



RCCSE 中国权威学术期刊 (A+)
 中国生物医学类核心期刊
 中国期刊全文数据库 (CJFD) 收录期刊
 中国学术期刊综合评价数据库 (CAJCED) 统计源期刊
 万方数据—数字化期刊群全文收录期刊
 中文科技期刊数据库收录期刊

ISSN 1002-6975
 CN 52-1063/R



护士进修杂志

HUSHI JINXIU ZAZHI

JOURNAL
 OF
 NURSES
 TRAINING

护士进修杂志社

ISSN 1002-6975



2017 21

第 32 卷 VOL. 32 NO. 21

护士进修杂志

HUSHI JINXIU ZAZHI

半月刊 1986年1月创刊 第32卷 第21期 2017年11月10日出版

主管·主办

贵州省医药卫生学会办公室

编辑出版

护士进修杂志社

地址:贵州省贵阳市市北路11号

电话:(0851)86854912 86826371

86867129

邮政编码:550004

http://fsjx.cbpt.cnki.net

名誉主编

胡雁 过慧谨

社长

朱光成

总编辑

张秀

执行总编辑

吴筑兰

副总编辑

黄玉柱

编辑部主任

张秀

广告经营许可证

黔0040号

发行

国内:贵州省邮政局

国外:中国国际图书贸易总公司

印刷

贵阳精彩数字印刷有限公司

订购

全国各地邮政局

邮发代号 66-40

邮购

护士进修杂志社

定价

每期:10.00元,全年240.00元

中国标准连续出版物号

ISSN 1002-6975

CN 52-1063/R

2017年版权归护士进修杂志社所有

如有印刷及装订错误,请与贵阳精彩数字印刷有限公司调换,联系电话:0851-85871132

目次

讲座

护理心理学 刘晓虹 邵阿末 吴永琴(1921)

论著

脑卒中患者进食困难综合评估及其营养状况的相关性分析研究

..... 张露 蒋红 张秀英 周依群 容根南

刘华华 许雅芳 陈莹 朱雅萍 姒怡冰(1923)

扮亲法全程陪护对剖腹产手术前产妇心理应激反应的影响

..... 魏小华 黄俊婷 胡婷婷 姚晚侠(1928)

基于建构主义的模拟护理教学查房在高职护生中的应用探讨

..... 张丽娣 刘春斌 吴潇芸 吴林秀(1931)

护理本科生生命意义感现状及影响因素分析

..... 李桂 扈菊英 张青(1934)

综述

预防术后深静脉血栓的物理方法研究进展

..... 李雪阳 张莉萍(1938)

副肿瘤性天疱疮的护理研究进展 朱慧 俞群(1942)

结肠镜检查术后患者腹胀应对方法研究进展

..... 鹿文娟 褚晓静(1946)

护理管理

护理干预对提高慢性阻塞性肺病急性加重患者痰标本阳性率的

效果观察 王萍 魏贺爱(1950)

我院静脉药物配置中心抗肿瘤药不合理医嘱审核结果浅析

..... 晁青 张亚婷 张晓霞 王亚奇 于学文(1952)

品质圈活动在提高造口患者居家护理咨询登记率中的应用

..... 杨惠莉(1955)

期刊基本参数:CN52-1063/R * 1986 * S * A, * 96 * zh * P * ¥10.00 * * 34 * 2017-21

临床护理研究

- 晚期腺癌合并弥散性血管内凝血患者姑息护理评估与实践…… 林郁清 周益君 方晓琛 史定妹(1958)
- 鼻腔内 MRSA 去定植治疗对严重创伤患者医院感染的影响
…………… 杨梦雅 陈彩花 庄海燕 陈兴旺 梁振裕 刘会红(1960)
- 快速康复外科理念在肺癌患者护理应用中的效果评价…………… 沙永生 孔轻轻(1963)
- 腹部艾灸对宫颈癌放疗中所致的放射性肠炎的疗效观察
…………… 陈爱丽 邱圣红 高蕾 夏圆圆 梁志娴(1966)
- 特殊体位干预纠正胎头位置异常的临床效果观察…………… 陈久红 刘兰萍 杨志娟 朱骏(1968)
- 机械性血栓清除装置 AngioJet 治疗急性髂股静脉血栓形成患者的护理
…………… 杨媛 蒋婉 郭松林 高琰 文雷 康进进 耿炜 张章(1970)
- 普拉曲沙用于治疗复发难治性外周 T 细胞淋巴瘤的观察护理…………… 冯莉霞 贺瑾(1973)
- 训练哨对 3 岁以上患儿 Master Screen 型肺功能检查准备达标率的影响
…………… 闫玉苹 李雪华 李健(1975)
- 重度混合型便秘患者行结肠次全切除直肠悬吊盆底重建术的围术期护理
…………… 徐妍 李玉玮 王俊英 丁彦(1977)
- 负压封闭引流术在大面积头皮缺损创面应用中并发症的原因分析及护理…………… 洪庆华 赵玉桃(1980)
- 超声引导下内窥镜皮腔内血管成形术的护理
…………… 陈宇 钟影雪 胡波 黄盛玲 黄德绪 尹良红(1982)
- 心肌梗死急性期并发室间隔穿孔患者的护理…………… 吕美霖 胡玉玲 张任怡(1985)

