



ISSN 2095-7130

CN 10-1207/R

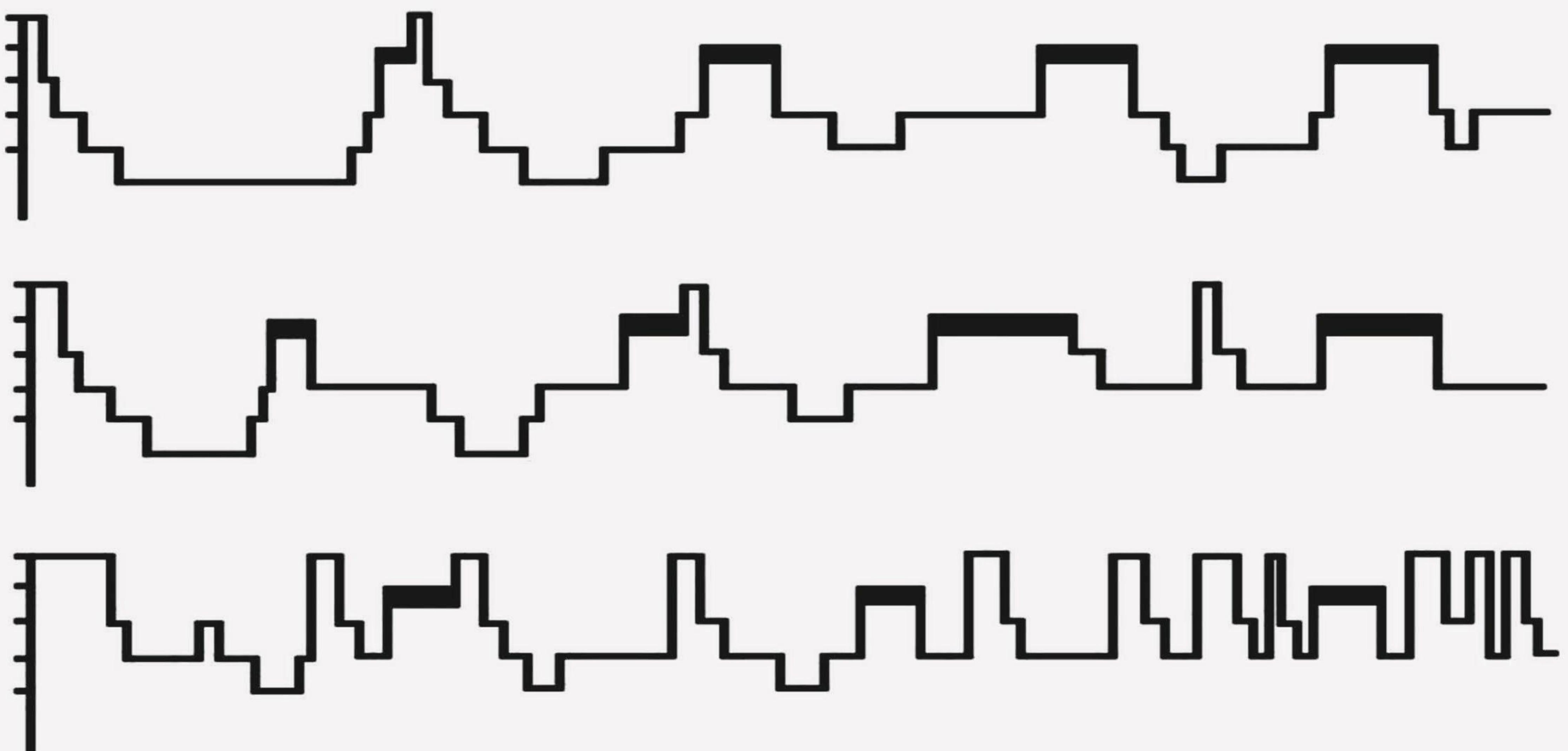
WORLD JOURNAL OF SLEEP MEDICINE

世界睡眠医学杂志

SHIJIÉ SHUIMIAN YIXUE ZAZHÌ

2020年8月 第7卷 第8期

Vol.7 No.8 August 2020



ISSN 2095-7130



08>

9 772095 713202

主管 国家中医药管理局
STATE ADMINISTRATION OF TRADITIONAL CHINESE MEDICINE

主办 世界中医药学会联合会
WORLD FEDERATION OF CHINESE MEDICINE SOCIETIES

8

2020

世界睡眠医学杂志

SHIJIE SHUIMIAN YIXUE ZAZHI

月刊 2014 年 2 月创刊 第 7 卷 第 8 期 2020 年 8 月 28 日出版

主 管 中华人民共和国国家中医药管理局

主 办 世界中医药学会联合会

(100101,北京市朝阳区小营路 19 号)

