

中国健康心理学杂志 2011 年第 19 卷第 2 期

目 次

精神卫生研究

动物辅助治疗对大学生社交焦虑障碍的影响·····	孙丽岩	王 昭	李 娜等(129)
综合康复措施对慢性精神分裂症患者认知功能障碍远期疗效对照研究·····	王瑞文	李红英	张红梅等(132)
文拉法辛对分裂症认知功能障碍开放性治疗的临床研究·····	张志强	蒋麒麟	王向东等(135)
舍曲林合并理性情緒疗法治疗强迫症对照研究·····	张国强	栗克清	张 勇等(136)
文拉法辛对氟西汀治疗无效的抑郁症患者的疗效分析·····	杜宏群	孙梦月	陈玉民 (138)
焦虑性神经症患者心理健康状况与人格特征相关分析·····	姜秀荣	杨艳杰	王丽娜等(140)
齐拉西酮与氯丙嗪注射液治疗精神分裂症急性症状的临床对照研究·····	张志强	蒋麒麟	王向东等(142)
城乡居民精神卫生知识知晓率调查·····	田 梅	张 勇	白 珍等(144)
精神超脱与舍曲林治疗广泛性焦虑症对照研究·····	张 喆	秦 丽	白常林等(146)
神经性厌食症患者进食障碍与家庭功能关系的研究·····	赖平妹	彭 敏	陈向一 (148)
保定市 2004—2008 年自杀行为流行病学分析 ·····	郑 红	李 研	张 娜 (150)
大学生神经症发病情况的调查研究·····	徐海云	李翠玉	毛艳婷 (152)
石杉碱甲联合尼莫地平治疗血管性痴呆的对照观察·····	王群松	于海燕	季 莉等(154)
托吡酯治疗酒依赖临床疗效观察·····	马建华	李雅忠	刘 忠等(156)
典型与非典型抗精神病药对分裂症患者肌酸激酶影响的研究·····	马建华	刘 忠	李雅忠等(158)
北京市流动人口肇事肇祸精神病人特征对照分析·····	王丽娟	高素文	蔡成华等(160)
未婚女性精神分裂症患者母亲的情感体验·····	张秀丽	李栓荣	魏振琳 (162)

心身医学研究

消化道肿瘤患者家属焦虑状况调查及因素分析·····	窦光茜	高 磊	(165)
心身疾病与抑郁症患者的述情障碍特征·····	康红英	张轶杰	(167)
中老年人学习活动对身心健康的影响·····	刘沛妤	郭毅飞	刘军静 (194)
心理干预对患者术后焦虑与疼痛的影响·····	张永芬	张炳丽	(174)

群体心理研究

成都市劳教人员心理健康与应对方式相关研究·····	周 杰	景璐石	徐 科等(170)
济宁市某精神病院护士生活质量的调查研究·····	朱 虹	张 斌	蔡太生 (172)
监狱民警工作倦怠与压力源的关系·····			郭 雯 (176)
戈壁滩驻训官兵变应性鼻炎患者睡眠质量与应对方式研究·····	丁 魁	林成宏	孟新珍 (179)
护理人员职业压力与生活满意度的相关研究·····	王 侠	罗红格	石荣光 (180)
驻高海拔军人心理健康状况 233 例分析·····	游海燕	李潇潇	骈 涛等(182)
成年市民价值观与主观幸福感的关系研究·····	郭保林	潘玉进	马山利等(184)
100 名成年男性罪犯的个性特征的调查分析·····	朱 虹	张 斌	蔡太生 (187)
玉树震后伤员急性应激障碍心理干预效果观察·····	闫 涛	王开平	周丁华等(189)

儿童青少年心理研究

城镇中学生人际敏感问题与家庭因素的关系·····	王 琪	张振峰	董宏伟等(191)
中学生学习自我效能感与学业水平的关系·····		何婷婷	甘媛媛 (197)
北京某福利院儿童心理健康状况及其与人格特点的关系·····			苏 英 (199)
初中生自我价值感与学业自我妨碍的关系研究·····		程凤霞	吴增强 (203)
高三学生考前焦虑、抑郁状况比较分析 ·····	李志猛	秦 颖	董 薇 (205)
高中生自我效能感在班级心理气氛与学习投入间的中介效应·····		范金刚	门金泽 (206)
陕西省青少年网络使用和网络成瘾状况调查·····	赵延庆	王云霞	陈青萍 (209)
中专生复原力、自尊与社会支持的关系 ·····		徐 敏	徐晓艳 (211)

