



ISSN 2095-7130

CN 10-1207/R

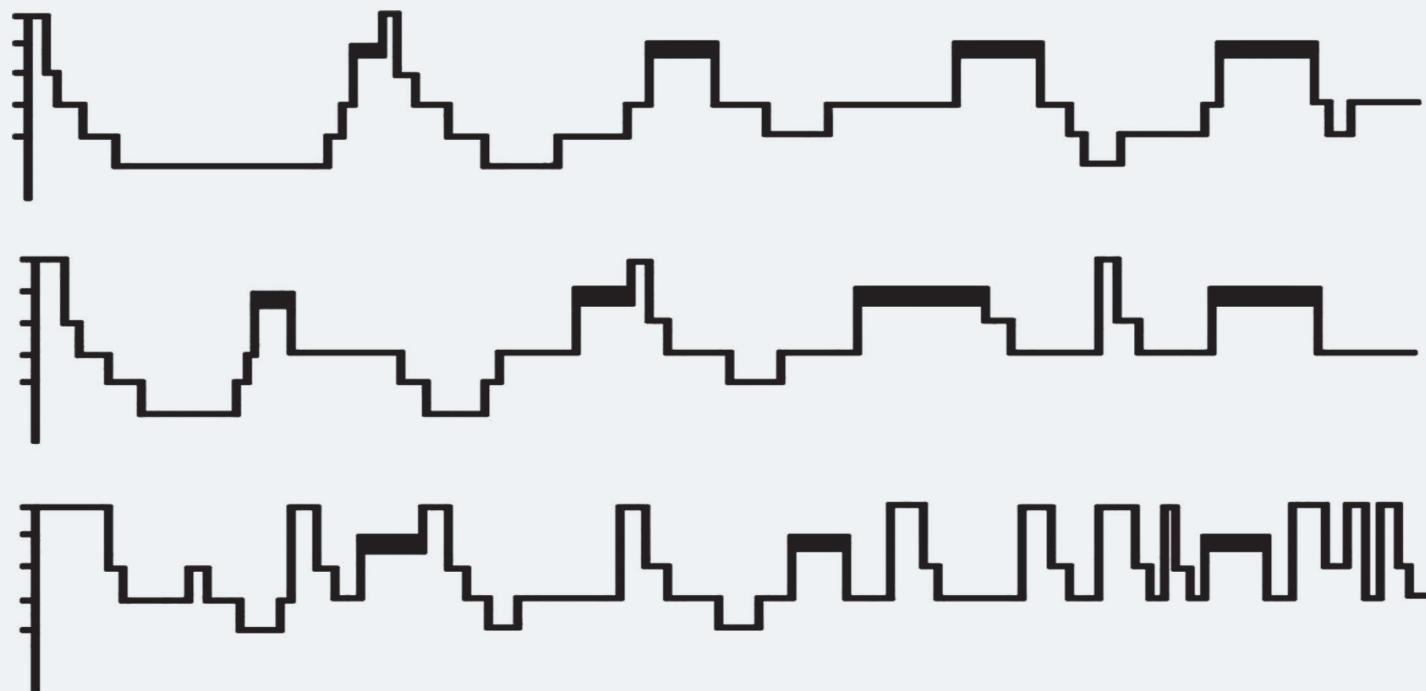
WORLD JOURNAL OF SLEEP MEDICINE

世界睡眠医学杂志

SHIJIE SHUIMIAN YIXUE ZAZHI

2023年1月 第10卷 第1期

Vol.10 No.1 January 2023



ISSN 2095-7130



9 772095 713233

主管 国家中医药管理局

STATE ADMINISTRATION OF TRADITIONAL CHINESE MEDICINE

主办 世界中医药学会联合会

WORLD FEDERATION OF CHINESE MEDICINE SOCIETIES

1

2023

世界睡眠医学杂志

SHIJIE SHUIMIAN YIXUE ZAZHI

月刊 2014 年 2 月创刊 第 10 卷 第 1 期 2023 年 1 月 28 日出版

主 管 国家中医药管理局

主 办 世界中医药学会联合会

编辑委员会主任 李振吉 刘保延

主 编 汪卫东

社 长 魏金明

常务副主编兼编辑部主任 刘艳骄

本期编辑 李 立

英文编辑 闫 雪

编辑出版 《世界中医药》杂志社
《世界睡眠医学杂志》编辑部
地址:北京市朝阳区小营路 19 号
财富嘉园 A 座 316 室
邮编:100101
电话:(010)58650023
电子邮箱:sjsmyxbjb@126.com
sjsmyx@vip.126.com
网址:www.sjsmyxzz.com

