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世界高血压日

——知晓您的血压

5月17日是世界高血压日,今年的主题是“知晓您的血压”。高血压作为临床常见的慢性非传染性疾病,已是家喻户晓,但高血压的患病率、治疗率及控制率却令人堪忧。据统计,2013年我国卫生总费用为31869亿元,其中高血压直接经济负担占6.61%。2015-06-30国务院新闻办发布的2012年国民营养与慢性病状况调查报告显示,中国18岁以上居民高血压患病率为25.2%,根据2010年第六次全国人口普查数据测算患病人数达2.7亿。1991~2009年间中国健康与营养调查组(CHNS)在9个省对18岁及以上人群进行了7次横断面调查,收集了人群高血压知晓率、治疗率和控制率的变化趋势,整体来看,高血压的知晓率、治疗率、控制率呈上升趋势,但依旧处于较低水平;2009年高血压的知晓率、治疗率和控制率分别为26.1%、22.8%和6.1%。

目前,高血压在我国乃至全世界均属于难治的慢性疾病,其患病现状不容乐观,患病率高、发病年龄日趋年轻化,且知晓率、治疗率和控制率均较低。高血压是心脑血管疾病的重要危险因素已得到临床证实,作为世界性公共卫生问题,已有越来越多的临床工作者及学者投身高血压的研究中。

本刊希望您在整理高血压相关研究成果的同时能及时与大家分享,本刊也针对高血压制定了相应的刊登重点及方向,具体如下:高血压并发症的预防及处理,如高血压并发冠心病、高血压并发脑梗死、高血压并发肾损伤、高血压并发糖尿病等;特殊人群的高血压管理,如孕妇、青年、体弱高龄人群及特殊工种人群等;H型高血压的诊治进展;中医治疗高血压的疗效及进展期待您的投稿!

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# 松龄血脉康胶囊



## 血脉同治 稳定血压 改善症状

### 简明处方信息

【药品名称】松龄血脉康胶囊

【成份】鲜松叶、葛根、珍珠层粉。

【功能主治】平肝潜阳，镇心安神。用于肝阳上亢所致的头痛、眩晕、急躁易怒、心悸、失眠；高血压病及原发性高血脂症见上述证候者。

【规格】每粒装 0.5g。

【用法用量】口服。一次 3 粒，一日 3 次，或遵医嘱。

【不良反应】个别患者服药后出现轻度腹泻、胃腹胀满等，饭后服用有助于减轻或改善这些症状。

【禁忌】尚不明确。

【药理毒理】高血压和高血脂症动物模型实验表明，本品具有降压和调血脂的作用。

【包装】塑料瓶。60粒/盒；30粒/盒

【有效期】24个月。

【批准文号】国药准字 Z10960023

【生产企业】企业名称：成都康弘制药有限公司

生产地址：四川省成都市双流县东升镇

【注意事项】尚不明确。

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