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# 医声 **(主)** 医事 —— 浅议中医文化自信

习近平总书记在十九大报告中指出,"文化是一个国家、一个民族的灵魂。文化兴,国运兴,文化强,民族强。没有高度的文化自信,没有文化的繁荣兴盛,就没有中华民族伟大复兴。"中国首位诺贝尔生理学或医学奖得主居呦呦在瑞典卡罗林斯卡医学院发表演讲《青蒿素一传统中医献给世界的礼物》时曾说,"中医药是一个伟大宝库,应当努力发掘,加以提高……青蒿素正是从这一宝库中发掘出来的。"

从《黄帝内经》创立中医基础理论,到汉代张仲景《伤寒论》创立 学证 治体系,到金元元 "学术争鸣",到明清时期"温病"学说大盛,再到"神六"字航员服用"太空养心丸",说明中医药是在 的《中国的中医药》白皮书中数据在 不断创新发展的。2016年发 据在 的《中国的中医药》白皮书中数据生机构总诊疗人次达 9.1 亿,全国中医类医疗卫生机构出院人数 2 691.5万人,我明中医药在当前卫生体系中仍起着不可替代的作用。

"中医是'打开中华文明宝库的钥匙',中华文化的繁荣兴盛必然包含着中医的繁荣兴盛,也就必然要求有高度的中医文化自信。"湖南中医药大学副校长何清湖如是说。

(摘编自:健康报医生频道)

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