



ISSN 2095-7130

CN 10-1207/R

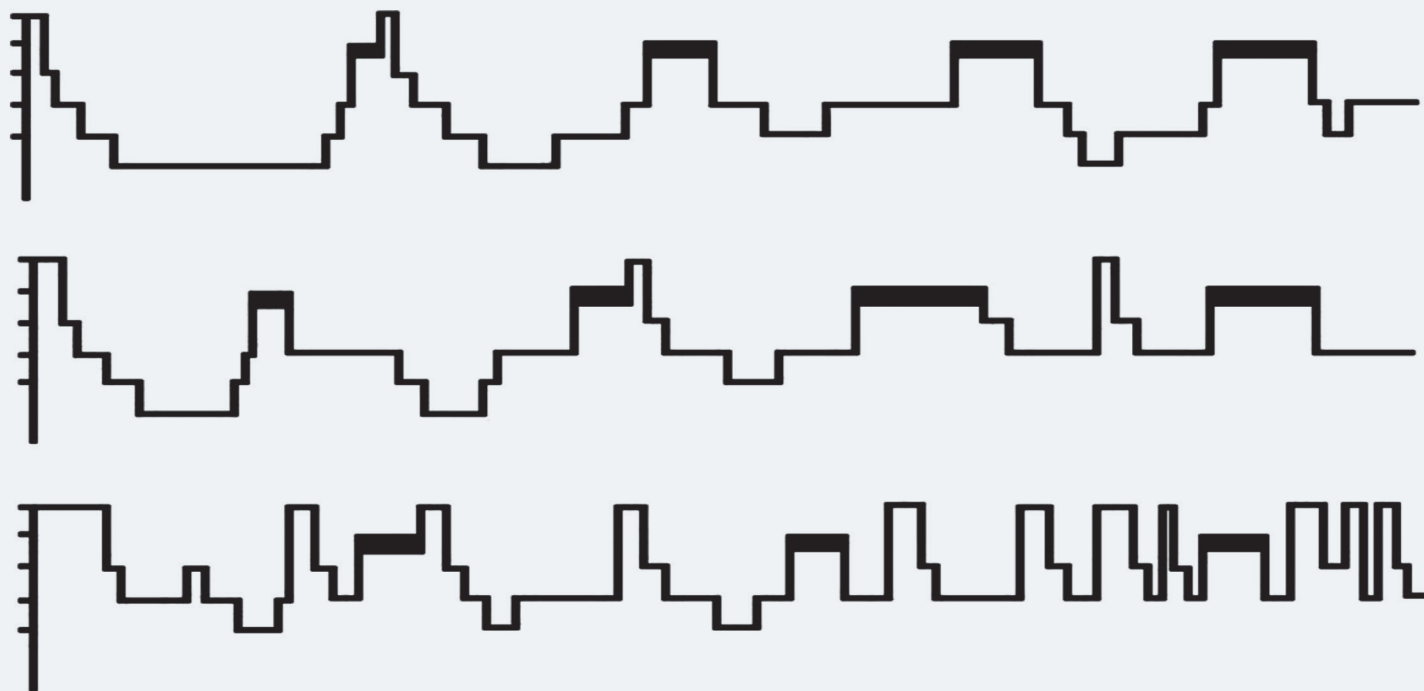
WORLD JOURNAL OF SLEEP MEDICINE

# 世界睡眠医学杂志

SHIJIE SHUIMIAN YIXUE ZAZHI

2022年7月 第9卷 第7期

Vol.9 No.7 July 2022



ISSN 2095-7130



9 772095 713226

主管 国家中医药管理局

STATE ADMINISTRATION OF TRADITIONAL CHINESE MEDICINE

主办 世界中医药学会联合会

WORLD FEDERATION OF CHINESE MEDICINE SOCIETIES

# 7

# 2022

士  
早  
垂  
民  
医  
学  
杂  
志  
  
二  
〇  
二  
二  
年  
  
第  
九  
卷  
  
第  
七  
期  
  
总  
第  
二  
七  
九  
期

# 世界睡眠医学杂志

SHIJIE SHUIMIAN YIXUE ZAZHI

月刊 2014年2月创刊 第9卷 第7期 2022年7月28日出版

主管 国家中医药管理局

主办 世界中医药学会联合会

编辑委员会主任 李振吉 刘保延

主编 汪卫东

社长 魏金明

常务副主编兼编辑部主任 刘艳骄

本期编辑 张雄杰

英文编辑 李磊

编辑出版 《世界中医药》杂志社

《世界睡眠医学杂志》编辑部

地址:北京市朝阳区小营路19号

财富嘉园A座316室

邮编:100101

电话:(010)58650023

电子邮箱:sjsmyxbjb@126.com

sjsmyx@vip.126.com

网址:www.sjsmyxzz.com

广告代理 世中联兴和国际传媒(北京)有限公司

电话/传真:(010)58650236

印刷 廊坊市佳艺印务有限公司

(河北省廊坊市安次区仇庄乡

南辛庄村,065000)

国内发行 中国邮政集团公司北京市报刊发行局

邮发代号 80-920

国外发行 中国国际图书贸易集团有限公司

(北京 399 信箱)

邮发代号 M9098

订购 全国各地邮局

中国标准连续出版物号

ISSN 2095-7130