广告代理 世中联兴和国际传媒(北京)有限公司
电话/传真:(010)58650236

印 刷 廊坊市佳艺印务有限公司
(河北省廊坊市安次区仇庄乡
南辛庄村,065000)

国内发行 中国邮政集团公司北京市报刊发行局
邮发代号 80-920

国外发行 中国国际图书贸易集团有限公司
(北京 399 信箱)
邮发代号 M9098

订 购 全国各地邮局

中国标准连续出版物号
ISSN 2095-7130
CN 10-1207/R

广告发布登记号 京朝工商广字第 8057 号

定 价 国内每期 30 元 全年 360 元
国外每期 30 美元 全年 360 美元

所有文章版权归《世界中医药》杂志社
所有,未经许可,本刊所载文章不得翻译、
转载,除非特别说明,本刊文章不代表本刊
编委会的观点。

目 次

卷首语	
猎奇 执着 描述 实证—睡眠研究的启示	刘艳骄 (1)
指南解读	
《成人多次小睡睡眠潜伏期试验和清醒维持测验推荐规范:来自美国睡眠医学学会的指南》变化解读	方瑞琛 程壹虹 吕志红 等 (2)
临床睡眠医学	
慢性失眠障碍与促肾上腺皮质激素释放激素和皮质醇的相关性研究	合 浩 李晓霞 高长青 等 (7)
奥美拉唑治疗消化性溃疡的疗效及对睡眠质量的影响	王 丽 冯文丽 (10)
一次性根管治疗术治疗急性牙髓炎对临床疗效及睡眠质量的影响	谢腾飞 (14)
乙酰半胱氨酸雾化吸入治疗急性鼻窦炎患者的疗效及对睡眠质量的影响	朱 宁 (17)
碘甘油联合盐酸米诺环素治疗牙周炎的临床效果及对患者睡眠质量的影响	黄文煌 (21)
超声引导下多通道经皮肾镜治疗技术对复杂型肾结石患者的临床治疗效果 及对患者睡眠质量的影响	黄燕红 (25)
分析坦洛新和氧氟沙星对慢性前列腺炎患者睡眠质量的影响	姚金勇 (28)
高原睡眠医学	
不同海拔高度慢性高原病患者睡眠质量比较	庞怀霞 郝丽娟 林建生 等 (31)
中医睡眠医学	
基于数据挖掘的明清医家失眠医案用药规律研究	张 奇 张雪娟 (35)
清热解毒口服液治疗急性上呼吸道感染的疗效和对患者睡眠质量的影响	王海霞 (39)
解忧汤对肝郁痰阻证抑郁症患者神经递质及睡眠质量的影响	陈明钟 (42)
老年睡眠医学	
727 例老年人睡眠质量及影响因素调查分析	林秀玲 徐 艳 杨 婧 等 (45)
分析手术室全方位舒适护理干预对高龄人工髋关节置换术患者负性情绪、 疼痛程度及睡眠质量的影响	郑淑环 (48)
心理护理干预对老年慢性心力衰竭患者的睡眠质量影响观察	傅春燕 (51)
正念冥想联合芳香疗法对老年高血压患者睡眠质量的改善作用	苏金凤 陈雪珍 (54)

氨氯地平联合依那普利治疗老年高血压的疗效及对患者睡眠的影响	陈 飞	(58)
老年人牙周炎与睡眠焦虑抑郁的相关性研究	黄种波	(60)
快速康复外科护理在老年股骨粗隆间骨折 PFNA 内固定术围术期中的应用效果及对患者睡眠质量的影响	邱丽伟 许冬梅	(63)