大学生心理研究

高师生社会支持、自尊与生活满意度的关系研究 ·····	孔 凤	赵晶晶	(213)
80 后大学毕业生性生活方式调查研究 ·····	阮 鹏	黄 燕	伍倍林 (214)
大学生感戴和社会支持来源的关系研究·····		李艳春	孙 鹏 (217)
家庭因素对大学新生情绪健康的影响·····			杨宪华 (219)
大学生网络成瘾与孤独感关系的调查·····	李 黎	包祖晓	陈宝君等(221)

(下转第 256 页)

询、心理测试,针对容易产生的心理问题进行心理疏导,定期观察、做好服务,消除对各种可能出现的突发事件的不正常反应,提高适应力和控制力,培养健康的人格和良好的心态。

3.3 改善官兵关系 和谐、友善的官兵关系是做好心理卫生工作的基础。生活在关系不融洽的环境里,心情就紧张压抑,心理问题就多,而且不易发现,以至问题得不到及时解决,就易出现心理障碍。多交流,多了解,多接触才能及时发现心理障碍而及时解决。干部要以情带兵,使广大战士无论在平时还是在战时,无论在思想上还是在感情上都有依赖,都有“知心人”。

3.4 按需训练,提高综合素质 根据不同性质,不同类型的突发事件制定不同的预案,并且不断进行修改和完善。树立练为战的思想,应激处突需要什么就训练什么。不仅训练军事技术,还要训练纪律作风,救护技术和健康的心理素质。按照处突预案,每年组织多次模拟战备演练。充分利用野外竹林、丘陵、沟渠等复杂地形,设置一些险情,以锻炼官兵的心理承受力,战场应变及自我生存能力,在提高质量和效率上下功夫。同时,要了解和掌握世界局势的发展变化和军事科技等动态,牢固树立“常备不懈”的思想。

3.5 积极预防治疗应激性疾病 在极端恶劣的生存环境下,精神高度紧张,过度疲劳等多种应激因素所致心理、生理及病理性损伤如头痛、消化不良、心悸等。这类损伤虽然没有明显的器质性损伤,但同样使参战人员丧失战斗力。对应激反应较强的采用“就近、及时、期望”三原则,适当休息并予以解释、安慰,争取短期归队,极个别重症仍需较长时间调养者,送医院

治疗。

总之,突发事件对大多数官兵的心理成熟有积极影响,绝大多数官兵通过处置突发事件加深了亲情和战友情,提高了军人的使命感和责任感,增强了战斗意志,感觉自己成熟了。加强武警官兵精神、心理研究,了解和掌握发生、发展变化规律,“对症下药”,在应对各种突发事件时做到“召之即来,来之能战,战之能胜”。

4 参考文献

- [1] 杨希忠,张咏,刘福东,等.着眼卫勤战备,打造应急装备[J]. 武警医学,2006,17(5):379-381
- [2] Xu jianyan, wang faqian, liu qing, an, et al. Changes of psychological stress state and the effect of acupuncture intervention in armed anti-terrorism policemen[J]. World Jucupuncture Moxibustion, 2004, 14(3):19-23
- [3] 蔡丽萍,刘少壮,钱敏.症状量表评价武警官兵心理健康状况的结果分析[J]. 武警医学院学报,1999,8(4):229-231
- [4] 王焕林,孙剑,余海鹰,等.我国军人症状自评表常模的建立及结果分析[J]. 中华精神科杂志,1999,32(1):38-40
- [5] 张伟,刘晓红,倪方,等.现代战争对战时军人心理的影响及心理训练实践的探索[J]. 中国健康心理学杂志,2005,13(4):71-73
- [6] 王进礼,张月娟,赵春云,等.官兵地震救援心理应激状况的调查分析[J]. 武警医学,2009,20(3):211-212
- [7] Yehuda R, McFarlane A C. Conflit between current knowledgge about posttraumatic stress disorder and its I original conceptual basis [J]. Am-J-Psychiatry, 1995, 52(12):1705-1713

