(2274)

无气管切开喉裂开术患者围术期护理 郑静 姜青 朱力 黄朝平 杨翠蓉(2276)

722 实时动态血糖监测中的护理问题及分析 李丽杰 邢艳红 初晓芳 韩梅(2278)

脑脊液鼻漏患者经口盲插鼻肠管的护理 王红 景新华 柏慧华 姚秋静(2281)

调查报告

公立医院改革试点城市一级医疗机构静脉治疗服务现状调查

..... 谭江红 谢莹 胡玲利 谢竟 罗国艳 李娟 Rodrigo lopez(2283)

临床护士健康评估能力及其影响因素研究 胡翠娥(2286)

基础护理

中心静脉导管胸腔闭式引流三种固定方法的效果比较 吴少珠 於雪英 刘燕飞(2289)

经口气管插管固定牙垫对皮肤损伤的研究 缪国璧 唐梦琳(2291)

透明敷料在小儿隐睾术后阴囊切口管理中的效果观察 黄少华 黄春叶 卢燕玲 全军利 韦晓华 张凯(2293)

吸气性屏气功能在低氧血症患者气囊上滞留物清除中的应用 刘伟权 邓绍西 熊杰 黄素芳(2295)

两种不同敷料用于骶尾部 I 期压疮的效果对比 罗秋双 唐志红 张雪倩 田永明(2298)

个案护理

一例进食羊胚胎致布氏杆菌性脊柱炎患者的护理 柴晓亮 周鑫 陶兰芳(2300)

一例 PICC 相关上肢深静脉血栓形成后置入上腔静脉滤器并保留导管患者的护理 徐文洁 鲍爱琴(2302)

护理创新

牵引床转换器在骨科 PFNA 牵引手术中的应用 张艳军 石瑜 黄爱文(2211)

一种输液加压装置的制作与应用 黄迎春 沈如婷 彭南海(2234)

英语学习

护患情境会话 睦文洁(封四)

循证护理实践推荐

知识角

(2215)(2230)(2256)(2277)

执行编委 肖钟秀 责任编辑 张秀 蔡奇兵 英文译校 汪思顺

JOURNAL OF NURSES TRAINING

Volume 31

Number 24

December 22, 2016

CONTENTS IN BRIEF

Responsible institution Sponsor

Office of Guizhou Provincial Medical
Hygiene Association

Editor & Publisher

The Publishing House of Journal of
Nurses Training

Add: 11 Shibe Road, Guiyang, Guizhou

Tel: (0851)86854912 86826371

86867129

Zip Code: 550004

E-mail: hsjx_guiyang@163.com

<http://fsjx.cbpt.cnki.net>

Honorary Editor in-chief

Hu Yan Guo Huijin

Office chief

Zhu Guangcheng

Editor-in-chief

Zhang Xiu

Chief executive editor

Wu Zhulan

Assistant Editor-in-Chief

Huang Yuzhu

Managing Director

Zhang Xiu

Advertisement permit No.

Qian 0040

Distributor

Domestic: Guizhou Provincial Gen-
eral post office

Overseas: China International Book
Trading Corporation

Printing

Guiyang Excellent Digital
Printing Co., Ltd.

Mail-Order

The publishing house of Journal of
Nurses Training

CSSN

ISSN 1002-6975
CN 52-1063/R

Copyright © 2016 by the Journal of
Nurses Training

Nursing research on relieving the anxiety symptoms of patients with stable angina pectoris by comfortable fitness Qigong

Hu Li, Zhang Yali, Wang Na, Yu Min (2212)

Correlation study on main caregivers' care-giving burden and positive experience for the patients with spinal cord injury

Luo Jingwen, Lin Haiying, Huang Xiaozhou, He Panxue,
Liao Zhenxiang, Wan Yanping (2216)

The influence of music relaxation therapy on anxiety and vital signs for patients accepting mandibular impacted teeth extraction

Li Li, Yao Zhiqing, Wang Zengxiang, Liang Qing,
Wang Bei, Liu Jiangyan (2219)

Effects of feeding position on the incidence of complications for patients with Dysphagia post-stroke: A Meta analysis

Yang Chenchen, Ji Xiaofeng, Ma Haili,
Li Yaling, Zheng Liwei (2223)

A study on the effect of acupoint application therapy on the treatment of functional constipation by regulating the level of gastrointestinal peptide

Gu Dongmei (2228)

Study of the functional exercise based on PDCA cycle for postoperative patients with pelvic floor reconstruction

Li Xiaohui, Hou Tao, Ling Fang (2231)

Construction and application of Informationization performance management system for outpatient treatment

