

ISSN 1005-0256

CN11-3262/G8

BULLETIN OF SPORT SCIENCE & TECHNOLOGY



# 体育科技

## 文献通报

国家体育总局主管

国家体育总局体育信息中心主办

# 11

2013年

第21卷

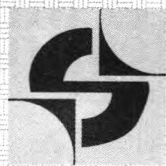
总252期

ISSN 1005-0256



9 771005 025053

万方数据



# 体育科技文献通报

Bulletin of Sport Science & Technology

(月刊)

主 管:国家体育总局  
主 办:国家体育总局体育信息中心  
编 辑:国家体育总局体育信息中心  
信息资源部  
出版发行:《体育科技文献通报》编辑部

主 编:赵 黎  
副 主 编:阎 平 杨 英 侯君瑜  
执行主编:白 玲  
执行副主编:马玉兰  
中英文总审:马玉兰  
编 务:于小兰



本期责编:刘 菲  
电 话:010-87183063



地 址:北京东城区体育馆路11号  
邮政编码:100061  
电 话:010-87183059  
传 真:010-87183061  
E-mail:tiyutongbao@sina.com

国外发行:中国国际图书贸易总公司  
国外发行代号:M1984  
印 刷 者:廊坊市新阳印刷有限公司

国际标准连续出版物号:ISSN 1005-0256  
国内统一连续出版物号:CN 11-3262/G8  
期刊出版许可证京期出证字第8262号  
广告许可证:京崇工商广字第0052号

2013年第21卷第11期(总第252期)

2013年11月20日出版

定价:全年180元 单册:15元

# CONTENTS

## 目 录

### 课题成果

- 1 试论现阶段学校体育的价值取向 ..... 季晓艳
- 3 高校公共体育舞龙选修课的现状与对策 ..... 郑 杰,李晓明
- 5 构建地方高校体育专业实践教学体系的研究 ..... 刘邦华
- 8 学校体育教师教学技能的影响因素分析 ..... 胡奇志,费俐兴
- 10 体育专业招生考试术科项目设置研究 ..... 任 伟,郑洪才,代 莹
- 11 对广东省中小城市开展全民健身排舞的研究 ..... 于红民
- 14 “文武兼修”型民族传统体育专业硕士研究生人才培养模式的研究 ..... 孙永武,于翠兰,张 岩
- 16 湖南省高校女生公共体育课开设舞蹈啦啦操课程的研究 ..... 鲁 娟
- 18 藏区社会体育发展探析 ..... 肖 波
- 21 川渝地区中小学生体育学习态度实证研究 ..... 薛 山,龙家勇
- 23 我国职业女单网球选手与世界前十选手竞争力对比研究 ..... 张 智,张 旻
- 26 浅析现代女性休闲体育的市场开发 ..... 沈 纲,万 岗
- 28 有氧训练对一次力竭运动小鼠心肌及血清抗氧化酶的影响 ..... 巩清波
- 30 湖南省第九届大学生运动会田径比赛成绩对比与分析 ..... 李修振
- 32 基于社区服务的学校体育场馆资源开发研究 ..... 崔俊杰
- 33 武当武术与十堰市高校体育的共建发展研究 ..... 熊 玲
- 36 重庆地区校园集体舞的开展现状研究 ..... 万 星,唐昌菊
- 39 儿童少年早期篮球组合技术训练研究 ..... 宫士君,马进荣
- 41 大学生课余体育锻炼特征与锻炼感受分析 ..... 邢 峰,许海燕

### 竞技·论坛

- 43 运动训练组织安排艺术的多样性 ..... 马冬梅
- 45 2011-2012赛季CBA总决赛技术分析 ..... 周海澜,李 斌
- 47 第26届男篮亚锦赛中国男篮技术分析 ..... 田利军
- 49 伦敦奥运会中国女篮防守能力研究 ..... 赵 军
- 52 对2012年欧冠半决赛切尔西队防守技术的分析 ..... 冯 伟
- 55 影响篮球裁判员正确判罚的主要因素分析 ..... 苗亚果
- 57 全场紧逼防守战术运用研究 ..... 朱 林,张晶晶,张习常
- 58 浅析力量的平衡发展对跳远运动员核心竞技能力影响 ..... 郭宝军,杨 帆,王 洋
- 61 第52届巴黎世乒赛男双决赛技战术分析 ..... 胡 洋,郭媛媛

### 教学·探索

- 63 体育旅游专业人才培养可行性研究 ..... 熊金银
- 65 三层次搭配练习法在高校乒乓球选项课教学中的应用 ..... 周爱东
- 67 医学院校开设留学生全英体育课的现状与思考 ..... 莫连芳
- 69 音乐在高校太极拳教学中应用效果的研究 ..... 李 明
- 72 深化大学生阳光体育运动的思考 ..... 曹西文,陈建华

