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中华人民共和国卫生部

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中国医院协会
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编辑
中国全科医学杂志编辑委员会
100069 北京市南有安门外西头条10号
首都医科大学128信箱
电话: (010) 63052088 83525550
传真: (010) 63052088
http://www.chinagp.net
E-mail: zgqkyx@126.com

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编辑部

电话: (010) 63052088
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学术培训部

电话: (010) 83115198
E-mail: xuyanqk@163.com

上海工作部

联络人: 谢庆文
地址: 200025 上海市重庆南路 227 号
单位: 上海交通大学医学院全科医学教育
培训中心
电话: (021) 63846590-776、506
传真: (021) 53021063

天津工作部

联络人: 董燕敏
地址: 300040 天津市和平区南京路 98 号
单位: 天津市社区卫生协会
电话: (022) 23032711
传真: (022) 23032711

重庆工作部

联络人: 吴建华
地址: 400020 重庆市江北区竹林村 1 号
(肺科医院门诊部六楼)
单位: 重庆市社区卫生协会
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时光悄然流逝, 转眼间, 《中国全科医学》2010 年最后一期已经出刊。回首一年的辛勤工作, 那埋头耕耘的身影, 在键盘上飞舞的双手, 以及深夜加班的疲惫……一幕幕平凡的镜头, 现在想起来是那么生动。

回首 2010, 本刊“专题研究”曾就“骨质疏松症”、“肝功能衰竭”、“心肌梗死”、“幽门螺杆菌相关疾病”、“糖尿病并发症”、“脓毒症”、“胰岛素强化治疗”等内容进行专题报道, 从多方位、多角度出发, 诠释疾病的诊断、治疗、预后等问题。另外, 本刊还重点刊登了社区常见病、多发病以及慢性病的研究成果, 如 2 型糖尿病、冠心病、癌症、脑血管疾病等。

秉着传播全科医学理念、倡导社区卫生服务的思想, “全科医生诊室”不仅连续刊登了社区中常见心理疾病的案例以及详实的心理咨询过程, 还对罕见或疑难病例进行讨论, 重现全科医生诊疗过程, 注重理论与实践的结合。另外, 还刊登了社区老年人代谢综合征的流行特征、城市老年女性高血压及相关疾病家族史、糖尿病患者健康状况、农村妇女宫颈疾病的流行现状等备受关注的调查研究结果, 均给予干预措施的制定提供了依据。

回首 2010, 本栏的特色栏目备受读者欢迎。如将中医药、针灸、经络疗法等与西医结合, 探讨中西医结合治疗眩晕、精神分裂症、下肢动脉硬化闭塞症等研究; 如重型颅脑损伤的护理、老年患者的时间护理、关节镜下前交叉韧带重建术后的康复等; 如 WONCA 研究论文摘要汇编以及《澳大利亚家庭医生》杂志目次选登……

回首 2010, 《中国全科医学》杂志的影响正在稳步提升; 展望 2011, 我们会一如既往地关注中国全科医学/社区卫生服务领域新的科研成果并及时报道; 此外, 还会增加国外全科医学/家庭医学方面稿件的刊登, 以便加强国际间的交流。

秉承传播全科医学理念的信念, 我们是一群记录者, 我们一直在路上……

岁末寄语, 同仁共勉!

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