女性睡眠医学

观察有效沟通在自然分娩护理中的应用价值及对其睡眠质量的影响	张惠容	(66)
以微信平台为基础的延续性护理干预对产妇女母乳喂养行为及睡眠质量的影响	江丽珠 江丽平	(69)
235 例福州市产后妇女睡眠质量现状及其影响因素的调查研究	张 丽 林玉平 林 艳	(72)
睡前盆底功能锻炼提高围绝经期压力性尿失禁合并睡眠障碍患者睡眠质量的临床研究	李田田 陈海霞	(76)
盆底三维超声诊断初产妇产后轻中度盆腔器官脱垂的临床价值及产妇睡眠质量分析	李燕鑫 陈艺珠	(79)
对产妇产后进行优质护理干预对睡眠质量的影响	董爱娟	(83)
地西洋联合硫酸镁对妊娠期高血压患者疗效及睡眠质量的影响	江丽珠	(86)
分析细节化护理干预在改善产妇睡眠状况、负性情绪及减少产后出血中的作用	田立红 丁承青 宋南南	(89)

儿童睡眠医学

观察应用维生素 D ₃ 与醒脾养儿颗粒配合抚触按摩捏脊对睡眠障碍儿童的干预效果	郑捍华	(92)
综合行为干预对学龄期支气管哮喘患儿自我护理行为及睡眠质量的影响	商 玲	(95)
针对性个体化睡眠护理模式对脑瘫患儿睡眠障碍的护理效果评价	林碧玉	(99)
个性化护理对支气管肺炎患儿护理依从性及睡眠质量的影响	林李梅	(102)
初乳口腔滴注联合口腔运动干预对早产儿生长发育、睡眠质量的影响	林月云 苏丽芬 王凤霞 等	(105)
观察布地奈德雾化吸入治疗小儿肺炎支原体感染咳嗽症状的改善效果及对睡眠质量的影响	郑冬冬 吴剑闯 陈文远	(108)

睡眠心理学

心理护理改善产妇产后心态、睡眠及泌乳的效果观察	高海霞 李 敏 张秀坤	(111)
加速康复外科理念联合心理护理对泌尿外科手术患者术后康复质量、睡眠质量的影响	黄庆彬 叶启燕	(114)
音乐疗法对产后抑郁症患者睡眠障碍的影响	陈 纯	(117)
感恩情绪干预对肺癌化疗癌性疲乏患者心理、疼痛感受及睡眠质量的影响	廖秀娥	(120)
心理护理联合脑电生物反馈治疗仪治疗抑郁症的疗效及对睡眠质量的影响	施佳佳 林珊珊 林婉玲	(123)
分析手术室护理术前访视与宣教对患者术前睡眠及不良情绪的影响	杨 蓓	(126)
人格特征个性化心理护理对瘢痕子宫患者睡眠质量及心理健康的影响	陈燕玲 王静珊	(129)
针对性护理对双相情感障碍复发患者服药依从性和睡眠质量的影响	陈银兰 陈 莉	(133)
积极心理干预对抑郁症伴失眠患者希望水平、负性情绪及睡眠质量的影响	孙宏超	(136)
心理护理改善艾滋病患者不良情绪与睡眠质量的效果观察	许林辛	(140)

