

ISSN 1005-0256

CN11-3262/G8



体育科技 文献通报

国家体育总局主管

国家体育总局体育信息中心主办

10

2016年

第24卷

总287期

ISSN 1005-0256



9 771005 025053

万方数据



体育科技文献通报
Bulletin of Sport Science & Technology
(月刊)

主 管:国家体育总局
主 办:国家体育总局体育信息中心
编 辑:国家体育总局体育信息中心
信 息 资 源 部
出版发行:《体育科技文献通报》编辑部

主 编:丁 东
副 主 编:李桂华
执行主编:王金羽
执行副主编:解文华 朱 雷
中英文总审:朱 雷
编 务:于小兰

本期责编:解文华
电 话:010 - 87183063

地 址:北京东城区体育馆路11号
邮政编码:100061
电 话:010 - 87183059
传 真:010 - 87183061
官网地址:<http://tykjwxtb.sport.gov.cn/>
E-mail:tiyutongbao@sina.com
国外发行:中国国际图书贸易总公司
国外发行代号:M1984
印 刷 者:廊坊飞腾印刷包装有限公司

国际标准连续出版物号:ISSN 1005 - 0256
国内统一连续出版物号:CN 11 - 3262/G8
期刊出版许可证京期出证字第8262号
广告许可证:京东工商广字第8067号

2016年第24卷第10期(总第287期)
2016年10月20日出版
定价:全年180元 单册:15元

CONTENTS

目 录

课题成果

- 1 岳阳龙舟传统体育文化资源开发对民族传统体育国际化推广研究 刘邦华,周怀球,曾佑辉
3 伦巴表演中音乐节奏的切分对舞蹈效果的影响 齐光辉,王 凯
5 我国生态体育研究的思考 冉秋晖,曹庆荣
7 基于移动互联网视角对我国公共体育服务供给模式的研究 穆瑞杰
9 河北省体育院校学生创业能力培养模式研究 高 峰
10 体育人类学视阈下的女书文化研究 雷 建,欧阳金花
12 大学生课外体育活动体系的构建与实施 倪 莉,宋晓芬,宗冬强
15 体育伤害事故的原因分析与预防 王 乐,李金鹏
17 IGF-1 促进肌腱愈合研究进展 史晓伟,张新定,龙碧波,等
19 我国男子铁饼项目的竞技地位及对策研究 王国伟
22 浙江省男性强制隔离戒毒人员体质康复训练的实践研究 贾东明,郭 椋
25 佳木斯快乐舞步健身操可持续发展研究 王敏坚,唐 翠
28 国家赛艇队在役教练员发展现状研究 王广磊,宋 旭,游永豪,等
30 20-59岁成年女性体质评价研究 张 蕾,桑 帅
32 太极拳在传播与发展过程中伟人效应的影响 宓 林,刘靖南,梁承美
34 高等体育院校体育运动技术课程准备活动存在的问题与对策 刘新丽,闫艾萍
37 国外高校体育专业硕士研究生培养模式研究 赵金岭,张淑香
39 体育硕士学位论文中常见统计方法误用及解决方案 焉 石,陈永欣,李尚滨,等
41 2015-2016 CBA 总决赛辽宁药都本溪队失利因素分析 李同彦
43 苏州市高职校园足球发展的阻力因素分析及对策研究 王亚军
45 CBE 教学模式在网球教练员训练指导中的应用研究 陈经城
47 生态文明视域下临沂市“生态体育”城市品牌建设的研究 杜志娟
50 影响四平市青少年身体形态发展的因素及其对策分析 宋文波,王 洋
52 高校开展触式橄榄球的体育选修课的价值和策略 王宜馨
53 影响体育教育专业男生选择健美操专修的因素分析 陶李军,雷慧芳
56 边疆民族地区高职高专院校公共体育课程改革研究 邢维新
58 地域语境下南湖船拳在学校教育中的文化传承研究 高东方,孙 立,张华新
60 新疆回族健身广场舞的创编研究 姚 震
64 城市公共体育服务的空间要素集聚效应研究 于永平,董德朋,孙 卓
67 苏南地区社会体育指导员的从业现状及对策研究 曹 瑜,胡耀华