(收稿时间:2010-10-06)

中国健康心理学杂志 2011 年第 19 卷第 2 期

目 次

(上接封 2)

焦点解决取向团体辅导治疗大学生抑郁.....	席明静	(223)
大学生口腔粘膜病患者心理状况调查及其心理社会因素分析.....	王启惠	(225)
高职新生生活事件与个人评价的相关研究.....	胡丹莹 史习明	吴艳冬等(227)
大学生竞争态度与人格的关系.....	刘佩佩	冯现刚 (229)
军医大学学习激励机制效果研究.....	鲁 娟 王 悦	李 健 (231)
汶川地震后某医学院护理新生心理状况研究.....	李 鑫 景璐石	熊 伟等(233)
军医大学生学习激励机制研究.....	鲁 娟	崔乔礼 (236)
民族师范学院新生心理健康状况调查分析.....	赵庆华	(238)
80 后护理本科生性观念调查研究	黄 燕 孙 云 祁 红	(240)
个 案 报 告		
交往障碍聋生箱庭治疗中的象征性发展个案报告.....	林雅芳 张日昇	(242)
综 述 与 讲 座		
国外心理危机干预研究.....	李建明 晏丽娟	(244)
医生职业枯竭的结构研究进展.....	任桂芳 尹文强	孟 梦等(247)
痴呆高危因素研究新进展.....	贾海玲	王 岚 (249)
应激状态下记忆与杏仁核关系.....	潘 霄 刘佳佳	严 进等(252)
武警官兵处置突发事件时的心理变化及应对策略.....	王玉虎 田广利	孙丽娜 (254)