CN 10-1207/R

广告发布登记号 京朝工商广字第 8057 号

定价 国内每期 30 元 全年 360 元

国外每期 30 美元 全年 360 美元

所有文章版权归《世界中医药》杂志社所有,未经许可,本刊所载文章不得翻译、转载,除非特别说明,本刊文章不代表本刊编委会的观点。

## 目次

### 论著

湿性辅料换药护理对手外伤患者 VAS 评分及睡眠质量的影响

张秀英 (1193)

后腹腔镜肾癌根治术对患者应激指标、炎症介质及疼痛因子表达及睡眠质量的影响研究

赵治国 叶玉花 (1195)

类风湿性关节炎采用系统性健康教育护理的效果评价及对患者睡眠质量的影响分析

赵姗姗 (1199)

### 临床睡眠医学

小剂量阿加曲班联合双抗治疗急性缺血性脑卒中的疗效及对患者睡眠质量的影响

刘瑞君 田超 姚艳艳 (1201)

氟康唑联合克霉唑阴道片治疗霉菌性阴道炎对患者睡眠质量的影响

李兰 (1205)

倍他司汀片联合睡姿改变治疗耳石症对患者睡眠质量及疾病复发的影响

陈家源 (1208)

胺碘酮在急性心肌梗死患者抢救中的效果及对睡眠质量的影响

王峰 (1211)

重症监护病房患者的睡眠状况及其影响因素分析

黄世凤 (1214)

### 中医睡眠医学

观察骨伤手法、口服中药联合温针灸在腰椎间盘突出症中的应用效果及对患者睡眠质量、生命质量的影响

杨健 李澄清 李云璋 (1216)

柴胡安神方治疗急性心肌梗死合并失眠患者的临床效果

赵立岩 栾丽平 (1219)

低频重复经颅磁刺激联合蒙医温针治疗肺癌化疗后失眠的临床效果观察

魏林涓 国华 (1222)

观察小柴胡汤联合酸枣仁汤治疗不寐症的临床疗效

吴雪梅 (1226)

### 老年睡眠医学

早期康复护理对老年脑梗死患者的效果及对其睡眠质量的影响分析

卢呈玉 (1229)

老年糖尿病患者睡眠障碍的原因调查及针对性护理干预的应用效果

曾似锦 蔡红英 (1232)

观察右佐匹克隆对阿尔茨海默病患者睡眠障碍改善的效果

王瑜玲 (1235)

老年焦虑症伴睡眠障碍患者应用米氮平结合重复经颅磁刺激治疗的效果观察

潘鑫 黄春明 (1238)

分析连续性护理对老年脑卒中患者负性情绪及睡眠障碍的影响	赵晓红	(1241)
分析循证护理对老年冠心病患者焦虑抑郁和睡眠质量的影响	吴雪	(1244)