竞技论坛

- 69 国内外优秀女子400m栏运动员栏间节奏特征分析
与训练学思考 王健,阮卓芬,于润生
71 新材料乒乓球正手前冲弧圈球技术的训练学思考
..... 刘德会,梁国力
73 游泳运动员体能训练的特征与开展策略
..... 张兴,张衬益,计杨,等
75 2000-2016年我国足球运动研究热点分析 白俊哲
77 司天峰备战伦敦奥运会训练负荷特征研究 王迪
79 试论散打运动员赛后心理恢复 王华伟,杜胜林
80 里约奥运会周期李晓霞技战术分析 林梓洋,黄浩耿

教学探索

- 86 残疾学生体育教育价值取向探析 阮奎
89 微课在体育教学中的应用初探 孙晶晶
91 职业病疗法纳入高职校烹饪专业体育课的构思
..... 同媛,柏林
95 对体操教学中运用保护与帮助方法的探讨 刘永光
97 中学体育教学中实施拓展训练的思考 邓诗宁,邓子奋
100 遮蔽与延展:浅析高校体育专业学生的腿部力量训练 李星辉,李洋,荆雯
104 山西师范大学体育学院2011级顶岗实习现状及对策研究 王婧,冯瑞
106 体育游戏在体育教学中的运用 王敬茹

群体研究

- 109 砂板乒乓球促进全民健身开展的价值探析
..... 张秋芬,王悦
111 社会体育指导员现状与对策研究 吴玮,童建军
114 从需要层次论看农民工参与体育活动困境 强振乾
116 开封市操舞协会发展现状与对策研究 范晶晶
117 自我控制理论在网球教学中缓解消极情绪的应用 陈键中

