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· 导 读 ·

“新进展”

血管内介入术因创伤小、患者痛苦小、住院时间短等优势已广泛应用于脑血管狭窄的治疗, 血管内介入术有哪些术式? 每种术式有什么优缺点? 目前需要解决的问题有哪些? 胰腺癌发病率逐年上升, 诊断明确大都已到晚期, 死亡率较高, 胰腺癌肿瘤标志物对胰腺癌早期诊断及治疗的意义? 随着放射诊断技术和介入技术的发展, 对比剂在临床使用越来越多, 对比剂肾病越来越引起人们的关注。对比剂肾病的诊断标准、发病机制、危险因素、防治措施是什么? 本栏目就上述问题进行详述。

“专题研究”

营养是保证人体健康的基本条件, 疾病治疗过程注重膳食营养、加强营养治疗非常重要。合理平衡的膳食营养可以调整机体代谢, 修复组织, 促进疾病或创伤的痊愈。补充深海鱼油对类风湿关节炎患者有什么影响? 低血糖指数糖尿病膳食对 2 型糖尿病患者代谢及营养状况有无影响? 低碳水化合物膳食对新诊断糖尿病患者能量及葡萄糖代谢的影响是什么? 本栏目围绕膳食营养对疾病的影响展开讨论。

大血管病变是糖尿病常见的并发症之一, 是糖尿病患者致残和致死的主要原因。努力研究糖尿病患者大血管病变的发病机制和干预措施, 对于提高大血管病变的综合防治效果具有重要意义。脂蛋白相关磷脂酶 A₂、血清抵抗素与 2 型糖尿病大血管病变有无相关性? 2 型糖尿病并发非酒精性脂肪肝的危险因素是什么? 及其与糖尿病大血管病变有无相关性? 本栏目围绕糖尿病大血管病变的发病机制展开讨论。

“中医·中西医结合研究”

弘扬祖国医学, 发挥民族特色。本期就黄葵胶囊联合还原型谷胱甘肽治疗慢性肾脏病及氟沙坦联合松龄血脉康治疗高血压合并代谢综合征的疗效进行观察。

格 言

医生给病人开出的第一张处方应该是关爱。

——郎景和

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