CHINA JOURNAL OF HEALTH PSYCHOLOGY

Volume 19

Number 2

February 2011

- Effect of Animal-assisted Therapy on Social Anxiety of Undergraduates. Sun Liyan, Wang Zhao, Li Na, et al(129)
- Control Study on Long-term Effects of Comprehensive Rehabilitation Measures on Cognitive Impairment in Patients with Chronic Schizophrenia. Wang Ruiwen, Li Hongying, Zhang Hongmei, et al(132)
- Clinical Study on Venlafaxine in the Open Treatment of Cognitive Impairment in Schizophrenia. Zhang Zhiqiang, Jiang Qilin, Wang Xiangdong, et al(135)
- Control Study on Sertraline Combined with Rational-emotive Therapy in Treatment of Obsessive-compulsive Disorder. Zhang Guoqiang, Li Keqing, Zhang Yong, et al(136)
- Analysis on Efficacy of Venlafaxine in Treating Fluoxetine-resistant Depression. Du Hongqun, Sun Mengyue, Chen Yumin(138)
- Correlation Analysis of Mental Health Conditions and Personality Features of the Patients with Anxiety Disorders. Jiang Xiurong, Yang Yanjie, Wang Lina, et al(140)
- Comparative Study on Effects of Ziprasidone Injection and Chlorpromazine in the Treatment of Acute Symptom of Schizophrenia. Zhang Zhiqiang, Jiang Qilin, Wang Xiangdong, et al(142)
- Survey and Analysis on Mental Health Knowledge of Urban and Rural Residents. Tian Mei, Zhang Yong, Bai Zhen, et al(144)
- Comparative Study of the Detachment Psychotherapy and Sertraline in the Treatment of Generalized Anxiety Disorders. Zhang Zhe, Qin Li, Bai Changlin, et al(146)
- Correlation between Eating Disorders and Family Function of Anorexia Nervosa Patients. Lai Pingmei, Peng min, Chen Xiangyi(148)
- Baoding Epidemiology of Suicidal Behavior in Baoding City in 2004—2008. Zheng Hong, Li Yan, Zhang Na(150)
- Study on the State of Neurosis of University Students. Xu Haiyun, Li Cuiyu, Mao Yanting(152)
- Comparison Observation of Huperzine A Combined With Nimodipine in the Treatment of Vascular Dementia. Wang Qunsong, Yu Haiyan, Ji Li, et al(154)
- Observation on Clinical Effect of Topiramate in the Treatment of Alcohol Dependence. Ma Jianhua, Li Yazhong, Liu Zhong, et al(156)
- Impact of Typical and Atypical Antipsychotics on Creatine Kinase for Schizophrenic. Ma Jianhua, Liu Zhong, Li Yazhong, et al(158)
- Comparative Analysis on Forensic Psychotic Patients among the Floating Population. Wang Lijuan, Gao Suwen, Cai Chenghua, et al(160)
- Emotional Experience of Mothers of Unmarried Women with Schizophrenia. Zhang Xiuli, Li Shuanrong, Wei Zhenlin(162)
- Analysis on Anxiety Disorder State of the Family Members of Gastrointestinal Tumor Patients. Dou Guangqian, Gao Lei(165)
- Alexithymia Features of Psychosomatic Disorders and Depression. Kang Hongying, Zhang Yijie(167)
- Relationship between Mental Health and Coping Styles of Persons Undergoing Reeducation through Labor in Chengdu. Zhou Jie, Jing Lushi, Xu Ke, et al(170)
- Study on Quality of Life of Nurses in Psychiatric Hospital in Jining City. Zhu Hong, Zhang Bin, Cai Taisheng(172)
- Influence of Psychological Intervention on Anxiety and Pain of Patient after Surgery. Zhang Yongfen, Yang Bingli(174)
- Relationship between Job Burnout and Stressors among Prison Police. Guo Wen(176)
- Study on Sleep Quality and Coping Style of the Allergy Rhinitis Patient in Officers and Soldiers Stationed for Training in Gobi Desert. Ding Kui, Lin Chenghong, Meng Xinzhen(179)
- Relevant Research on Occupational Stress and Life Satisfaction of the Nurses. Wang Xia, Luo Hongge, Shi Rongguang(180)
- Analysis on the Mental Health Situation of 233 Military Personnel Stationed at High Altitude. You Haiyan, Li Xiaoxiao, Pian Tao, et al(182)
- Research on the Relationship between Adult Urban Residents' Values and Subjective Well-being. Guo Baolin, Pan Yujin, Ma Shanli, et al(184)
- Investigation on Personality Characteristics in 100 Male Prisoners. Zhu Hong, Zhang Bin, Cai Taisheng(187)
- Observation on the Efficacy of Cognitive Exposure Therapy for Acute Stress Disorder of the Wounded in Yushu Earthquake. Yan Tao, Wang Kaiping, Zhou Dinghua, et al(189)
- Study on Relation between Interpersonal Sensitivity and Family Factors of Middle School Students in the Town. Wang Qi, Zhang Zhenfeng, Dong Hongwei, et al(191)
- Impact of Learning Activities on the Middle-aged And Elderly's Physical And Psychological Health. Liu Peiyu, Guo Yifei, Liu Junjing(194)
- Relationship between Perceived Academic Self-efficacy and Academic Achievements of Middle School Students. He Tingting, Gan Yuanyuan(197)
- Relationship between Mental Health Status and Personality Traits of Children in a Beijing Orphanage. Su Ying(199)
- Research on the Relationship between Self-worth and Self-handicapping of Middle School Students. Cheng Fengxia, Wu Zengqiang(203)
- Anxiety and Depression among Some Senior 3 Students before the Examination. Li Zhimeng, Qin Ying, Dong Wei(205)