- 120 关于阳泉市“学校、家庭、社区”体育一体化现状调查 常渊博

产业探讨

- 123 “互联网+”促进康体结合的机制与路径 张剑利,王文化

文化视野

- 126 多维视野中的中国足球文化特征 赵传勇

综述报告

- 128 有氧运动联合Ala-Gln对2型糖尿病microRNA表达的影响及对心肌纤维化的干预 刘霞,孙昌亮

- 130 我国青年女排身体形态与身体素质现实水平的诊断分析研究 郭仁红

- 132 基于职业联赛角度谈政府职能对我国竞技体育职业化的影响 蔡习羽

- 134 新时期竞技体育发展面临的问题及对策研究 丁建敏,陈昌

- 137 浅析“暴走”运动对人体健康的影响 郭绿杨

- 139 流水线作业对员工反应时的影响 林靖宁,许亚丽

- 142 浅谈武德教育与现代精神文明建设 蔡杰

- 144 中国传统武术在网络游戏中的运用 陈盼

- 147 我国青少年运动员运动损伤研究 申林,赵遥远

- 152 老年人体质现状及对策研究 石惠

- 155 互联网+体育大背景下跑步运动的智能化探究 王鹏

- 157 心理情绪的综合探讨及方向 仲卫,颜军,朱风书,等

Bulletin of Sport Science & Technology

Contents

Subject Report

Research on the Influence of Yueyang Dragon Boat Traditional Sport Culture on International Promotion of National Games	Liu Banghua, Zhou Huaiqiu, Zeng Youhui(1)
Influence on Dance Effect by Rhythmic Segmentation in Rumba	Qi Guanghui, Wang Kai(3)
Consideration on Chinese Ecological Sports Research	Ran Qiuwei, Cao Qingrong(5)
Research on Public Sports Service Mode Based on Mobile Internet Perspective	Mu Ruijie(7)
Research on the Training Mode of Students' Entrepreneurial Ability in Physical Education Institutes of Hebei Province	Gao Feng(9)
Study on Nvshu Culture under the Sports Anthropology Perspective	Lei Jian, Ouyang Jinhua(10)
The Construction and Implementation of Extracurricular Sports Activities System for College Students	Ni Li, Song Xiaofen, Zong Dongqiang(12)
Reason Analysis and Prevention of Sports Injuries and Accidents	Wang Le, Li Jinpeng(15)
Reaserch Progress on Tendon Healing by IGF - 1	Shi Xiaowei, Zhang Xinding, Long Bibo, Zhou Xuelan, Shi Shuo, He Ru(17)
Study on the Competitive Status and Countermeasures of Men's Discus in China	Wang Guowei(19)
Practical Research on Physical Rehabilitation Training of the Male Compulsory Isolation Addicts in Zhejiang Province	Jia Dongming, Guo Song(22)
Research on the Sustainable Development of Happy Step Aerobics in Jiamusi	Wang Minjian, Tang Cui(25)
Study on Enlisted National Rowing Team Coach Development Status	Wang Guanglei, Song Xu, You Yonghao, Liu Yang(28)
Body Condition Evaluation for Female Adults Aged from 20 to 59	Zhang Lei, Sang Shuai(30)
Analysis on the Effect of Great Men in the Spread and Development of Taijiquan	Mi lin, Liu Jingnan, Liang Chengmei(32)
Problems and Countermeasures Research on Warm - up in Colleges Sport Technique Course ——Take Sport College of Shanxi Normal University as an Example	Liu Xinli, Yan Aiping(34)
Study on Training Mode of Sports Master Program in the Colleges Abroad ——Take Loughborough University in UK as an Example	Zhao Jinling, Zhang Shuxiang(37)
Common Misuses and Solutions of Statistical Methods in Sport Master Degree Dissertations	Yan Shi, Chen Yongxin, Li Shangbin, Jiu Yanhong, Yang Jun (39)
Loss Factor Analysis on Liaoning Yaodubenxi Team in 2015 – 2016 CBA Finals	Li Tongyan (41)
Analysis and Countermeasure Research on Resistance Factors for Campus Football Development in Suzhou	Wang Yajun (43)
Research on the Application of CBE Teaching Model in Tennis Coaches Training	Chen Jingcheng (45)
Research on "Ecological Sports" City Brand Construction in Linyi under the Ecological Civilization View	Du Zhijuan (47)
Countermeasures Analysis on Factors Affecting Youth Body Shape Development in Siping City	Song Wenbo, Wang Yang (50)
The Value and Strategy of Touch Rugby Elective Courses in College	Wang Yixin (52)
Analysis on Factors for Male Sports Education Undergraduates to Choose Aerobics as their Major	Tao Lijun, Lei Hufang(53)
Research on Public Sports Curriculum Reform of Frontier Minority Areas in Higher Vocational Colleges ——Taking Lijiang Teachers College as an Example	Xing Weixin (56)
Research on Cultural Heritance of Nanhuchuanquan in School Education under Regional Context	Gao Dongfang, Sun Li, Zhang Huaxin(58)
Research on the Choreographing of Square Dance in Xinjiang Hui Nationality	Yao Xia(60)
Research on Agglomeration Effect of Spatial Factors on City Public Sports Service ——Based on Main City Area of Changchun	Yu Yongping, Dong Depeng, Sun Zhuo(64)
Research on Practitioners Situation and Countermeasures of Social Sports Instructors in Southern Jiangsu Province	Cao Yu, Hu Yaohua (67)

Athletics Forum

Hurdle Rhythm Characteristic Analysis and Athletic Training Consideration for Domestic and Foreign Outstanding Female 400m Hurdle Athletes	Wang Jian, Ruan Zhuofen, Yu Runsheng(69)
Considerations on Forehand Fast Loop Drive Skills Using New Material Table Tennis Ball	Liu Dehui, Liang Guoli(71)
Features and Strategies for Swimmers Strength and Conditioning Training ——Take Tianjin men's Team as an Example	Zhang Xing, Zhang Chenyi, Ji Yang, Wu Zhongwei(73)
Analysis on Hot Spot on football in China since 21st Century	Bai Junzhe(75)
Research on Training Load Features of Si Tianfeng in Preparing London Olympics	Wang Di(77)
Discussion on Psychological Recovery of Free Combaters	Wang Huawei, Du Shenglin(79)
Analysis of Li Xiaoxia's Technique and Tactics in the Period of Rio Olympic Games	Lin Ziyang, Huang Haogeng(80)