编 辑 《世界睡眠医学杂志》编辑部

(100101,北京市朝阳区小营路 19 号)

电 话:(010)58650023

传 真:(010)58650236

E-mail:sjsmyxbj@126.com

sjsmyx@vip.126.com

网 址:www.sjsmyxzz.com

编辑委员会主任 李振吉 刘保延

编辑委员会常务副主任 刘艳骄

主 编 汪卫东

社 长 魏金明

常务副主编兼编辑部主任 刘艳骄

本期责任编辑 张雄杰

英文编辑 李涛

出 版

《世界中医药》杂志社

(100101,北京市朝阳区小营路 19 号)

电 话:(010)58650023

传 真:(010)58650236

网 址:www.sjzyyzz.com

印 刷

北京朝阳印刷厂有限责任公司

国内发行 北京报刊发行局

邮发代号 80-920

国外发行 中国国际图书贸易集团有限公司

(100044,北京 399 信箱)

邮发代号 BM9098

订 购 全国各地邮局

广告经营许可证

京朝工商广字第 8057 号

定 价 国内每期 20 元 全年 240 元

国外每期 20 美元 全年 240 美元

中国标准连续出版物号

ISSN 2095-7130

CN 10-1207/R

2020 年版权归世界中医药学会联合会所有

未经授权,不得转载、摘编本刊文章,不得使用本刊版式设计,除非特别声明。本刊刊出的所有文章不代表世界中医药学会联合会和本刊编辑委员会的观点。

目 次

论 著

- 认知行为干预对强迫症伴失眠患者强迫症状及睡眠质量的影响 田秀娟 (1303)
多发性骨髓瘤疼痛患者循证护理及改善睡眠质量的作用 刘琦 (1306)
多学科联合对流产患者焦虑及睡眠质量的护理干预 罗密 谭婷 冯玉洁 等 (1308)

临床睡眠医学

- 支气管哮喘慢性持续期不同病位的生命质量和睡眠情况分析 符丽 (1310)
PDCA 循环法在改善急诊留观患者睡眠障碍中的临床效果分析 张小真 杨丽芬 (1313)
5E 康复护理方案改善尿毒症血液透析患者水钠摄取不合理及睡眠状况的研究 熊婷 刘鹏 张齐刚 等 (1315)
罗伊适应模式在心外 ICU 睡眠障碍患者中的应用效果 芦玲玲 (1317)

中医睡眠医学

- 不同留针时间电针治疗失眠的临床研究 田昕 刘登建 吴际生 等 (1319)
养血安神法在斑秃治疗中的应用 胡素叶 吴自勤 (1322)
康复护理结合针灸理疗对腰椎间盘突出患者生活及睡眠质量的影响 许梅烟 (1325)
耳穴贴压法对肺癌术后患者睡眠质量的影响研究 刘书齐 (1327)
加味六味地黄汤治疗 2 型糖尿病伴失眠 32 例疗效观察 张慧霖 倪晶莹 李鋆 (1329)
探讨中医内科护理干预治疗老年失眠临床效果 张洁华 (1331)
针灸治疗失眠的临床疗效观察 江和英 柴文卿 (1333)
生长抑素联合大承气汤治疗肠梗阻的临床疗效观察及对睡眠的影响 张文杰 (1335)

