



ISSN 2095-7130

CN 10-1207/R

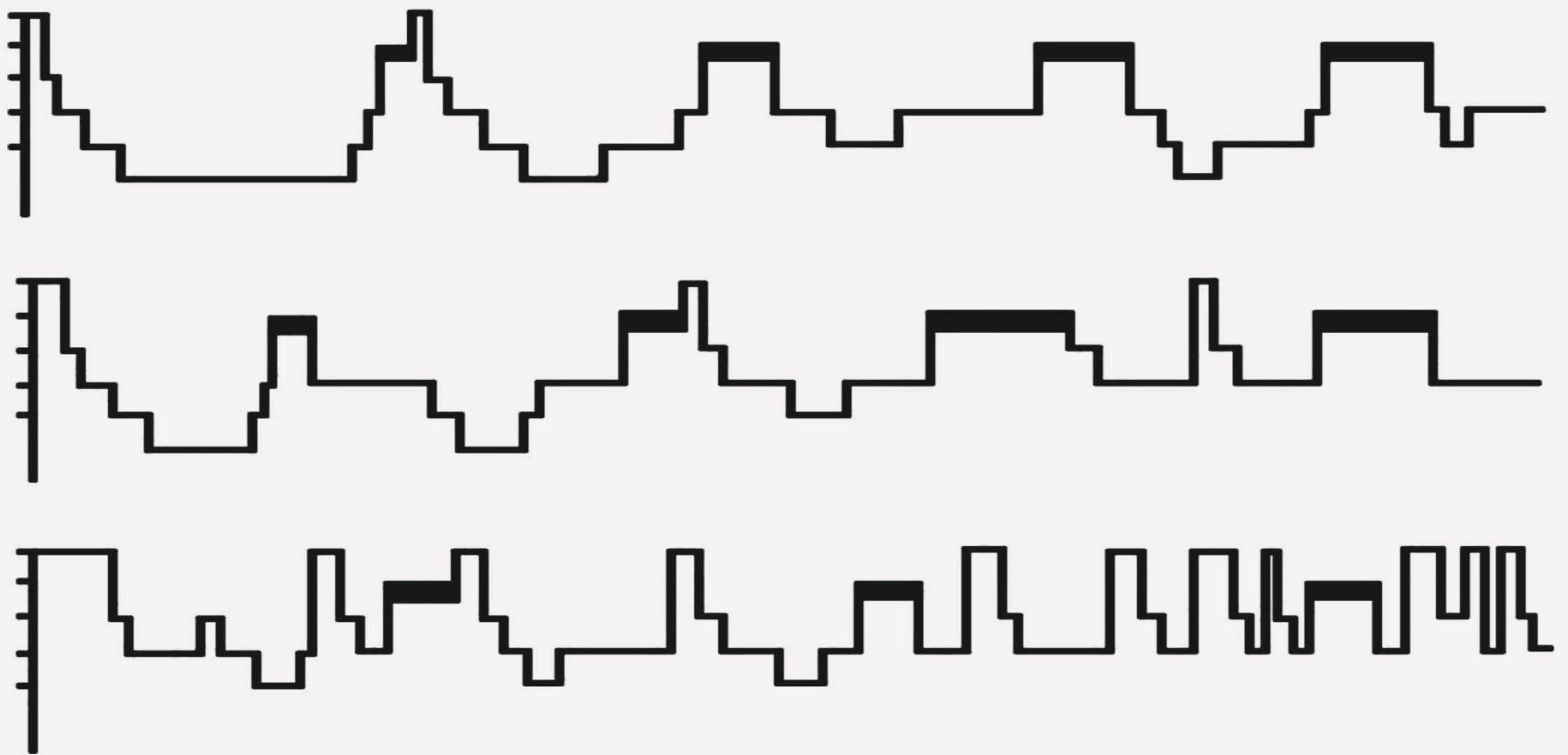
WORLD JOURNAL OF SLEEP MEDICINE

# 世界睡眠医学杂志

SHIJIE SHUIMIAN YIXUE ZAZHI

2020年7月 第7卷 第7期

Vol.7 No.7 July 2020



ISSN 2095-7130



主管 国家中医药管理局

STATE ADMINISTRATION OF TRADITIONAL CHINESE MEDICINE

主办 世界中医药学会联合会

WORLD FEDERATION OF CHINESE MEDICINE SOCIETIES

# 7

# 2020

# 世界睡眠医学杂志

SHIJIE SHUIMIAN YIXUE ZAZHI

月刊 2014年2月创刊 第7卷 第7期 2020年7月28日出版

主管 中华人民共和国国家中医药管理局

主办 世界中医药学会联合会

(100101,北京市朝阳区小营路19号)

编辑 《世界睡眠医学杂志》编辑部

(100101,北京市朝阳区小营路19号)

电话:(010)58650023

传真:(010)58650236

E-mail:sjsmyxbjb@126.com

sjsmyx@vip.126.com

网址:www.sjsmyxzz.com

编辑委员会主任 李振吉 刘保廷

编辑委员会常务副主任 刘艳骄

主编 汪卫东

社长 魏金明

常务副主任兼编辑部主任 刘艳骄

本期责任编辑 张锦花

英文编辑 闫雪

出版

《世界中医药》杂志社

(100101,北京市朝阳区小营路19号)

电话:(010)58650023

传真:(010)58650236

网址:www.sjzyzz.com

印刷

北京朝阳印刷厂有限责任公司

国内发行 北京报刊发行局

邮发代号 80-920

国外发行 中国国际图书贸易集团有限公司

(100044,北京399信箱)

