



ISSN 2095-7130

CN 10-1207/R

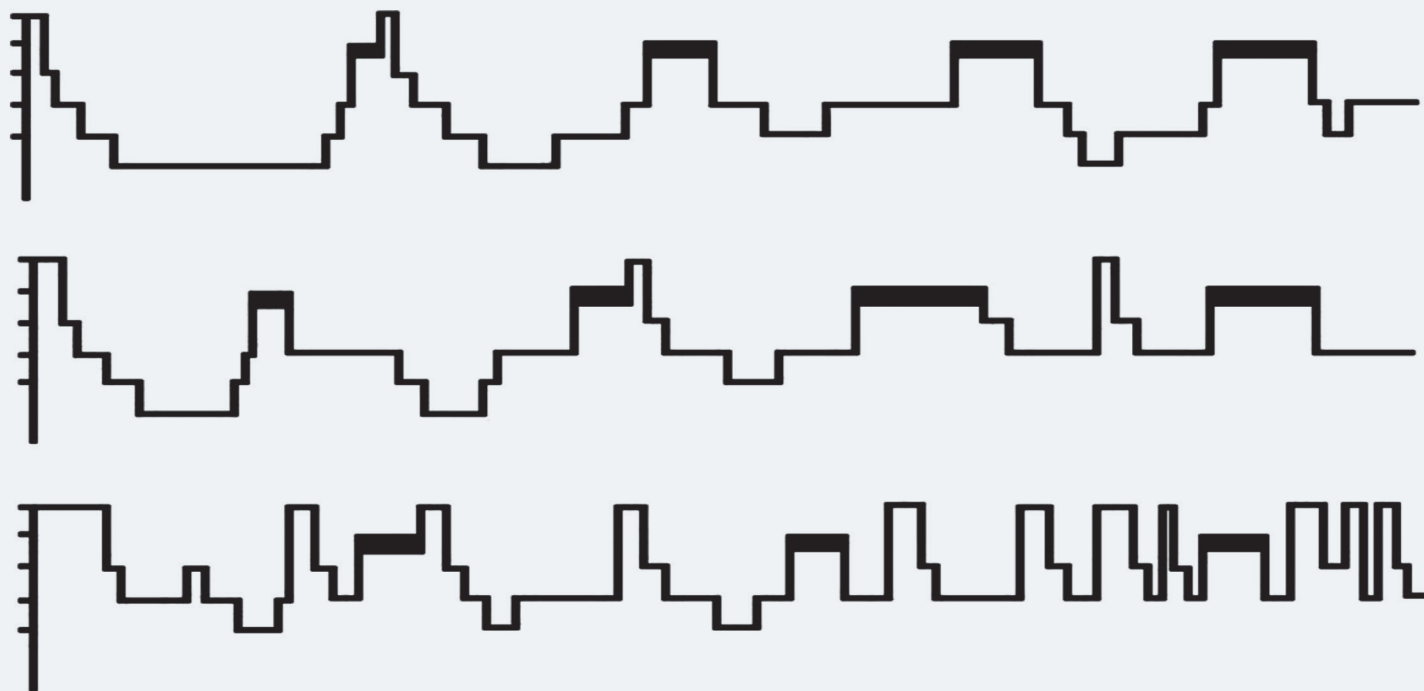
WORLD JOURNAL OF SLEEP MEDICINE

# 世界睡眠医学杂志

SHIJIE SHUIMIAN YIXUE ZAZHI

2022年3月 第9卷 第3期

Vol.9 No.3 March 2022



ISSN 2095-7130



9 772095 713226

主管 国家中医药管理局

STATE ADMINISTRATION OF TRADITIONAL CHINESE MEDICINE

主办 世界中医药学会联合会

WORLD FEDERATION OF CHINESE MEDICINE SOCIETIES

# 3

# 2022

士  
早  
垂  
民  
医  
学  
杂  
志  
第  
九  
卷  
第  
三  
期  
二  
〇  
二  
二  
年  
三  
月  
总  
第  
七  
十  
五  
期