## 女性睡眠医学

低强度运动疗法结合生活指导对宫颈癌患者癌性疲乏及睡眠质量的影响	谢艳珊	(1247)
细节化护理干预对产妇睡眠质量、负性情绪及产后出血量的影响	滕曼曼	(1250)
人性化护理对产妇产后睡眠质量及疲乏程度的影响	唐嘉勋	(1254)
分析加速康复技术对产妇产后胃肠功能恢复以及睡眠质量的影响	张娟 许小芳	(1257)
循证护理对先兆流产保胎孕妇睡眠质量的影响	林雅琳	(1260)
路径化护理干预对首次剖宫产术后再次妊娠阴道试产成功率、产程、出血量及睡眠质量的影响	林玉	(1263)
分析心理护理干预对妇科住院患者睡眠质量的影响	杨弘	(1266)
腹腔镜子宫肌瘤剔除术治疗子宫肌瘤的临床效果及对患者睡眠质量的影响	黄少青	(1269)
拉玛泽减痛分娩法搭配分娩球护理对产妇分娩结局及睡眠质量的影响分析	刘莉	(1272)

## 儿童睡眠医学

心理护理结合睡眠干预对小儿下肢骨髓炎的护理效果	丰蕊	(1275)
个性化护理对支气管肺炎患儿睡眠质量、心理状态的影响探讨	李雅萱 陈琼华 徐琴秀	(1278)
个体化护理有利于降低儿童骨科围手术期患儿的睡眠障碍	桂锋	(1280)
家庭护理模式对小儿内科患儿治疗依从性及睡眠质量的效果研究	宋洪焕 鹿丽 刘瑞香	(1284)

## 睡眠心理学

系统认知心理护理对缺血性脑卒中患者睡眠质量与神经功能的影响	王雪玲	(1287)
米氮平对围绝经期伴焦虑抑郁患者心理情绪及睡眠状况的影响	李玉平	(1290)
心理护理联合共情护理改善产后抑郁症产妇睡眠质量及不良情绪的临床观察	蔡美玲	(1293)
正念干预对大肠癌化疗患者不良情绪及睡眠质量的影响观察	林芬 黄剑珠	(1296)
正念减压疗法联合护理对淋巴瘤患者睡眠质量的影响	唐欣	(1299)

## 睡眠护理学

强化疼痛护理在改善急诊创伤骨科患者疼痛评分及睡眠质量方面的价值	田红	(1302)
5E 康复模式应用于提高尿毒症血液透析患者睡眠质量及护理满意度中的临床效果	王丽	(1305)
疼痛护理干预对骨科术后患者疼痛及睡眠质量的影响	李丽萍	(1309)
转移性脑肿瘤患者放疗护理中临床路径的应用及对患者睡眠质量的影响	黄梅	(1311)
舒适护理干预对重症监护室患者睡眠质量的影响	陈园梅	(1315)

临床护理路径对消化内镜治疗胃肠息肉患者临床疗效、睡眠质量及满意度的影响	胡晓红	(1318)
前瞻性护理干预改善 ICU 清醒患者睡眠质量的临床效果	方梦琳 余秀	(1321)
基于快速康复理念的临床护理对髋关节置换术后患者睡眠质量的影响	沈谨治 胡雪芬	(1324)
分析优质护理服务干预在手术室护理中的效果及对患者睡眠质量的影响	颜剑玲	(1327)
分析循证护理对胃癌化疗患者生命质量及睡眠质量的影响	杨丽	(1330)
综合护理干预对髌骨骨折术后患者睡眠质量的影响研究	孟瑶	(1333)
延续性护理对消化性溃疡患者心理状态、睡眠质量及生命质量的影响	李文婷	(1336)
细节护理对大疱性类天疱疮患者生命质量及睡眠质量的影响	陈锦容 李秀华 李钦云	(1338)
协同护理干预对血液透析患者护理能力及睡眠质量的影响研究	马凌	(1341)