- 75 江苏省高校体育隐性课程发展研究 ..... 彭伟  
77 论高校田径教学中的困境与有效教学方法 ..... 史硕新  
79 中学体育课开设形意拳初段位教学内容的  
可行性分析 ..... 高耀武,张岩  
81 江苏省普通高校民族传统体育课程资源开发  
利用研究 ..... 黄东亚  
84 核心力量对高校网球专业学生专项能力的影响  
..... 鄧季忻  
86 试论自我效能感培养对提升足球教学效果的意义  
..... 高源  
87 影响初三男生立定跳远成绩的因素研究 ..... 张轩  
89 高校网球教学与心理素质训练探讨 ..... 陈龙  
92 合作功能在器械体操教学中的理论研究 ..... 王艳
- 群体·研究**
- 94 有氧健美操对大学生心理健康影响的实验研究  
..... 李景红,蒋满华,许剑,等  
97 普通高校促进大学生体质健康的有效途径探索  
..... 严燕,陈建华  
99 泰州市城乡3-6岁儿童体育活动现状分析 ..... 张晋莉  
101 实施阳光长跑对学生体质影响的实验研究  
..... 车益民,陆宏凯,赵飞,等  
103 从苏北游泳场馆救生员现状回探救生员培养管理  
..... 康士龙  
105 郑州市金水区中小学校每天锻炼一小时的现状调查  
..... 韩小菊  
108 宁夏银川市中学校园足球教练员现状调查研究  
..... 王昌伟  
110 浅谈体育舞蹈的美感培养 ..... 李茜  
112 探析高校开展三人制篮球的意义 ..... 霍东,王洋  
114 我国高校技巧啦啦操发展现状研究 ..... 彭国芳,于菲  
115 实施新《标准》后大学生体质指标的分析与  
对策研究 ..... 孙楠楠,吴谋林  
118 武汉市健身教练培训模式研究 ..... 杨莉
- 产业·探讨**
- 121 山西省体育产业现状与对策研究 ..... 高伟
- 文化·视野**
- 123 浅谈我国网球迷文化的建设 ..... 朱杰  
125 高职校园文化建设的路径探析 ..... 姚天魁  
127 射箭运动在金朝的发展研究 ..... 王银婷
- 综述报告**
- 129 构建山东省公共体育服务体系的几点思考 ..... 韩衍杰  
131 南京高校高水平运动员就业难现状分析 ..... 宣振华
- 信息技术**
- 132 信息化下任务驱动教学法在高校体育教学中的  
应用 ..... 黄浩波

## Contents

### Subject Report

- Discussion the Value Orientation of the Current School Physical Education ..... JI Xiao - yan(1)
- Present Situation and Countermeasure of College Public Sports Dragon Dance Elective Courses ..... ZHENG Jie, et al(3)
- Research on Building Local College Sports Major Practice Teaching System ..... LIU Bang - hua(5)
- Analysis on Influence Factors of School Physical Education Teachers' Teaching Skills ..... HU Qi - zhi, et al(8)
- Research on Professional Sports Admission Examination Skill Set Project ..... REN Wei, et al(10)
- Study on Development of National Fitness Line Dance in Small and Medium - Sized Cities of  
Guangdong Province ..... YU Hong - min(11)
- Research on Graduate Talent Training Mode for Master's Degree of National Traditional Sports ..... SUN Yong - wu, et al(14)
- Research on Current Situation of Setting up Dance Cheerleading in College Female Public Physical Education  
Class in Hunan Province ..... LU Juan(16)
- Analysis on Development of Social Sports in Tibetan Areas ..... XIAO Bo(18)
- An Empirical Study on the Learning Attitude of Sports in Primary and Middle School Students in  
Sichuan and Chongqing Area ..... XUE Shan, et al(21)
- Comparative Study on Competitiveness between China Professional Women's Singles Tennis Players  
and the World's Top Ten Players ..... ZHANG Zhi, et al(23)
- Analysis on the Modern Women's Leisure Sports Market Development ..... SHEN Gang, et al(26)
- Influence of Aerobic Training on Myocardial and Serum Motion Antioxidant Enzymes of One Exhaustive  
Exercise Mice ..... GONG Qing - bo(28)
- Comparative Analysis on Competition Results of Track and Field in the 9th National University Games  
in Hunan Province ..... LI Xiu - zhen(30)
- Research on Development of School Sports Venues Resource based on Community Service ..... CUI Jun - jie(32)
- Mutual Construction and Development of Wudang Wushu and College Sports in Shiyan ..... XIONG Ling(33)
- Research on Current Situation and Development of the Campus Group Dance in Chongqing ..... WAN Xing, et al(36)
- Analysis on Children's Early Basketball Combination Technique Training ..... GONG Shi - jun, et al(39)
- Analysis of Characteristics and Feelings of Extracurricular Physical Exercise of College Students ..... XING Feng, et al(41)