# 世界睡眠医学杂志

SHIJIE SHUIMIAN YIXUE ZAZHI

月刊 2014年2月创刊 第9卷 第3期 2022年3月28日出版

主管 国家中医药管理局

主办 世界中医药学会联合会

编辑委员会主任 李振吉 刘保延

主编 汪卫东

社长 魏金明

常务副主编兼编辑部主任 刘艳骄

本期编辑 杜辉

英文编辑 闫雪

编辑出版 《世界中医药》杂志社

《世界睡眠医学杂志》编辑部

地址:北京市朝阳区小营路19号

财富嘉园A座316室

邮编:100101

电话:(010)58650023

电子邮箱:sjsmyxbjb@126.com

sjsmyx@vip.126.com

网址:www.sjsmyxzz.com

广告代理 世中联兴和国际传媒(北京)有限公司

电话/传真:(010)58650236

印刷 廊坊市佳艺印务有限公司

(河北省廊坊市安次区仇庄乡

南辛庄村,065000)

国内发行 中国邮政集团公司北京市报刊发行局

邮发代号 80-920

国外发行 中国国际图书贸易集团有限公司

(北京 399 信箱)

邮发代号 M9098

订购 全国各地邮局

中国标准连续出版物号

ISSN 2095-7130

CN 10-1207/R

广告发布登记号 京朝工商广字第 8057 号

定价 国内每期 30 元 全年 360 元

国外每期 30 美元 全年 360 美元

所有文章版权归《世界中医药》杂志社所有,未经许可,本刊所载文章不得翻译、转载,除非特别说明,本刊文章不代表本刊编委会的观点。

## 目次

### 临床睡眠医学

中性粒细胞/淋巴细胞比值评估 B 型主动脉夹层合并阻塞性睡眠呼吸暂停的临床价值

..... 姜丹丹 苏伟明 陈取 等 (371)

睡眠与初发性脑出血发病关系的临床研究

..... 许伟歆 李素玉 (376)

舒眠胶囊联合右佐匹克隆治疗非器质性失眠症的效果及对睡眠参数的影响

..... 李云鹤 李胜前 韩彬 (380)

重度阻塞性睡眠呼吸暂停低通气综合征合并夜行症 1 例报道

..... 边琪 郝丽娟 (383)

佐匹克隆与盐酸曲唑酮治疗睡眠障碍的临床效果观察

..... 于婷 (387)

阻塞性睡眠呼吸暂停低通气综合征患者口咽肌锻炼治疗接受度调查分析

..... 王爽 李彩虹 石浩田 等 (390)

阿普唑仑与丁螺环酮治疗焦虑症合并睡眠障碍的效果比较

..... 李文学 (393)

鼻内镜手术治疗慢性鼻窦炎鼻息肉患者的临床效果及对睡眠质量、智力状态的影响

..... 高海涛 (396)

阶段性运动联合康复理疗对腰椎间盘突出症患者运动功能及睡眠质量的影响

..... 任均兰 陈华春 (399)

丁螺环酮治疗焦虑症患者疗效及对睡眠质量的影响

..... 杨忠慧 邹荣珍 (402)

循证医学理论在主动脉夹层腔内修复术患者围术期中的应用及对患者睡眠质量的影响

..... 秦志华 杨明月 徐丽梅 等 (404)

帕罗西汀联合米氮平对产后抑郁患者抑郁状况、睡眠质量及临床疗效的影响

..... 李倩倩 (407)

原发性高血压合并睡眠障碍患者血清 RAAS 指标的变化观察

..... 席丽敏 (410)

### 高原睡眠医学

高原不同程度 OSAHS 患者睡眠质量的差异分析

..... 庞怀霞 郝丽娟 马祯 等 (412)

### 中医睡眠医学

中医穴位按摩联合穴位贴敷对恶性肿瘤患者化疗后胃肠道反应及睡眠障碍的影响

..... 肖慧奇 谢思君 (415)

益气养阴安神方治疗 2 型糖尿病伴失眠患者的临床疗效观察

..... 石白 周立美 杜辉 等 (418)

龙胆泻肝汤联合阿莫西林克拉维酸钾治疗慢性化脓性中耳炎的临床效果及改善睡眠分析

..... 董国有 (423)

苓甘五味姜辛汤联合止咳散治疗慢性咳嗽伴睡眠障碍的疗效及对患者症状改善及睡眠质量的影响

..... 黄金凤 (426)

## 老年睡眠医学

- 早期心理护理对老年慢性心力衰竭患者不良情绪及睡眠的影响  
..... 蒋智钦 (429)
- 针灸“相对穴”治疗老年慢性失眠症 30 例  
..... 朱恒康 李海燕 王培新 等 (432)
- 早期康复护理对老年股骨颈骨折患者睡眠质量的影响  
..... 罗怡雯 徐守芳 (435)
- 不同麻醉方式对于老年骨科手术后患者短期认知功能与睡眠状况的影响研究  
..... 陈家华 陈锦莹 关宇健 (438)
- 心理护理对老年精神分裂症患者负性情绪、睡眠质量及生命质量的改善作用分析  
..... 陈宝钗 (441)