老年睡眠医学

- 老年带状疱疹疼痛患者睡眠状况及其影响因素研究 陈寅生 余四新 李勇 (1337)
艾司唑仑联合枣仁安神胶囊治疗老年高血压病伴睡眠障碍疗效分析 黄伟杰 (1340)
舒适护理对老年冠心病患者睡眠质量的干预效果评价 房娇艳 陈娟 (1343)
不同护理方式对老年睡眠障碍患者的睡眠影响探讨 李传爱 李传菊 刘宗美 等 (1345)
早期康复护理干预对老年脑梗死患者生活能力及睡眠状况的影响 张静 (1347)
情志护理干预对老年骨折手术患者应激反应及睡眠质量的影响 魏爱杰 (1349)
早期康复护理对老年髋关节置换术患者髋关节功能及睡眠质量的影响 肖凡 (1351)
综合护理对老年肺心病患者生命质量和睡眠质量的影响 陈辉华 (1353)
抑郁和焦虑对老年心律失常患者睡眠质量及心率变异的影响 周秀 (1355)

女性睡眠医学

护理干预对妇科肿瘤患者睡眠质量及生命质量的影响	刘小丽 陈丽玲 张晖萍	(1357)
优质护理干预对产妇睡眠质量与产后出血的影响探讨	欧小玲	(1360)
优质护理对子宫肌瘤患者围术期情绪及睡眠的影响	柯巧真 康巧宏 王美容	(1362)
围术期护理对腹腔镜治疗宫外孕患者情绪及睡眠的影响	康巧宏 柯巧真 王美容	(1364)
综合护理干预对改善妊娠高血压产妇血压及睡眠质量的应用	易雪红	(1366)

儿童睡眠医学

小儿阻塞性睡眠呼吸暂停综合征术后麻醉苏醒期呼吸道并发症的观察和护理	朱玉琴 柯晶晶	(1368)
新生儿溢乳和睡眠护理中倾斜式卧位的应用价值体会	刘其翠 王婉惠	(1370)
品管圈在小儿雾化吸入治疗中的应用及对患儿睡眠影响分析	林琼 李婷婷 陈莹	(1372)
护理干预对儿科重症监护病房患者护理效果及睡眠质量的影响	陈丽珊	(1374)
急性白血病患儿的睡眠紊乱与疲乏的相关性探讨	黄慧玲 王明秀	(1376)
婴儿抚触护理法对早产儿呼吸及睡眠的临床观察	张利	(1378)
优质护理干预模式在癫痫患儿中的应用及对睡眠的改善效果	吴素华	(1380)
整体护理在小儿支气管肺炎中的应用效果及睡眠质量评分影响观察	张淑萍	(1382)

睡眠心理学

心理护理配合中药足浴后对妇科手术前患者的安神助眠作用分析	汤燕华	(1384)
延续性护理对冠心病术后心理弹性与睡眠质量影响研究	沈燕 刘晓艳 金晓艳 等	(1387)
人性化护理对手术治疗患者心理状态及睡眠质量的影响研究	苏云萍 王雅玲	(1389)
保护性心理护理和睡眠指导在宫颈癌术后护理中的应用研究	林枝珠 吴丽宫 林其	(1391)
心理护理干预在肿瘤化疗患者中的应用效果及对睡眠状况的影响	师小燕	(1393)
心理护理对妊娠晚期孕妇睡眠质量的改善作用研究	马淑静	(1395)
积极心理干预护理对肝癌手术后患者睡眠质量及心理状态的影响	聂凤燕	(1397)

睡眠护理学

疼痛护理对肺癌化疗患者疼痛及睡眠质量的影响观察	吴英雪 吕聪静	(1399)
氦氖激光护理干预对鼻咽癌患者放射性口腔黏膜炎损伤及睡眠质量的影响	方婷慧 汪晶晶 朱蓉	(1402)
优质护理干预对骨科术后疼痛患者睡眠质量的影响	刘丹 田力 李心雨 等	(1405)
临床护理路径模式对四肢骨折患者肢体功能和睡眠情况的改善效果	吴莉莉	(1408)
延续性护理对脑胶质瘤患者放疗后生活质量的影响	周媛 朱蓉	(1410)
针对性护理对胃肠减压患者睡眠质量与心理状况的影响	陈惠张	(1412)
综合护理对肝癌介入治疗患者改善疼痛和睡眠的效果观察	孙小燕	(1414)
综合护理对轻中型颅脑外伤患者综合功能及睡眠质量的改善效果	林海芳 洪思敏	(1416)
激励式护理模式对甲状腺癌手术患者负性情绪及睡眠质量的影响	刘俊霞	(1418)
疼痛护理对脑动脉瘤夹闭患者术后血管痉挛性疼痛程度及睡眠质量的影响	张秋红 刘才基	(1420)
针对性护理对泌尿外科术前患者睡眠质量改善的疗效分析	蔡艺辉	(1422)