心理护理联合健康教育对口腔颌面部肿瘤术后患者负性情绪、睡眠质量及生命质量的影响分析	苏采玲	(143)
睡眠护理学		
消化性溃疡患者睡眠质量的相关影响因素及护理措施分析	陈丽霞	(146)
优质护理对疝气手术患者术后睡眠质量的影响	陈超艺 苏月卿	(150)
疼痛循证护理对泌尿系结石围手术期患者疼痛程度与睡眠质量的影响	邓 峰	(153)
康复护理在电视胸腔镜下纵隔肿瘤切除术患者中的应用效果及对睡眠质量的影响	施贵梅	(157)
健康教育对急性胰腺炎治疗患者生命质量、睡眠质量和护理满意度的影响	陈淑金	(160)
分析集束化护理策略对经尿道前列腺电切术后膀胱痉挛患者的效果及对睡眠质量和生命质量的影响	张书凤 魏其琛	(164)
个性化护理模式对急性心肌梗死患者心绞痛症状、负性情绪及睡眠质量的影响	王芯宇	(167)
分析针对性护理干预对甲状腺手术患者情绪及睡眠的影响	王少瑜	(171)
观察综合护理干预对血液透析串联血液灌流治疗维持性血液透析患者睡眠质量的影响	张爱芳	(174)
时效激励护理联合正念减压疗法对抑郁症患者心理弹性及睡眠质量的影响	洪小彬 洪巧丽	(177)
分析优质护理干预在腰椎间盘突出症患者护理中的应用效果及对睡眠质量的影响	庄华敏 王慧灵 卢沙萍	(180)
脊柱手术患者应用围术期快速康复外科护理模式的效果及对睡眠质量的影响	卢沙萍 庄华敏 王建华	(183)
优质护理等方法在感染科老年肝病睡眠障碍患者中的应用效果	许 雀	(186)
观察延续性护理干预对2型糖尿病患者睡眠质量及血糖水平的影响	谢娟秀	(189)
分析优质护理干预对肝病患者睡眠质量及生命质量的改善价值	严碧芬	(192)
认知行为护理联合有氧运动对卵巢癌化疗患者睡眠质量影响	周丽梅 黄绿云 黄佩霞	(195)
叙事护理干预对急诊多发肋骨骨折伴气胸患者心理状态和睡眠质量的影响	蔡宝裕 张 晶 王先丽	(198)
层级链式医护一体化护理对急性阑尾炎手术患者术后恢复情况及睡眠质量的影响	陈玉莲 庄琼霞	(201)
基于和谐护理理论的干预模式应用于胃癌根治术后患者的效果及对睡眠质量的影响	赖晓艳 马 奔 李 倩	(204)
睡眠呼吸病学		
分析64层螺旋CT脑灌注成像对急性脑梗死合并阻塞性睡眠呼吸暂停综合征患者的诊断意义	杨明瑞 崔运福 任 文 等	(207)
多层螺旋CT及气道三维重建诊断阻塞性睡眠呼吸暂停综合征的价值	董 铿 张顺镇 冯世强 等	(210)
睡眠精神病学		
阿立哌唑联合康复训练对首发精神分裂症患者认知功能、睡眠质量及性激素的影响	侯伟敏 韩 伟	(213)
心理护理改善精神分裂症患者负性情绪及睡眠质量的效果观察	林 云	(216)
睡眠健康		
调查中学生近视患病率及其与睡眠障碍的关系	闫家青	(220)
编者·作者·读者		
《世界睡眠医学杂志》稿约		(223)
信息		(封二、封三)

World Journal of Sleep Medicine

Monthly Established in February 2014 Volume 10, Number 1 Januar 28, 2023

Responsible Institution
State Administration of Traditional Chinese
Medicine

Sponsor
World Federation of Chinese Medicine Societies

Chairman
LI Zhenji LIU Baoyan

Editor-in-Chief
WANG Weidong

Director
WEI Jinming

**The Standing Associate Chief Editor &
Editorial Director**
LIU Yanjiao

Editor for This Issue
LI Li

Editor in English
YAN Xue

Edited and Published by
Editorial Office of *World Chinese Medicine*
Address: Room 316, Building A, Caifujiayuan, No. 19,
Xiaoying Road, Chaoyang District, Beijing,
PR. China
Post Code: 100101
Tel: +86-10-58650023
E-mail: sjsmyxbjb@126.com; sjsmyx@vip.126.com
Website: http://www.sjsmyxxx.com

Adcraft
WFCMS Xinghe International Media (Beijing) Co., Ltd
Tel: +86-10-58650236
Fax: +86-10-58650236

Printed by
Langfang Jiayi Printing Co., Ltd
(Nanxinzhuang Village, Qiuzhuang Township, Anci
District, Langfang City, Hebei Province, 065000)

Domestic Distribution
Beijing Municipal Bureau of Newspapers
and Periodicals Distribution, China Post
Group Co., Ltd
Code No. 80-920

Overseas Distributor
China International Book Trading Corporation
(P. O. Box 399, Beijing, China)
Code No. M9098

ISSN 2095-7130
CN 10-1207/R

All articles are copyrighted by the Periodical office of *World Chinese Medicine*. The articles contained in this journal shall not be translated or reproduced without permission, which do not represent the views of the editorial board of this journal.

