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护 患 情 境 会 话

对哀伤亲属的辅导

Grief Counseling to Bereaved Family Members

结果

半小时后,女孩已接受丧母现实。平静地和其他家属一起料理母亲的后事。

Result

Half an hour later, the girl accepted the death of her mother and with other family members made arrangements for her mother's funeral.

点评

运用了抚慰、支持、移情等沟通技巧,让亲属宣泄悲哀情绪,然后引导其化悲痛为力量,通过尽力为亡者做一些有意义的事情来弥补遗憾和痛苦。

Comments

Using communication skills such as consolation, support, empathy and so on, let the family members release their sad feelings and lead them to turn the sadness into strength, and change their regret and sorrow to do something useful for the deceased.

(罗永勤)

“优死”的境界 Dying with Dignity

背景

徐老先生,78岁,离休干部,被救护车送来医院,生命奄奄一息,随同救护车一起来的有他的老伴和女儿。急诊室护士立即为其吸氧、输液、心电监护等抢救。

Background

Mr. Xu, 78 years old, a retired official, was sent to the hospital in an ambulance accompanied by his wife and daughter. He was at the last gasp of breath. The emergency room nurse immediately applied oxygen, fluid infusion and EKG monitor, and tried to save his life.

交流

老妈妈:(轻轻地对护士说)你们不要为他做什么了,让他好好休息一下吧。我知道他时间不多了,本来想在家里过世的,怕影响孩子们,才在最后一刻到医院来的(老妈妈说此话时神情异常镇定)。

(女儿泣不成声)

(护士非常敬佩这位老妈妈超人的毅力和面对人生的态度。立即为这位老妈妈和她女儿提供了靠背椅,并请其他人员离开抢救室,让老妈妈一家作最后的道别,并请求老妈妈同意她一起留下,以便及时给予援助,得到了老妈妈的同意。)

老妈妈:(坐在床边靠背椅上,握着老伴的手)老徐啊,我在你身边,女儿也在。你不要怕,这是很正常的,每个人都会这样,不会有痛苦的。家里的事你尽管放心,我会照顾好的,你安心地去吧。你听见了没有,听见了的话你眼皮动一下啊。

(老先生似乎听懂了老伴的意思,眼皮轻轻地动了一下。女儿抑止不住悲痛,哭出声来,护士站在一旁也在默默流泪。)

老妈妈:不要哭,孩子,你爸爸听见了会伤心的。

Interactions

Old Man's Wife: (Speaking softly to the nurse). Don't do anything for him, please let him have a good rest. I know his time has come. I wanted him to pass away at home. But I was afraid it might affect the children. So we came here at last. (The old woman speaks calmly)

(Daughter weeps sadly)

(The nurse respects the old woman's courage and attitude toward life and death. She provides chairs for the old woman and her daughter to sit and asks others to leave the room, so that the old woman's family will have a chance to say their last goodbyes. She asks the old woman to let her stay with them to give help if needed.)

Old Man's Wife: (Sits on the chair next to the bed, holding her husband's hand) Lao Xu, your daughter and I are here. Don't be afraid. It's normal. Everyone has to experience it and it will be painless. Don't worry about our home. I'll take good care of it. You can go with peace. Do you hear me? Please move your eyelid if you hear me.

(It seems that the old man understands his wife's words. His eyelid moves a little. The daughter can't help from crying out. The nurse also cries quietly.)

Old Man's Wife: Don't cry, my child. If your dad hears you, he will feel sad.

(杨惠花)