## 女性睡眠医学

- 静脉自控镇痛对剖宫产产妇镇痛效果、睡眠质量的影响  
..... 黄秀芳 (443)
- 整体护理联合人本位护理对妊娠期高血压产妇睡眠质量及母婴结局的影响  
..... 叶艳艳 (446)
- 子宫内膜异位症致痛经对患者抑郁情绪及睡眠障碍的影响  
..... 蔡华敏 (449)
- 孕妇负性情绪变化与睡眠质量相关性研究分析  
..... 朱明燕 朱红菊 欧秀月 (453)
- 妊娠期糖尿病患者的饮食护理干预效果及对睡眠的影响  
..... 邓小艳 (456)

## 儿童睡眠医学

- 身体质量指数与阻塞性睡眠呼吸暂停低通气综合征患儿缺氧程度、睡眠质量的相关性分析  
..... 纪校敏 (459)
- 鸟巢式护理在新生儿蓝光治疗中的应用及对出暖箱时间、睡眠时间和血氧饱和度的影响  
..... 戴宝琴 (462)
- 肺力咳合剂治疗及护理在小儿肺炎支原体气管炎门诊患儿中对其临床症状改善与睡眠质量的影响  
..... 赵雨慧 (465)

## 睡眠心理学

- 认知行为疗法治疗失眠症的临床观察  
..... 魏小东 赵琦英 马尔江 等 (468)
- 心理护理与共情护理对产后抑郁患者心理状态与睡眠质量的影响  
..... 陈春琼 (471)
- 不同类型抗击新冠肺炎医务工作者的心理状态及影响因素研究  
..... 杨婷 阮冶 高长青 等 (474)
- 手术室护理术前心理干预对患者术前负性情绪及睡眠质量的影响研究  
..... 吴秋梅 (478)
- 心理辅导干预在白血病患者注射治疗中的应用及对睡眠质量的影响研究  
..... 江碧惠 (482)
- 情绪疗法对甲状腺功能亢进患者睡眠质量与负面情绪的影响  
..... 韩惠嫦 (485)
- 个案管理模式配合多元化睡眠护理对脑肿瘤患者术后心理状况和睡眠质量的影响  
..... 王伟伟 (488)

## 睡眠护理学

- 综合护理对伴传染性疾病维持性血液透析患者睡眠质量的影响  
..... 倪海星 (491)
- 探究综合护理干预在改善糖尿病患者睡眠质量中的应用价值  
..... 李梅岚 黄新群 吕素如 (494)
- 延续性护理对 2 型糖尿病患者睡眠质量及血糖水平的影响研究  
..... 危小琴 (497)
- 快速康复护理对胃癌患者术后生命质量及睡眠质量的影响观察  
..... 赖燕霞 黄梅玲 (500)
- 手术室护理术前访视与宣教对术前患者睡眠与不良情绪的影响探讨  
..... 杨峰 (503)
- 责任制分管床制度在恙虫病合并肝损害治疗中的价值及对睡眠质量的影响  
..... 傅建莉 李小梅 林燕梅 (506)
- 脑梗死合并睡眠障碍患者实施睡眠分级护理的效果及价值研究  
..... 李媛媛 曹春 (509)