## 睡眠呼吸病学

持续气道正压通气和高压氧疗对阻塞性睡眠呼吸暂停低通气综合征疗效对比研究	郭晓红 李秀娥 杨旭升 等	(1343)
阻塞性睡眠呼吸暂停综合征和颈动脉粥样硬化的相关性研究	王晓虎 张磊	(1347)
观察一体化护理模式对 ICU 呼吸衰竭患者睡眠质量及心理状态的影响	王惠群 王春艳 张培	(1351)
分析综合护理干预对慢阻肺呼吸衰竭患者睡眠质量的影响	张效真	(1354)
观察综合护理干预对雾化吸入治疗慢性阻塞性肺疾病患者的应用效果及对睡眠质量的影响	张秀兰	(1356)
健康护理行为干预在阻塞性睡眠呼吸暂停综合征患者的应用研究	林碧兰	(1359)
无创呼吸机治疗慢阻肺伴呼吸衰竭对患者睡眠质量的影响	李慧	(1361)

## 睡眠精神病学

脑电生物反馈治疗精神分裂症对患者睡眠质量的影响	孔燕 胡建军 孙喜蓉 等	(1363)
探讨综合(RAIDS)体质量管理模式对精神分裂症患者服药依从性及睡眠质量的影响	吴艳香	(1366)
观察经颅磁治疗对精神病患者睡眠质量的影响	叶燕清 陈丽思 陈梓朗	(1368)

## 特殊人群的睡眠健康与睡眠障碍

循证护理模式改善胃癌患者术后睡眠质量的效果观察	蔡小芳 林华燕	(1370)
综合性护理干预对肺癌化疗患者睡眠质量和生命质量的影响	戴丽娜	(1372)
综合护理干预改善胃癌化疗患者焦虑抑郁情绪和睡眠质量的临床观察	黄美虾 黄秀凤	(1374)

## 多导睡眠图

综合护理用于多导睡眠监测 OSAHS 患者中的效果探讨	杨莉娜	(1376)
-----------------------------	-----	--------

## 编者·作者·读者

信息	(封二、封三)
----	---------

# World Journal of Sleep Medicine

Monthly Established in February 2014 Volume 9, Number 7 July 28, 2022

## Responsible Institution

State Administration of Traditional Chinese  
Medicine

## Sponsor

World Federation of Chinese Medicine Societies

## Chairman

LI Zhenji LIU Baoyan

## Editor-in-Chief

WANG Weidong

## Director

WEI Jinming

## The Standing Associate Chief Editor &

### Editorial Director

LIU Yanjiao

## Editor for This Issue

ZHANG Xiongjie

## Editor in English

LI Lei

## Edited and Published by

Editorial Office of *World Chinese Medicine*

Address: Room 316, Building A, Caifujiayuan, No. 19,  
Xiaoying Road, Chaoyang District, Beijing,  
PR. China

Post Code: 100101

Tel: +86-10-58650023

E-mail: sjsmyxbjb@126.com; sjsmyx@vip.126.com

Website: <http://www.sjsmyxzz.com>

## Adcraft

WFCMS Xinghe International Media (Beijing) Co., Ltd

Tel: +86-10-58650236

Fax: +86-10-58650236

## Printed by

Langfang Jiayi Printing Co., Ltd

(Nanxinzhuang Village, Qiuzhuang Township, Anci  
District, Langfang City, Hebei Province, 065000)

## Domestic Distribution

Beijing Municipal Bureau of Newspapers  
and Periodicals Distribution, China Post

Group Co., Ltd

Code No. 80-920

## Overseas Distributor

China International Book Trading Corporation

(P. O. Box 399, Beijing, China)

Code No. M9098

ISSN 2095-7130

CN 10-1207/R

All articles are copyrighted by the Periodical office of *World Chinese Medicine*. The articles contained in this journal shall not be translated or reproduced without permission, which do not represent the views of the editorial board of this journal.