Chen Mingxia, Gu Zejuan, Yang Jie, Zhao Jing, Hu Xinyu (2241)

Effect of motive intervention on exercise rehabilitation for patients with chronic heart failure

Zhao Shanshan, Zhang Jihong, Sun Zhiqin (2250)

Management of peri-operative complications in interventional treatment of lower limb vascular disease in diabetic patients

Guo Li, Li Shumei, Wang Chunyan, Bao Suting, Shi Shuqin,
Gao Shuqing, Wang Fujun (2254)

Investigation on the current status of intravenous treatment in the medical institutions at the pilot level in public hospital reform

Tan Jianghong, Xie Ying, Hu Lingli, Xie Jing, Luo Guoyan,
Li Juan, Rodrigo Lopez (2283)

Comparison of three fixation methods for closed venous drainage of central venous catheter

Wu Shaozhu, Yu Xueying, Liu Yanfei (2289)

Nursing for one case of patient with PICC related deep venous thrombosis of upper extremity after retention of superior vena cava filter

Xu Wenjie, Bao Aiqin (2302)

护 患 情 境 会 话

陪床问题的疏导 Counseling for a Family Member to Stay Overnight

交流

护士: 喔, 我理解你的感觉。我生孩子的时候虽说我丈夫只陪了三晚, 但也觉得他很辛苦。其实, 你可以让先生晚上回去休息。有事情打铃叫护士, 我们会帮你的。

产妇: 我也劝他不必陪, 可他说值班的护士挺忙的, 不要去麻烦她们。

护士: 张女士, 晚上先生陪床一般帮你解决什么问题呢?

产妇: 喝水、喂奶、小便等。

护士: 你剖腹产后已经七天了。可以根据我教你的起床方法下床活动, 早期活动能预防肠粘连, 有利恢复, 你白天自己上厕所, 对吗?

产妇: 是的。但我先生不放心, 主要是晚上护士少。

护士: 我明白了, 我先去看隔壁房间的病人, 待会再来。

(过了一会儿)

护士: 我与你先生通了电话, 他同意晚上迟些走, 早上早些来看你, 周末再陪夜。你晚上若遇到困难, 护士会帮你解决, 这是我们应该做的, 不要有任何顾虑。

产妇: 谢谢! 你真帮我解决了一个大问题。

护士: (当晚20:00, 值班护士巡视病房, 微笑着对张女士和她先生说) 张女士, 白班护士已经把你的情况告诉了我。时间不早了, 你先生可放心的回家。余下的事情由我负责, 有事一定要打铃通知我, 好吗?

Interactions

Nurse: I understand how you feel. When my baby was born, my husband only had to take care of me for three nights, yet I felt he was so tired. You can ask your husband to stay home and rest. If you have any trouble, just ring the nurse and we'll be glad to help.

Zhang: I have tried to persuade him to do so. However, he always says that the nurses on duty are very busy and he doesn't want to trouble them.

Nurse: Mrs. Zhang, can you tell me what your husband usually helps you with?

Zhang: He helps me drink water, breastfeed, and urinate, etc.

Nurse: It has already been eight days since your Caesarean

section. You can do some activities now according to the instructions we taught you. Physical activities can prevent intestinal adhesion and is good for recovery. You have gone to the restroom by yourself during the daytime, right?

Zhang: Right. But my husband is concerned, because there are only a few nurses at night.

Nurse: I understand. Let me see the patients in the next room first. I will be back soon.

(Awhile later)

Nurse: I just called your husband. He has promised to come here a little earlier in the morning and go home a little later every night during the weekdays, and he will take care of you at night during the weekends. If you have any needs, the nurses will try their best to help you. It is our duty, so don't worry.

Zhang: Thanks a lot. You really helped me solve a big problem.

Nurse: (8 o'clock that night, the nurse on duty walks into the room and says with a smile) Mrs. Zhang, the day shift nurse had told me about your situation. It is getting late and your husband should go home now. It is my responsibility to take care of you. Just ring the bell for me if you need any help, OK?

产妇: 谢谢你们, 我先生今天不用陪夜了。

Zhang: Thank you very much. My husband doesn't have to stay here and take care of me tonight.

点评

产妇需要特殊的护理。住院分娩期间会经历很多复杂的情感, 产生各种不同的情绪反应。当其心理未得到满足时, 可能会产生焦虑。护士要理解病人的需求, 并提供适当的帮助来解决她们的实际问题。

Comments

Pregnant women need special nursing care. They usually experience a lot of complex feeling, and all kind of emotions during their delivery and post-partum time. If their psychological needs cannot be satisfied, they are more prone to anxiety. The nurses need to understand the patients' needs, and provide appropriate help to solve their problems.

(睦文洁)