



## 体育科技文献通报

Bulletin of Sport Science & Technology

(月刊)

**主 管:**国家体育总局  
**主 办:**国家体育总局体育信息中心  
**编 辑:**国家体育总局体育信息中心  
 信息资源部  
**出版发行:**《体育科技文献通报》编辑部  
**主 编:**赵黎  
**副主编:**闫平 杨英 候君瑜  
**执行主编:**白玲  
**中文总审:**马玉兰  
**编 辑:**马玉兰 刘菲 解文华  
**编 务:**于小兰

**本期责编:**解文华  
**英文编辑:**杨之慧(特邀)  
**电 话:**010-87183063

**地 址:**北京东城区体育馆路11号  
**邮政编码:**100061  
**电 话:**010-87183059  
**传 真:**010-87183061

**E-mail:**tiyutongbao@sina.com  
**国外发行:**中国国际图书贸易总公司  
**国外发行代号:**M1984

**印 刷 者:**河北省廊坊市亨泰印刷有限公司

**国际标准连续出版物号:**ISSN 1005-0256  
**国内统一连续出版物号:**CN 11-3262/G8  
**期刊出版许可证京期出证字第8262号**  
**广告许可证:**京崇工商广字第0052号

2011年第19卷第3期(总第220期)

2011年3月20日出版

定价:全年180元 单册:15元

# CONTENTS

## 目 录

### 课题成果

- 1 2008北京奥运文化遗产整理与挖掘的研究 ..... 张国清,彭雨,王艳
- 2 郑州市金融系统女性体育活动状况调查研究 ..... 王伟
- 4 初探实现高校体育产业化的基本途径 ..... 孙雄华,曾白琳,刘凯进
- 6 青少年乒乓球战术思维在比赛中的运用 ..... 曹利民
- 9 和谐校园视角下的女生体育发展 ..... 余中华
- 12 浅析“四人制”篮球赛的开发与推广 ..... 郝志伟,王开广
- 14 对桂林高校公共体育课“三自主”教学模式调查研究 ..... 周勇
- 16 2009-2010学年南京工业大学《国家学生体质健康标准》检测结果与分析 ..... 陆宏凯,侯桂明,王浩

### 竞技●论坛

- 19 足球赛各执行区任意球技术指标的评价分析 ..... 阚丽萍
- 21 马琳在北京奥运会乒乓球比赛中发球  
抢攻战术运用分析 ..... 程虹,李钟香,张琳
- 23 竞技体育周期理论的困境研究 ..... 陈开梅,董磊
- 24 网球正手击球过程中触球动作的生物力学分析 ..... 马艳辉
- 27 影响反应速度的因素与训练方法研究 ..... 陈新平
- 30 对马龙技战术实力和特点分析 ..... 袁玉峰
- 33 新规则对羽毛球运动产生影响的研究 ..... 管慧香
- 34 运动与积极性恢复手段 ..... 屈金亭
- 37 2010年男篮世界锦标赛中国队技术统计与分析 ..... 于华
- 39 足球运动员核心力量训练原理初探 ..... 史明
- 42 从孙子兵法视角看竞技体育中的三十六计 ..... 于丙德
- 44 男子800米跑运动员气体代谢机能的实验研究 ..... 郝剑
- 46 2010澳网李娜、郑洁技战术指标的统计分析 ..... 王娟,郭立亚,王雨等
- 49 对我国足球职业化体制形态的思考 ..... 李日成

### 教学●探索

- 52 差异教学在高校体育教学中的应用效果研究 ..... 吕昌民
- 54 瑜伽教育课程对大学生身心健康的影响 ..... 江凤
- 56 普通高校公共体育课街舞选项的动作编排要素 ..... 李荣
- 57 如何将启发-合作-探究-创新教学法在高校  
形体课中更好运用 ..... 聂英涛,吴静
- 59 普通高校开展“阳光体育运动”的理性思考 ..... 李健
- 61 学校体育伤害事故法律责任的探析 ..... 钱小强,巫蓉
- 63 羽毛球教学中CMC师生互动模式的探讨 ..... 李梦龙
- 64 我国大学生竞技健美操运动员运动自信心来源特征研究 ..... 别鹏
- 67 高职院校阳光体育推行模式研究 ..... 赵林
- 69 自主教学模式在高校高尔夫球选项课中的  
应用研究 ..... 张善斌

