

中国全科医学®

ZHONGGUO QUANKE YIXUE

1998年6月创刊 总第345期 第15卷 第8B期 2012年8月15日出版

主 管

中华人民共和国卫生部

主 办

中国医院协会

100013 北京市朝阳区和平街

和平西苑20号A座101室

学术顾问

John Murtagh (澳大利亚)

名誉主任委员

曹荣桂

主任委员

李长明

副主任委员

吕兆丰 梁万年 杨秉辉

陈博文 李大拔 傅 华

杨 辉

总编辑

梁万年

总发行人、社长

韩建军

编 辑

中国全科医学杂志编辑委员会

100069 北京市南右安门西头条10号

首都医科大学128信箱

电话: (010) 63052088 83525550

传真: (010) 63052088

http://www.chinagp.net

E-mail: zgqkxy@126.com

出 版

中国全科医学杂志社

100053 北京市宣武区广义街5号

广益大厦A座907

电话: (010) 63052088 83525550

传真: (010) 63052088

E-mail: chinagp@vip.sina.com

印 刷

廊坊市飞腾彩印制版有限公司

发 行

国内: 北京市报刊发行局

邮发代号: 80-258

国外: 中国国际图书贸易总公司

(北京399信箱; 100044)

邮发代号: M 5123

订 购

全国各地邮局

邮 购

中国全科医学杂志社发行部

100053 北京市宣武区广义街5号

广益大厦A座907

电话: (010) 83116335 83116337

传真: (010) 83116270

定 价

每期7.8元, 全年187.2元

广告经营许可证

许可证号: 1304034000014

中国标准连续出版物号

ISSN 1007-9572

CN 13-1222/R

稿件查询

http://www.chinagp.net

电话: (010) 63052088 83525550

E-mail: zgqkxy@126.com

订购电话

电话: (010) 83116337

目 次 CONTENTS

世界全科医学工作瞭望 World General Practice / Family Medicine

WONCA (世界家庭医生组织) 研究论文摘要汇编

——阿司匹林用于预防静脉栓塞再发

Aspirin for Preventing the Recurrence of Venous Thromboembolism 2622

——尿失禁术前尿动力学检测的随机试验

A Randomized Trial of Urodynamic Testing before Stress - incontinence Surgery 2639

——新生早产儿视网膜病筛查失败的相关因素

Factors Associated with Failure to Screen Newborns for Retinopathy of Prematurity 2642

《American Family Physician》论文摘要选登

——慢性呼吸困难的成因及评价

Causes and Evaluation of Chronic Dyspnea 2661

——儿童和成人普通感冒的治疗

Treatment of the Common Cold in Children and Adults 2711

专题研究 Monographic Research

急性缺血性脑卒中患者院前及院内延迟因素调查研究

Pre-hospital and In-hospital Delay after Acute Ischemic Stroke among 231 Patients 王振海, 谢柳青, 赵春梅等 2605

缺血性脑卒中高危者院前延迟行为意向现状调查及影响因素分析

Pre-hospital Delay Behavior Intention in Individuals at High Risk for Ischemic Stroke 吴燕妮, 赵秋利, 刘晓等 2609

缺血性脑卒中患者院前转运情况对就诊时间的影响研究

Impact of Pre-hospital Transfer on Time to Admission of Ischemic Stroke Patients 何红丽, 王培席, 浮荣莉 2613

论 著 Original Research

阻塞性睡眠呼吸暂停低通气综合征与急性脑梗死预后的关系研究

Study on the Relationship between Obstructive Sleep Apnea Hypopnea Syndrome and Acute Cerebral Infarction Prognosis 袁远, 高旭光 2616

不同他汀类药物治疗早发冠心病急性心肌梗死患者近期临床随访研究

Clinical Follow-up Study of Patients with Premature Acute Myocardial Infarction Undergoing Intervention with Different Statins Treatment 石蕊, 姜铁民, 赵季红等 2619

不同年龄段老年患者经桡动脉和股动脉途径行经皮冠状动脉介入治疗的对比分析

Application of Radial Versus Femoral Artery Access in Percutaneous Coronary Intervention in Different Age Groups of Elderly Patients 周全, 许春平, 潘少勇 2623