护理干预对带状疱疹伴周围神经疼痛患者睡眠质量的影响	王永芝	(512)
护理干预对癌痛规范化治疗患者用药依从性及睡眠质量的影响	吴守锋 周丽敏 吴建萍	(515)
高血压并发冠心病的护理干预措施及其对睡眠质量影响分析	史红蕾	(518)
胆囊结石腹腔镜术后疼痛护理中循证护理的应用效果对患者睡眠质量影响	王晓琳	(521)
舒适护理模式在慢性阻塞性肺疾病急性加重患者急诊护理中应用效果及对患者睡眠的调节作用	魏秀娟	(524)
护理干预对改善肿瘤患者焦虑抑郁情绪及睡眠质量的效果研究	翟潇路	(527)
护理干预对重症肺炎合并呼吸衰竭患者的效果及对睡眠质量影响分析	申玉香	(530)
舒适护理在手术室护理中应用及对睡眠的影响	于水情	(533)
急性重症脑卒中患者应用重症监护护理的效果及对患者睡眠质量影响分析	伏美英	(536)
<b>睡眠呼吸病学</b>		
临床路径在无创正压通气治疗 AECOPD 患者中对肺功能、睡眠质量的影响	陈凤枝	(539)
口腔矫治对阻塞性睡眠呼吸暂停低通气综合征患者睡眠呼吸功能增龄变化的影响	霍红	(542)
阻塞性呼吸睡眠暂停合并急性脑梗死患者神经恢复情况及相关影响因素分析	刘慈花 黄焕容	(545)
持续气道正压通气治疗 2 型糖尿病伴阻塞性睡眠呼吸暂停低通气综合征患者的疗效观察	李东洙	(548)
<b>睡眠精神病学</b>		
联合服用奥氮平和氨磺必利对改善慢性精神分裂症患者睡眠、认知功能、生命质量的疗效观察	张献强 钟远惠 朱艳玲	(551)
草酸艾司西酞普兰治疗卒中后抑郁的疗效及对神经功能的影响	丁波 龚洁芹	(554)
精神分裂症共病失眠患者的睡眠认知特征及相关影响因素	陈辉	(558)
睡眠障碍与心理状况对精神分裂症患者认知功能的影响分析	李彩珍	(560)
暴力风险评估在精神分裂症患者安全管理中的价值及对睡眠障碍、危险行为的影响	李水花	(563)
PDCA 护理模式在改善精神分裂症患者睡眠质量的应用效果探讨	刘瑜	(566)
无抽搐电休克治疗对首发精神分裂症患者睡眠的干预	王飞飞	(569)
<b>睡眠健康</b>		
神经系统疾病长期住院患者照护者负性情绪和睡眠现状及影响因素分析	陈晓影 陈艳红 张志霞 等	(572)
<b>综 述</b>		
失眠短程行为疗法的研究进展	李红艳 江灿	(575)
吸烟成瘾的睡眠障碍研究进展	张士迪 董芳 王宏德 等	(579)
正念训练改善睡眠质量的作用机制研究现状	赵慧强 宋瑞雯 张丽萍	(583)
睡眠障碍与脑卒中的相关性研究进展	陈坤 徐云霞	(587)
<b>编者·作者·读者</b>		
信息		(封二、封三)

# World Journal of Sleep Medicine

Monthly Established in February 2014 Volume 9, Number 3 March 28, 2022

## Responsible Institution

State Administration of Traditional Chinese  
Medicine

## Sponsor

World Federation of Chinese Medicine Societies

## Chairman

LI Zhenji LIU Baoyan

## Editor-in-Chief

WANG Weidong

## Director

WEI Jinming

## The Standing Associate Chief Editor &

### Editorial Director

LIU Yanjiao

## Editor for This Issue

DU Hui

## Editor in English

YAN Xue

## Edited and Published by

Editorial Office of *World Chinese Medicine*

Address: Room 316, Building A, Caifujiayuan, No. 19,  
Xiaoying Road, Chaoyang District, Beijing,  
PR. China

Post Code: 100101

Tel: +86-10-58650023

E-mail: sjsmyxbjb@126.com; sjsmyx@vip.126.com

Website: <http://www.sjsmyxxz.com>

## Adcraft

WFCMS Xinghe International Media (Beijing) Co., Ltd

Tel: +86-10-58650236

Fax: +86-10-58650236

## Printed by

Langfang Jiayi Printing Co., Ltd

(Nanxinzhuang Village, Qiuzhuang Township, Anci  
District, Langfang City, Hebei Province, 065000)

## Domestic Distribution

Beijing Municipal Bureau of Newspapers  
and Periodicals Distribution, China Post

Group Co., Ltd

Code No. 80-920

## Overseas Distributor

China International Book Trading Corporation

(P. O. Box 399, Beijing, China)

Code No. M9098

ISSN 2095-7130

CN 10-1207/R

All articles are copyrighted by the Periodical office of *World Chinese Medicine*. The articles contained in this journal shall not be translated or reproduced without permission, which do not represent the views of the editorial board of this journal.