# Bulletin of Sport Science & Technology

2011年第3期

- 71 中山市中学健美操教学的现状  
分析及对策研究 ..... 杨 宏, 郑松波, 尹丽丹
- 73 羽毛球选项课对大学生健康体适能影响的研究进展 ..... 李勇俊
- 75 排球教学能力评价的研究与分析 ..... 孙启成, 张宝山, 王小冰
- 77 高校开设拓展训练课程的潜在安全问题与对策研究 ..... 张中印
- 80 高等师范专科学校公共体育教学模式的构建研究 ..... 王 燕
- 82 我国体育院校休闲体育专业开设现状及对策研究 ..... 黄天宇, 冯 岩
- 群体•研究**
- 84 长沙市高校高级知识分子健康状况的研究 ..... 张群华
- 86 简化太极拳运动特点及教学探讨 ..... 刘震军
- 88 群众足球运动发展的 SWOT 分析 ..... 蒋铮璐
- 90 当代中国团体操多元价值探析 ..... 张 颖
- 92 体育舞蹈运动的项目特点及价值研究 ..... 姜 丽
- 94 体育舞蹈对高校女生人体机能指标的影响 ..... 秦 晋
- 96 少数民族传统体育“押加”运动健身方法的实验研究 ..... 何祖星
- 98 体形变化(肥胖)对体育教师职业形象影响的调查分析 ..... 谢 明, 陈志辉
- 101 民族传统体育对人体生理生化影响的研究综述 ..... 尤新芬, 黄洪军
- 104 基层田径运动会终点裁判方法研究 ..... 徐 进
- 107 我国民办中学学生参加课外体育活动现状的调查与分析 ..... 安志红
- 109 对民族项目珍珠球运动竞赛规则的分析 ..... 林万久
- 111 从社会学看社会体育指导员区域化转变 ..... 刘权炜, 彭 杰, 谢静月 等
- 113 浅析体育游戏在幼儿社会化过程中的作用 ..... 岳丽娜, 王芳华, 高 峰
- 产业•探讨**
- 115 电视重构下体育价值的背离 ..... 孟庆方
- 118 云南省地州普通高校体育场馆有偿体育服务的现状及发展策略研究 ..... 张绍俊
- 120 探析大桥时代“海洋体育休闲旅游”品牌卖点 ..... 张同宽
- 文化•视野**
- 122 空竹文化的价值与传承发展研究 ..... 郝晓蕊
- 综述报告**
- 124 蚌埠市中学足球现状与发展对策研究 ..... 张忠兴, 蔡 俊
- 127 体育专业学生气质类型与运动损伤的调查分析 ..... 张园园, 曲庆梅
- 128 运动训练与脑内一氧化氮关系的研究进展 ..... 马春伟, 张河水, 杨澎湃
- 信息技术**
- 130 网络教学平台在体育学院足球课程理论教学中的应用 ..... 王 虔
- 132 中国体育学术期刊论文篇目辑览

# Bulletin of Sport Science & Technology

## Contents

### Subject Report

Settlement and Excavation of Cultural Heritage of 2008 Beijing Olympic Games .....	ZHANG Guo-qing, et al(1)
Research on Physical Exercise of Women in Zhengzhou City's Financial System .....	WANG Wei(2)
Study on Basic Way to Achieve College Sports Industrialization .....	SUN Xiong-Hua, et al(4)
Application of Teenager Table Tennis Tactical Thinking to Competition .....	CAO Li-min(6)
Study on Development of Schoolgirls Sports in Perspective of Harmonious Campus .....	YU Zhong-hua(9)
Analysis on Development and Popularization of "Four - a - Side - Basketball" Tournament .....	HAO Zhi-wei, et al(12)
Research on "Three - independent" Teaching Model of Public Physical Education in Colleges and Universities of Guilin .....	ZHOU Yong(14)
Detection Result and Analysis on 2009 - 2010 "National Students' Physical Health Standards" in Nanjing University of Technology .....	LU Hong-kai, et al(16)

### Athletics Forum

Evaluation on Technical data of Free Kick in Impose Fine Region in Football Game .....	KAN Li-ping(19)
Analysis on Tactic Application of Attach after Serve of Ma Lin in Table Tennis Match of Beijing Olympic Games .....	CHENG Hong, et al(21)
Research on the Difficult Position of Cycle Theory of Competitive Sports .....	CHEN Kai - et al(23)
The Biomechanical Analysis on Touching - ball Movement during the Process of Forehand Stroke .....	MA Yan-hui(24)
Study on Influencing factors of Reaction Speed and Training Method .....	CHEN Xin-ping(27)
Analysis on Strength and Feature of Malone's Technique and Tactic .....	YUAN Yu-feng(30)
Study on the Influence of New Rules on the Badminton .....	GUAN Hui-xiang(33)
Exercise and the method of Active Recovery .....	QU Jin-ting(34)
Statistic and Analysis on Technology of Chinese Teams in 2010 Men's Basketball World Championship .....	YU Hua(37)
First Exploration on the Core Strength Training Principle of Football Athlete .....	SHI Ming(39)
Study on the Thirty - Six Stratagems in Competitive Sports in Perspective of Master Sun's Art of War .....	YU Bing-de(42)
Experimental Study on Gas Metabolism Function of the Male Athlete of 800 Meters .....	HAO Jian(44)
Analysis on Technique and Tactic of Li Na and Zheng Jie in 2010 Australian Open .....	WANG Juan, et al (46)
Thinking of Chinese Football Professionalism System .....	LI Ri-cheng(49)