循证护理

- 提高妇科手术后留置导尿管相关管理水平的循证实践
…………… 黄季华 庄蔚娜 王晓娇 丁焱 薛一帆(1987)
- 不同类型循证问题的构成…………… 朱政 胡雁 邢唯杰 周英凤 顾莺(1991)

手术室护理

- 达芬奇机器人辅助下房间隔缺损修补术的护理配合
…………… 余小曼 陈晓芳 姚典业 罗文姬 黄柳芳 龚凤球 区景松(1995)
- 输尿管镜取石术治疗肾结石患者的术中护理
…………… 张颖 江静霞 梁辉 张圣平 程兰芳 王宏亮(1997)

社区护理

- 信息平台在支气管哮喘患者延续护理中的应用效果分析…………… 孙宏梅 王申(1999)
- 综合医院—社区—家庭联络员三位一体化信息管理模式应用研究
…………… 温玉洁 刘金萍 吕琳 张菊霞 韩琳(2001)

调查报告

- 护理实习生抢救药品知识认知与态度调查分析与对策…………… 钱思兰(2005)

基础护理

- 两种腰大池持续引流管固定方法的效果比较…………… 王凌 安小芳 王燕(2008)
- 改良微量泵更换药物法在小儿先心病术后监护中的应用…………… 郑丽红 矫俊 梁晓丽(2010)
- 深层肌肉刺激仪结合电动起立床排痰护理对气管切开患者拔管的影响…………… 陈万芬(2012)
- 伤口护理膜联合卫生棉条在神经外科腹泻护理中的效果评价…………… 陈瑶 姚丽 廖蕙萍 舒海英(2014)

英语学习

- 临床带教…………… 杨晓莉(封四)

循证护理实践推荐

- …………… (1949)

启事

- …………… (1984)

执行编委 李亚玲 责任编辑 张秀 周婵 英文译校 汪思顺

JOURNAL OF NURSES TRAINING

Volume 32

Number 21

November 10, 2017

Responsible institution Sponsor

Office of Guizhou Provincial Medical
Hygiene Association

Editor & Publisher

The Publishing House of Journal of
Nurses Training

Address: 11 Shibe Road, Guiyang, Guizhou

Tel: (0851) 86854912 86826371

86867129

Zip Code: 550004

E-mail: hsjx_guiyang@163.com

http://fsjx.cbpt.cnki.net

Honorary Editor in-chief

Hu Yan Guo Huijin

Office chief

Zhu Guangcheng

Editor-in-chief

Zhang Xiu

Chief executive editor

Wu Zhulan

Assistant Editor-in-Chief

Huang Yuzhu

Managing Director

Zhang Xiu

Advertisement permit No.

Qian 0040

Distributor

Domestic: Guizhou Provincial Gen-
eral post office

Overseas: China International Book
Trading Corporation

Printing

Guiyang Excellent Digital
Printing Co., Ltd.

Mail-Order

The publishing house of Journal of
Nurses Training

CSSN

ISSN 1002-6975
CN 52-1063/R

Copyright © 2017 by the Journal of
Nurses Training

CONTENTS IN BRIEF

Correlation analysis of comprehensive assessment of eating difficulty and its relation with nutritional status for stroke patients

Zhang Lu, Jiang Hong, Zhang Xiuying, Zhou Yiqun, Rong Gennan,
Liu Huahua, Xu Yafang, Chen Ying, Zhu Yaping, Si Yibing (1923)

Effect on the maternal psychological stress reaction by playing a relative role full escort before cesarean delivery

Wei Xiaohua, Huang Junting, Hu Tingting, Yao Wanxia (1928)

Discussion on the application of constructivism-based nursing teaching mode in higher vocational nursing students

Zhang Lidi, Liu Chunbin, Wu Xiaoyun, Wu Linxiu (1931)

Investigation and analysis of status and influencing factors of sense of life meaning in nursing students

Li Gui, Hu Juying, Zhang Qing (1934)

Physical methods and progress of prevention of postoperative deep venous thrombosis

Li Xueyang, Zhang Liping (1938)

Research progress on nursing care for patients with paraneoplastic pemphigus

Zhu Hui, Yu Qun (1942)

Research progress of coping strategies for abdominal distension for patients after colonoscopy

Lu Wenjuan, Chu Xiaojing (1946)

Analysis on the results of unreasonable examination of antineoplastic drugs in the venous drug distribution center of our hospital

Chao Qing, Zhang Yating, Zhang Xiaoxia,
Wang Yaqi, Yu Xuewen (1952)

