

ISSN 1005-0256

CN11-3262/G8

BULLETIN OF SPORT SCIENCE & TECHNOLOGY



体育科技

文献通报

国家体育总局主管

国家体育总局体育信息中心主办

封面

2

2020年

第28卷

总327期

ISSN 1005-0256



9 771005 025053 1

万方数据



体育科技文献通报

Bulletin of Sport Science & Technology

(月刊)

主管:国家体育总局
主办:国家体育总局体育信息中心
编辑:国家体育总局体育信息中心
信息资源部
出版发行:《体育科技文献通报》编辑部

主编:丁东
副主编:李桂华
执行主编:王金羽
执行副主编:解文华 朱雷
中英文总审:朱雷
编务:于小兰

本期责编:解文华

电话:010-87183063

地址:北京东城区体育馆路11号

邮政编码:100061

电话:010-87183059

传真:010-87183061

官网地址:<http://tykjwxtb.sport.gov.cn/>

E-mail:tiyutongbao@sina.com

国外发行:中国国际图书贸易总公司

国外发行代号:M1984

印刷者:廊坊市洪峰印刷有限公司

国际标准连续出版物号:ISSN 1005-0256

国内统一连续出版物号:CN 11-3262/G8

期刊出版许可证京期出证字第8262号

广告许可证:京东工商广字第8067号

2020年第28卷第2期(总第327期)

2020年2月20日出版

定价:全年180元 单册:15元

CONTENTS

目 录

课题成果

- 1 世界体育发达国家体育政策评估体系研究
..... 张曙光,李桂华,王跃新,等
- 3 中国近代体育与身体政治互嵌的文化审视 孙 炜,蒋月华
- 6 健身运动处方对大学生健康体适能的影响与改善 宋文波,袁艳朝
- 7 非遗保护视角下民族传统体育校本课程的建设研究 童国军
- 9 现时代,求变革,开启体育新篇章 黄俊杰
- 11 东盟区域龙狮运动国际传播的伦理困境 王湘丽,张 智
- 14 普通高校体育课程改革的组织实施与效果评价
..... 丘乐威,黄德沂,朱性民,等
- 16 多个城市社区体育健身环境对比 王世超
- 20 篮球运动对大学生颈部不适的干预研究 王燕军,魏丽枝
- 21 休闲时间背景下辽宁省体育旅游优势与特色研究
..... 邓鹏程,张 颖,周 颖
- 24 土司体育文化在永顺县中小学推广现状的调查与分析
..... 向依依,郑 军
- 27 项群理论视角下教学策略倾向对教学效果影响因素的实验研究
..... 王德文
- 29 基于微课的翻转课堂引入体育教学的作用分析
..... 袁 丽,陈玉容,黄莹仪
- 31 大型体育赛事对举办城市发展的影响研究 秦会兵,刘远海
- 33 论体育参与对高职学生就业能力的促进作用 沈竹雅
- 34 武陵山片区传统体育非物质文化遗产保护和传承的社会构建研究
..... 李柏林,吴湘军

竞技论坛

- 36 2019年摔跤世锦赛成绩分析及摔跤项目国际发展趋势研究 ... 陈 琳
- 39 浅析平衡能力对三级跳远专项能力的提高
..... 来 勇,吴 宏,郑建辉,等
- 40 世界女子沙滩排球强队得分方式研究 齐海涛

教学探索

- 42 体智能课程引入幼儿教育的理论探究 焦现伟,林媛媛
- 44 从健康中国角度思考高校公共体育课教学质量的提升策略 ... 戴 朝
- 45 人本关怀理念下普通高校体育课程改革探究 戴 飞
- 48 高校网球教学中学生网球兴趣的培养和提高 马 腾
- 49 高校体育对大学生心理健康的影响 宋正刚
- 51 职业体能胜任力导向下高职体育教学问题的审视 杨 凯
- 53 高校体育教学融入运动心理学教育的分析 黄都平
- 56 体育中考模式下对初三年级体育课程影响的研究分析 张慧敏
- 59 高校田径教学存在的问题及对策研究 陶 月,王 磊