邮发代号 BM9098

订购 全国各地邮局

广告经营许可证

京朝工商广字第8057号

定价 国内每期20元 全年240元

国外每期20美元 全年240美元

中国标准连续出版物号

ISSN 2095-7130

CN 10-1207/R

2020年版权归世界中医药学会联合会所有

未经授权,不得转载、摘编本刊文章,不得使用本刊版式设计,除非特别声明。本刊刊出的所有文章不代表世界中医药学会联合会和本刊编辑委员会的观点。

## 目次

### 睡眠文献学

《四部医典》中的睡眠文献述评

刘艳骄 高和 (1117)

### 论著

系统化呼吸道护理干预对肺癌手术患者的肺功能及生命质量的影响观察

林清华 (1121)

小剂量阿立哌唑联合艾司西酞普兰治疗老年抑郁症患者对疗效及睡眠质量的影响

路光辉 高丽红 (1124)

四逆散加味颗粒剂治疗失眠的临床观察

武晓磊 冯学功 郝文杰 (1127)

### 临床睡眠医学

小剂量米安色林治疗慢性失眠的临床疗效观察

滑宏巨 张华 雷冰冰 等 (1130)

显微外科技术联合透明质酸钠治疗手指屈指肌腱损伤临床观察以及对患者睡眠质量的影响

刘成辰 (1133)

小剂量氯氮平治疗帕金森病合并睡眠障碍的疗效观察

魏全福 (1136)

健康教育对2型糖尿病患者的血糖水平及睡眠质量的影响评价

谢兴芳 (1138)

维甲酸和亚砷酸双诱导联合化疗对延长初诊急性早幼粒细胞白血病睡眠时间的影

王莞菀 (1140)

曲安奈德益康唑乳膏对真菌性外耳道炎患者病情和睡眠质量的影响

黄小华 余华健 李梅华 (1142)

低强度运动疗法对宫颈癌患者放疗期间癌性疲乏及睡眠质量的影响

张璇 朱蓉 (1144)

胸腰椎多节段脊柱骨折手术治疗的效果及对患者睡眠的影响

胡琪 (1147)

瑞芬太尼与舒芬太尼对 SICU 患者术后镇痛镇静及睡眠质量比较

李飒 张东红 岳亮 等 (1149)

使用镇静药后 ICU 谵妄发生对睡眠的影响及护理应对措施

卢智娇 (1151)