POSSUM 评分系统预测高龄食管胃结合部腺癌术后并发症风险的临床应用研究

Clinical Application of POSSUM Scoring System in Evaluating Postoperative Complications of Elderly Patients with Adenocarcinoma of the Esophagogastric Junction 孟涛, 王飞, 张茜等 2626

糖尿病患者随访管理数据库的应用效果研究

Application and Effectiveness of Follow-up Management Database in Diabetic Patients 董静芬, 朱麒麟, 屠昕 2629

女性2型糖尿病与睡眠相关行为的相关性研究

Analysis of Female Type 2 Diabetes Mellitus and Sleep-related Behaviors 李志强, 吴东妮, 刘海艳等 2632

编委

乌正赉	王仲	王拥军
王家骥	王崑	卢祖洵
冯庚	孙红	吕兆丰
刘薇薇	杜亚平	杜雪平
李士雪	李东	汤泰秦
何坪	严海东	杨文秀
杨光燃	杨英珍	杨秉辉
杨菊贤	杨慧霞	张正
张瑾	张开金	张元芳
张石革	张祥建	张纾难
张晓琳	迟宝荣	吴群红
沈洪	陈博文	周仲华
施榕	胡大一	姚崇华
祝培珠	郭清	郭爱民
郭航远	项志敏	袁申元
顾媛	高旭光	陶家驹
贾继东	倪家骧	梁万年
崔树起	韩亚丽	韩晓茜
谢祥鳌	程晓明	董燕敏
傅华	解军	鲍勇
路孝勤	颜青	

(以上按姓氏笔画排序)		
澳大利亚:		
Shane Thomas	Colette Browning	
Hui Yang	Leon Piterman	
David Legge	Geroge Liu	
美国:		
Kurt C. Stange	LiLi	
港澳:		
李大拔	曾广加	官世海

编辑部

电话: (010) 63052088
E-mail: xuyanli@vip.sina.com

学术培训部

电话: (010) 83115198
E-mail: xuyanqk@163.com

上海工作部

联络人: 谢庆文
地址: 200025 上海市重庆南路 227 号
单位: 上海交通大学医学院全科医学教育培训中心
电话: (021) 63846590 - 776、506
传真: (021) 53021063

天津工作部

联络人: 董燕敏
地址: 300040 天津市和平区南京路 98 号
单位: 天津市社区卫生协会
电话: (022) 23032711
传真: (022) 23032711

重庆工作部

联络人: 吴建华
地址: 400020 重庆市江北区竹林村 1 号
(肺科医院门诊部六楼)
单位: 重庆市社区卫生协会
电话: (023) 67735072
传真: (023) 67733983、67736151

本刊 2012 年版权归中国全科医学杂志社所有
未经编辑部许可, 不得任意转载和摘编
本刊所发表作品仅为作者观点, 并不代表编委会和编辑部意见
如有印装质量问题请向本刊发行部调换