教学探索

- 61 发展体育素养对小学生健康状况的影响分析 刘占强
- 62 流水线教学模式在蛙泳教学中的运用研究
..... 林荣武,赵钊湃
- 63 小组合作学习在青少年校园足球教学中的应用研究
..... 杜远良
- 65 现代教育技术在体育教学中的应用 岳明晓,吴刚
- 66 核心素养导向的健美操创新能力培养及其实现路径
..... 贺媛媛
- 69 自组织视野下的潜水教学模式与课程的研究 黎明
- 72 家庭、学校、社区体育一体化发展模式研究 田帅

群体研究

- 74 我国青少年蹦床运动员膳食营养调查研究
..... 冯本余,苑羽,李美玲
- 78 论新课程改革条件下的体育教师素质 邓华荣
- 81 有效提高高中男生引体向上成绩的方法研究 江玉芬
- 85 大强度间歇训练对肥胖人群减脂效果的影响研究
..... 范保柱,韩梦杰
- 89 长治学院大学生乒乓球爱好者消费的现状研究
..... 任江蕾
- 91 青少年体育参与影响因素与对策研究 万通

产业探讨

- 93 扬州市邗江区羽毛球培训市场发展现状与对策研究
..... 刘大正
- 96 淄川区体育旅游资源与开发路径 徐虎,安资奕
- 98 信息技术在山西高校体育管理中的应用研究 田引黄
- 100 后二青会时代对太原市城市品牌塑造的影响研究
..... 王超,张振龙
- 103 2018 天府半马对成都市构建“公园城市”的价值研究
..... 魏麟权,荣文学
- 105 成都市恒温游泳馆开展现状调查 熊若熙,陈清

文化视野

- 107 中国足球文化的行为特征(1994年-2003年)
..... 全涛,潘筱蓓

- 109 浅谈高校体育教学的文化品格研究 刘鑫
- 110 在高校瑜伽教学中融入人文精神的路径探究
..... 郭美娟,李东光
- 111 普通高中开展手球运动特色项目的可行性
..... 齐雨梅,耿玉琳
- 114 命运共同体的构建:中西方体育文化从区隔到融合
..... 曾镜儒,向勇
- 117 新媒体时代网球文化传播路径研究 丁智勇
- 120 山西球迷“闹他”篮球文化现象研究 郝晓雪,温炜

综述报告

- 121 云南省啦啦操竞赛组织运作的影响因素的研究
..... 黄江鸿
- 123 新时期中国大学生篮球联赛发展问题研究
..... 殷子健,于忠鑫
- 124 影响学生体质健康多元因素分析及对策研究 蔡兴莉
- 127 “互联网+”促进青少年体质健康的应用探索 曹玉洁
- 131 浅析身体功能训练 程唯伦
- 133 傣族与汉族中学生身体素质对比分析 段桂香,王玉洪
- 136 论体育素养在教练员心理健康影响与支持青少年
心理健康的角色认知 高深
- 141 马拉松赛事对城市发展的影响研究 胡刚,陈清
- 143 试析运动处方治疗抑郁症 蒋书豪
- 145 高校木球运动的发展策略研究 李绪彪,张生开
- 148 力量训练对高中100米项目特长生专项成绩的影响分析
..... 马伟
- 150 健美操运动员前交叉韧带损伤的康复方案研究
..... 牛金榜
- 152 从美国经济的崛起预测中国网球的发展 王凡
- 155 体育群体性事件的特征分析与应对 邢鑫瑞,何素艳
- 157 下背痛生物力学研究进展 赵梦园
- 159 中英高校舞蹈专业比较研究初探 郑甜甜

