

中国全科医学®

ZHONGGUO QUANKE YIXUE

1998年6月创刊 总第258期 第13卷 第10C期 2010年10月20日出版

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出版

中国全科医学杂志社
100069 北京市南区右安门外西头条10号
首都医科大学128信箱
电话: (010) 63052088 83525550
传真: (010) 63052088
E-mail: chinagp@vip.sina.com

印刷

廊坊市佰利得彩印制版公司

发行

国内: 北京市报刊发行局
邮发代号: 80-258
国外: 中国国际图书贸易总公司
(北京399信箱; 100044)
邮发代号: M 5123

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全国各地邮局

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中国全科医学杂志社发行部
100069 北京市南区右安门外西头条10号
首都医科大学128信箱
电话: (010) 83116337 83116335
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定价

每期7.8元, 全年187.2元

广告经营许可证

许可证号: 1304034000014

中国标准连续出版物号

ISSN 1007-9572
CN 13-1222/R

稿件查询

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《中国全科医学》稿约见第 13 卷第 1A 期

Authors Information - VOL 13 - NO. 1A

【期刊基本参数】CN13-1222/R * 1998 * s * A4 * 92 * zh * p * ¥7.80 * 47 * 2010-10

本期责任编辑 刘莉 英文编辑 孟宪昊 责任排版、校对 尹鹏 王俊懿

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本期的“专题研究”报道了类风湿关节炎(RA)及其并发症相关问题的研究结果,如外周血 CD₄⁺CD₂₅⁺调节性 T 细胞比例及血清 IL-17、转化生长因子 β 水平与 RA 疾病活动有关;趋化因子受体 CCR7 在外周血淋巴细胞上的表达异常增加可能是导致 RA 病情活动的机制之一;血清高水平巨噬细胞集落刺激因子提示 RA 患者可能会出现心脏受累;血清类风湿因子及抗环瓜氨酸肽抗体水平异常增加提示 RA 患者发生间质性肺疾病的可能性大。

“调查研究”栏目报道了荆门市 0~3 岁儿童看护人的儿童保健知识认知情况及其获取途径调查结果,发现 0~3 岁儿童看护人的儿童保健知识水平较低。提示应对看护人开展多种形式的宣教,以提高其儿童保健知识水平,从而促进儿童身心全面发展。

“中西医结合研究”是本刊的特色栏目,本期将中医·中西医结合方面的重要课题研究成果进行报道,如姜黄素通过下调核因子 κ B 的表达从而对胃癌细胞 MGC-803 的增殖起到抑制作用;来氟米特联合尿激酶和黄芪治疗成人原发性肾病综合征疗效显著;消瘤汤联合腹腔热灌注化疗能改善胃癌患者术后的生存质量等。敬请关注。

《Australian Family Physician》(澳大利亚家庭医生)杂志九月份目次选登

- Osteoarthritis (骨关节炎)
- Osteoarthritis - management options in general practice (骨关节炎的全科医疗管理要点)
- Rheumatoid arthritis (风湿性关节炎)
- Juvenile idiopathic arthritis (青少年性先天性关节炎)
- Arthritis disease - The use of complementary therapies (关节炎的互补疗法)
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- Patient attitudes - training students in general practice (在全科医疗实践中培养学生对患者态度的关注)

CHINESE GENERAL PRACTICE

Established in June 1998 Volume 13, Number 10C October 20, 2010

Responsible Institution

Ministry of Health, P. R. C

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http: //www. chinagp. net
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Publishing

Editorial Department of
Chinese General Practice
128[#], No. 10 Xitoutiao, Youanmen,
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Fax: (010) 63052088
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BaiLiDe Colored Printing Factory
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Domestic Distributor:
Beijing Post Offices
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Overseas Distributor:
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Code No. M 5123

Price

RMB 7. 80 Yuan

CSSN

ISSN 1007 - 9572
CN 13 - 1222/R

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Chinese General Practice

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[Serial Parameters] CN13 - 1222/R * 1998 * s * A4 * 92 * zh * p * ¥ 7. 80 * 47 * 2010 - 10