负荷量加高维持量的阿托伐他汀对急性冠脉综合征患者介入治疗后血管内皮功能、血小板活化和炎症因子及预后的影响 <i>Effects of High Loading Dose and High Maintenance Doses of Atorvastatin on Platelet Activity, Vascular Endothelium Function, Inflammation and Prognosis in Patients with Acute Coronary Syndrome Undergoing Percutaneous Coronary Intervention</i> ... 陈章强, 洪浪, 王洪等	2635
甲胎蛋白异质体 3 及其比值对原发性肝癌和肝硬化的鉴别诊断价值研究 <i>Value of Serum Alpha-fetoprotein Invariant AFP-L3 Assay in the Differential Diagnosis of Hepatocellular Carcinoma</i> ... 何建伟, 曹薇薇, 李静等	2640
含缓释碳水化合物高单不饱和脂肪酸配方肠内营养制剂对 2 型糖尿病的影响研究 <i>Influence of Enteral Nutrition Formula Rich in Slow-release Carbohydrates and Mono-unsaturated Fatty Acids on Type 2 Diabetes Mellitus</i> ... 陈永春, 陈小梅, 许楦等	2643
阿仑膦酸钠治疗绝经后骨质疏松的效果及与低密度脂蛋白受体相关蛋白 5 基因 N740N 多态性的关系研究 <i>Effectiveness of Alendronate in Treating Osteoporosis and Its Relationship with N740N Polymorphism of Low-density Lipoprotein Receptor Related Protein 5 Gene</i> ... 傅文贞, 柯耀华, 汪纯等	2646
川崎病合并肺炎支原体感染患儿实验室检查指标及临床特征研究 <i>Clinical Characteristics and Inflammation-associated Factors of Peripheral Blood in Kawasaki Disease Children with Mycoplasma Pneumoniae Infection</i> ... 李玉华, 吴本清, 黄若谷等	2649
三级综合医院全科医疗门诊患者就诊原因及诊断情况研究 <i>Patient Reasons for Encounter and Problems Managed at A General Practice Clinic Affiliated to A Tertiary Hospital</i> ... 周仲华, 黄文娟, 陈仕银等	2652
综合医院抑郁焦虑障碍患者躯体症状与躯体疾病诊断分布研究 <i>Distribution of Physical Symptoms and Diagnoses in Patients with Depression or Anxiety Disorders in General Hospitals</i> ... 曾庆枝, 何燕玲, 刘哲宁等	2656
宫颈癌围术期患者 C 型行为特征和焦虑抑郁的相关性研究 <i>Correlation between C Type Behaviors and Negative Emotion of Perioperative Patients with Cervical Cancer</i> ... 张娜, 郭玉芳, 张静平	2662
贵州省艾滋病患者耐药基因突变研究 <i>Drug Resistance Gene Mutation in AIDS Patients in Guizhou Provice</i> ... 孙伟, 李志坚, 孙显光等	2664
医学循证 Evidence Based Medicine	
中国老年高血压病及其并发症与血管紧张素转化酶基因多态性相关性的 Meta 分析 <i>Meta-analysis on Correlation of Hypertension and Its Complications with Angiotensin-converting Enzyme Gene Polymorphisms in Chinese Elders</i> ... 赵瑛, 彭澍	2667
腹腔镜与开腹手术治疗成人急性阑尾炎的 Meta 分析 <i>Laparoscopic Versus Open Appendectomy for Adult Acute Appendicitis: Meta-analysis</i> ... 滕廷鹏, 张春皎, 李胜等	2670
临床诊疗提示 Clinical Practice Tips	
青年肺癌与老年肺癌临床特点研究 <i>Research on the Clinical Features of Lung Cancer in Young and Elder Patients</i> ... 王永, 唐鹏飞, 杨玉蓉	2674
深圳市地中海贫血患者基因诊断结果分析 <i>Thalassemia in Shenzhen: A Genotypic Analysis of 189 Cases</i> ... 张莉, 叶国永, 黄国珍等	2677
胃小细胞癌一例诊治并文献复习 <i>Diagnosis and Treatment of Small Cell Carcinoma of Stomach: A Case Report and Literature Review</i> ... 陈俊卯, 赵鹏, 陈建立等	2679
肠白塞病一例诊治并文献复习 <i>Diagnosis and Treatment of Intestinal Behcet's Disease: A Case Report and Literatures Review</i> ... 刘辉, 刘秀鹏	2681
调查研究 Investigations	
社区老老年人群痴呆患病率及其影响因素研究 <i>Prevalence of Dementia among the Eldly and Its Influential Factors</i> ... 于焰, 张娜, 董佳梅等	2685
乡村居民颈动脉粥样硬化现况调查及相关危险因素分析 <i>Prevalence of Carotid Atherosclerosis in An Urban District of Beijing and Its Risk Factors</i> ... 胡亚娟, 刘燕辉, 王宁	2688
短篇论著 Short Reports	
不同危险分层急性冠脉综合征患者抑郁症患病率及其程度的研究 <i>Depression Prevalence and Its Extent in Different Risk Stratification of Acute Coronary Syndrome</i> ... 黄志芬, 周祖勇, 周庆春等	2691

贝前列素钠对老年糖尿病肾病患者肾功能及凝血功能的影响

Impact of Beraprost Sodium on Renal Function and Blood Coagulation of Elderly Patients with Diabetic Nephropathy 朱虹, 段晓宇 2693

