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· 编者话 ·

秋的原野如此辽远; 秋的天空如此湛蓝。路边的野草披满霜露, 在阳光的照耀下, 晶莹剔透。田野里, 白菊正绿, 黄菊正黄, 风中飘落的枫叶, 像在舞蹈, 又像在歌唱。在这美妙的秋天, 请停下您疾驰的脚步, 留心一下您周围点点美丽, 毕竟花瓣留不住露珠, 朝霞锁不住清霜。不要为物质和金钱而不停地奔波, 心灵也需要阳光, 也需要觅一处宁静。所以当我们埋头苦干得身疲力竭时, 请到户外去看看知秋的枫叶、傲霜的秋菊, “江山宛如画, 妖娆数深秋”, 也愿这期杂志如一幅幅栩栩如生的画卷、一首首婉转如斯的歌……

本期“专题研讨”重点论述了急性脑梗死后常见并发症的种类及其发生的时间特征、急性脑梗死后应激性溃疡的治疗及夜间酸突破的预防措施及重复经颅磁刺激对急性脑梗死患者神经功能康复的影响等, 对急性脑梗死并发症的预防和预后判断有一定的借鉴价值。

慢性病的防治重点在社区, 社区预防是慢性病防治最有效的手段。在“社区健康管理”栏目报道了陈云在社区对糖尿病患者实施综合的规范化管理、陈先辉等在社区对卒中前期人群的自创性危险因素实施健康管理的效果。

在“调查研究”栏目中龚毅红等调查了南通市成人体检中高血压患病率及其危险因素; 陈任等调查了农村社区老年人日常生活活动能力与老年痴呆患病率的关系, 对高血压和老年痴呆的预防有借鉴作用。敬请关注。

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●Early dementia - optimal management in general practice

●End of life care - the importance of advance care planning

●Androgen deficiency in the aging man

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