## CONTENTS IN BRIEF

### Original Artical

- Effect of Wet Excipient Dressing Change on VAS Score and Sleep Quality of Patients with Hand Injury ..... ZHANG Xiuying(1193)
- Effect of Retroperitoneal Laparoscopic Radical Nephrectomy on the Expression of Stress Indexes, Inflammatory Factors and Pain Factors in Patients with Renal Cell Carcinoma ..... ZHAO Zhiguo, YE Yuhua(1195)
- Evaluation of the Effect of Systemic Health Education and Nursing for Rheumatoid Arthritis and Analysis of Its Impact on Patients' Sleep Quality ..... ZHAO Shanshan(1199)

### Clinical Sleep Medicine

- Efficacy and Sleep Effect of Low-dose Argatroban Combined with Double Antibody in Patients with Acute Ischemic Stroke ..... LIU Ruijun, TIAN Chao, YAO Yanyan(1201)
- Effects of Fluconazole, Nifuratel Tablets Combined with Clotrimazole Vaginal Tablets on Sleep Quality in Patients with Mycotic Vaginitis ..... LI Lan(1205)
- Effect of Betastine Tablets on Sleep and Recurrence of Otoliths ..... CHEN Jiayuan(1208)
- Effect of Amiodarone in the Rescue of Patients with Acute Myocardial Infarction and Its Influence on Sleep Quality ..... WANG Feng(1211)
- Analysis of the Sleep Status and its Influencing Factors of the Patients in the Intensive Care Unit ..... HUANG Shifeng(1214)

### TCM Sleep Medicine

- To Observe the Effect of Bone Injury Manipulation, Oral Chinese Medicine Combined with Warm Acupuncture and Moxibustion in the Treatment of Lumbar Intervertebral Disc Herniation and Its Effect on Sleep Quality and Life Quality of Patients ..... YANG Jian, LI Chengqing, LI Yunzhang(1216)
- To Research the Effect of Chaihu Anshen Fang on Patients with Acute Myocardialinfarction and Insomnia ..... ZHAO Liyan, LUAN Liping(1219)
- Clinical Study of Low Frequency Repetitive Transcranial Magnetic Stimulation Combined with Mongolian Medicine Warm Acupuncture in the Treatment of Insomnia After Chemotherapy for Lung Cancer ..... WEI Linhuan, GUO Hua(1222)
- To Observe the Clinical Effect of Xiaochaihu Decoction Combined with Sour Jujube Kernel Decoction in the Treatment of Insomnia ..... WU Xuemei(1226)

## Geriatric Sleep Medicine

- Analysis of the Effect of Early Rehabilitation Nursing on Elderly Patients with Cerebral Infarction and Its Influence on Sleep Quality ..... *LU Chengyu*(1229)
- To Explore the Causes of Sleep Disorders in Elderly Diabetic Patients and Nursing Intervention Methods ..... *ZENG Sijin,CAI Hongying*(1232)
- To Observe the Effect of Dexzopiclone on Sleep Disturbance in Senile Dementia Patients ..... *WANG Yuling*(1235)
- Effect of Mirtazapine Combined with Repetitive Transcranial Magnetic Stimulation on Senile Patients with Anxiety Disorder and Sleep Disorder ..... *PAN Xin,HUANG Chunming*(1238)
- To Analyze the Effect of Continuous Nursing on Negative Emotions and Sleep Disorders in Elderly Stroke Patients ..... *ZHAO Xiaohong*(1241)
- To Analyze the Effect of Evidence-Based Nursing on Anxiety,Depression and Sleep Quality of Elderly Patients with Coronary Heart Disease ..... *WU Xue*(1244)