急性白血病患者化疗相关心脏毒性及检测方法分析

Chemotherapeutics - induced Cardiomyopathy in Acute Leukemia Patients and It's Detection Methods 孙长勇, 杨淑莲, 李泳浩等 2695

糖皮质激素治疗原发性肾病综合征合并结核性胸膜炎疗效观察

Glucocorticoid in Treatment of Primary Nephrotic Syndrome Combined with Tuberculous Pleurisy 杜跃亮, 李耀军, 孙桂华 2697

阿魏酸钠治疗不稳定型心绞痛的疗效研究

Efficacy of Sodium Ferulate in Treating Patients with Unstable Angina Pectoris and Its Underlying Mechanism 任立冰, 翟桂兰 2699

维持性血液透析合并心力衰竭患者血清调节性 T 细胞与炎症因子的表达及意义

Regulatory T Cells and Inflammatory Factors in Patients With Maintenance Hemodialysis Complicated by Heart Failure 沈学飞, 韩晓云, 殷爱民等 2702

经导管超低压间断栓塞治疗肝海绵状血管瘤疗效观察

Transcatheter Super - low Pressure Intermittent Embolization in Hepatic Cavernous Hemangioma 张冰沸, 吴爱萍, 刘道军等 2704

超声引导穿刺无水乙醇硬化治疗老年良性甲状腺囊肿疗效观察

Efficacy of Ultrasound Guided Percutaneous Ethanol Sclerotherapy for Benign Thyroid Cysts in Elder Patients 牛少雄, 木拉提 2707

瘢痕子宫再次剖宫产的并发症分析

Complications of Repeated Cesarean Section in Pregnant Women with Scarred Uterus 高丽欣, 刘群 2709

早期血液灌流联合血液透析滤过治疗重症急性胰腺炎疗效及对血液内环境的影响

Early Hemoperfusion Combined with Hemodiafiltration in Severe Acute Pancreatitis and Its Effects on Blood Internal Environment 梁春艳, 刘志刚, 董涛等 2712

中医·中西医结合研究 Traditional Chinese Medicine

中西医结合治疗卒中后抑郁的研究现状及进展

Research Status of Combined Treatment of Traditional Chinese and Western Medicine in Post - stroke Depression 张哲, 蒋国卿, 吕静静等 2715

基于“治未病”理论的腺瘤性大肠息肉的中药干预研究

TCM Intervention of Adenomatous Colorectal Polyps Based on Theory " Preventive Treatment of Diseases" 张北平, 赵喜颖, 刘刚 2718

急诊急救 Emergency Medicine

特殊感染脓毒症的救治

Treatment of Special Infection Sepsis 刘保池 2721

危重患者院内转运流程再造的效果评价研究

Effect Evaluation of Reengineering Nosocomial Transfer Process for Critically Ill Patients 刘家红, 郑显兰 2723

乌司他丁治疗蜂蜇伤后急性肾损伤的救治分析

Ulinastatin Against Acute Kidney Injury Following Wasp Stings 沈建明, 田少江, 王黎萍等 2726

全科医生知识窗 General Practice Knowledge Updates

医生应如何使用安慰剂?

How Doctors Can Ethically Harness the Placebo Effect 2615

健康小贴士

夏季健康食谱——老年人篇

Summer Healthy Diets 2714

读者服务 Reader Services

本刊“中医·中西医结合研究”栏目征稿启事

Notes for Contributors to " Traditional Chinese Medicine " 2625

本刊“急诊急救”栏目征稿启事

Notes for Contributors to " Emergency Medicine " 2634

【期刊基本参数】CN13 - 1222/R * 1998 * s * A4 * 92 * zh * p * ￥7.80 * 41 * 2012 - 08

本期责任编辑 赵跃翠

英文编辑 吴建华

责任排版、校对 尹鹏 李晨

万方数据

· 导 读 ·

“世界全科医学工作瞭望”栏目自开设以来,以其丰富的内容和鲜明的针对性,受到广大读者的青睐,为进一步服务于读者,此栏目近期增加了对《American Family Physician》和《Australian Journal of Rural Health》等国际全科医学专业杂志最新研究成果的翻译报道,可使读者第一时间了解到国外全科医学的发展方向及研究动态。