优质护理干预对三叉神经痛患者睡眠质量与消极情绪的影响研究	刘艳红	(1424)
探讨多元化护理模式对 ICU 患者负性情绪、睡眠质量和生命质量的提升	苏园弟 林耸 黄菊英 等	(1426)
脑动脉瘤介入栓塞患者的睡眠情况分析及护理应对	郑建仙 赖才灿 张丽霞 等	(1428)
系统化失眠护理改善冠心病合并高血压患者睡眠质量中的效果	林碧娟 陈霞霞 林燕燕	(1430)
重症监护患者睡眠障碍的相关因素分析及护理干预对策	王丽金	(1432)
综合护理对重症监护患者情绪和睡眠质量影响研究	程淑静	(1434)
舒适护理对 ICU 患者睡眠质量及心理状况的影响	张巧梅 陈鑫鑫 陈碧芳 等	(1436)
预见性护理对重症肺炎患者睡眠质量的影响作用研究	陈惠 易碧兰 林巧凤 等	(1438)
综合护理对重症监护室患者睡眠障碍的影响	王庆鸿 刘立丽	(1440)
人性化护理在手术室患者护理中的应用效果及对患者睡眠质量影响	谢瑾	(1442)
ICU 清醒患者引入前瞻性护理干预对睡眠指数与消极情感状态的影响研究	刘秀云	(1444)
观察有效护理对口腔颌面部肿瘤患者睡眠质量的影响作用	冯超	(1446)
一体化护理对呼吸心跳骤停患者抢救质量及睡眠影响分析	朱先群	(1448)
神经外科颅脑损伤患者开展优质护理对睡眠质量的影响研究	于海静	(1450)
自我放松训练对胃癌术后患者睡眠质量的影响研究	周冬冬 杨艳花	(1452)
优质护理对手术患者的应用及睡眠质量的影响	陈远芳	(1454)
睡眠呼吸病学		
BIPAP 呼吸机治疗睡眠呼吸暂停并肺心病呼吸衰竭的临床观察	卢纪杰 赵国芹	(1456)
一体化护理模式对慢阻肺呼吸衰竭患者睡眠质量、生命质量及心理状态的影响	童晨燕	(1459)
探讨持续气道正压通气治疗睡眠呼吸暂停综合征的作用	苏杰 曾蕴湘 多鹏	(1461)
一体化护理模式对慢阻肺合并呼吸衰竭患者睡眠质量的影响	纪燕鸿	(1463)
双水平无创正压通气辅助治疗对慢性心力衰竭并睡眠呼吸暂停综合征患者血管内皮功能及心肺功能的影响	李辉 赵珍珍 武文成 等	(1465)
主动气道加温湿化联合 ABCD 护理分级对急性肺炎患者睡眠状况及呼吸道症状改善效果研究	许长为 刘娜娜	(1467)
睡眠精神病学		
精神科住院患者失眠原因分析及相关护理对策	卢惠阳	(1469)
运动治疗联合心理护理对慢性精神分裂症患者睡眠和生命质量的影响	严敏铃 曾冬梅	(1471)
人性化护理干预对恢复期精神分裂症患者生命质量的影响	廖吉平 金秀莲 朱少娟	(1473)
帕罗西汀对产妇产后抑郁、睡眠情况、泌乳情况的影响分析	石静	(1475)
睡眠健康		
探究精神科睡眠障碍患者护理隐患与防范措施	刘倩倩 林晓霞	(1477)
心脏外科 ICU 护士职业紧张与睡眠质量的现状及相关性分析	吴丽娟	(1479)
临床个案报告		
育龄期女性失眠从调经论治	陈铁光	(1481)
综 述		
肝硬化患者睡眠障碍的研究进展与中医治疗	黄诚台 阮清发	(1484)
编者·作者·读者		
信息	(封二、封三)	