急性脑梗死患者睡眠障碍与焦虑、抑郁情绪的相关性分析

王云峰 陈名峰 (1153)

癫痫患者126例发作间期癫痫样放电与睡眠周期的关系

吴毓玲 高允盛 (1155)

### 中医睡眠医学

四君子汤治疗脾胃气虚型胃溃疡合并失眠的效果观察

陈熹 黄泽辉 (1157)

柴胡加龙骨牡蛎汤加减联合西药治疗痰热内扰型失眠症的临床观察

杨世琴 高峰 王明惠 (1159)

针灸联合安神汤治疗肝郁气结型失眠疗效研究

王茜 (1162)

耳穴压豆结合护理干预对于外科患者术前睡眠质量的影响分析

郭学欣 (1165)

基于证-症-方药网络的中医治疗阻塞性睡眠呼吸暂停低通气综合征用药规律研究

王斌 (1167)

## 睡眠医学史

睡眠药物发展简史

章彬佳 邱子梁 张杰 (1169)

## 中医睡眠中药学

河北地方中药有关睡眠药物文献辑述

许晗 刘艳骄 (1174)

## 老年睡眠医学

心内科老年患者实施个性化护理干预对其睡眠质量及护理服务质量的影响

纪鹏 (1180)

老年髌骨骨折患者术后睡眠障碍的影响因素及诊疗方案研究

王俊 (1183)

## 女性睡眠医学

护理干预对于剖宫产初产妇产后出血与睡眠质量的影响研究

徐翠玲 (1185)

剖宫产妇产后保健认知度对其负面情绪、睡眠质量和生命质量的影响

赵辉 (1188)

连续细致化护理对高危初产妇睡眠质量及妊娠结局的影响评价

温建芳 (1190)

乳腺癌根治术后化疗患者睡眠质量及相关因素分析

吕增强 (1192)

综合护理干预对孕早期先兆流产保胎患者焦虑情绪及睡眠质量的影响分析

周美连 (1194)

产科临床护理路径在妊娠期糖尿病孕妇中的应用价值及对患者睡眠的影响评价

彭雪珍 詹雅婷 黄清姐 (1196)

## 儿童睡眠医学

住院儿童睡眠障碍影响因素分析与护理措施

洪懿芝 祝文金 (1198)

蓝光照射结合抚治疗新生儿黄疸对黄疸指数、有效睡眠时间的影响

齐文芹 (1200)

家庭护理策略对小儿内科患儿治疗依从性及睡眠质量的影响分析

祝文金 洪懿芝 (1202)

优质护理对肾病综合征患儿睡眠质量及生命质量的影响探讨

王明秀 张秀梅 (1204)

## 睡眠心理学

心理护理对骨外伤急诊患者睡眠状况临床疗效观察

杨丽芬 张小真 (1206)

甲状腺次全切除手术患者开展手术全期护理对患者的心理与睡眠质量的影响

郭爱玲 (1208)

心理护理对银屑病患者睡眠质量和不良情绪的影响分析

林菁虹 黄巧慧 傅仰参 (1210)

急诊科护士睡眠质量和心理健康情况分析研究

叶建平 刘燕 陈美英 等 (1212)

心理护理对慢性乙肝患者生命质量、睡眠质量及负性情绪的影响

张永琪 (1214)

## 睡眠护理学

优质护理对支气管炎患者生活及睡眠质量影响

程聪明 (1216)

心理护理对冠心病患者睡眠质量的影响

陈婉丽 (1218)

导诊护士的睡眠质量研究与影响因素

李静岚 (1220)

循证护理在重症急性胰腺炎患者中的应用观察及睡眠评价

林春兰 陈华珍 尤建萍 等 (1222)

心理护理对 ICU 住院治疗的脑出血患者睡眠影响研究

赖雅惠 陈华珍 周巧芳 (1224)

全程护理模式在儿童多导睡眠监测中的效果研究

李娟 (1226)

共情护理对老年抑郁症患者护理疗效研究

刘贝贝 宗薇 吴伟风 等 (1229)