- Mediating Influence of Senior High School Students' Self-efficacy on the Relation between Perceived Class Climate and Their Learning Engagement. Fan Jingang, Men Jinze (206)
- Internet Usage and Internet Addiction Status of Adolescents in Shaanxi Province. Zhao Yanqing, Wang Yunxia, Chen Qingping (209)
- Relationship among Resilience, Self-esteem and Social Support of Secondary School Students. Xu Min, Xu Xiaoyan (211)
- Research on Relations among Social Support, Self-esteem and Life Satisfaction of College Students. Kong Feng, Zhao Jingjing (213)
- Study on Sex Life Way of Post-80's University Graduate. Ruan Peng, Huang Yan, Wu Peili (214)
- Research on the Relationship between College Students' Gratitude and Sources of Social Support. Li Yanchun, Sun Peng (217)
- Impacts of Family Factors on College Freshmen's Emotional Health. Yang Xianhua (219)
- Study on Relationship between Internet Addiction Disorder and Loneliness of College Students. Li Li, Bao Zuxiao, Chen Baojun, et al (221)
- Effect of Solution-Focused Group Counseling on College Students' Depression. Xi Mingjing (223)
- Investigation on Mental Health Status of College Students with Oral Mucosa Diseases and Study on the Relationship between the Diseases and Social-Psychological Factors. Wang Qihui (225)
- Research on the Relationship between Personal Evaluation and Life-events of Freshmen in Higher Vocational School. Hu Danying, Shi Ximing, Wu Yandong, et al (227)
- Relationship between Competition Attitude and Personality of College Students. Liu Peipei, Feng Xiangang (229)
- Research on Study Prompting Mechanism Effects of Military Medical University. Lu Juan, Wang Yue, Li Jian (231)
- Study on Mental Status for the Nursing Freshmen in a Medical College after Wenchuan Earthquake. Li Xin, Jing Lushi, Xiong Wei, et al (233)
- Research on Study Prompting Mechanism of Military Medical University Undergraduates. Lu Juan, Cui Qiaoli (236)
- Survey on the Psychological Health State of Freshmen in Normal University for Nationalities. Zhao Qinghua (238)
- Survey on Sexual Attitude of the Post-80's Nursing Undergraduate Students. Huang Yan, Sun Yun, Qi Hong (240)
- Case Report on Symbolic Development of Deaf-student with Social Disorder in Sandplay Therapy. Lin Yafang, Zhang Risheng (242)
- Study on Foreign Psychological Crisis Intervention. Li Jianming, Yan Lijuan (244)
- Study on Structure of Job Burnout in Doctors. Ren Guifang, Yin Wenqiang, Meng Meng, et al (247)
- Development of Study on High Risk Factor of Dementia. Jia Hailing, Wang Xueyi, Wang Lan (249)
- Overview of Relationship between Memory and Amygdala under Stress. Pan Xiao, Liu Jiajia, Yan Jin, et al (252)
- Psychological Changes and Coping Strategy on Unexpected Incidents of Paramilitary Troop. Wang Yuhu, Tian Guangli, Sun Lina (254)

中国健康心理学杂志

(月刊) 1993年创刊 第19卷 第2期

2011年2月15日出版

主 管: 中国科学技术协会

主 办: 中国心理卫生协会

编辑出版:《中国健康心理学杂志》编委会

(北京德外安康胡同5号 邮编:100088)

(河北省唐山市建设南路57号 邮编:063000)

电话:0315-3726590

E-mail: jkxl@chinajournal.net.cn

http://jkxl.chinajournal.net.cn/

//www.ncmc.edu.cn

编委会主任:郭念峰 马 辛

主 编:崔以泰 袁聚祥 执行主编:李建明

编辑部主任:李建明

责任编辑:段建勋 库雪飞 英文编辑:白 洁

印刷:河北省唐山市委机关印刷厂

国内发行:河北省唐山市邮政局

邮发代号:18-285 (全国各地邮局订阅)

国外发行:中国国际图书贸易总公司(北京399信箱)

国外发行代号:M8256

中国标准连续出版物号:ISSN 1005-1252

CN 11-5257/R

CHINA JOURNAL OF HEALTH PSYCHOLOGY

Bimonthly Established 1993

Volume 19 Number 2 February 2011

Responsible Institution: Chinese Association of Science and Technology

Sponsor: China Association for Mental Health

Editing & Publishing: Editorial Board of China Journal of Health Psychology

(5 Ankang Lane, Dewai, Beijing 100088, China)

E-mail: jkxl@chinajournal.net.cn

http://jkxl.chinajournal.net.cn/

Director of Editorial Board: Guo Nianfeng Ma Xin

Editor-in-Chief: Cui Yitai Yuan Juxiang

Managing Director: Li Jianming

Executive Editor: Duan Jianxun Ku Xuefei

English Editor: Bai Jie

Printing: Municipal Party Committee Printing house of Tangshan City P. R of China

Domestic Distributor: China Local Post Office

Code No: 18-285

Overseas Distributor: China International Book Trading Corporation (P. O Box 399 of Beijing)

Code No: M8256

CSSN: ISSN 1005-1252 CN 11-5257/R

国内定价:12.00元/期 全年144.00元

Price: ¥12 for each issue; 144 for a year