

体 育 学 刊



JOURNAL OF PHYSICAL EDUCATION

中华人民共和国教育部 主管
华南理工大学 华南师范大学 主办

中国科技核心期刊

中文体育类核心期刊

CSSCI来源期刊

RCCSE中国核心学术期刊

中国人文社会科学核心期刊

《中文科技期刊数据库》收录期刊

美国《剑桥科学文摘社网站:体育索引》来源期刊

俄罗斯《文摘杂志》(AJ of VINITI)来源期刊

波兰《哥白尼索引》(IC)收录期刊

2017年 第24卷

5

2017年9月
第24卷第5期
(总第150期)

体 育 学 刊

目 次

探索与争鸣

- 论修改《体育法》的目的、原则与取向·····于善旭,李先燕(1)
- 健康体质学的逻辑起点——健身·····蒋德龙(10)
- 学生体育学科核心素养培育的基本思路与多元途径·····于素梅(16)

体育人文社会学

- 西方健身文化的历史演进·····刘平浩,张爱红(20)
- 中国竞技体育改革走向管窥·····向静,单宇,吕树庭(27)
- 全民健身治理现代化的机遇、挑战与路径·····李龙(31)
- 国家治理视角下体育社会组织的治理·····戴红磊,于文谦(36)
- 体育治理结构的域外经验与中国镜鉴·····张琴,易剑东(41)
- 美国城市社区体育供给模式及其启示
——以盖恩斯维尔市为例·····游茂林,樊荣(48)
- 美国城市精明增长干预公共健康的镜鉴·····吕和武,吴贻刚(52)
- 中美体育经纪行业比较
——兼论中国体育经纪行业制度优化·····白莉莉,冯晓露,乔凤杰(57)

期刊基本参数: CN44-1404/G8*1994*b*A4*144*zh*P*¥ 25.00*3000*27*2017-09

绿道体育与城市生态环境耦合及其路径·····林柔伟,谢冬兴(63)

对我国儿童青少年体育健身评估的反思与展望·····胡月英,唐炎,张加林(69)

学校体育

“体医融合”下我国学校体育的发展·····向宇宏,李承伟(76)

论体育教学改革的本分恪守·····曹原(80)

中小学体育教学异化现象审视·····夏树花(84)

让“体教结合”走向“体教共生”·····单凤霞,郭修金,陈德旭(88)

《运动生理学》精品课程建设的实践与思考·····陈小琼,郝选明,梁健,等(93)

大学羽毛球“慕课+翻转课堂”教学模式的构建与应用·····陈传湊,周威(98)

高校公共体育教师的“导学”理念·····郑志彬,袁雷,俞大伟(102)

体育教师的职业特性及其对体育教师专业化的启示·····刘斌,葛存兵(106)

我国体育硕士专业学位研究生教育的问题与改革·····蒋菠,黄巾,赵波(111)

欧洲体育教育热点问题与研究进展

——基于《欧洲体育教育评论》(EPER)的内容分析·····刘珍,黄爱峰,曹炅(116)

竞赛与训练

基于RSR分析的中国大学生男子篮球队比赛能力·····朱焱,于文谦(122)

运动人体科学

表面肌电贡献率测试3种姿势仰卧起坐的年龄、性别通用性·····孙有平,范洪彬,季浏(126)

运动后心率恢复——大众健身有氧评价的新思路述评·····朱成东,林华(134)

正三摇与单摇跳绳技术的生物力学分析·····姚琼,段全伟,李辉(140)

JOURNAL OF PHYSICAL EDUCATION

Vol.24 No.5 Sep.2017

Contents

Exploration and Contention

- On the purposes, principle and orientation of revising Sports Law.....YU Shan-xu, LI Xian-yan (1)
- Physical exercising—the logical origin of healthy physique science.....JIANG De-long (10)
- Basic ideas and multiple ways for the cultivation of students' physical education disciplinary core makings
.....YU Su-mei (16)

Sports Sociology and Humanities

- Historical evolution of western fitness culture.....LIU Ping-hao, ZHANG Ai-hong (20)
- A glimpse of the trend of competitive sports reform in China.....XIANG Jing, SHAN Yu, Lü Shu-ting (27)
- National fitness governance modernization: opportunities, challenges and paths.....LI Long (31)
- Choices for sports social organization governance from the perspective of country governance
.....DAI Hong-lei, YU Wen-qian (36)
- Sports governance structure: foreign experience and reference for China.....ZHANG Qin, YI Jian-dong (41)
- American city community sports supply mode and its inspirations
——Taking Gainesville city for example.....YOU Mao-lin, FAN Rong (48)
- Experience of American city smart growth intervening public health.....Lü He-wu, WU Yi-gang (52)
- A comparison between Chinese and American sports agency industries
——Also a discussion about the optimization of the sports agency industry system in China
.....BAI LI-li, FENG Xiao-lu, QIAO Feng-jie (57)
- The coupling of greenway sports with urban ecological environment as well as its ways
.....LIN Rou-wei, XIE Dong-xing(63)
- Reflection and expectation of Chinese children and teenagers sports and fitness evaluation
.....HU Yue-ying, TANG Yan, ZHANG Jia-lin (69)

School Physical Education

- Exploration of school physical education development in China from the perspective of
the fusion of sports and medicine.....XIANG Yu-hong, LI Cheng-wei (76)
- On duty fulfillment in physical education teaching reform.....CAO Yuan (80)
- Examination of the signs of dissimilation in elementary and middle school physical education teaching
.....XIA Shu-hua (84)
- Let “the combination of sport and education” develop into “the symbiosis of sport and education”
.....SHAN Feng-xia, GUO Xiu-jin, CHEN De-xu (88)
- Practice and contemplation of the construction of Sports Physiology as a quality course
.....CHEN Xiao-qiong, HAO Xuan-ming, LIANG Jian, et al (93)
- The construction and application of “MOOC + flipped classroom” teaching mode for university badminton
.....CHEN Chuan-zhen, ZHOU Wei (98)
- University public physical education teachers’ “learning guidance” philosophy
.....ZHENG Zhi-bin, YUAN Lei, YU Da-wei (102)
- Physical education teachers’ occupational characteristics and their inspirations to
physical education teacher professionalization.....LIU Bin, GE Cun-bing (106)
- Confusion about and reform of the education of master degree postgraduates majoring in
physical education in China.....JIANG Bo, HUANG Jin, ZHAO Bo (111)
- European physical education hot issues and research developments
——Based on the content analysis of European Physical Education Review.....LIU Zhen, HUANG Ai-feng, CAO Ting (116)

Competition and Training

- The competition abilities of Chinese university men’s basketball team based on RSR analysis
.....ZHU Yan, YU Wen-qian (122)

Exercise Science of Human Body

- Age and gender universality of sit-ups in different postures tested by surface myoelectricity contribution rate
.....SUN You-ping, FAN Hong-bin, JI Liu (126)
- Heart rate recovery after exercise-a new idea for evaluating aerobic capacity in public fitness
.....ZHU Cheng-dong, LIN Hua (134)
- A biomechanical analysis of the clockwise triple-skip and single-skip rope skipping techniques
.....YAO Qiong, DUAN Quan-wei, LI Hui (140)