CONTENTS IN BRIEF

Foreword
Curiosity, Persistence, Description, Demonstration, Inspiration From Sleep Research
..... LIU Yanjiao (1)

Guide Interpretation
Interpretation of change in the American Academy of Sleep Medicine's Guideline on
the Protocols for the Multiple Sleep Latency Test and Maintenance of Wakefulness
Test in Adults FANG Ruichen, CHENG Yihong, LYU Zhihong, et al (2)

Clinical Sleep Medicine
Correlation Study of Adult Chronic Insomnia Disorder with CRH and CORT
..... HE Hao, LI Xiaoxia, GAO Changqing, et al (7)
Effect of Omeprazole on Peptic Ulcer and the Effect on Sleep Quality
..... WANG Li, FENG Wenli (10)
Effect of One-time Root Canal Therapy on Clinical Efficacy and Sleep Quality of Acute
Pulpitis XIE Tengfei (14)
Efficacy of Acetylcysteine Inhalation to treat Patients with Acute Sinusitis and the
Effect on Sleep Quality ZHU Ning (17)
Effect of Iodine Glycerin Combined with Minocycline Hydrochloride on Periodontitis
and Sleep Quality of Patients HUANG Wenhua (21)
Analysis of Clinical Effect and Sleep Quality of Patients with Complex Renal Calculi
Treated by Multi-channel Percutaneous Nephroscope under Color Ultrasound
Guidance HUANG Yanhong (25)
To Analyze the Effects of Tamlosin and Ofloxacin on Sleep Quality in Patients with
Chronic Prostatitis YAO Jinyong (28)

High Altitude Sleep Medicine
Comparison of Sleep Quality in Patients with Chronic High Altitude Disease at
Different Altitudes PANG Huaixia, Hao Lijuan, LIN Jiansheng, et al (31)

TCM Sleep Medicine
Study on the Medication Law for Insomnia Medical Cases of Ming and Qing Dynasties
based Data Mining ZHANG Qi, ZHANG Xunjuan (35)
Efficacy of Qingrejiedu Oral liquid in the Treatment of Acute Upper Respiratory Tract
Infection and the Effect on Sleep Quality of Patients WANG Haixia (39)
Effects of Jieyou Decoction on Neurotransmitters and Sleep Quality in Patients with
Depression of Liver Stagnation and Phlegm Obstruction Syndrome
..... CHEN Mingzhong (42)

Geriatric Sleep Medicine
Investigation on Sleep Quality of 727 Elderly Patients and Analysis of Influencing
Factors LIN Xiuling, XU Yan, YANG Jing, et al (45)
To Analyze the Effects of Operating Room Comprehensive Comfort Nursing Intervention
on Negative Emotion, Pain Degree and Sleep Quality of Elderly Patients Undergoing
Artificial Hip Arthroplasty ZHENG Shuhuan (48)

Observation on the Effect of Psychological Nursing Intervention on the Sleep Quality of Elderly Patients with Chronic Heart Failure *FU Chunyan*(51)

Effect of Mindfulness Meditation Combined with Aromatherapy on Sleep Quality Improvement in Elderly Hypertensive Patients *SU Jinfeng,CHEN Xuezhen*(54)

The Effect of Amlodipine Combined with Enalapril in the Treatment of Elderly Hypertension and the Influence on Sleep *CHEN Fei*(58)

Study on the Correlation Between Periodontitis and Sleep,Anxiety and Depression in the Elderly *HUANG Zhongbo*(60)

Effect of Rapid Rehabilitation Surgery Nursing on Perioperative PFNA Internal Fixation of Elderly Intertrochanteric Fracture and the Influence on Sleep Quality of Patients *QIU Liwei,XU Dongmei*(63)

Female Sleep Medicine

To Observe the Application Value of Effective Communication in Natural Delivery Nursing and the Influence on Sleep Quality *ZHANG Huirong*(66)

Effect of Continuous Nursing Intervention Based on WeChat Platform on Breastfeeding Behavior and Sleep Quality in Postpartum Nursing *JIANG Lizhu,JIANG Liping*(69)

Investigation on Sleep Quality and Its Influencing Factors of 235 Postpartum Women In Fuzhou *ZHANG Li,LIN Yuping,LIN Yan*(72)

Clinical Study on Improving Sleep Quality by Pelvic Floor Functional Exercise before Bedtime *LI Tiantian,CHEN Haixia*(76)

