

山东体育科技

ISSN 1009-9840

CN37-1011/G8

SHANDONG SPORTS SCIENCE & TECHNOLOGY
SHANDONG TIYU KEJI

4

2017

2017 年 第 39 卷 第 4 期

Vol.39 No.4 2017

中 国 · 济 南

JINAN, CHINA



万方数据

目次

体育社会科学

基于行为转变理论的城镇居民体育健身促进研究	王祥全,王晓峰,李国强(1)
我国少数民族传统体育发展的若干问题及有效路径	曾玉山,姜学锋(7)
汉代尚武精神与全民蹴鞠论析	周虎生(11)
社会体育指导员技术等级制度改革研究	宁小卫,王平波(15)
竞技体育中伤害行为的刑法探析	李 烁(19)
2000-2016 年中国体育法学期刊论文可视化分析	程文娟,程静静,余成刚(22)
健身类 APP 对大学生生活方式的影响	张 帆,朱 洁(25)
济宁市体育舞蹈培训机构经营现状调查研究	陈 伟,杨 骏(30)

竞技论坛

王峥打破女子链球亚洲纪录投掷技术的研究	董海军(34)
第 31 届奥运会田径项目竞争格局及中国田径队竞赛成绩特征	陈鹏程,阿英嘎(42)
男子跳高运动员基础训练相关问题的思考	孙丽娜,沈培鑫(47)
训练和环境视角下的体育运动专长获取	韩立森(50)

体育生物科学

女子沙排运动员岳园膝关节软骨损伤的体能康复训练个案研究	刘 鹏,密 森,岳 园,等(54)
基于自适应阈值得最大摄氧量计算方法	林庆阳,孟 瑜,于凌霞,等(59)

学校体育

初任体育教师与经验体育教师学科教学知识(PCK)比较分析	李卫东,程嘉恒(64)
体验式拓展训练在高职院校体育教学中的实验研究	谷茂恒,林德华(69)
山东省中小学武术教学现状与对策研究	郭会丽(73)
“健步走”在校园体育课内外一体化中的应用研究 ——基于手机计步器 APP 计步	郑杰政(78)
校园“毒跑道”事件审思与治理研究	徐 剑,叶 明(82)

大众体育

新媒体时代全民健身传播话语服务创新与效能	谭分全(85)
济南市城市社区老年人体育休闲方式研究	于 一,钟木根(89)

CONTENTS

Sports Social Science

Autonomous health promotion of urban residents based on the theory of behavior transformation	WANG Xiang-quan, WANG Xiao-feng, LI Guo-qiang(1)
Some problems of traditional minority national sports in China and their effective solution paths	ZENG Yu-shan, JIANG Xue-feng(7)
Discussion and analysis on militarism and universal Cuju in the Han dynasty	ZHOU Hu-sheng(11)
A study on the reform of skill-grading social sports instructor system	NING Xiao-wei, WANG Ping-bo(15)
Criminal law analysis of injurious behavior in sports activities	LI Shuo(19)
Visual analysis of journal articles on sports law science in the 21st century in China	CHENG Wen-juan, CHENG Jing-jing, YU Cheng-gang(22)
Effects of fitness APP on the life style of college students	ZHANG Fan, ZHU Jie(25)
Research on the management mode of sports dance training institutions	CHEN Wei, YANG Tao(30)

Competitive Sports Forum

Throwing technology of Wang Zheng setting new women's hammer throwing Asian record	DONG Hai-jun(34)
Competitive pattern of athletic events in the 31st Olympic Games and the performance characteristics of Chinese athletic team	CHEN Peng-cheng, A ying-ga(42)
Reflection on basic training problems of male high-jump athletes	SUN Li-na, SHEN Pei-xin(47)
Attainment of sport expertise from the perspective of training and environment	HAN Li-sen(50)

Sports Bioscience

Physical rehabilitation training of knee joint cartilage injury: a case study of elite woman beach volleyball player Yue Yuan	LIU Peng, MI Sen, YUE Yuan, <i>et.al.</i> (54)
Calculation of maximum oxygen uptake based on adaptive threshold value	LIN Qing-yang, MENG Yu, YU Ling-xia, <i>et.al.</i> (59)

School PE

A comparative analysis of pedagogical content knowledge(PCK) between new physical education teachers and experienced ones	LI Wei-dong, CHENG Jia-heng(64)
An experimental study of experiential outward-bound-based physical education in vocational colleges	GU Mao-heng, LIN De-hua(69)
Research on the present situation of the martial arts teaching in primary and secondary schools in Shandong province	GUO Hui-li(73)
Integrated application of "vigorous walking" inside and outside campus physical education classes: based on the statistics of mobile phone pedometer APP	ZHENG Jie-zheng(78)
Review on school "toxic running track" incident and governance research	XU Jian, YE Ming(82)

Fitness for All

The innovation and efficiency of national fitness communication discourse service in the new media era	TAN Fen-quan(85)
Research on the sports leisure mode of the elderly in urban communities of Jinan city	YU Yi, ZHONG Mu-gen(89)