World Journal of Sleep Medicine

Monthly Established in February 2014

Volume 7, Number 8 August 28, 2020

Responsible Institutio

State Administration of Traditional Chinese Medicine of the People's Republic of China

Sponsor

World Federation of Chinese Medicine Societies
(NO. 19, XiaoYing Street, Chaoyang District,
Beijing 100101, China)

Editing

Editorial Board of World Journal of Sleep Medicine
(NO. 19, XiaoYing Street, Chaoyang District,
Beijing 100101, China)
Tel: (010)58650023
Fax: (010)58650236
<http://www.sjsmxzz.com>

Chairman

Li Zhenji(李振吉)

Executive vice chairman

Liu Baoyan(刘保延)

Editor-in-Chief

Wang Weidong(汪卫东)

Director

Wei Jinming(魏金明)

The standing deputy editor

Liu Yanjiao(刘艳骄)

Director of Editorial Department

Liu Yanjiao(刘艳骄)

Editor in charge

Zhang Xiongjie(张雄杰)

Editor in English

Li Tao(李涛)

Publishing

Institute of Information on Traditional Press of Journal of World Chinese Medicine
(No19, XiaoYing Street, Chaoyang District,
Beijing 100101, China)
Tel: (010)58650023
Fax: (010)58650236
[Http://www.sjzyzz.com](http://www.sjzyzz.com)

Printing

Beijing Chaoyang Printing Co., Ltd

Overseas Distributor

China International Book Trading Corporation
P. O. Box 399, Beijing, China
Code No. BM9098

Mail-Order

Editorial Board of World Journal of Sleep Medicine
(No. 406, GuangYi Building A, GuangYi Street No. 5
XiCheng District, Beijing 100053, China)
Tel: (010)83114725; (010)83116992

CSSN

ISSN 2095-7130
CN 10-1207/R

All articles published represent the opinions of the authors, do not reflect the official policy of the World Federation of Chinese Medicine Societies or the Editorial Board, unless this is clearly specified.

万方数据

CONTENTS IN BRIEF

Original Artical

- Effect of Cognitive Behavioral Intervention on Obsessive-compulsive Symptoms and Sleeping Quality in Patients with Obsessive-compulsive Disorder and Insomnia TIAN Xiujuan(1303)
Evidence-based Nursing and Improving Sleep Quality in Patients with Multiple Myeloma Pain LIU Qi(1306)
Multidisciplinary Nursing Intervention on Anxiety and Sleep Quality in Patients with Abortion LUO Mi, TAN Ting, FENG Yujie, et al(1308)

Clinical Sleep Medicine

- Analysis of Quality of Life and Sleep Status in Different Positions of Bronchial Asthma in Chronic Duration FU Li(1310)
Analysis of the Clinical Effect of PDCA Cycle in Improving Sleep Disorders in Emergency Observation Patients ZHANG Xiaozhen, YANG Lifen(1313)
The Study of 5E Rehabilitation Nursing Program to Improve the Unreasonable Intake of Water and Sodium and Sleep Status of Uremia Hemodialysis Patients XIONG Ting, LIU Peng, ZHANG Qigang, et al(1315)
Application Effect of Roy's Adaptation Model in Patients with Sleep Disorders in ICU of Cardiac Surgery LU Lingling(1317)

TCM Sleep Medicine

- Clinical Study on Different Needle-retaining Time of Electroacupuncture in the Treatment of Patients with Insomnia TIAN Xin, LIU Dengjian, WU Jisheng, et al(1319)
Application of Anshen Method in Treatment of Alopecia Areata HU Suye, WU Ziqin(1322)
Effect of Rehabilitation Nursing Combined with Acupuncture and Physiotherapy on Life and Sleep Quality of Patients with Lumbar Disc Herniation XU Meiyuan(1325)

- Effect of Auricular Point Sticking on Sleep Quality of Patients after Lung Cancer Surgery LIU Shuqi(1327)
Therapeutic Effect of Modified Liuwei Dihuang Pill on 32 Cases of Type 2 Diabetes Mellitus with Insomnia ZHANG Huilin, NI Jingying, LI Qi(1329)