综合护理干预在支气管扩张伴咳血患者中的应用价值及对睡眠质量的影响

林锦霞 (1232)

护理干预对肺癌化疗患者睡眠质量的影响

朱文文 (1234)

围手术期舒适护理干预对肺癌患者焦虑状态及睡眠质量的影响分析

沈慧勤 (1237)

综合护理对重症脑血管病并发肺部感染患者负性情绪及睡眠质量的影响

林雅敏 (1239)

系统化护理干预对鼻咽癌放疗患者口腔黏膜反应及睡眠质量影响	吴雪梅	(1241)
舒适护理模式在 AECOPD 患者急诊护理中对效果及对患者睡眠的调节	盛晶晶	(1243)
多元化护理模式对 ICU 患者负性情绪、睡眠质量和生命质量的影响	苏晓慧	(1245)
对胃癌患者实施术后个性化护理对其生命质量及睡眠情况的影响	杨然 吴安妮	(1247)
细致化护理模式对手术患者护理质量、心理情绪及睡眠质量的改善情况	严珍 刘小华	(1249)
人性化护理在手术室临床护理工作中的应用及对患者睡眠质量的影响	周红 严珍	(1251)
个性化护理对银屑病患者护理效果及睡眠影响	吴越秀 李锦秀 李秀华	(1253)
睡眠综合护理对哮喘住院患者睡眠质量的影响分析	邱婷婷	(1255)
颈椎骨折患者睡眠质量调查及护理干预研究	黄晓红 李斯颖	(1257)
术前访视以及宣教对改善患者术前睡眠的影响	康伟婷 陈小丽	(1259)
疼痛护理干预对恶性肿瘤患者生命质量及睡眠质量的影响研究	林晓婷	(1261)
护理干预对高血压脑出血患者功能障碍、睡眠状态及生命质量的影响评价	刘清花	(1263)
基于家属参与式延续护理对重型颅脑损伤患者神经功能及生命质量的影响	安永艳 江丕菊	(1265)
针对性护理对急性胃炎患者病情及睡眠的影响观察	赖秀丽	(1267)
延续护理对出院癌痛患者疼痛和睡眠的改善效果观察	张燕明	(1269)
围术期护理干预对甲状腺手术患者术后疼痛及睡眠质量的影响	龚秀玲	(1271)
<b>睡眠呼吸病学</b>		
右美托咪定对阻塞性睡眠呼吸暂停综合征患者腭咽成型术后睡眠功能的影响研究	胡惠蓉 陈彬琼	(1273)
高压氧综合治疗脑出血合并阻塞性睡眠呼吸暂停低通气综合征疗效观察	魏发伟	(1275)
甲状腺功能减退合并阻塞性睡眠呼吸暂停低通气综合征的护理探讨	刘艳	(1277)
阻塞性睡眠呼吸暂停低通气综合征与房颤的相关性研究	周秀	(1279)
<b>睡眠精神病学</b>		
OSAHS 与抑郁程度相关性的 Meta 分析	张筠 朱妍菲 朱敏	(1281)
老年期抑郁障碍临床特征分析	许琳洁 郑禹 许凤全	(1287)
音乐疗法对抑郁症伴失眠患者负性情绪及睡眠质量的影响	张群	(1290)
<b>睡眠健康</b>		
400 例健康体检人群骨密度情况与睡眠质量调查	高冬娜 罗美瑄	(1292)
门诊输液室护理人员负性情绪及睡眠质量调查分析	王平静	(1294)
手术室护士人格特征、心理困扰与睡眠质量的关系	林丽莲 周红	(1296)
手术室护士工作家庭冲突与睡眠质量相关研究	刘小华 康伟婷	(1298)
心理健康状态对睡眠和工作成就感的影响	马迪娜	(1300)
<b>世界各国睡眠研究学术组织介绍</b>		
波兰睡眠研究会		(1302)
<b>编者·作者·读者</b>		
信息	万方数据	(封二、封三)