## CONTENTS IN BRIEF

### Clinical Sleep Medicine

- Clinical Value of Neutrophil to Lymphocyte Ratio in Type B Aortic Dissection  
Complicated with Obstructive Sleep Apnea .....  
..... JIANG Dandan, SU Weiming, CHEN Qu, et al (371)
- Clinical Study on Association Between Sleep and Primary Intracerebral Hemorrhage  
..... XU Weixin, LI Suyu (376)
- Effects of Shumian Capsule Combined with Dexzopiclone in the Treatment of  
Nonorganic Insomnia and Its Influence on Sleep Parameters .....  
..... LI Yunhe, LI Shengqian, HAN Bin (380)
- A Case Report of Severe Obstructive Sleep Apnea Hypopnea Syndrome Complicated  
with Somnambulism ..... BIAN Qi, HAO Lijuan (383)
- Clinical Efficacy and Safety of Zopiclone and Trazodone Hydrochloride in the  
Treatment of Sleep Disorders ..... YU Ting (387)
- Investigation and Analysis of the Acceptability of Orofacial Myofunctional Therapy  
for Patients with Obstructive Sleep Apnea Hypopnea Syndrome .....  
..... WANG Shuang, LI Caihong, SHI Haotian, et al (390)
- Comparison of Alprazolam and Buspirone in the Treatment of Anxiety Disorder  
Complicated with Sleep Disorder ..... LI Wenxue (393)
- Clinical Effect of Endoscopic Sinus Surgery on Patients with Chronic Sinusitis and  
Nasal Polyps and Its Influence on Sleep Quality and Intelligence State .....  
..... GAO Haitao (396)
- Effect of Periodic Exercise Combined with Rehabilitation Physiotherapy on Motor  
Function and Sleep Quality of Patients with Lumbar Disc Herniation .....  
..... REN Junlan, CHEN Huachun (399)
- The Effect of Buspirone on the Effect and Sleep Quality of Anxiety Patients .....  
..... YANG Zhonghui, ZOU Rongzhen (402)
- Application of Evidence-based Medicine Theory in Perioperative Period of Patients  
Undergoing Endovascular Repair of Aortic Dissection and its Influence on  
Sleep Quality ..... QIN Zhihua, YANG Mingyue, XU Limei, et al (404)
- Effect of Paroxetine Combined with Mirtazapine on Depression, Sleep Quality and  
Clinical Efficacy in Patients with Postpartum Depression ..... LI Qianqian (407)
- Observation on the Change of Serum RAAS System Index of Patients with Primary  
Hypertension with Sleep Disorders ..... XI Limin (410)

### Plateau Sleep Medicine

- Analysis of Sleep Quality of Patients with Different Degrees of OSAHS at High Altitude  
..... PANG Huaixia, HAO Lijuan, MA Zhen, et al (412)

### TCM Sleep Medicine

- Effect of Acupoint Massage Combined with Acupoint Application on Gastrointestinal  
Reaction and Sleep Disorder in Patients with Malignant Tumor after Chemotherapy  
..... XIAO Huiqi, XIE Sijun (415)

- Clinical Observation on Treatment of Type 2 Diabetes Mellitus with Insomnia with Yiqi Yangyin Anshen Decoction ..... *SHI Bai, ZHOU Limei, DU Hui, et al*(418)
- Clinical Effect and Sleep Improvement of Longdan Xiegan Decoction Combined with Amoxicillin and Clavulanate Potassium in the Treatment of Chronic Suppurative Otitis Media ..... *DONG Guoyou*(423)
- Effect of Linggan Wuwei Ginger Xin Decoction Combined with Zhike Powder in the Treatment of Chronic Cough with Sleep Disorder and its Effect on Symptom Improvement and Sleep Quality of Patients ..... *HUANG Jinfeng*(426)

## Geriatric Sleep Medicine

- Effect of Early Psychological Nursing on Bad Mood and Sleep in Elderly Patients with Chronic Heart Failure ..... *JIANG Zhiqin*(429)
- Acupuncture and Moxibustion on Complementary Acupoints for 30 Cases of Senile Intractable Insomnia ..... *ZHU Hengkang, LI Haiyan, WANG Peixin, et al*(432)
- Effect of Early Rehabilitation Nursing Intervention on Sleep Quality of Elderly Patients with Femoral Neck Fracture ..... *LUO Yiwen, XU Shoufang*(435)
- Effects of Different Anesthetic Methods on Short-term Cognitive Function and Sleep Status of Elderly Patients after Orthopedic Surgery ..... *CHEN Jiahua, CHEN Jinying, GUAN Yujian*(438)
- Analysis of the Effect of Psychological Nursing on the Improvement of Negative Emotion, Sleep Quality and Quality of Life in Elderly Patients with Schizophrenia ..... *CHEN Baochai*(441)