- To Explore the Clinical Effect of TCM Internal Medicine Nursing Intervention on Senile Insomnia ZHANG Jiehua(1331)
Observation on the Efficacy of Acupuncture and Moxibustion for Treatment of Insomnia JIANG Heying, CAI Wenqing(1333)

- Effect of Somatostatin Combined with Dachengqi Decoction on Intestinal Obstruction and Sleep ZHANG Wenjie(1335)

Geriatric Sleep Medicine

- Study on Sleep Status and Its Influencing Factors in Elderly Patients with Herpes Zoster Pain CHEN Yinsheng, YU Sixin, LI Yong(1337)
Analysis of Curative Effect of Estazolam Combined with Zaoren Anshen Capsule on Elderly Hypertensive Patients with Sleep Disorders HUANG Weijie(1340)
Evaluation of the Effect of Comfort Nursing on Sleep Quality in Elderly Patients with Coronary Heart Disease FANG Jiaoyan, CHEN Juan(1343)
Study on the Influence of Different Nursing Methods on Sleep Disorders in Elderly Patients LI Chuan'ai, LI Chuanju, LIU Zongmei, et al(1345)

Effect of Early Rehabilitation Nursing Intervention on Living Ability and Sleep Status of Elderly Patients with Cerebral Infarction	ZHANG Jing(1347)
Effect of Emotional Nursing Intervention on Stress Response and Sleep Quality in Elderly Patients with Fracture	WEI Ajie(1349)
Influence of Early Rehabilitation Nursing for Hip Function and Sleep Quality of Elderly Patients with Hip Replacement	XIAO Fan(1351)
The Effect of Comprehensive Nursing on the Quality of Life and Sleep of the Elderly Patients with Cor Pulmonale	CHEN Huihua(1353)
Effects of Depression and Anxiety on Sleep Quality and Heart Rate Variability in Elderly Patients with Arrhythmia	ZHOU Xi(1355)

Female Sleep Medicine

Influence of Nursing Intervention for Sleep Quality and Life Quality of Patients with Gynecological Tumor	LIU Xiaoli, CHEN Liling, ZHANG Huiping(1357)
Investigation on the Influence of High-quality Nursing Intervention for Sleep Quality and Postpartum Hemorrhage of Delivery Women	OU Xiaoling(1360)
Influence of High-quality Nursing for Mood and Sleep of Patients with Hysteromyoma during Perioperative Period	KE Qiaozhen, KANG Qiaohong, WANG Meirong(1362)
Effect of Perioperative Nursing on Emotion and Sleep of Patients with Ectopic Pregnancy Treated by Laparoscopy	KANG Qiaohong, KE Qiaozhen, WANG Meimei(1364)
Application of Comprehensive Nursing Intervention to Improve Blood Pressure and Sleep Quality of Pregnant Women with Pregnancy-induced Hypertension	YI Xuehong(1366)

Pediatric Sleep Medicine

Observation and Nursing of Respiratory Complications in Children with Obstructive Sleep Apnea Syndrome after Anesthesia and Recovery	ZHU Yuqin, KE Jingjing(1368)
Experience on the Application Value of Tilting Decubitus in Neonatal Galactorrhea and Sleep Care	LIU Qicui, WANG Wanhai(1370)
Application of Quality Control Circle in the Treatment of Children'S Atomization Inhalation and Analysis of Its Effect on Children'S Sleep	LIN Qiong, LI Tingting, CHEN Ying(1372)
Effect of Nursing Intervention on Nursing Effect and Sleep Quality of Pediatric Intensive Care Unit Patients	CHEN Lishan(1374)
Investigation on the Correlation between Sleep Disturbance and Fatigue of Children with Acute Leukemia	HUANG Huiling, WANG Mingxiu(1376)
Clinical Observation of Infant Touching Nursing Method on Breathing and Sleep of Premature Infants	ZHANG Li(1378)
Application of High-quality Nursing Intervention Model in Children with Epilepsy and the Improvement Effect for Sleep	WU Suhua(1380)
Observation on the Effect of Holistic Nursing in Pediatric Bronchopneumonia and The Influence of Sleep Quality Score	ZHANG Shuping(1382)

