



上海体育学院学报

JOURNAL OF SHANGHAI UNIVERSITY OF SPORT

- 中国学校体育改革与发展若干重大问题解析
——从当下学校体育改革5组“热词”说起 /毛振明 邱丽玲 杜晓红
- “兵技巧”与两汉时期的军事体育 /郝勤 宋秀平
- 德法并举：体育失范行为的规制失当与善治复归 /张琪 王子骄
- 70篇体育学元分析文献的质量评价与改进建议 /项明强 肖让 赵雪平等

2021年 第4期
第45卷 2021年4月

2021年4月15日

第45卷 第4期

(总第233期)



SHANGHAI TIYU XUEYUAN XUEBAO

月刊(1959年创刊)

主管:上海市教育委员会

主办:上海体育学院

主编:陈佩杰

编辑出版:《上海体育学院学报》编辑部

印刷:上海昌鑫龙印务有限公司

发行:上海市报刊发行局

邮发代号:4-793

地址:上海市清源环路650号/200438

电话:(86) 021-65506286

邮箱:xb@sus.edu.cn

网址:www.styb.cbpt.cnki.net

国内定价:25.00元/期 300.00元/年

ISSN 1000-5498
中国标准连续出版物号:CN 31-1005/G8

目次

● 学术争鸣

中国学校体育改革与发展若干重大问题解析——从当下学校
体育改革5组“热词”说起 毛振明,邱丽玲,杜晓红(1)

● 原创成果

“兵技巧”与两汉时期的军事体育 郝勤,宋秀平(15)

术道并进:中华射艺的价值审视与定位反思——兼评

《学箭悟禅录》 张波,孙静(26)

德法并举:体育失范行为的规制失当与善治复归

张琪,王子骄(35)

体育强国建设背景下中国冰雪运动公共政策分析

柳鸣毅,丁煌,但艳芳,孔年欣,盛翰林(47)

中国足球归化外籍球员的动因、效应与实践路向

苑宛平,梁朱贵,陈志斌(58)

70篇体育学元分析文献的质量评价与改进建议

项明强,肖让,赵雪平,孙健,侯晓晖(68)

等速测试条件下摔跤滚桥技术的动力学、运动学及表面肌电特征

曹智超,吴瑛,章凌凌(77)

● 研究综述

0~5岁婴幼儿24 h活动研究系统综述

王丽娟,陈元,张莹(85)

● 新视点

从性别检测到性别包容?——竞技体育性别政策的变化及反
思(25) // 平台经济:一种分析职业足球俱乐部的框架(67)

[期刊基本参数]

CN 31-1005/G8*1959*m*A4*98*zh*P*¥25.00*3 000*9*2021-04

CONTENTS

Apr. 2021 Vol.45 No.4

● Academic Debate

Analysis of Major Issues in the Reform and Development of Chinese School Physical Education:

From the Five Groups of "Hot Words" in School Physical Education ReformMAO Zhenming, QIU Liling, DU Xiaohong (1)

● Original Articles

"Military Techniques" and Military Sports in Han DynastyHAO Qin, SONG Xiuping (15)

Simultaneous Development of Technique and Tao: Rethinking the Orientation and Value of the Chinese Art of Archery

—Comments on *Zen in the Art of Archery*ZHANG Bo, SUN Jing (26)

Governing by Law and Morality Simultaneously: Dislocation and Resetting of Sports Improper Behavior Regulation

..... ZHANG Qi, WANG Zijiao (35)

Public Policy of Winter Sports in China under the Background of Building a Sport Powerful Country

.....LIU Mingyi, DING Huang, DAN Yanfang, KONG Nianxin, SHENG Hanlin (47)

Motivation, Effect and Practical Direction of Naturalization of Foreign Football Players in China

..... HAI Wanping, LIANG Zhugui, CHEN Zhibin (58)

Quality Evaluation and Improvement Suggestions of 70 Meta-analysis Literatures on Sports Science

.....XIANG Mingqiang, XIAO Rang, ZHAO Xueping, SUN Jian, HOU Xiaohui (68)

Dynamics, Kinematics and sEMG Characteristics of Wrestling's Side-Rolling Technique under the Isokinetic Test

..... CAO Zhichao, WU Ying, ZHANG Lingling (77)

● Research Reviews

A Systematic Review on 24-hour Movement of Infants Aged 0-5 YearsWANG Lijuan, CHEN Yuan, ZHANG Ying (85)

JOURNAL OF SHANGHAI UNIVERSITY OF SPORT

(Monthly, Launched in 1959)

Responsible Institution

Shanghai Municipal Education Commission

Sponsor

Shanghai University of Sport

Editor-in-Chief

CHEN Peijie

Edited and Published by

Editorial Department of Journal of Shanghai University of Sport

Printed by

Shanghai Changxinlong Printing Co., Ltd.

Distributed by

Shanghai Postal Bureau of Press Issuing

Postal Code

4-793

Address

650 Qingyuan Huan Rd. Shanghai, 200438, China

Tel.

(86) 021-65506286

E-mail

xb@sus.edu.cn

Website

www.styb.cbpt.cnki.net