Effect of nasal MRSA colonization on nosocomial infection for patients with severe trauma

Yang Mengya, Chen Caihua, Zhuang Haiyan,
Chen Xingwang, Liang Zhenyu, Liu Huihong (1960)

The composition of different types of evidence based problems

Zhu Zheng, Hu Yan, Xing Weijie, Zhou Yingfeng, Gu Ying (1991)

Application research on polyclinic-community-family liaison trinity comprehensive hospital informatization

Wen Yujie, Liu Jinping, Lyu Lin, Zhang Juxia, Han Lin (2001)

Investigation and analysis of cognition and attitude of nursing students' knowledge of rescued drugs

Qian Silan (2005)

临床带教

示范给孕妇测量血压

Demonstration of Blood Pressure Measurement for the Pregnant Woman

交流

教师:我们一起去为李女士测血压吧。

护生:好的。我已准备好血压计。张老师,在给病人测血压前,要注意哪些问题呢?

教师:在测量血压前,要让病人平静片刻,保持安静。情绪紧张、激动、运动和劳动后都不能马上测血压。此外,寒冷的环境可使血压偏高,高热的环境可使血压偏低。嘈杂的环境也易使病人血压升高,所以测血压要在安静舒适的环境进行。

护生:那么,在测量时,我们需要注意些什么呢?

教师:首先要检查血压计的汞柱是否在0位。测量时要让病人坐正,把上衣一侧袖子脱下,不要卷起紧的衣袖,手臂平放,手心向上,上臂和心脏在同一水平位上,肌肉要放松。如果是卧位,也要使上臂和心脏处于同一水平,不能过高或过低。

护生:我会注意这些的。

(师生一同来到李女士床边)

教师:李小姐,您好。昨晚睡得好吗?

病人:不错。就是有时宝宝会踢我几下,把我踢醒了。

教师:你的宝宝很活泼,以后说不定是足球明星噢!

(笑)

护生:现在,我准备为您量血压。请您将左手伸出来,好吗?

教师:您早餐吃的是什么?

病人:一杯牛奶,稀饭和酱菜,还有一只咸蛋。

教师:您血压高,可不能吃太咸的食品。酱菜和咸蛋对您来说都不太适合。建议您早餐时吃些甜瓜和酸奶,甜瓜和酸奶矿物质钾的含量较高,有助于控制血压。多喝橙汁,多吃蔬菜、柠檬和其他酸味水果,有助于血管扩张,降低动脉血压。

病人:我还需要注意些什么呢?

教师:还有清晨要避免过度疲劳。另外,还可以经常吃些大蒜,大蒜可帮助保持体内一种酶的适当数量而避免出现高血压。少吃油腻、煎炸食品,多吃鱼肉,多补充钙、镁。

Interactions

Teacher: Let's go measure Ms. Li's blood pressure.

Student Nurse: Ok. I have prepared the sphygmomanometer. Ms. Zhang, what should we know before measuring blood pressure?

Teacher: Before measuring blood pressure, make the

patient calm and keep quiet for some time. You must not measure blood pressure if the patient is nervous, excited or after exercise or labor work. Besides, blood pressure may rise in cold or noisy environments and may become lower in hot environments. Therefore, blood pressure ought to be measured in a comfortable and quiet environment.

Student Nurse: Then, what should we pay attention to when measuring blood pressure?

Teacher: First, you must check the mercury of the sphygmomanometer to see if it is on "0". When measuring, ask the patient to sit down, remove one sleeve, do not roll up the sleeve if it is too tight, put his/her hand on the table with the palm up. Let the patient to keep his/her upper arm and heart at the same level, and relax the muscles. If the patient is in bed, you should also get his/her upper arm and the heart at the same level, neither too high nor too low.

Student Nurse: I'll pay attention to these points.

(The teacher and the student nurse came to Ms. Li's bed side.)

Teacher: Hello, Ms. Li, did you sleep well last night?

Patient: Quite well. But sometimes my baby kicked me and woke me up.

Teacher: What a lively baby! He may be a football star one day. (laughing)

Student Nurse: Now, I'll measure your blood pressure. Please stretch out your left arm, OK?

Teacher: What did you have for breakfast?

Patient: A glass of milk, porridge, pickles and a salted egg.

Teacher: Your blood pressure is a little high. So you shouldn't eat too much salty foods. Pickles and salty eggs are not good for you. I suggest you eat some muskmelon and yogurt. They contain more potassium which can help control your blood pressure. Have more orange juice, vegetables, lemon and other sour fruits. They are good for dilating blood vessels and reduce arterial pressure.

Patient: What else should I pay attention to?

Teacher: In the morning you should avoid being overly tired. In addition, you should eat some garlic which can maintain the proper level of a specific enzyme to avoid high blood pressure. Don't eat oily and fried foods. Eat more fish and meat and other foods rich in calcium and magnesium.

(杨晓莉)