## Female Sleep Medicine

- Effect of Low-intensity Exercise Therapy Combined with Life Guidance on Cervical Cancer Patients on Cancerous Fatigue and Sleep Quality ..... *XIE Yanshan*(1247)
- Effects of Detailed Nursing Intervention on Maternal Sleep,Negative Emotion and Postpartum Blood Loss ..... *TENG Manman*(1250)
- Effect of Humanized Nursing on Postpartum Sleep State and Fatigue Degree of Parturients ..... *TANG Jiaxun*(1254)
- To Analyze the Effect of Enhanced Recovery after Gynecological Surgery on Gastrointestinal Function Recovery and Sleep Quality in Puerpera ..... *ZHANG Juanxu,XU Xiaofang*(1257)
- Effect of Evidence-based Nursing on Sleep Quality of Patients with Threatened Abortion ..... *LIN Yalin*(1260)
- Effect of Pathway Nursing Intervention on the Success Rate of Vaginal Trial Delivery,Labor Course,Blood Loss and Sleep Quality of Re-pregnant Women after the First Cesarean Section ..... *LIN Yu*(1263)
- To Analyze the Effect of Psychological Nursing Intervention on Sleep Quality of Gynecological Hospitalized Patients ..... *YANG Hong*(1266)
- Clinical Effect and Postoperative Sleep Quality of Laparoscopic Myomectomy and Traditional Myomectomy in the Treatment of Hysteromyoma ..... *HUANG Shaoqing*(1269)
- Analysis of the Effect of Lamaze Pain-Reducing Delivery Method Combined with Delivery Ball Nursing on Childbirth Outcome and Sleep Quality of Puerpera ..... *LIU Li*(1272)

## Pediatric Sleep Medicine

- Nursing Effect of Psychological Nursing and Sleep Intervention on Lower Limb Osteomyelitis in Children ..... *FENG Rui*(1275)
- Effect of Personalized Nursing on Sleep Quality and Psychological State of Children with Bronchopneumonia ..... *LI Yaxuan,CHEN Qionghua,XU Qinxiu*(1278)
- Individualized Nursing is Beneficial to Reduce the Sleep Disorders of Children in Orthopedic Perioperative Period ..... *GUI Feng*(1280)
- Study on the Effect of Family Nursing Model on Treatment Compliance and Sleep Quality of Children in Pediatric Medicine ..... *SONG Honghuan,LU Li,LIU Ruixiang*(1284)

## Sleep Psychology

- Effect of Systematic Cognitive Psychological Nursing on Sleep Quality and Neurological Function in Patients with Ischemic Stroke ..... *WANG Xueling*(1287)
- Effects of Mirtazapine on the Psychological Mood and Sleep Status of Perimenopausal Patients with Anxiety and Depression ..... *LI Yuping*(1290)
- Analysis of the Effect of Psychological Nursing Combined with Empathic Nursing on Sleep Improvement and Bad Mood of Parturient Women with Postpartum Depression ..... *CAI Meiling*(1293)
- Observation on the Effect of Mindfulness Intervention on the Bad Mood and Sleep Quality of Patients with Colorectal Cancer Chemotherapy ..... *LIN Fen,HUANG Jianzhu*(1296)
- Effect of Mindfulness Stress Reduction Therapy Combined with Nursing on Sleep Quality of Patients with Lymphoma ..... *TANG Xin*(1299)

## Sleep Nursing

- The Value of Intensive Pain Care in Improving Pain Score and Sleep Quality in Emergency Orthopaedic Trauma Patients ..... *TIAN Hong*(1302)
- Clinical Effect of 5E Rehabilitation Model in Improving Sleep Quality and Nursing Satisfaction of Patients with Uremia Hemodialysis ..... *WANG Li*(1305)

Effect of Pain Nursing Intervention on Pain and Sleep of Patients after Orthopedic Surgery ..... *LI Liping*(1309)

Application of Clinical Pathway in Radiotherapy Nursing of Patients with Metastatic Brain Tumor and Its Influence on Sleep Quality of Patients  
..... *HUANG Mei*(1311)

Influence of Comfort Nursing Intervention on Sleep Quality of Patients in Intensive Care Unit ..... *CHEN Yuanmei*(1315)

The Influence of Clinical Nursing Path on the Clinical Efficacy, Sleep Quality and Satisfaction of Patients with Gastrointestinal Polyps Treated by  
Digestive Endoscopy ..... *HU Xiaohong*(1318)

Value of Prospective Nursing Intervention to Improve Sleep Quality in ICU Awake Patients ..... *FANG Menglin, YU Xiu*(1321)