Contents

Subject Report

- Research on Sport Policy Evaluation System of World Sport Powerhouses Zhang Shuguang, Li Guihua, Wang Yuexin, Ru Xiuying(1)
- A Cultural Survey of the Mutual Embedding of Sports and Physical Politics in Modern China Sun Wei, Jiang Yuehua(3)
- Effect and Improvement of Fitness Exercise Prescription on College Students' Health and Physical Fitness Song Wenbo, Yuan Yanzhao(6)
- Research on the Construction of National Traditional Sports School – based Curriculum from the Perspective of Intangible Cultural Heritage Protection Tong Guojun(7)
- Seeking for Change and Opening a New Chapter of Sports In the Present Era Huang Junjie(9)
- Ethical Dilemma of International Communication of Dragon and Lion Movement in ASEAN Region Wang Xiangli, Zhang Zhi(11)
- Implementation and Effect Evaluation of College PE Curriculum Reform
——Take Guangdong University of Foreign Studies as An Example Qiu Lewei, Huang Deyi, Zhu Xingmin, Lin Shaona, Jiao Yuping(14)
- Contrast of Physical Fitness and Fitness in Multiple Urban Communities
——Take the Tea – Horse Ancient Road as An Example Wang Shichao(16)
- Study on the Intervention of Basketball on Neck Discomfort of College Students Wang Yanjun, Wei Lizhi(20)
- Research on the Advantages and Characteristics of Sports Tourism in Liaoning Province under the Background of Leisure Time Deng Pengcheng, Zhang Ying, Zhou Ying(21)
- Investigation and Analysis on the Present Situation of Tusi Sports Culture Promotion in Primary and Secondary Schools of Yongshun County
——Take Tujia Waving Dance as An Example Xiang Yiyi, Zheng Jun(24)
- Experimental Study on Influencing Factors of Teaching Effect on Teaching Strategy Tendency from the Perspective of Event – group Theory Wang Dewen(27)
- Analysis of the Role of Introducing Flipped Classroom into Physical Education Based on Micro – Class Yuan Li, Chen Yurong, Huang Yingyi(29)
- Study on the Impact of Major Sports Events on Urban Development Qin Huibing, Liu Yuanhai(31)
- On the Employment Promotion Effect of Sport Participation for Higher Vocational Students Shen Zhuya(33)
- Research on Social Construction of Protection and Inheritance of Traditional Sport Intangible Cultural Heritage in Wuling Mountain Area
—— Take Xiangxi Dong Ethnic Group as An Example Li Bailin, Wu Xiangjun(34)

Athletics Forum

- Research on Results of 2019 World Wrestling Championships and the Development Trends of International Wrestling ... Chen Lin(36)
- Analysis on the Promotion of Triple Jump Performance through Balance Ability Lai Yong, Wu Hong, Zheng Jianhui, Luo Heiying(39)
- Research on the Scoring Ways of Top Teams in the World Women's Beach Volleyball Games Qi Haitao(40)

Physical Education Teaching

- Theoretical Exploration of Introducing Physical Intelligence Course to Kids Education Jiao Xianwei, Lin Yuanyuan(42)
- College Public PE Teaching Quality Promotion Strategy Based on Healthy China Dai Chao(44)
- College PE Curriculum Reform under the People Oriented Concept Dai Fei(45)
- Cultivation and Improvement of Students' Interest in Tennis in College Tennis Teaching Ma Teng(48)
- Influence of College PE on Students Mental Health Song Zhenggang(49)
- A Survey of Physical Education Teaching in Higher Vocational Colleges under the Guidance of Professional Physical Competence Yang Kai(51)
- Analysis on the Integration of Sports Psychology Education into Physical Education in Colleges Huang Duping(53)
- Analysis on the Influence of High School Sport Entrance Examination on Grade 3 PE in Junior Middle School Zhang Huimin(56)
- Research on the Problems and Countermeasures of Track and Field Teaching in Colleges and Universities ... Tao Yue, Wang Lei(59)
- Analysis on the Influence of Developing Sports Literacy on the Health Status of Pupils Liu Zhanqiang(61)
- Research on the Application of Pipeline Teaching Model in Breaststroke Teaching Lin Rongwu, Zhao Zhaopai(62)
- Study on the Application of Group Cooperative Learning in Youth Campus Football Teaching Du Yuanliang(63)
- Application of Modern Educational Technology in Physical Education Yue Mingxiao, Wu Gang(65)
- Core Literacy – oriented Aerobics Innovation Ability Training and Its Realization Path He Yuanyuan(66)
- Research on Diving Teaching Mode and Curriculum From the Perspective of Self – organization
——Taking the Asian Underwater College as An Example Li Ming(69)
- Research on the Integrated Development Model of Family, School and Community Sports Tian Shuai(72)

Sport for all

- Investigation on Dietary Nutrition of Teenager Trampoline Athletes in China Feng Benyu, Yuan Yu, Li Meiling(74)