### Physical Education Teaching

Study on Applying Effect on Differentiated Instruction of College Physical Education .....	LV Chang-min(52)
Relationship between Yoga Course and Physical and Psychological Health of Undergraduate .....	JIANG Feng(54)
Action Arrangement Elements on Public Physical Education of Street Dancing Option in Regular Institutions of Higher Learning .....	LI Rong(56)
Making a Better Use of Teaching Method of Enlighten - cooperation - exploration - innovation in College Physique Course .....	NIE Ying-tao, et al(57)
Rational Thinking of Development "Sunshine Sports" in Regular Institutions of Higher Learning .....	LI Jian(59)
Study on Legal Responsibility of School Sports Accident Injury .....	Qian Xiao qiang, et al(61)
Study on CMC Teacher - student Interaction Teaching Model in Badminton Education .....	LI Meng-long(63)
Research on Characteristic of Self - confidence Source of Chinese Undergraduate Athletes of Sports Aerobic .....	BIE Peng(64)
Study on Development Mode of Sunshine Sport in Higher Vocational School .....	ZHAO Lin(67)
Research on Application of Auto Instruction Mode to College Golf Elective .....	ZANG Shan-bin(69)
Analysis and Research on Current Situation of Middle School's Aerobics Dancing Education in Zhongshan City .....	YANG Hong, et al(71)
Study on the influence of Badminton Elective on Health - Related Physical Fitness of Undergraduates .....	LI Yong-jun(73)
Research and Analysis on Ability Assessment of Volleyball Teaching .....	SUN Qi-cheng, et al(75)
Research on Potential Security Problems and Countermeasures of Setting up Outward Bound Courses in Universities .....	ZHANG Zhong-yin(77)

# Bulletin of Sport Science & Technology

Study on Teaching Method of Public Physical Education in Normal Specialized Postsecondary College ..... WANG Yan(80)  
Establishment Situation and Countermeasure on Department of Community Sports and Leisure

in Chinese Sports Universities ..... HUANG Tian -yu, et al(82)

## Sport for all

- Research on Health Situation of the Senior Intellectual in Colleges and Universities of Changsha City ..... ZHANG Qun -hua(84)  
Study on Sport Feature and Education of Simplified Taijiquan ..... LIU Zhen -jun(86)  
SWOT Analysis on Development of Mass Soccer in China ..... JIANG Zheng -lu(88)  
Exploration on Multiple Values of Contemporary Chinese Group Calisthenics ..... ZHANG Ying(90)  
Study on Characteristics and Value of Sports Dancing ..... JIANG Li(92)  
Influence of Sports Dance on Body Function of the College Female Student ..... QIN Jin(94)  
Experimental Study on Fitness Method of the National Traditional Sports Event Yajia ..... He Zu -xing(96)  
Investigation and Analysis on Influence of Overweight on Professional Image of  
the Physical Teacher ..... XIE Ming, et al(98)  
Review on the Influence of National Traditional Sports on Physiology and Biochemistry ..... YOU Xin -fen, et al(101)  
Research on the Finish Judge Method of Basic Level Track Meet ..... XU Jin(104)  
Investigation and Analysis on Current Situation of Participating Extracurricular Sports of  
Chinese Civilian - run Secondary School ..... AN Zhi -hong(107)  
Analysis on Rules of Pearl Ball Game ..... LIN Wan -jiu(109)  
Study on Regional Change of Social Sports Director from the Perspective of Sociology  
..... LIU Quan -wei, et al(111)  
Influence of Sports Game on Process of Children Socialization ..... YUE Li -na, et al(113)

## Sport Industry

- The Deviation of Sports Value under the Television Reconstitution ..... MENG Qing -fang(115)  
Study on Current Situation and Development Strategy of Paid Service of College Sports Venue  
in Prefectures of Yunnan Province ..... ZHANG Shao -jun(118)  
Analysis on Brand Selling Point of 'Ocean Sports and Leisure Tourism' at the Bridge Age ..... ZHANG Tong -kuan(120)

## Multicultural Sports

- Study on Culture Value and Inheritance of Diabolo ..... HAO Xiao -rui(122)

## Sport Review

- Current Situation and Countermeasures of Middle School Football Development in Bengbu City  
..... ZHANG Zhong -xing, et al(124)  
Diagnosis on the Temperament Type of Physical Education Students and Sports Injury  
..... ZHANG Yuan -yuan, et al(127)  
Study on Relationship between Exercise Training and Nitric Oxide in Brain  
..... MA Chun -wei, et al(128)

## Information Technology

- Application of On - line Education Platform in Theoretical Instruction of Football Course ..... WANG Qian(130)

## BULLETIN OF SPORT SCIENCE & TECHNOLOGY

Vol. 19, No. 3, Mar., 2011

Administrated by State Sport General Administration of China

Sponsored by China Sport Information Center

Edited by Editorial Department of Bulletin of Sport Science & Technology

Address: 11 Tiyuguan Road, Beijing, P. R. China

ZIP Code: 100061

Tel: 86 - 10 - 87183059/Fax: 86 - 10 - 87183061

E - mail: tiyutongbao@sina.com