Clinical Value of Pelvic Floor Three-dimensional Ultrasound in Diagnosis of Mild to Moderate Pelvic Organ Prolapse after Primipara and Analysis of Sleep Quality of Patients *LI Yanxin,CHEN Yizhu*(79)

The Effect of High-quality Nursing Intervention on Sleep in Postpartum Women *DONG Aijuan*(83)

Effect of Diazepam Combined with Magnesium Sulfate on the Efficacy and Sleep Quality of Hypertensive Patients during Pregnancy *JIANG Lizhu*(86)

To Analyze the Effect of Detailed Nursing Intervention on Improving ParturientSleep Condition,Negative Emotion and Reducing Postpartum Hemorrhage *TIAN Lihong,DING Chengqing,SONG Nannan*(89)

Pediatric Sleep Medicine

To Observe the Intervention Effect of Vitamin D₃ and Xingpi Yanger Granule Combined with Massage and Chiropractic on Children with Sleep Disorders *ZHENG Hanhua*(92)

Effect of Comprehensive Behavior Intervention on Self-care Behavior and Sleep Quality of School-age Children with Bronchial Asthma *SHANG Ling*(95)

Evaluation of the Nursing Effect of Targeted and Personalized Sleep Care Model on Sleep Disorders in Children with Cerebral Palsy *LIN Biyu*(99)

Influence of Personalized Nursing on Nursing Compliance and Sleep Quality of Children with Bronchial Pneumonia *LIN Limei*(102)

Effect of Colostrum oral Drip Combined with oral Exercise Intervention on Growth and Sleep Quality of Premature Infants *LIN Yueyun,SU Lifen,WANG Fengxia,et al*(105)

To Observe the Effect of Budesonide Aerosol Inhalation on Cough Symptoms of Mycoplasma Pneumoniae Infection in Children and the Effect on Sleep Quality *ZHENG Dongdong,WU Jianchuang,CHEN Wenyuan*(108)

Psychology of Sleep

Effect of Psychological Nursing on Improving Postpartum Mentality,Sleep and Lactation of Parturient *GAO Haixia,LI Min,ZHANG Xiukun*(111)

Effect of Accelerated Rehabilitation Surgery Concept Combined with Psychological Nursing on Postoperative Rehabilitation Quality and Sleep Status of Patients Undergoing Urological Surgery *HUANG Qingbin,YE Qiyang*(114)

Effect of Music Therapy on Sleep Disorders in Patients with Postpartum Depression *CHEN Chun*(117)

Effect of Gratitude Intervention on Psychology,Pain Perception and Sleep Quality of Patients with Cancer Fatigue Caused by Chemotherapy for Lung Cancer *LIAO Xiu'e*(120)

Analysis of the Effect of Psychological Nursing Combined with EEG Biofeedback Therapy Instrument in the Treatment of Depression and the Influence of Sleep Therapy *SHI Jiajia,LIN Shanshan,LIN Wanling*(123)

To Analyze the Influence of Preoperative Nursing Visit and Education on Patient’s Sleep and Bad Mood in Operating Room Nursing *YANG Bei*(126)

Effect of Personalized Psychological Nursing with Personality Characteristics on Sleep Quality and Mental Health Status of Patients with Cicatric Uterus *CHEN Yanling,WANG Jingshan*(129)

Effect of Targeted Nursing Intervention on Drug Compliance and Sleep Quality of Patients with Recurrent Bipolar Disorder *CHEN Yinlan,CHEN Li*(133)

Effect of Positive Psychological Intervention on the Hope Level,Negative Emotion and Sleep Quality of Patients with Depression and Insomnia SUN Hongchao(136)

Effect of Psychological Nursing on Improving Bad Mood and Sleep Quality of AIDS Patients XU Linxin(140)

Effect of Psychological Nursing Combined with Health Education on Negative Emotions,Sleep Quality and Life Quality of Patients after Oral and Maxillofacial Tumor Surgery SU Cailing(143)

Sleep Nursing Medicine

Analysis of Related Influencing Factors and Nursing Measures of Sleep Quality in Patients with Peptic Ulcer CHEN Lixia(146)

Effect of Quality Nursing on Postoperative Sleep Quality of Patients Undergoing Hernia Surgery CHEN Chaoyi,SU Yueqing(150)