On the Quality of Physical Education Teachers under the New Curriculum Reform Deng Huarong(78)
Study on Effective Methods to Improve Pull-ups for High School Boys Jiang Yufen(81)
Effect of High-intensity Interval Training on Fat-reducing Effect among Obese People Fan Baozhu, Han Mengjie(85)
Study on the Present Situation of Table Tennis Enthusiasts' Consumption among College Students in Changzhi University
..... Ren Jianglei(89)
Research on Influencing Factors and Countermeasures of Youth Sports Participation Wan Tong(91)

Sport Industry

Present Situation and Countermeasure Research on Badminton Training Market Development in Yangzhou Haijiang District
..... Liu Dazheng(93)
Sports Tourism Resources and Its Development Paths in Zichuan District Xu Hu, An Ziyi(96)
Research on the Application of Information Technology in Shanxi College Sports Management Tian Yinhuang(98)
Research on the Influence of Urban Brand Building in Taiyuan after the Second National Youth Games
..... Wang Chao, Zhang Zhenlong(100)
Study on the Value of 2018 Tianfu Half Marathon in the Construction of "Park City" in Chengdu ... Wei Linqun, Rong Wenxue(103)
Investigation on the Status of Chengdu Thermo-static Swimming Pool
——Take the Mengzhuiwan Swimming Hall as An Example Xiong Ruoxi, Chen Qing(105)

Multicultural Sports

Behavior Characteristics of Chinese Football Culture from 1994 to 2003 Quan Tao, Pan Xiaolian(107)
Study on the Cultural Character of Physical Education Teaching in Colleges and Universities Liu Xin(109)
On the Way of Integrating Humanistic Spirit into Yoga Teaching in Colleges and Universities Guo Meijuan, Li Dongguang(110)
Feasibility of Developing Handball in Ordinary High Schools
——Take Ningbo Siming Middle School as An Example Qi Yumei, Geng Yulin(111)
Community of Shared Future: Separation and Integration of Chinese and Western Sports Cultures Zeng Jingru, Xiang Yong(114)
Study on the Transmission Path of Tennis Culture in the New Media Era Ding Zhiyong(117)
Research on the Basketball Culture Phenomenon of Shanxi Fans Hao Xiaoxue, Wen Wei(120)

Sport Review

Study on the Influencing Factors of Cheerleading Competition Organization and Operation in Yunnan Province
..... Huang Jianghong(121)
Research on CUBA Development in the New Era Yin Zijian, Yu Zhongxin(123)
Multiple Factors Analysis and Countermeasure Research on the Physical Health of Students Cai Xingli(124)
Exploration on the Application of Internet Plus in Promoting Youth Fitness Cao Yujie(127)
A Brief Analysis of Physical Function Training Cheng Weilun(131)
Comparative Analysis of Physical Fitness of Dai and Han Middle School Students Duan Guixiang, Wang Yuhong(133)
On the Role Recognition of Sports Accomplishment in Coaches' Mental Health Literacy and Supporting Teenagers' Mental Health
..... Gao Shen(136)
Research on the Impact of Marathon Events on Urban Development
——Take Xiamen Marathon as An Example Hu Gang, Chen Qing(141)
Analysis on Exercise Prescription for Depression Jiang Shuhao(143)
Research on the Development Strategy of College Wooden Ball Li Xubiao, Zhang Shengkai(145)
Analysis on the Influence of Strength Training on High School 100m Athletes
——Take Tengzhou No.2 Middle School as An Example Ma Wei(148)
Research on Rehabilitation Plan of Aerobics Athletes' Anterior Cruciate Ligament Injury
——Conservative Treatment of Grade I Injury Niu Jinbang(150)
Forecasting the Development of Chinese Tennis from the Rise of US Economy Wang Fan(152)
Characteristics Analysis and Countermeasures on Sports Group Events Xing Xinrui, He Suyan(155)
Review of Low back Pain Biomechanics Zhao Mengyuan(157)
Comparative Study on Dance Majors between China and United Kingdom Zheng Tiantian(159)

BULLETIN OF SPORT SCIENCE & TECHNOLOGY

Vol. 28, No.2, Feb. 2020

Administrated by General Administration of Sport of China

Sponsored by China Sport Information Center

Edited by Editorial Department of Bulletin of Sport Science & Technology

Address: 11 Tiyuguan Road, Beijing, P. R. China

ZIP Code: 100061

Tel:86-10-87183059/**Fax:** 86-10-87183061

E-mail: tiyutongbao@sina.com