缺血性脑卒中发生后,惟一积极有效的治疗方式即是早期溶栓治疗,然而,有较多因素影响患者的就诊时间和就诊意识。本期“专题研究”在调查分析缺血性脑卒中院前延迟的因素基础上,建议相关部门针对研究结果制定相应的干预措施,对高危患者及其家属进行健康教育,使患者在症状出现时即可做出鉴别,减少就诊延迟,使更多的患者在有效时间内得到治疗。

与基层社区卫生服务中心或服务站比较,三级综合医院的全科医疗门诊有其独特的优势,来诊病例数较多,门诊处理的健康问题范围很宽,几乎涵盖了所有系统,且多为未分化疾病,在此情况下,全科医生的“守门人”的功能非常重要。周仲华等研究成果显示,在全部健康问题中,呼吸系统和心理问题所占比例较高。全科医生应借鉴此成果,针对本地区全科医疗门诊患者的就诊原因和诊断分布加强技能培训,有效解决来诊患者的健康问题。



《American Family Physician》杂志七月目次选登

● Treatment of the Common Cold in Children and Adults

儿童和成人感冒的治疗

● Causes and Evaluation of Chronic Dyspnea

慢性呼吸困难的病因与评价

● Summary of the NIAID - Sponsored Food Allergy Guidelines

美国国家过敏与传染病研究院倡导的食物过敏指南摘要

● Prevention of Perinatal Group B Streptococcal Disease: Updated CDC Guideline

围产期 B 群链球菌病的预防: 最新美国疾病预防控制中心指南

CHINESE GENERAL PRACTICE

Established in June 1998 Volume 15, Number 8B August 15, 2012

Administrative Institution

Ministry of Health, P. R. C

Sponsor

Chinese Hospital Association
A - 101, Hepingsiyuan No. 20, Heping Street
Chaoyang District, Beijing, 100013

Academic Adviser

John Murtagh

Honorary Chairman

Cao Rongui

Chairman

Li Changming

Vice - Chairman

Lv Zhaofeng Liang Wannian
Yang Binghui Chen Bowen
Li Daba Fu Hua Yang Hui

Editor - in - Chief

Liang Wannian

Managing Director

Han Jianjun

Editing

Editorial Board of Journal of
Chinese General Practice
128#, No. 10 Xitoutiao, Youanmen,
Nan District, Beijing 100069, China
Tel: (010) 63052088 83525550
Fax: (010) 63052088
http: //www. chinagp. net
E - mail: zgqkx@126. com

Publication

Editorial Department of
Chinese General Practice
A907 Guangyi Building,
5 Guangyi Street,
Xuanwu District, Beijing 100053, China
Tel: (010) 63052088 83525550
Fax: (010) 63052088
E - mail: chinagp@vip. sina. com

Printing

Feiteng Colored Printing Co. , Ltd.
Langfang

Distribution

Domestic Distributor:
Beijing Post Offices
Code No. 80 - 258
Overseas Distributor:
China International Book Trading Corporation
(P. O. Box 399 Beijing, China, 100044)
Code No. M 5123