Bulletin of Sport Science & Technology

Physical Education Teaching

- Analysis on the Physical Education Value Orientation of Disabled Students Ruan Kui(86)
Preliminary Study on the Application of Microlecture in Physical Education Sun Jingjing(89)
Design on Incorporation of Occupational Therapy into PE for Cuisine Majors in Higher Vocational Schools Yan Yuan,Bai Lin(91)
Discussion on Protection and Help Methods in Gymnastic Teaching Liu Yongguang(95)
Consideration on the Implementation of Outward Bound Training in Middle School Physical Education Deng Shining,Deng Zifen(97)
Veil and Extension: A Brief Analysis on Leg Strength Training of College PE Majors Li Xinghui, Li Yang, Jing Wen(100)
Present Situation and Countermeasure Research on On – duty Internship of Grade 2011 in Sport College of Shanxi Normal University Wang Jing, Feng Rui(104)
Application of Sport Games in Sports Teaching Wang Jingru(106)

Sport for all

- Research on the Value of Sand Table Tennis for the Promotion of National Fitness Zhang Qiufen,Wang Yue(109)
Present Situation and Countermeasures of Social Sport Instructors ——Take Hanjiang District of Yangzhou City as an Example Wu Wei, Tong Jianjun(111)
Analysis on Migrant Workers' Sports Activities Participation Dilemma Based on Hierarchy of Needs Theory Qiang Zhenqian(114)
Present Situation and Countermeasure Research on Aerobics Dancing Association Development in Kaifeng Fan Jingjing(116)
Application of Self – control Theory in Relieving Negative Emotion in Tennis Teaching Chen Jianzhong(117)
Investigation on the Current Situation of "School, Family and Community" Integration in Yangquan Chang Yuanbo(120)

Sport Industry

- Mechanisms and Pathway of Health – Exercise Combination Based on Internet Plus Zhang Jianli , Wang Wenhua(123)

Multicultural Sports

- Culture Characteristics of Chinese Football from Multi – Dimension Point of View Zhao Chuanyong(126)

Sport Review

- Influence on Diabetes Mellitus type 2 MicroRNA Expression and Intervention to Myocardial Fibrosis by Aerobic Exercise Combined with Ala – Gln Liu Xia, Sun Changliang(128)
Diagnostic Analysis Research on Body Shapes and Conditions of China Youth Women Volleyball Team Guo Renhong(130)
Function on Chinese Competitive Sports Professionalisation Based on the Perspective of Professional League Cai Xiyu(132)
Research on Problems and Solutions for Competitive Sports Development in the New Era Ding Jianmin,Chen Chang(134)
Analysis on the Outbreak Movement Effects on Human Health Guo Lvyang(137)
Influence of Assembly Line Work on Staff's Reaction Time Lin Jingning,Xu Yali(139)
Discussion on Wushu Virtue Education and Modern Spiritual Civilization Construction Cai Jie(142)
The Application of Chinese Traditional Wushu in Online Games Chen Pan(144)
Research on Junior Athletics Injuries in China:
——Based on the Perspective of Bibliometrics Shen Lin , Zhao Yaoyuan(147)
Research on Aged People Fitness Condition Situation and Countermeasures Shi Hui(152)
Exploration on Intelligent Running under the Internet plus Sports Background Wang Peng(155)
Comprehensive Discussion and Direction of Psychological Emotion Zhong Wei,Yan Jun,Zhu Fengshu,Chen Aiguo(157)

BULLETIN OF SPORT SCIENCE & TECHNOLOGY

Vol. 24, No.9, Oct. 2016

Administrated by General Administration of Sport of China

Sponsored by China Sport Information Center

Edited by Editorial Department of Bulletin of Sport Science & Technology

Address: 11 Tiyuguan Road, Beijing, P. R. China

ZIP Code: 100061

Tel:86-10-87183059/Fax: 86-10-87183061

E-mail: tiyutongbao@sina.com



- 国际体育信息联合会会员单位
- 加拿大国际体育文献数据库合作单位
- 《中国学术期刊综合评价数据库》来源刊
- 《中国期刊网》来源刊
- 《中国学术期刊（光盘版）》全文收录期刊
- 《中国期刊全文数据库》全文收录期刊
- 《中国学术期刊网络出版总库》全文收录期刊
- 《万方数据网络系统----数字化期刊群》入网期刊
- 《中文科技期刊数据库》全文收录期刊



1993年创刊

国家标准连续出版物号 ISSN 1005-0256

期刊出版许可证字第8262号

国内统一连续出版物号 CN 11-3262/G8

广告经营许可证：京东工商广字第8067号

国内定价：每册15元 全年180元 每月20日出版 国外发行代号：M1984