# World Journal of Sleep Medicine

Monthly Established in February 2014 Volume 7, Number 7 July 28, 2020

## Responsible Institution

State Administration of Traditional Chinese  
Medicine of the People's Republic of China

## Sponsor

World Federation of Chinese Medicine Societies  
(NO. 19, XiaoYing Street, Chaoyang District,  
Beijing 100101, China)

## Editing

Editorial Board of World Journal of  
Sleep Medicine  
(NO. 19, XiaoYing Street, Chaoyang District,  
Beijing 100101, China)  
Tel: (010) 58650023  
Fax: (010) 58650236  
http://www.sjsmyxzz.com

## Chairman

Li Zhenji (李振吉)

## Executive vice chairman

Liu Baoyan (刘保延)

## Editor-in-Chief

Wang Weidong (汪卫东)

## Director

Wei Jinming (魏金明)

## The standing deputy editor

Liu Yanjiao (刘艳娇)

## Director of Editorial Department

Liu Yanjiao (刘艳娇)

## Editor in charge

Zhang Jinhua (张锦花)

## Editor in English

Yan Xue (闫雪)

## Publishing

Institute of Information on Traditional  
Press of Journal of World Chinese Medicine  
(No19, XiaoYing Street, Chaoyang District,  
Beijing 100101, China)  
Tel: (010) 58650023  
Fax: (010) 58650236  
Http://www.sjzyzz.com

## Printing

Beijing Chaoyang Printing Co., Ltd

## Overseas Distributor

China International Book  
Trading Corporation  
P. O. Box 399, Beijing, China  
Code No. BM9098

## Mail-Order

Editorial Board of World Journal of  
Sleep Medicine  
(No. 406, GuangYi Building A, GuangYi Street No. 5  
XiCheng District, Beijing 100053, China)  
Tel: (010) 83114725; (010) 83116992

## CSSN

ISSN 2095-7130  
CN 10-1207/R

All articles published represent the opinions of the authors, do not reflect the official policy of the World Federation of Chinese Medicine Societies or the Editorial Board, unless this is clearly specified.

万方数据

## CONTENTS IN BRIEF

### Sleep Philology

Review of Sleep Literature in Four Medical Canons .....  
..... LIU Yanjiao, GAO He (1117)

### Original Artical

Observation on the Influence of Systematic Respiratory Nursing Intervention for Lung  
Function and Quality of Life of Patients with Lung Cancer Surgery .....  
..... LIN Qinghua (1121)

Effect of Low Dose Aripiprazole Combined with Aixelalopram on the Efficacy  
and Sleep Quality of Elderly Patients with Depression .....  
..... LU Guanghui, GAO Lihong (1124)

Clinical Observation on Treatment of Insomnia with Sini Powder and Granules ...  
..... WU Xiaolei, FENG Xuegong, HAO Wenjie (1127)

### Clinical Sleep Medicine

Clinical Observation on the Treatment of Chronic Insomnia with Small Dose of  
Mianserin ..... HUA Hongju, ZHANG Hua, LEI Bingbing, et al (1130)

Microsurgery Combined with Sodium Hyaluronate in the Treatment of Flexor and  
Extensor Tendon Injury of Fingers ..... LIU Chengchen (1133)

Efficacy of Low Dose Clozapine in the Treatment of Parkinson's Disease with  
Sleep Disorder ..... WEI Quanfu (1136)

Evaluation of the Effect of Health Education on Blood Glucose Level and Sleep  
Quality in Patients with Type 2 Diabetes ..... XIE Xingfang (1138)

Effect of Combined Induction of Retinoic Acid and Arsenite on the Prolonged  
Sleep Time of Newly Diagnosed Acute Promyelocytic Leukemia .....  
..... WANG Wanwan (1140)

Effect of Triamcinolone Acetonide and Econazole Cream on the Condition and  
Sleep Quality of Patients with Fungal Otitis Externa .....  
..... HUANG Xiaohua, YU Huajian, LI Meihua (1142)

Effect of Low-intensity Exercise Therapy on Cancer Fatigue and Sleep Quality in  
Patients with Cervical Cancer During Radiotherapy .....  
..... ZHANG Xuan, ZHU Rong (1144)