Price

RMB 7. 80 Yuan

CSSN

ISSN 1007 - 9572
CN 13 - 1222/R

Copyright © 2012 by the
Chinese General Practice

CONTENTS IN BRIEF

- 2605 **Pre - hospital and In - hospital Delay after Acute Ischemic Stroke among 231 Patients**
WANG Zhen - hai, XIE Liu - qing, ZHAO Chun - mei, et al.
- 2609 **Pre - hospital Delay Behavior Intention in Individuals at High Risk for Ischemic Stroke**
WU Yan - ni, ZHAO Qiu - li, LIU Xiao, et al.
- 2613 **Impact of Pre - hospital Transfer on Time to Admission of Ischemic Stroke Patients**
HE Hong - li, WANG Pei - xi, FU Rong - li.
- 2616 **Study on the Relationship between Obstructive Sleep Apnea Hypopnea Syndrome and Acute Cerebral Infarction Prognosis**
YUAN Yuan, GAO Xu - guang.
- 2619 **Clinical Follow - up Study of Patients with Premature Acute Myocardial Infaction Undergoing Intervention with Different Statins Treatment**
SHI Rui, JIANG Tie - min, ZHAO Ji - hong, et al.
- 2623 **Application of Radial Versus Femoral Artery Access in Percutaneous Coronary Intervention in Different Age Groups of Elderly Patients**
ZHOU Quan, XU Chun - ping, PAN Shao - yong.
- 2626 **Clinical Application of POSSUM Scoring System in Evaluating Postoperative Complications of Elderly Patients with Adenocarcinoma of the Esophagogastric Junction**
MENG Tao, WANG Fei, ZHANG Qian, et al.
- 2629 **Application and Effectiveness of Follow - up Management Database in Diabetic Patients**
DONG Jing - fen, ZHU Qi - qian, TU Xin.
- 2632 **Analysis of Female Type 2 Diabetes Mellitus and Sleep - related Behaviors**
LI Zhi - qiang, WU Dong - ni, LIU Hai - yan, et al.
- 2635 **Effects of High Loading Dose and High Maintenance Doses of Atorvastatin on Platelet Activity, Vascular Endothelium Function, Inflammation and Prognosis in Patients with Acute Coronary Syndrome Undergoing Percutaneous Coronary Intervention**
CHEN Zhang - qiang, HONG Lang, WANG Hong, et al.
- 2640 **Value of Serum Alpha - fetoprotein Invariant AFP - L3 Assay in the Differential Diagnosis of Hepatocellular Carcinoma**
HE Jian - wei, CAO Wei - wei, LI Jing, et al.
- 2643 **Influence of Enteral Nutrition Formula Rich in Slow - release Carbohydrates and Mono - unsaturated Fatty Acids on Type 2 Diabetes Mellitus**
CHEN Yong - chun, CHEN Xiao - mei, XU Zhen, et al.
- 2646 **Effectiveness of Alendronate in Treating Osteoporosis and Its Relationship with N740N Polymorphism of Low - density Lipoprotein Receptor Related Protein 5 Gene**
FU Wen - zhen, KE Yao - hua, WANG Chun, et al.
- 2649 **Clinical Characteristics and Inflammation - associated Factors of Peripheral Blood in Kawasaki Disease Children with Mycoplasma Pneumoniae Infection**
LI Yu - hua, WU Ben - qing, HUANG Ruo - gu, et al.
- 2652 **Patient Reasons for Encounter and Problems Managed at A General Practice Clinic Affiliated to A Tertiary Hospital**
ZHOU Zhong - hua, HUANG Wen - juan, CHEN Shi - yin, et al.
- 2656 **Distribution of Physical Symptoms and Diagnoses in Patients with Depression or Anxiety Disorders in General Hospitals**
ZENG Qing - zhi, HE Yan - ling, LIU Zhe - ning, et al.
- 2662 **Correlation between C Type Behaviors and Negative Emotion of Perioperative Patients with Cervical Cancer**
ZHANG Na, GUO Yu - fang, ZHANG Jing - ping.
- 2664 **Drug Resistance Gene Mutation in AIDS Patients in Guizhou Province**
SUN - Wei, LI Zhi - jian, SUN Xian - guang, et al.
- 2667 **Meta - analysis on Correlation of Hypertension and Its Complications with Angiotensin - converting Enzyme Gene Polymorphisms in Chinese Elders**
ZHAO Ying, PENG Shu.
- 2670 **Laparoscopic Versus Open Appendectomy for Adult Acute Appendicitis: Meta - analysis**
TENG Ting - peng, ZHANG Chun - jiao, LI Sheng, et al.
- 2674 **Research on the Clinical Features of Lung Cancer in Young and Elder Patients**
WANG Yong, TANG Peng - fei, YANG Yu - rong.
- 2677 **Thalassemia in Shenzhen: A Genotypic Analysis of 189 Cases**
ZHANG Li, YE Guo - yong, HUANG Guo - zheng, et al.

【Serial Parameters】CN13 - 1222/R * 1998 * s * A4 * 92 * zh * p * ¥7. 80 * 41 * 2012 - 08