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· 导 读 ·

“专题研究”

非酒精性脂肪性肝病患者常伴多种危险因素,其发病也与不良生活方式有关,本期“专题研究”探讨了非酒精性脂肪性肝病与原发性高血压的关系、此病在 2 型糖尿病患者中的患病率及其危险因素等,同时探讨了饮茶习惯对非酒精性脂肪肝的保护作用,为本病的防治提供依据。

“调查研究”

近年来,高尿酸血症的患病率逐年升高,其可以引起痛风性关节炎、尿路结石等疾病,同时还可能是高血压、冠心病、糖尿病等疾病的危险因素,刘志连等调查了成年体检人群中高尿酸血症的患病率及相关危险因素;癌症与不良生活习惯有一定关系,预防尤为重要,齐玉梅等调查了湖北省农民防癌知识及其获取途径,提示医务工作者应增强对农村防癌知识的健康教育。

“慢病管理”

社区医院及全科医生在高血压社区防治中发挥着重要作用,本期探讨了高血压社区综合防治路径及社区高血压患者管理中病情流程表的设计及应用,更好地为高血压的社区防治提供服务。

“急诊急救”

目前我国公众急救普及率较低,尚未建立对普通民众的急救培训模式,吴丽萍等探讨了以在校医学生为培训主体、对民众进行免费培训的模式,希望逐渐建立起一个由普通民众参与的社区急救网络,以期探索出一条适合我国国情的急救知识普及模式。

本期出刊之时,也迎来了中国共产党 90 周年华诞,在此祝愿祖国的明天更美好!



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