Effect of Surgical Treatment of Multi-segment Spinal Fractures in Thoracolumbar  
Spine and its Effect on Sleep ..... HU Qi (1147)

Effects of Remifentanil and Sufentanil on Postoperative Analgesia, Sedation and Sleep  
Quality of SICU Patients .....  
..... LI Sa, ZHANG Donghong, YUE Liang, et al (1149)

Effects of Delirium on Sleep in ICU after Use of Sedatives and Nursing Coping  
Measures ..... LU Zhijiao (1151)

Correlation Analysis of Sleep Disorder with Anxiety and Depression in Patients  
with Acute Cerebral Infarction ..... WANG Yunfeng, CHEN Mingfeng (1153)

Relationship between Interictal Epileptiform Discharge and Sleep Cycle in 126  
Patients with Epilepsy ..... WU Yuling, GAO Yunsheng (1155)

## TCM Sleep Medicine

- Observation on the Effect of Sijunzi Decoction on Spleen and Stomach Qi Deficiency Gastric Ulcer Combined with Insomnia ..... *CHEN Xi, HUANG Zehui* (1157)
- Clinical Observation of Chaihu plus Longgu Oyster Decoction Combined with Western Medicine in the Treatment of Insomnia with Phlegm Heat Disturbance ..... *YANG Shiqin, GAO Feng, WANG Minghui* (1159)
- Study on the Curative Effect of Acupuncture and Moxibustion Combined with Anshen Decoction in the Treatment of Liver Depression and Qi Knot Insomnia ..... *WANG Qian* (1162)
- Analysis of the Effect of Auricular Acupoint Combined with Nursing Intervention on the Quality of Preoperative Sleep in Surgical Patients ..... *GUO Xuexin* (1165)
- Study on the Rule of Traditional Chinese medicine in the Treatment of Obstructive Sleep Apnea Hypopnea Syndrome Based on Syndrome Syndrome Prescription Network ..... *WANG Bin* (1167)

## Sleep Medical History

- Brief History of Sleep Drug Development ..... *ZHANG Binjia, QIU Ziliang, ZHANG Jie* (1169)

## Traditional Sleep Medicine

- Literature Compilation of Sleep Medicine in Local Medicine of Hebei ..... *XU Han, LIU Yanjiao* (1174)

## Geriatric Sleep Medicine

- Effect of Individualized Nursing Intervention on Sleep Quality and Nursing Service Quality of Elderly Patients in Department of Cardiology ..... *JI Peng* (1180)
- Study on Influencing Factors and Diagnosis and Treatment of Postoperative Sleep Disorders in Elderly Patients with Hip Fracture ..... *WANG Jun* (1183)

## Female Sleep Medicine

- Study on the Effect of Nursing Intervention on the Hemorrhage and Sleep Quality After Cesarean Section ..... *XU Cuiling* (1185)
- Study on the Value of Postpartum Health Care Awareness of Cesarean Section Women on Their Parenting Efficacy, Sleep Quality and Quality of Life ..... *ZHAO Hui* (1188)
- Effect of Continuous Meticulous Nursing on Sleep Quality and Pregnancy Outcome of High-risk Primipara ..... *WEN Jianfang* (1190)
- Analysis of Sleep Quality and Related Factors in Chemotherapy Patients after Radical Breast Cancer ..... *LYU Zengqiang* (1192)
- Analysis on the Influence of Comprehensive Nursing Intervention for Anxiety and Sleep Quality of Patients with Tocolysis for Premonitory Abortion in Early Pregnancy ..... *ZHOU Meilian* (1194)
- Application Value of Obstetric Clinical Nursing Pathway in Pregnant Women with Gestational Diabetes Mellitus and Evaluation of its Influence on Patients' Sleep ..... *PENG Xuezhen, ZHAN Yating, HUANG Qingjie* (1196)

