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万方数据

· 导 读 ·

专题研究

认知功能障碍包括感知、思维、注意、智能、自知能力的障碍,不但影响患者的生活质量,还影响患者的社会适应能力。本次“专题研究”围绕轻度认知功能障碍的危险因素及干预措施、阻塞性睡眠呼吸暂停低通气综合征患者的认知功能特点、蒙特利尔认知评估量表对腔隙性脑梗死患者认知功能障碍的评估价值、电刺激小脑顶核治疗不同程度血管性认知障碍的疗效进行探讨。

论著

深入报道社区慢性病及常见病的随机对照试验、随访研究及疾病的早期筛查与识别,一直是本栏目的方向,目的是更好地推动真正全科医学临床研究的开展。本期“论著”除了关注疾病的危险因素研究,如老年非酒精性脂肪肝患者外周血管疾病的危险因素、重症手足口病并发神经源性肺水肿的高危因素、糖尿病足发生多重耐药菌感染的危险因素外,还就药物治疗效果进行报道,如阿卡波糖对不同性别 2 型糖尿病患者治疗效果的比较、霉酚酸酯与环磷酰胺治疗狼疮性肾炎的疗效及安全性。此外,疾病预后评估指标的研究可以很好地指导全科医生判断患者的预后,如本期就降钙素原和 C 反应蛋白对老年人下呼吸道感染病情严重程度及预后评估的价值进行了探讨……

护理与康复

疾病的治疗固然重要,但院后或术后的康复仍然重要。本期研究结果包括:腰背肌练习可改善间盘镜下髓核摘除术患者伴随的腰部不适症状;多学科合作模式下快速康复外科流程有利于减少围术期胃肠道肿瘤患者的痛苦,加速术后的恢复;三级康复技术可提高脑卒中患者的肢体功能及日常生活活动能力。

格 言

凡大医治病,必当安神定志,无欲无求,先发大慈恻隐之心,普愿普救含灵之苦。

——孙思邈

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