Effect of Pain Nursing Intervention Combined with Evidence-based Nursing Theory on Pain Degree and Sleep Quality in Perioperative Patients with Urological Stones DENG Feng(153)

Application Effect of Rehabilitation Nursing in Patients with Mediastinal Tumor Resection by Video-assisted Thoracoscopy and Influence for Sleep Quality SHI Guimei(157)

Effect of Health Education on Quality of Life,Sleep Quality and Nursing Satisfaction of Patients with Acute Pancreatitis CHEN Shujin(160)

To Analyze the Effect of Cluster Nursing Strategy on Patients with Bladder Spasm after Transurethral Resection of Prostate and the Influence on Sleep Quality and Quality of Life ZHANG Shufeng,WEI Qichen(164)

The Influence of Personalized Nursing Mode on Angina Pectoris,Negative Emotion and Sleep Quality in Patients with Acute Myocardial Infarction WANG Xinyu(167)

To Analyze the Effects of Targeted Nursing Intervention on Mood and Sleep of Patients Undergoing Thyroid Surgery WANG Shaoyu(171)

To Observe the Effect of Comprehensive Nursing Intervention on Sleep Quality of Maintenance Hemodialysis Patients Treated with Hemodialysis Tandem Perfusion ZHANG Aifang(174)

Effect of Timely Incentive Nursing combined with MBSR on Mental Resilience and Sleep Quality in Patients with Depression HONG Xiaobin,HONG Qiaoli(177)

To Analyze the Effect of High Quality Nursing Intervention in the Nursing of Patients with Lumbar Disc Herniation and Influence on Sleep Quality ZHUANG Huamin,WANG Huiling,LU Shaping(180)

Effect of Fast Rehabilitation Surgery Nursing mode on Patients Undergoing Spinal Surgery and Observation on Sleep Quality LU Shaping,ZHUANG Huamin,WANG Jianhua(183)

Application Effect of High-quality Nursing Joint Responsibility System Stratified Nursing in the Elderly Patients with Sleep Disorders of Liver Disease in Infectious Department XU Que(186)

To Observe the Effect of Continuous Nursing Intervention on Sleep Quality and Blood Glucose Level in Patients with Type 2 Diabetes XIE Juanxiu(189)

To Analyze the Value of High Quality Nursing Intervention on Improving Sleep Quality and Life Quality of Patients with Liver Disease YAN Bifen(192)

Effect of Cognitive Behavioral Nursing Intervention Combined with Aerobic Exercise on Sleep Quality of Ovarian Cancer Patients Undergoing Chemotherapy ZHOU Limei,HUANG Luyun,HUANG Peixia(195)

Effect of Narrative Nursing Intervention on Psychological Status and Sleep Quality of Emergency Patients with Multiple Rib Fractures and Pneumothorax CAI Baoyu,ZHANG Jing,WANG Xianli(198)

Effect of Hierarchical Chain Nursing on Postoperative Recovery and Sleep Quality of Patients with Appendicitis Surgery CHEN Yulian,ZHUANG Qiongxia(201)

Effect of Intervention Model Based on Harmonious Nursing Theory in Patients after Radical Gastrectomy for Gastric Cancer and its Influence on Sleep Quality LAI Xiaoyan,MA Ben,LI Qian(204)

Sleep Apnea

To Analyze the Diagnostic Significance of 64-slice Spiral CT Perfusion Imaging in Patients with Acute Cerebral Infarction Complicated with Obstructive Sleep Apnea Syndrome YANG Minrui,CUI Yunfu,REN Wen,et al(207)

Diagnostic Value of Multi-slice Spiral CT and Three-dimensional Airway Reconstruction in Obstructive Sleep Apnea Syndrome(OSAHS) DONG Keng,ZHANG Shunzhen,FENG Shiqiang,et al(210)

Sleep Psychopathy

Effect of Aripiprazole Combined Rehabilitation Training on Sex Hormones,Cognitive Function and Sleep Quality in First-episode Schizophrenia HOU Weimin,HAN Wei(213)

Psychological Nursing is Used to Optimize the Effect of Negative Mood and Sleep Quality LIN Yun(216)

Sleep Health

To Investigate the Prevalence of Myopia and the Relationship with Sleep Disorders among Middle School Students YAN Jiaqing(220)