Sleep Psychology

Analysis on the Effect of Psychological Nursing Combined with Traditional Chinese Medicine Foot Bath on Anshen-assisted Sleep of Patients before Gynecological Surgery	TANG Yanhua(1384)
Study on the Effect of Continuous Nursing on the Psychological Elasticity and Sleep Quality after Coronary heart Disease Operation	SHEN Yan, LIU Xiaoyan, JIN Xiaoyan, et al(1387)
Study on the Influence of Humanistic Nursing for Psychological State and Sleep of Patients with Surgery	SU Yunping, WANG Yaling(1389)
Application of Protective Psychological Nursing and Sleep Guidance in Postoperative Nursing of Cervical Cancer	LIN Zhizhu, WU Ligong, LIN Qi(1391)
The Application of Psychological Nursing Intervention in Patients with Tumor Chemotherapy Effect and Influence on Sleep	SHI Xiaoyan(1393)
Effect of Psychological Nursing on Sleep Quality of Pregnant Women in the Third Trimester of Pregnancy	MA Shujing(1395)
Effect of Active Psychological Intervention Nursing on Sleep Quality and Psychological State of Patients After Liver Cancer Surgery	NIE Fengyan(1397)

Sleep Nursing

Observation on the Influence of Pain Nursing for Pain and Sleep Quality of Patients with Chemotherapy for Lung Cancer	WU Yingxue, LUY Congjing(1399)
Effect of He-Ne Laser Nursing Intervention on Radiation Oral Mucositis Injury and Sleep Quality in Patients with Nasopharyngeal Carcinoma	FANG Tinghui, WANG Jingjing, ZHU Rong(1402)
Effect of Quality Nursing Intervention on Sleep Quality of Orthopaedic Postoperative Pain Patients	LIU Dan, TIAN Li, LI Xinyu, et al(1405)
Effect of Clinical Nursing Path Model on Limb Function and Sleep in Patients with Limb Fracture	WU Lili(1408)
Effect of Continuous Nursing on Quality of Life of Glioma Patients after Radiotherapy	ZHOU Yuan, ZHU Rong(1410)
Effect of Targeted Nursing on Sleep Quality and Mental State of Patients with Gastrointestinal Decompression	CHEN Huizhang(1412)
Effect of Comprehensive Nursing on Improving Pain and Sleep of Patients with Liver Cancer Treated by Interventional Therapy	SUN Xiaoyan(1414)
Effect of Comprehensive Nursing in the Improvement of Comprehensive Function and Sleep Quality of Patients with Mild and Moderate Craniocerebral Trauma	LIN Haifang, HONG Simin(1416)
The Influence of Inspiring Nursing Mode on Negative Emotion and Sleep Quality of Patients Undergoing Thyroid Cancer Surgery	LIU Junxia(1418)