Effect of Clinical Nursing Based on the Concept of Rapid Rehabilitation on Sleep Quality of Patients after Hip Replacement .....  
..... *SHEN Jinzhi, HU Xuefen*(1324)

To Analyze the Effect of Quality Nursing Service Intervention in Operating Room Nursing and its Influence on Patients' Sleep Quality .....  
..... *YAN Jianling*(1327)

To Analyze the Effect of Evidence-based Nursing on Quality of Life and Sleep Quality in Patients with Gastric Cancer Undergoing Chemotherapy  
..... *YANG Li*(1330)

Effect of Nursing Intervention on Sleep Quality of Postoperative Patients with Patellar Fracture ..... *MENG Yao*(1333)

Effect of Continuous Nursing on Psychological State, Sleep Quality and Quality of Life of Patients with Peptic Ulcer ..... *LI Wenting*(1336)

The Effect of Detailed Nursing on the Quality of Life and Sleep Quality of Patients with Bullous Pemphigoid .....  
..... *CHEN Jinrong, LI Xiuhua, LI Qinyun*(1338)

Effect of Collaborative Nursing Intervention on Nursing Ability and Sleep Quality of Hemodialysis Patients ..... *MA Ling*(1341)

## Sleep Apnea

A Comparative Study of the Effect of Continuous Positive Airway Pressure and Hyperbaric Oxygen Therapy on Obstructive Sleep Apnea Hypopnea  
Syndrome ..... *GUO Xiaohong, LI Xiue, YANG Xusheng, et al*(1343)

Relationship Between Obstructive Sleep Apnea Syndrome and Carotid Atherosclerosis in Patients Without Cardiovascular and Cerebrovascular Diseases  
..... *WANG Xiaohu, ZHANG Lei*(1347)

To Observe the Effect of Integrated Nursing Mode on Sleep Quality and Mental State of ICU Patients with Respiratory Failure .....  
..... *WANG Huiqun, WANG Chunyan, ZHANG Pei*(1351)

To Analyze the Effect of Comprehensive Nursing Intervention on Sleep Quality of Patients with COPD Respiratory Failure .....  
..... *ZHANG Xiaozhen*(1354)

To Observe the Effect of Comprehensive Nursing Intervention on Atomization Inhalation in Patients with Chronic Obstructive Pulmonary Disease and  
Its Influence on Sleep Quality ..... *ZHANG Xiulan*(1356)

The Application of Health Care Behavior Intervention in Patients with Obstructive Sleep Apnea Syndrome ..... *LIN Bilan*(1359)

Effect of Noninvasive Ventilator Therapy on Sleep Quality in Patients with Chronic Obstructive Pulmonary Disease with Respiratory Failure .....  
..... *LI Hui*(1361)

## Sleep Psychopathy

Effect of EEG Biofeedback Therapy on Sleep of Schizophrenic Patients ..... *KONG Yin, HU Jianjun, SUN Xirong, et al*(1363)

To Explore the Influence of Comprehensive( RAIDS) Body Quality Management Mode on Medication Compliance and Sleep Quality in Schizophrenia  
Patients ..... *WU Yanxiang*(1366)

To Observe the Effect of Transcranial Magnetic Therapy on Sleep in Patients with Psychosis ..... *YE Yanqing, CHEN Lisi, CHEN Zilang*(1368)

## Sleep Health and Sleep Disorders in Special Population

Effect of Evidence-based Nursing Mode on Sleep Quality of Patients with Gastric Cancer after Operation ..... *CAI Xiaofang, LIN Huayan*(1370)

Effect of Nursing Intervention on Sleep Quality and Quality of Life of Patients with Lung Cancer Undergoing Chemotherapy ..... *DAI Lina*(1372)

Observation on the Improvement of Anxiety, Depression and Sleep Quality of Patients with Gastric Cancer Chemotherapy by Nursing Intervention  
..... *HUANG Meixia, HUANG Xiufeng*(1374)

## Polysomnography

Effect of Comprehensive Nursing on Multi-Channel Sleep Monitoring in Patients with OSAHS ..... *YANG Lina*(1376)