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· 导 读 ·

“专题研究”

急性脑梗死是常见的脑血管疾病,具有很高的发病率、致残率和病死率,早期诊断、治疗和康复训练可以改善患者的预后,降低病死率和病死率。本期“专题研究”栏目介绍了尿常规检查对心源性梗死的诊断价值、溶栓治疗的效果及治疗时间窗、脑梗死后抑郁与神经功能恢复的相关性、脑梗死后吞咽障碍的康复治疗及远程家庭康复指导对脑梗死恢复期患者日常生活活动能力的影响,希望能对临床起到指导作用。

“论著”

随着城市化进程的推进,大量的农村人口流向城市,这些流动人口大多处于性活动期,对其开展艾滋病和安全性行为健康教育是预防 AIDS 的重要环节之一。WHO 已经确认同伴教育是全世界预防 HIV/AIDS 的主要措施之一,为此,李和平等对“流动人口中实施艾滋病同伴教育的可行性”进行了探讨。

国际母乳喂养行动联盟(WABA)确定每年 8 月 1 日至 7 日为“世界母乳喂养周”,母乳喂养已成为全球关注的热点,慢性乙型肝炎病毒携带产妇能否母乳喂养?陈琦等对该问题进行了研究。

王尧等对“糖尿病患者血糖波动与氧化应激状态的相关性”进行了研究,认为:糖尿病患者的高血糖状态与体内的氧化应激状态相关,明显的血糖波动导致了氧化应激损伤的产生。故在对糖尿病患者进行管理时,不仅要关注患者血糖的整体水平,还要关注血糖波动对患者的影响。

“诊治分析”

张建新等借助循证医学的方法为一例慢性萎缩性胃炎伴不典型增生患者确定了治疗目标和合理的治疗方案,其诊治疾病的方法值得借鉴,敬请阅读。

“全科医生技能发展”

心电图分析是全科医生应当掌握的一项基本技能,在“全科医生技能发展”栏目,介绍了不同节段回波支急性闭塞的心电图特点、常规心电图与动态心电图不同导联连接方式对 ST-T 的影响等,欢迎阅读。

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