Effect of Pain Nursing on the Degree of Vasospasm Pain and Sleep Quality of Patients with Cerebral Aneurysm Clipping after Operation	ZHANG QiuHong, LIU Caiji(1420)
Analysis of the Effect of Targeted Nursing on Improving Sleep Quality of Patients Before Urological Surgery	CAI Yihui(1422)
Study on the Influence of High-quality Nursing Intervention for the Sleep Quality and Negative Emotions of Patients with Trigeminal Neuralgia	LIU Yanhong(1424)
Explore the Improvement of Negative Mood, Sleep and Life Quality in ICU Patients with Diversified Nursing Mode	SU Yuandi, LIN Song, HUANG Juying, et al(1426)
Analysis of Sleep Status of Patients with Cerebral Aneurysm Interventional Embolization and Nursing Countermeasures	ZHEN Jianxian, LAI Caican, ZHANG Lixia, et al(1428)
Effect of Systematic Insomnia Nursing on Improving Sleep Quality in Patients with Coronary Heart Disease Complicated with Hypertension	LIN Bijuan, CHEN Xiaxia, LIN Yanyan(1430)
Analysis of Related Factors of Sleep Disorders in Intensive Care Patients and Nursing Intervention	WANG Lijin(1432)
The Importance of Integrated Care for the Emotional and Sleep Quality of Intensive Care Patients	Cheng Shujing(1434)
Influence of Comfort Care on Sleep Quality and Psychological State of ICU Patients	ZHANG Qiaomei, CHEN Xinxin, CHEN Bifang, et al(1436)
Study on the Effect of Predictive Nursing on Sleep Quality of Patients with Severe Pneumonia	CHEN Hui, YI Bilan, LIN Qiaofeng, et al(1438)
Effect of Comprehensive Nursing on Sleep Disorders in Intensive Care Unit Patients	WANG Qinghong, LIU Lili(1440)
Effect of Humanized Nursing on Nursing Patients in Operating Room and Its Influence on Sleep Quality	XIE Jin(1442)
Study on the Influence of Prospective Nursing Intervention on Sleep Index and Negative Emotional State in ICU Awake Patients	LIU Xiuyun(1444)
Observe the Effect of High Quality Nursing on Sleep Quality of Oral and Maxillofacial Tumor Patients	FENG Chao(1446)
Analysis on the Effect of Integrated Nursing on Rescue Quality and Sleep of Patients with Respiratory and Cardiac Arrest	ZHU Xianqun(1448)
Study on the Effect of Quality Nursing on Sleep Quality of Patients with Craniocerebral Injury in Neurosurgery Department	YU Haijing(1450)
The Effect of Self-relaxation Training on Sleep Quality of Patients with Gastric Cancer after Operation	ZHOU Dongdong, YANG Yanhua(1452)
The Application of High Quality Nursing in Operating Room and its Effect on Sleep Quality of Patients	CHEN Yuanfang(1454)

Sleep Apnea

Clinical Efficacy of BIPAP Ventilator in the Treatment of Patients with Sleep Apnea and Pulmonary Heart Disease Respiratory Failure and Influence for Blood Gas Analysis	LU Jijie, ZHAO Guoqin(1456)
Effect of Integrated Nursing Mode on Sleep Quality, Quality of Life and Psychological Status of Patients with Chronic Obstructive Pulmonary Failure	TONG Chenyan(1459)
To Explore the Effect of Continuous Positive Airway Pressure Ventilation on Sleep Apnea Syndrome	SU Jie, ZENG Yunxiang, DUO Peng(1461)
Explore on the Influence of Integrated Nursing Mode for Sleep Quality of Patients with COPD Complicated with Respiratory Failure	JI Yanhong(1463)
Effects of Double Level Noninvasive Positive Pressure Ventilation on Vascular Endothelial Function and Cardiopulmonary Function in Patients with Chronic Heart Failure Complicated with Sleep Apnea Syndrome	LI Hui, ZHAO Zhenzhen, WU Wencheng, et al(1465)
Study on the Effect of Active Airway Warming and Humidification Combined with ABCD Nursing Grading on Sleep Status and Respiratory Symptoms of Patients with Acute Pneumonia	XU Changwei, LIU Nana(1467)

Sleep Psychopathy

Analysis of Insomnia Causes of Psychiatric Inpatients and Related Nursing Countermeasures	LU Huiyang(1469)
Influence of Exercise Therapy combined with Psychological Nursing for Sleep and Life Quality of Patients with Chronic Schizophrenia	YAN Minling, ZENG Dongmei(1471)
Effect of Humanized Nursing Intervention on Quality of Life of Convalescent Schizophrenic Patients	LIAO Jiping, JIN Xiulian, ZHU Shaojuan(1473)
Analysis of the Effects of Paroxetine on Postpartum Depression, Sleep and Lactation	SHI Jing(1475)

Sleep Health

To Explore the Hidden Dangers of Nursing Care and Preventive Measures for Patients with Sleep Disorders in Psychiatric Department	LIU Qianqian, LIN Xiaoxia(1477)
Analysis on the Status and Correlation between Occupational Stress and Sleep Quality of Nurses in ICU of Cardiac Surgery	WU LiJuan(1479)

Clinical Case Report

Create the Insomnia in Women of Childbearing Age by Regulating the Menstrual	CHEN Tieguang(1481)
--	---------------------

Review

Research Progress on Sleep Disorders in Patients with Liver Cirrhosis and TCM Treatment	Huang Chengtai, Ruan Qingfa(1484)
---	-----------------------------------