

上海医药

ISSN 1006-1533

CN 31-1663/R

美国《化学文摘(CA)》收录期刊
中国期刊全文数据库(CJFD)全文收录期刊
被入选进《中国核心期刊(遴选)数据库》
被《中文科技期刊数据库(全文版)》收录
中国学术期刊综合评价数据库(CAJCED)统计源期刊
入网“万方数据——数字化期刊群”

SHANGHAI YIYAO

SHANGHAI MEDICAL & PHARMACEUTICAL JOURNAL

社区卫生保健

封面人物

用陪伴温暖患者，
用爱守护生命最后1公里
——杨霜霜

“上海市首届十佳社区护士”

静安区临汾路街道社区卫生服务中心护士

2018-10下

上海医药行业协会 主办

ISSN 1006-1533



9 771006 153007



万方数据

静脉曲张的微创治疗

P3 腔内激光闭合术联合皮下环缝术治疗大隐静脉曲张

主管单位 上海市经济和信息化委员会
指导单位 上海市科学技术委员会
上海市卫生和计划生育委员会
上海市食品药品监督管理局
主办单位 上海医药行业协会
上海市医药股份有限公司

协办单位 上海市社区卫生协会
上海市药学会
国药控股股份有限公司
上海中华药业有限公司
上海罗氏制药有限公司

顾问 王龙兴 孙晓明 朱宝泉 杨秉辉
陈凯先 陈洁 陈统辉 侯惠民
祝增珠 徐祖信 黄彦正 彭靖
廖万清

社长 茅建医
副社长 万兴旺 张晓敏 董树沛
夷征宇 孙秋华 魏玉林
李永忠 顾浩亮 丁家龙

总编 张永信
副总编 张勤 蔡端 朱春宝 肇晖
责任编辑 马培奇 侯虹鲁
栏目编辑 郑平华 张旖旎 李新建 徐蕴彦
网络编辑 吴颖
美术编辑 康乐

编辑出版 《上海医药》编辑部
地址：上海市凤阳路250号
邮编：200003
编辑部电话：(021) 63276921
副总编电话：(021) 63753303
网址（在线投稿）：
www.上海医药杂志.com
微博：http://weibo.com/shppa
微信公众号：shanghaiyiyaozazhi

广告发行 邮局发行代号：4-864
总发行：上海市报刊发行局
国内订阅处：全国各地邮政局
本刊发行部全年办理补订手续
国外发行代号：DK31004
国外发行总代理：
中国出版对外贸易总公司
发行部电话：(021) 63591150
发行部传真：(021) 63271166
联系人：薛发银 张志华

印刷单位 上海华教印务有限公司
定价 下半月刊全年订价 120元

万方数据

封面人物

- 1 以心为灯，愿作生命的守护天使
——静安区临汾路街道社区卫生服务中心及“十佳社区护士”杨霜霜介绍

专家讲座

- 3 腔内激光闭合术联合皮下环缝术治疗大隐静脉曲张
陶国强，曹明华，宗兵

社区卫生管理

- 6 颞桥社区老年高血压患者3种干预方式的直接成本—效用研究
周梅花，朱宇霞，李丽秋，等
10 社区护士糖尿病管理和实践能力现状调查
李月红，玄泽亮，竺琮
15 上海某社区卫生服务中心居家护理服务现况调查
赵玉章，姜玉，刘红联，等

全科医疗和社区护理

- 18 肾康注射液对慢性肾脏病4期患者微炎症状态的影响
徐磊
20 百乐眠胶囊联合中药熏洗治疗失眠疗效观察
贾晔，王鑫，王院星，等
23 鼻内镜下泪前隐窝入路与中鼻道联合下鼻道开窗入路治疗上颌窦良性病变效果比较
李章健，朱海路，赵红
25 TE方案与TEC方案对于乳腺癌的化疗效果
黄箕然
27 根本原因分析法预防老年术中低体温的效果分析
仲米兰，陈美玲，江莉萍，等
30 心理护理在多囊卵巢综合征患者围术期的应用
谢竹林
33 人性化护理对双相情感障碍患者的效果
潘晓珍，张凯明

疾病预防控制

- 36 盐敏感性筛查和干预对社区高血压管理效果的影响
潘晓烨
39 社区初诊癌症患者心理痛苦状况及影响因素
吴冰，马周理，缪沈琴
43 血脂异常危险因素的研究进展
史琼，郑东鹏
47 上海某社区糖尿病高危人群筛查结果分析
诸瑞月，邵丹丹，林海华，等
50 上海练塘镇社区妇女两病筛查结果分析
李艳波，陈锐
52 农疗对慢性精神分裂症患者血压、血糖、血脂和体重的影响
张标，李鲜鲜

社区保健与康复

- 55 社区早期认知功能干预治疗脑卒中后认知障碍的疗效
冯建玉
59 上海某社区2012—2016年儿童健康及保健管理状况分析
徐枫，夏经纬，王一，等

其他

欢迎订阅2019年《上海医药》杂志（下半月）（5）

- I “医学继续教育”答题

本期主题：静脉曲张的微创治疗

Administrated by Shanghai Municipal Commission of Economy and Information
Supervised by Shanghai Municipal Science and Technology Commission
Shanghai Municipal Commission of Health and Family Planning
Shanghai Municipal Food and Drug Administration
Sponsored by Shanghai Pharmaceutical Profession Association
Shanghai Pharmaceutical Co., Ltd.