### Athletics Forum

- Diversity of Exercise Training Organization and Arrangement Art ..... MA Dong - mei(43)
- Analysis of 2011 - 1012 CBA Finals Technical Statistics ..... ZHOU Hai - lan, et al(45)
- Technical Analysis on Chinese Men's Basketball Team in the 26th Asia Basketball Championship ..... TIAN Li - jun(47)
- Study on Defective Abilities of Chinese Women's Basketball Team in London Olympic Games ..... ZHAO Jun(49)
- Analysis on Defensive Technique of Chelsea in the 2012 Champions League Semi - Final ..... FENG Wei(52)
- Analysis on Main Factors Influencing the Basketball Referees Right Decision ..... MIAO Ya - guo(55)
- Study on the Use of Full - Court Press Defense Tactic ..... ZHU Lin, et al(57)
- Discussion on the Strength of the Balanced Development of the Core Competitive Ability for Long Jumpers  
..... GUO Bao - jun, et al(58)
- The Technical and Tactical Analysis of Men's Doubles Finals in the 52nd World Table Tennis  
Championships in Paris  
..... HU Yang, et al(61)

### Physical Education Teaching

- Feasibility Study on Training Professionals of Sports Tourism ..... XIONG Jin - yin(63)
- The Practical Analysis of Three - Levels Grouping Method in College Table Tennis Teaching ..... ZHOU Ai - dong(65)
- Consideration on Current Situation of Medical Colleges Opening up English Physical Education Class  
in Guangxi Province ..... MO Lian - fang(67)
- Application Effect of Music in College Taijiquan Teaching ..... LI Ming(69)
- Consideration of Deepening the College Students' Sunlight Sports ..... CAO Xi - wen, et al(72)
- Investigation on the Sports Hidden Curriculum in Colleges and Universities in Jiangsu Province ..... PENG Wei(75)
- Study on Difficulties and Effective Teaching Methods in College Athletics Teaching ..... SHI Shuo - xin(77)
- Feasibility Analysis of Establishing Xingyiquan First Dan Teaching Content of Middle School Physical Education  
..... GAO Yao - wu, et al(79)

# Bulletin of Sport Science & Technology

Research on Countermeasures of Exploitation and Utilization of National Traditional Sports Curriculum Resources  
in Universities of Jiangsu Province ..... HUANG Dong - ya(81)

Influence of Core Strength on Specific Ability of College Tennis Major Students ..... ZHI Ji - xin(84)

Significance of Self - efficacy Training on Enhancing the Football Teaching Effect ..... GAO Yuan(86)

Study on Factors Influencing Male Students' Standing Long Jump Result ..... ZHANG Xuan(87)

Research on the Psychological Quality Training and the College Tennis Teaching ..... CHEN Long(89)

Theoretical study on Cooperation Function in the Gymnastics Teaching ..... WANG Yan(92)

## Sport for all

Experimental Study on the Effect of Calisthenics on the Mental Health of College Students ..... LI Jing - hong, et al(94)

Analysis on Effective Way of Promoting College Students' Physical Health ..... YAN Yan, et al(97)

Analysis on Children Physical Activity Aged 3 - 6 in Urban and Rural Areas in Taizhou City ..... ZHANG Jin - li(99)

The Experimental Study on the Effect of the Sunlight Long - distance Running on the Students' Physical Fitness  
..... CHE Yi - min, et al(101)

Analysis on Lifeguard Training Management from the Situation of Swimming Pool Lifeguard in Northern Jiangsu  
..... KANG Shi - long(103)

Investigation on Condition of Primary and Middle Schools in an Hour of Exercise Every Day in Jinshui  
District of Zhengzhou City ..... HAN Xiao - ju(105)

Survey on Campus Football Coaches' Condition in Middle Schools in Yinchuan ..... WANG Chang - wei(108)

Discussion on the Beauty of Sports Dance Culture ..... LI Qian(110)

The Significance of Three - man's Basketball Sports Development in University ..... HUO Dong, et al(112)

Research on Development Condition of College Cheerleading in China ..... PENG Guo - fang, et al(114)

Analysis and Countermeasures of Students' Physical Indexes after Implementation of the New Standard ..... SUN Nan - nan, et al(115)

Study on Fitness Club's Coach Training Model in Wuhan ..... YANG Li(118)

## Sport Industry

Research on Present Situation and Countermeasure of Sports Industry in Shanxi Province ..... GAO Wei(121)

## Multicultural Sports

Discussion on Cultural Construction of Tennis Fans in China ..... ZHU Jie(123)

Analysis on the Path of the Construction of Campus Culture in Higher Vocational Colleges ..... YAO Tian - kui(125)

Research on Archery Development in the Jin Dynasty ..... WANG Yin - ting(127)

## Sport Review

Consideration on the Establishment of Public Sports Service System in Shandong Province ..... HAN Yan - jie(129)

Analysis on Difficult Employment Situation of College High - level Athletes in Nanjing ..... XUAN Zhen - hua(131)

## Information Technology

Application of Informationization of Task - driven Teaching Method in Physical Education Teaching in  
Colleges and Universities ..... HUANG Hao - bo(132)

---

### BULLETIN OF SPORT SCIENCE & TECHNOLOGY

Vol. 21, No. 11, Nov. 2013

Administrated by General Administration of Sport of China

Sponsored by China Sport Information Center

Edited by Editorial Department of Bulletin of Sport Science & Technology

Address: 11 Tiyyuan Road, Beijing, P. R. China

ZIP Code: 100061

Tel:86-10-87183059/Fax: 86-10-87183061

E-mail: tiyutongbao@sina.com