## Pediatric Sleep Medicine

- Analysis of Influencing Factors and Nursing Measures of Sleep Disorders in Hospitalized Children ..... *HONG Yizhi, ZHU Wenjin* (1198)
- Effect of Blue Light Irradiation Combined with Caress on Jaundice Index and Effective Sleep Time in Neonates with Jaundice ..... *QI Wenqin* (1200)
- Analysis of the Effect of Family Nursing Strategy on the Treatment Compliance and Sleep Quality of Pediatric Internal Medicine Children ..... *ZHU Wenjin, HONG Yizhi* (1202)
- Explore on the Influence of High-quality Nursing for Sleep Quality and Life Quality of Children with Nephrotic Syndrome ..... *WANG Mingxiu, ZHANG Xiumei* (1204)

## Sleep Psychology

- Clinical Observation on the Effect of Psychological Nursing on Sleep Status of Patients with Bone Trauma ..... *YANG Lifan, ZHANG Xiaozhen* (1206)
- Psychological and Sleep Quality Results of Patients Undergoing Subtotal Thyroidectomy after Full-course Surgery ..... *GUO Ailing* (1208)
- Psychological Nursing in Patients with Psoriasis Sleep Quality and the analysis of the Influence of the Bad Feelings ..... *Lin Jinghong, Huang Qiaohui, Fu Yangshen* (1210)
- The Emergency Department Nurses the Sleep Quality and Mental Health Situation Analysis and Research ..... *YE Jianping, LIU Yan, CHEN Meiyang, et al* (1212)
- Influence of Psychological Nursing for Life Quality, Sleep Quality and Negative Emotion of Patients with Chronic Liver Disease ..... *ZHANG Yongqi* (1214)

## Sleep Nursing

- Effect of Quality Nursing on Life and Sleep Quality of Bronchitis Patients ..... *CHENG Congming* (1216)
- Effect of Psychological Nursing on Sleep Quality of Patients with Coronary Heart Disease ..... *CHEN Wanli* (1218)
- Study on Sleep Quality and Influencing Factors of Guiding Nurses ..... *LI Jinglan* (1220)
- Observation and Sleep Evaluation of Evidence-Based Nursing in Patients with Severe Acute Pancreatitis ..... *LIN Chunlan, CHEN Huazhen, YOU Jianping, et al* (1222)