Co-organizer Shanghai Community Health Association
Shanghai Pharmaceutical Association
Sinopharm Group Co., Ltd.
Shanghai Zhonghua Pharmaceutical Co., Ltd
Shanghai Roche Pharmaceutical Co., Ltd.

Consultant WANG Longxing, SUN Xiaoming,
ZHU Baoquan, YANG Binghui, CHEN Kaixian,
CHEN Jie, CHEN Tonghui, HOU Huimin,
ZHU Shanzhu, XU Zuxin, HUANG Yanzheng,
PENG Jing, LIAO Wanqing

President MAO Jianyi
Vice President WAN Xingwang, ZHANG Xiaomin,
DONG Shupai, YI Zhengyu, SUN Qihua,
WEI Yulin, LI Yongzhong, GU Haoliang,
DING Jialong

Editor-in-Chief ZHANG Yongxin
Vice Editor-in-Chief ZHANG Kan, CAI Duan,
ZHU Chunbao, ZHAO Hui
Executive Editor MA Peiqi, HOU Honglu
Column Editor ZHENG Pinghua, ZHANG Yini, LI Xinjian,
XU Yunyan
Web Editor WU Ying
Art Editor KANG Le

Edited & Published by Editorial department of Shanghai
Medical & Pharmaceutical Journal
Address: No.250 Feng Yang Road, Shanghai,
200003, China
Tel: (021)63276921/63753303
Website: www.上海医药杂志.com
MicroBlog: http://weibo.com/shppa
WeChat: shanghaiyiyaozazhi

Distributed by China: Shanghai Post Offices
Overseas: China National Publishing Industry
Trading Corporation
Magazine code: China 4-864, Overseas DK31004
Domestic Subscription: Local Post Offices
Tel: (021)63591150
Fax: (021)63271166
XUE Fayin, Zhang Zhihua

Printed by Shanghai Huajiao Printing Co., Ltd.

Price 240 Yuan per annum

Front cover figure

1 With a heart as the light, we are willing to be the guardian angel of life

Specialist lectures

3 The combination of intracavitary laser therapy and percutaneous continuous
circumsuture in treatment of varicose veins

TAO Guoqiang, CAO Minghua, ZONG Bin

Community health management

6 Study of the direct cost utility of 3 intervention methods for elderly hypertensive
patients in Zhuanqiao Community ZHOU Meihua, ZHU Yuxia, LI Liqiu, *et al*

10 Investigation on the status quo of diabetes management and practice ability of
community nurses LI Yuehong, XUAN Zeliang, ZHU Qiong

15 Survey of the status of home nursing service in a community health service
center in Shanghai ZHAO Yuzhang, JIANG Yu, LIU Honglian, *et al*

General practice and community nursing

18 Effect of Shenkang injection on micro inflammatory state in patients with
chronic kidney disease in stage 4 XU Lei

20 Observation of efficacy of Bailemian capsule combined with Chinese medicine
fumigation in treating insomnia JIA Ye, WANG Xin, WANG Yuanxing, *et al*

23 Comparison of under nasal endoscope anterior lacrimal recess approach with
middle nasal passage combined with opening of the lower nasal passage in
the treatment of benign lesions of maxillary sinus

LI Zhangjian, ZHU Hailu, ZHAO Hong

25 Chemotherapy effect of TE and TEC regimens for breast cancer
HUANG Qiran

27 Analysis of the effect of root cause analysis in preventing hypothermia in
elderly patients ZHONG Milan, CHEN Meiling, JIANG Liping, *et al*

30 Application of psychological nursing in patients with polycystic ovary syndrome
during perioperative period XIE Zhulin

33 Effect of humanized nursing on patients with bipolar disorder
PAN Xiaozhen, ZHANG Kaiming

Disease prevention and control

36 Influence of salt sensitivity screening and intervention on the effect of
community hypertension management PAN Xiaoye

39 The state of psychological distress and influencing factors in newly diagnosed
cancer patients in the community WU Bing, MA Zhouli, MIAO Shenqin

43 Research progress of the risk factors of dyslipidemia
SHI Qiong, ZHENG Dongpeng

47 Analysis of the screening results of the high risk population of diabetes in a
community in Shanghai ZHU Ruiyue, SHAO Dandan, LIN Haihua, *et al*

50 Analysis of the screening results of women's two diseases in Liantang
Community, Shanghai LI Yanbo, CHEN Rui

52 Effects of agricultural treatment on blood pressure, blood sugar, blood fat and
body weight in patients with chronic schizophrenia ZHANG Biao, LI Xianxian

Community health care and rehabilitation

55 Effect of community early cognitive function intervention in the treatment of
post-stroke cognitive dysfunction FENG Jianyu

59 Analysis of children's health and health care management status in a
community in Shanghai from 2012 to 2016

XU Feng, XIA Jingwei, WANG Yi, *et al*