## Female Sleep Medicine

- Effect of Intravenous Automatic Analgesia on Analgesia Effect and Sleep Quality of Cesarean Section ..... *HUANG Xiufang*(443)
- Effect of Holistic Nursing Combined with Human-based Nursing on Sleep Quality and Maternal and Infant Outcomes of Pregnant Patients with Hypertension ..... *YE Yanyan*(446)
- Effect of Dysmenorrhea Induced by Endometriosis on Depression and Sleep Disorders ..... *CAI Huamin*(449)
- Study on the Correlation Between Negative Emotion Change and Sleep Quality in Pregnant Women ..... *ZHU Mingyan, ZHU Hongju, OU Xiuyue*(453)
- Effect of Diet Nursing Intervention on Patients with Gestational Diabetes Mellitus and Its Influence on Sleep ..... *DENG Xiaoyan*(456)

## Pediatric Sleep Medicine

- Analysis of Correlation between BMI and Hypoxia Degree and Sleep Quality in Children with Obstructive Sleep Apnea Hyponea Syndrome ..... *Ji Xiaomin*(459)
- Application of Bird's Nest Nursing in Neonatal Blue Light Therapy and Its Effect on Warm Box Time, Sleep Time a Blood Oxygen Saturation ..... *DAI Baoqin*(462)
- Effect of Treatment and Nursing of Pulmonary Cough Mixture on the Improvement of Clinical Symptoms and Sleep Quality in Children with Mycoplasma Pneumoniae Tracheitis ..... *ZHAO Yuhui*(465)

## Sleep Psychology

- Clinical Observation of Cognitive Behavioral Therapy in the Treatment of Insomnia ..... *WEI Xiaodong, ZHAO Qiyong, MA Erjiang, et al*(468)
- Effects of Psychological Nursing and Empathic Nursing on Psychological State and Sleep Quality of Patients with Postpartum Depression ..... *CHEN Chunqiong*(471)
- Psychological Status and Influencing Factors of Different Types of Medical Workers Against New Crown Pneumonia ..... *YANG Ting, RUAN Ye, GAO Changqing, et al*(474)
- Effect of Preoperative Psychological Intervention on Preoperative Negative Emotions and Sleep Quality of Patients in Operating Room ..... *WU Qiumei*(478)
- Application of Psychological Counseling Intervention in Injection Therapy of Leukemia Patients and its Effect on Sleep Quality ..... *JIANG Bihui*(482)
- Effects of Mood Therapy on Sleep Quality and Negative Emotions in Patients with Hyperthyroidism ..... *HAN Huichang*(485)
- Effect of Case Management Mode Combined with Diversified Sleep Nursing on Postoperative Psychological Status and Sleep Quality of Patients with Brain Tumor ..... *WANG Weiwei*(488)

## Sleep Nursing

- Effects of Comprehensive Nursing on Sleep Quality in Patients with Maintenance Hemodialysis Complicated with Infectious Diseases ..... *NI Haixing*(491)