Influence of Psychological Nursing on Sleep of Patients with Cerebral Hemorrhage Hospitalized in ICU .....	LAI Yahui, CHEN Huazhen, ZHOU Qiaofang(1224)
Study on the Effect of Whole Course Nursing Mode in Monitoring Children's Polysomnography .....	LI Juan(1226)
Study on the Effect of Empathy Nursing on Elderly Patients with Depression .....	LIU Beibei, ZONG Wei, WU Weifeng, et al(1229)
Application Value of Comprehensive Nursing Intervention in Patients with Bronchiectasis and Hemoptysis and Its Influence on Sleep Quality .....	LIN Jinxia(1232)
Effects of Nursing Intervention on Sleep Quality in Patients with Lung Cancer Undergoing Chemotherapy .....	ZHU Wenwen(1234)
Analysis on the Influence of Perioperative Comfort Nursing Intervention for Anxiety State and Sleep Quality of Patients with Lung Cancer .....	SHEN Huiqin(1237)
Influence of Comprehensive Nursing for Negative Emotion and Sleep Quality of Patients with Severe Cerebrovascular Disease complicated with Pulmonary Infection .....	LIN Yamin(1239)
Effect of Systematic Nursing Intervention on Oral Mucosa Reaction and Sleep Quality of Patients with Nasopharyngeal Carcinoma after Radiotherapy .....	WU Xuemei(1241)
Effect of Comfort Nursing Mode on Emergency Nursing of AECOPD Patients and Regulation of Patients' Sleep .....	SHENG Jingjing(1243)
Effects of Eiversified Nursing Mode on ICU Patients' Negative Mood, Sleep Quality and Life Quality .....	SU Xiaohui(1245)
Effect of Individualized Nursing on Quality of Life and Sleep of Patients with Gastric Cancer after Operation .....	YANG Ran, WU Anni(1247)
Effect of Meticulous Nursing Mode on Nursing Quality, Psychological Emotion and Sleep Quality of Surgical Patients .....	YAN Zhen, LIU Xiaohua(1249)
Application of Humanized Nursing in Clinical Nursing of Operating Room and Its Influence on Sleep Quality of Patients .....	ZHOU Hong, YAN Zhen(1251)
Personalized Nursing Intervention on the Nursing Effect and Sleep Quality of Patients with Psoriasis .....	WU Yuexiu, LI Jinxu, LI Xiuhua(1253)
Analysis on the Influence of Sleep Comprehensive Nursing for Sleep Quality of Inpatients with Asthma .....	QIU Tingting(1255)
Investigation on Sleep Quality of Patients with Cervical Fracture and Nursing Intervention .....	HUANG Xiaohong, LI Siying(1257)
Effect of Preoperative Visit and Education on Improving Preoperative Sleep .....	KANG Weiting, CHEN Xiaoli(1259)
Impact of Pain Nursing Intervention on Quality of Life and Sleep Quality of Patients with Malignant Tumors .....	LIN Xiaoting(1261)
Evaluation of the Effect of Nursing Intervention on Dysfunction, Sleep Status and Quality of Life in Patients with Hypertensive Cerebral Hemorrhage .....	LIU Qinghua(1263)
Effects of Extended Family Participation Nursing on Neurological Function and Quality of Life in Patients with Severe Craniocerebral Injury .....	AN Yongyan, JIANG Piju(1265)
Observation of Targeted Nursing for the Disease Condition and Sleep of Patients with Acute Gastritis .....	LAI Xiuli(1267)
Observation on the Improvement Effect of Continuous Nursing for Pain and Sleep of Patients with Cancer Pain after Discharge .....	ZHANG Yanming(1269)
Effect of Perioperative Nursing Intervention on Postoperative Pain and Sleep Quality of Patients Undergoing Thyroid Surgery .....	GONG Xiuling(1271)

## Sleep Apnea

Effect of Dexmedetomidine on Sleep Function in Patients with Obstructive Sleep Apnea Syndrome after Velopharyngeal Angioplasty .....	HU Huirong, CHEN Binqiong(1273)
Effect of Hyperbaric Oxygen on Cerebral Hemorrhage with Obstructive Sleep Apnea Hypopnea Syndrome .....	WEI Fawei(1275)
Nursing Care of Hypothyroidism With Obstructive Sleep Apnea Hypopnea Syndrome .....	LIU Yan(1277)
The Relationship Between Obstructive Sleep Apnea Hypopnea Syndrome and Atrial Fibrillation .....	ZHOU Xiu(1279)

## Sleep Psychopathy

Association between OSAHS and Depression: A Systematic Review and Meta-Analysis .....	ZHANG Yun, ZHU Yanfei, ZHU Min(1281)
Analysis of Clinical Characteristics of Senile Depression .....	XU Linjie, ZHENG Yu, XU Fengquan(1287)
The Effect of Music Therapy on the Negative Emotion and Sleep Quality of Patients with Depression with Insomnia .....	Zhang Qun(1290)

## Sleep Health

Investigation of Bone Mineral Density and Sleep Quality in 400 Healthy People .....	GAO Dongna, LUO Meixuan(1292)
Investigation and Analysis of Negative Emotion and Sleep Quality of Nurses in Outpatient Transfusion Room .....	WANG Pingjing(1294)
Relationship Between Personality Characteristics, Psychological Distress and Sleep Quality in Operating Room Nurses .....	LIN Lilian, ZHOU Hong(1296)
A Study on the Relationship Working Family Conflict and Sleep Quality of Nurses in Operating Room .....	LIU Xiaohua, KANG Weiting(1298)
Effects of Mental Health on Sleep and Job Achievement .....	MA Dina(1300)

## Introduction of Sleep Research Society and Sleep Medicine Academy

Polish Sleep Research Society .....	(1302)
-------------------------------------	--------