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临床带教

护理措施的实施

Nursing Implementation

交流

学生:好的。老师,你能告诉我们为病人实施护理措施时应该注意哪些方面吗?

老师:可以。护理措施的实施非常重要,一般需要注意5个方面:第一,对年龄、疾病状态和信仰不同的病人应采取不同的措施;第二,要鼓励病人积极参与护理实施过程;第三,实施护理过程中要仔细、准确;第四,做任何护理操作都要规范、轻柔;第五,为病人实施的护理内容及病人对措施的反应情况应该完整正确地记录下来,并适时进行效果评价。

学生:谢谢老师。

Interactions

Student: I see. Could you tell us what we must pay attention to while implementing the nursing interventions?

Teacher: Sure. Nursing implementation is a very important part of the whole process. There are 5 things you should remember: First, interventions should be different for patients who are different in age, illness, value and religion; Second, patients should be encouraged to take part in the implementation; Third, interventions should be implemented carefully and accurately; Fourth, nursing operations should be done gently; and Fifth, nursing activities and patients' reactions should be recorded in a timely and correct manner. Nursing evaluations should also be done in time.

Student: Thank you teacher.

(童淑萍)

护理效果评价

Nursing Outcome Evaluation

交流

老师:护理效果评价是将病人目前的健康状况与确定的护理目标进行比较的过程,是护理程序的最后阶段。但评价并非仅仅在病人出院时进行,而是需要贯穿于整个护理过程。

学生:老师,你能告诉我们应该怎么来评价病人的护理效果吗?

老师:好的。评价护理效果可以通过三个方面来完成:第一是通过病人情况的评价,主要是评价病人行为和健

康状况的改善情况;第二是在护理过程中进行评价,重点衡量护士进行的评估是否正确、全面,护理诊断是否准确,措施是否得当;第三是通过组织管理来评价,评价病区整体的护理组织管理质量对护理的有效性。

学生:那我们可以通过哪些具体地形式来进行护理效果的评价呢?

老师:一般可以通过4种形式来进行评价:第一是通过床位护士自身对病人的康复情况进行评价;第二是通过病区或全院护理查房对病人的护理效果进行评价;第三是通过护理病历质量考核来评价;第四是通过出院护理病例讨论进行护理效果评价。其中病区护理查房是评价护理程序实施效果最主要、最基本和最有效的护理活动。

Interactions

Teacher: Nursing outcome evaluation is a process in which we compare the patient's current health status with the anticipated nursing outcomes. Nursing evaluation is the last stage of the whole nursing process. However, the evaluation is performed not only at the time of the patient's discharge, but during the whole process.

Student: Could you tell us how to evaluate nursing outcomes?

Teacher: OK. Nursing outcome evaluation can be done from 3 aspects: First, to evaluate the patient's overall status, mainly the behaviors and health improvement of the patient; Second, to evaluate the nursing process. Emphasis should be put on whether the nursing assessment is correct and complete, whether the nursing diagnosis is accurate, and whether the nursing interventions are feasible, etc.; and Third, to evaluate the nursing management, mainly the effect of the overall management system on the nursing process.

Student: How can we perform the nursing outcome evaluation?

Teacher: There are 4 ways to perform the evaluation: First, evaluation is performed by a primary nurse; Second, evaluation is performed through nursing ward round by the nurses in the department or in the hospital; Third, evaluation is performed by examining the quality of nursing documentation; and Fourth, evaluation is performed by reviewing the discharged patient's file. The first way of evaluation is the most basic yet the most important and effective one among the four.

(童淑萍)