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护患沟通英语

District Nurse 社区护士

背景知识

District Nurses work in the United Kingdom's National Health Service, managing care within the community and lead teams of community nurses and support workers. The role requires registered nurses to take a NMC approved specialist practitioner course. Duties generally include visiting house-bound patients and providing advice and care such as palliative care, wound management, catheter and continence care and medication support. Their work involves both follow-up care for recently discharged hospital inpatients and longer term care for chronically ill patients who may be referred by many other services, as well as working collaboratively with general practitioners (GP) in preventing unnecessary or avoidable hospital admissions.

Vivien, the Ward Nurse, is phoning Fiona, at District Nurse Liaison.

Fiona: District Nurse Liaison, Fiona speaking.

Vivien: Hi, Fiona. It's Vivien from the Alexandra Hospital.

Fiona: Hi, Vivien. How are you?

Vivien: Good, thanks. Have you got the fax with Mrs Bartle's prescription yet?

Fiona: Let me see. Yes. I have it with me now.

Vivien: Great. Can you please pass on the prescription to the District Nurse who'll be looking after Mrs Bartle?

Fiona: Sure. So, she'll need vitamin B12 injections every two months?

Vivien: Yes. Vitamin B12, 1000 micrograms, intramuscular.

Fiona: And she'll have the injections for six months. Is that right?

Vivien: Yes. She has an appointment with Dr. Nuttall in six months for a check-up.

Fiona: OK. I'll pass the prescription on to Sara. She'll be looking after Mrs Bartle.

Vivien: Thanks. Can you also ask Sara to keep in touch with Mrs Bartle's GP?

Fiona: Yeah, sure. Dr. Fildes is her GP, isn't he?

Vivien: Yes, he is.

Fiona: All right. I'll let Sara know when she comes back to the office.

Vivien: Thanks. Bye.

Fiona: Bye.

NOTES

house-bound ['hausbaʊnd] 不能离家的a.

palliative care 姑息治疗

catheter ['kæθɪtə] 导管n.

continence ['kɒntɪnəns] 自制n.

inpatient 住院病人

chronically ill patients 慢性病患者

liaison [li'eɪzn] 联络 n.

microgram ['markrə(ʊ)græm] 微克n.

intramuscular [ˌɪntrə'mʌskjʊlə] 肌肉内的a.

Fluid Balance 体液平衡

Fluid balance can alter with disease and illness, therefore it is important to measure how much fluid is in the body.

Nurse: Hello, Mr. Baker. I need to update your fluid balance chart (体液平衡表) if that's okay?

Patient: What's that?

Nurse: I need to fill in the amount of fluid you've had this morning.

Patient: Oh, yes. I know what you mean now.

Nurse: Right. Firstly can you tell me what you had to drink at breakfast?

Patient: Let me think. Oh, yes. I had a cup of tea. I was very thirsty so I had all of it.

Nurse: Right. That's 150 mls of tea. Did you have any water as well?

Patient: Yes. I take quite a few tablets in the morning. I only had half a glass of water to take my tablets today.

Nurse: I see. So that's 50 mls of water.

Patient: I know I'm on a fluid restriction (液量限制). So I have to be careful how much I drink. I don't like the restriction but I understand why it's important.

Nurse: Yes, it is very important. You can only have one and a half liters of fluid every day.

Patient: Yes, that's right.

Nurse: Have you been to the toilet this morning?

Patient: Yes, but only once.

Nurse: Did you use a bottle so I can measure the urine?

Patient: Yes, I did. I left the bottle in the bathroom for you.

Nurse: Thanks. I'll take it now and measure it so I can note down the amount on your fluid balance chart.

(摘自“医护英语”微信公众号)