Explore the Application Value of Comprehensive Nursing Intervention in Improving the Sleep Quality of Diabetes Patients .....	<i>LI Meilan, HUANG Xinqun, LYU Suru</i> (494)
Effect of Continuous Nursing on Sleep Quality and Blood Glucose Level in Patients with Type 2 Diabetes Mellitus .....	<i>WEI Xiaoqin</i> (497)
Observation on the Effect of Rapid Rehabilitation Care on the Quality of Life and Sleep Quality of Patients with Gastric Cancer after Operation .....	<i>LAI Yanxia, HUANG Meiling</i> (500)
Discussion on the Effect of Preoperative Visit and Education on Sleep and Bad Emotion of Preoperative Patients .....	<i>YANG Feng</i> (503)
The Value of Responsibility Stratified Tube Bed System in the Treatment of Tsutsugamushi with Liver Damage and Its Effect on Sleep Quality .....	<i>FU Jianli, LI Xiaomei, LIN Yanmei</i> (506)
Study on the Effect and Value of Implementing Sleep Graded Nursing for Patients with Cerebral Infarction and Sleep Disorders .....	<i>LI Yuanyuan, CAO Chun</i> (509)
Effect of Nursing Intervention on Sleep Quality of Patients with Herpes Zoster and Peripheral Nerve Pain .....	<i>WANG Yongzhi</i> (512)
Influence of Nursing Intervention for Medication Compliance and Sleep Quality of Patients with Standardized Treatment of Cancer Pain .....	<i>WU Shoufeng, ZHOU Limin, WU Jianping</i> (515)
Nursing Intervention Measures of Hypertension Complicated with Coronary Heart Disease and its Influence on Sleep Quality .....	<i>SHI Honglei</i> (518)
Effect of Evidence-based Nursing on Sleep Quality of Patients after Laparoscopic Cholecystolithiasis .....	<i>WANG Xiaolin</i> (521)
Effect of Comfortable Nursing Mode in Emergency Nursing of Patients with AECOPD and its Regulation on Sleep .....	<i>WEI Xiujuan</i> (524)
Effect of Nursing Intervention on Anxiety, Depression and Sleep Quality of Cancer Patients .....	<i>ZHAI Xiaolu</i> (527)
Effect of Nursing Intervention on Patients with Severe Pneumonia Complicated with Respiratory Failure and its Influence on Sleep Quality .....	<i>SHEN Yuxiang</i> (530)
Application of Comfortable Nursing in Operating Room Nursing and Its Influence on Sleep .....	<i>YU Shuiqing</i> (533)
Effect of Intensive Care Nursing on Patients with Acute Severe Stroke and Its Influence on Sleep Quality .....	<i>FU Meiyang</i> (536)

## Sleep Apnea

Effects of Clinical Pathways on Lung Function and Sleep Quality in Patients with AECOPD Treated with Non-invasive Positive Ventilation .....	<i>CHEN Fengzhi</i> (539)
Effect of Oral Correction on Sleep Respiratory Function in Patients with Obstructive Sleep Apnea Hypopnea Syndrome .....	<i>HUO Hong</i> (542)
Analysis of Nerve Recovery and Related Factors in Obstructive Sleep Apnea Patients with Acute Cerebral Infarction .....	<i>LIU Cihua, HUANG Huanrong</i> (545)
Continuous Positive Airway Pressure in the Treatment of Patients with Type 2 Diabetes Mellitus and Obstructive Sleep Apnea Hypopnea Syndrome .....	<i>LI Dongzhu</i> (548)

## Sleep Psychopathy

Effect of Olanzapine Combined with Amsulfamide on Improving Sleep, Cognitive Function and Quality of Life in Patients with Chronic Schizophrenia .....	<i>ZHANG Xianqiang, ZHONG Yuanhui, ZHU Yanling</i> (551)
Role of Escitalopram Oxalate in the Treatment of Post-stroke Depression and the Influence on Neurological Function .....	<i>DING Bo, GONG Jieqin</i> (554)
Sleep Cognitive Characteristics and Related Influencing Factors of Schizophrenic Patients with Comorbid Insomnia .....	<i>CHEN Hui</i> (558)
Influence of Sleep Disturbance and Psychological State on Cognitive Function of Schizophrenic Patients .....	<i>LI Caizhen</i> (560)
The Value of Violence Risk Assessment in the Safety Management of Patients with Schizophrenia and Its Effects on Sleep Disorders and Risky Behaviors .....	<i>LI Shuihua</i> (563)
Effect of PDCA Nursing Model on Improving Sleep Quality of Schizophrenic Patients .....	<i>LIU Yu</i> (566)
Intervention of Non-convulsive Electroconvulsive Therapy on Sleep in Patients with First-episode Schizophrenia .....	<i>WANG Feifei</i> (569)

## Sleep Health

Analysis of Negative Emotion and Sleep Status of Caregivers of Long-term Hospitalized Patients with Nervous System Diseases and its Influencing Factors .....	<i>CHEN Xiaoying, CHEN Yanhong, ZHANG Zhixia, et al</i> (572)
---	---

## Review

Study on the Research Progress of Brief Behavioral Treatment for Insomnia .....	<i>LI Hongyan, JIANG Can</i> (575)
Advances in Sleep Disorders on Smoking Addiction .....	<i>ZHANG Shidi, DONG Fang, WANG Hongde, et al</i> (579)
Research Status of the Mechanism of Mindfulness Training in Improving Sleep Quality .....	<i>ZHAO Huiqiang, SONG Ruiwen, ZHANG Liping</i> (583)
Progress on the Relationship between Sleep Disorders and Stroke .....	<i>CHEN Kun, XU Yunxia</i> (587)