

ISSN 1006-7116
CN 44-1404/G8



JOURNAL OF PHYSICAL EDUCATION

中华人民共和国教育部主管
华南理工大学 华南师范大学主办

中国科技核心期刊

中文体育类核心期刊

CSSCI 来源期刊

RCCSE 中国核心学术期刊

中国人文社会科学核心期刊

《中文科技期刊数据库》收录期刊

美国《剑桥科学文摘社网站:体育索引》来源期刊

俄罗斯《文摘杂志》(AJ of VINITI)来源期刊

波兰《哥白尼索引》(IC)收录期刊

2018年 第25卷

2

目 次

探索与争鸣

扭曲的身体与自然的体育

——卢梭体育教育观的整体面向·····吴永金, 陆小聪(1)

竞技本质技艺论的质疑与竞技技艺论的建构·····张琪, 夏春, 龚正伟(9)

体育人文社会学

基于我国体育形象塑造的体育核心价值观建构与实践·····谢培山, 邓星华(17)

舞文化在武术套路演进中的作用·····李晓通(22)

改革开放以来我国老年人体育政策研究·····范成文, 刘晴(27)

体育促进新生代女性农民工城市社会融入的质性研究·····唐芝, 熊欢(34)

公共体育服务标准体系框架构建及运行模式·····樊炳有, 王家宏(39)

转型期“政社合作型”体育社团社会资本研究

——以沈阳市滑冰协会为例·····陈慧敏, 周爱光, 王然, 等(45)

体育运动领域自我谈话研究进展·····洪晓彬, 鄢卫峰, 余银(50)

定向运动练习者专项认知能力训练的实验研究·····刘阳, 何劲鹏, 刘天宇(57)

学校体育

- 核心素养培育背景下“乐动会”体育课堂建构.....于素梅(63)
- 基于发展学生核心素养的体育课堂转向与教学转变.....尚力沛，程传银，赵富学，等(68)
- 核心素养导向下体育与健康课程实施路径的优化.....张细谦，张仕宜(76)
- 大学体育俱乐部课程化管理的育人价值.....张波，崔树林，李永华(81)
- 澳大利亚健康与体育课程标准解读.....刁玉翠，李梦欣，党林秀，等(85)
- 美国西维吉尼亚大学健康教育课程经验及其启示.....王先茂，何毅，董国永(91)
- 美国“综合学校体力活动计划”解读及启示.....陈华卫，窦丽，蒋晔(98)
- 我国升学体育考试的困境与出路.....高国贤，练碧贞，沙临博(105)

竞赛与训练

- 中美女排拦防战术及 2 号位拦防阵型特征分析.....杨管，张敏，段锐(109)
- 樊振东技术体系的战术运用特征.....王錐鑫(116)
- 多重比赛情境下中国足球超级联赛球队技战术表现对比赛胜负的影响
.....姜哲，黄竹杭，吴放(122)

运动人体科学

- 不同频率全身振动训练对老年女性平衡能力、下肢肌力和位置觉的影响
.....李静雅，程亮(128)
- 累积运动对肥胖大鼠内脏脂肪组织巨噬细胞极化的影响
.....范锦勤，张丽美，张亚松，等(135)

JOURNAL OF PHYSICAL EDUCATION

Vol.25 No.2 Mar.2018

Contents

Exploration and Contention

The twisted body and natural sports

——The overall orientation of Rousseau's physical education view WU Yong-jin, LU Xiao-cong (1)

The questioning of the theory that the nature of competition is skill and

the establishing of the theory that competition is skill ZHANG Qi, XIA Chun, GONG Zheng-wei (9)

Sports Sociology and Humanities

Establishment and practice of sports core value view based on Chinese sports image building

..... XIE Pei-shan, DENG Xing-hua (17)

A analysis on the roles of dance culture in Wushu routine evolution LI Xiao-tong (22)

A study of Chinese elderly sports policy since the reform and opening FAN Cheng-wen, LIU Qing (27)

A qualitative study of sports promoting the urban social inclusion of

new generation female peasant workers TANG Zhi, XIONG Huan (34)

Public sports service standard system framework construction and running modes

..... FAN Bing-you, WANG Jia-hong (39)

A study of the social capital of "government and society cooperation type"

sports associations in the transformation period

——Taking Shenyang Skating Association for example CHEN Hui-min, ZHOU Ai-guang, WANG Ran, et al (45)

Self-talk research development in the sports area HONG Xiao-bin, GAO Wei-feng, YU Yin (50)

An experimental study of specialized cognitive ability training for orienteering practicers

..... LIU Yang, HE Jin-peng, LIU Tian-yu (57)

School Physical Education

The building of HSA physical education classrooms under the background of core attainment cultivation

..... YU Su-mei (63)

Physical education classroom turning and teaching changing based on
developing student core attainments.....SHANG Li-pei, CHENG Chuan-yin, ZHAO Fu-xue, et al (68)

Physical education and health curriculum implementation path optimization under
the guidance of core attainments.....ZHANG Xi-qian, ZHANG Shi-yi (76)

The people education value of curriculum like management of university sports clubs
.....ZHANG Bo, CUI Shu-lin, LI Yong-hua (81)

Interpretation of Australia Curriculum: Health and Physical Education
.....DIAO Yu-cui, LI Meng-xin, DANG Lin-xiu, et al (85)

Experiences of and inspirations from the health education curriculum of
West Virginia University in the United States.....WANG Xian-mao, HE Yi, DONG Guo-yong (91)

An interpretation of and inspirations from the Comprehensive
School Physical Activity Program of the United States.....CHEN Hua-wei, DOU Li, JIANG Ye (98)

Predicaments in and outlets for sports examination for entering a higher school in China
.....GAO Guo-xian, LIAN Bi-zhen, SHA Lin-bo (105)

Competition and Training

An analysis of the characteristics of blocking tactics and position 2 blocking formation of
Chinese and American women's volleyball teams.....YANG Guan, ZHANG Min, DUAN Rui (109)

Characteristics of tactical application of FAN Zhendong's technical system.....WANG Zhui-xin (116)
Effects of the technical and tactical performance of Chinese Football Association Super League teams on
game winning or losing under multiple competition.....JIANG Zhe, HUANG Zhu-hang, WU Fang (122)

Exercise Science of Human Body

Effects of whole body vibration training at different frequencies on the balance, lower limb muscle strength and
position sense of elderly women.....LI Jing-ya, CHENG Liang (128)

Effects of accumulated exercise on the polarization of macrophages in visceral adipose tissue of obese rats
.....FAN Jin-qin, ZHANG Li-mei, ZHANG Ya-song, et al (135)