

ISSN 1007-9572
CN 13-1222/R
CODEN ZQYHAK

CHINESE GENERAL PRACTICE

中国 全科 医学[®]

ZHONGGUO
QUANKEYIXUE

中文核心期刊
中国科技核心期刊
中国科技论文统计源期刊
中国科学引文数据库来源期刊

国家卫生健康委员会 主管
中国医院协会 主办
中国全科医学杂志社



II.2019

2019年11月15日
第22卷 第32期

ISSN 1007-9572



9 771007 957192

32

中国全科医学[®]

ZHONGGUO QUANKE YIXUE

1998年6月创刊 总第623期 第22卷 第32期 2019年11月15日出版

主管

国家卫生健康委员会

主办

中国医院协会

100080北京市海淀区

知春路6号锦秋国际21层

中国全科医学杂志社

100053北京市西城区广义街5号

广益大厦A座907

学术顾问

John Murtagh (澳大利亚)

主任委员

李长明

副主任委员

祝墡珠 陈博文 杜雪平 傅华

主编

杨 辉

总发行人

韩建军

澳大利亚

Leon Piterman David Legge

Shane Thomas Colette Browning

Hui Yang Geroge Liu

美 国

Kurt C. Stange LiLi

Martin. Ronnie B James Xu

编 辑

中国全科医学杂志编辑委员会

100053北京市西城区广义街5号

广益大厦A座907

电话: 010-63052088 83525550

传真: 010-83116369

http://www.chinagp.net

E-mail: zgqkxy@chinagp.net.cn

学术培训部

电话: 010-83115198

E-mail: qkypxb@chinagp.net

上海工作部

联络人: 潘颖

地址: 200090上海市杨浦区腾越路450号

单位: 上海同济大学附属杨浦医院

电话: 021-65690520-646

E-mail: qkoffice@126.com

中国标准连续出版物号

ISSN 1007-9572

CN 13-1222/R

投稿与稿件查询

http://www.chinagp.net

电话: 010-63052088 83525550

0310-2067118

E-mail: zgqkxy@chinagp.net.cn

目 次 CONTENTS

标准·指南 Standard · Guide

2019年《欧洲实践指南: 初级医疗中成年人肥胖的管理》解读

Interpretation of the European Practical and Patient-Centred Guidelines for Adult Obesity Management in Primary Care —2019 周方励, 李舍予 3905

2019年英国国家卫生与临床优化研究所《伴有内科合并症或产科并发症的母婴产时护理指南》解读

Interpretation of Intrapartum Care for Women with Existing Medical Conditions or Obstetric Complications and Their Babies (NICE 2019) 陆虹, 藏瑜 3910

论 著 Original Research

甲状腺功能正常和甲状腺功能减退患者游离三碘甲状腺原氨酸与游离甲状腺素比值

与非酒精性脂肪性肝病的相关性研究

Correlation between FT₃/FT₄ and Non-alcoholic Fatty Liver Disease in Patients with Euthyroidism and Hypothyroidism 范尧夫, 曹雯, 狄红杰, 张会峰, 孙洪平, 曹琳, 褚晓秋 3915

布鲁杆菌病患者就诊及首次诊断延迟原因调查研究

Reasons for Delay in Visit and Initial Diagnosis of Brucellosis 李琳, 徐文体, 苏承, 张颖 3921

人体成分分析在心力衰竭患者治疗中的应用研究

Human Body Composition Analysis in the Treatment of Heart Failure 聂秋平, 刘美霞 3926

住院患者结肠镜诊治肠道准备质量的影响因素研究

Influencing Factors of Bowel Preparation for Colonoscopy in Inpatients

..... 孙畅, 何文英, 王策, 马俊骥, 田慧 3932

胰腺神经内分泌肿瘤肝转移患者手术治疗与非手术治疗的预后分析研究

Prognosis Analysis of Surgical and Non-surgical Treatment for Patients with Pancreatic Neuroendocrine Tumor with Liver Metastasis 宋佳鑫, 张贤彬, 张厚利, 马莉 3939

出版

中国全科医学杂志社
100053北京市西城区广义街5号
广益大厦A座907
电话：010-63052088 83525550
传真：010-83116369
E-mail：zgqkxy@chinagp.net.cn

印刷

廊坊市佰利得彩印制版有限公司
发 行

国内：中国邮政集团公司
北京市报刊发行局
邮发代号：80-258
国外：中国国际图书贸易集团
有限公司
(北京399信箱；100044)
邮发代号：M 5123

订 购

全国各地邮局

邮 购

中国全科医学杂志社发行部
100053北京市西城区广义街5号
广益大厦A座907
电话：010-83116360 63052088
传真：010-83116270

定 价

每期15.00元，全年540.00元

广告经营许可证

许可证号：1304034000014

本刊2019年版权归中国全科医学杂志社所有
未经编辑部许可，不得任意转载和摘编
本刊所发表作品仅为作者观点，并不代表编委会和编辑部意见
如有印装质量问题请向本刊发行部调换



官网稿件
查询通道



中国全科医
学教育平台



中国全科
医学杂志



中国全科医
学学术平台

扫描上方二维码关注
《中国全科医学》官方微信

血红素加氧酶1在儿童继发性噬血细胞综合征诊断及预后判断中的价值研究

Diagnostic and Prognostic Values of Heme Oxygenase-1 in Secondary Phagocytic Syndrome in Children

.....王颖超，李壮壮，朱桂英，殷楚云，王龙 3944

腹腔镜下环宫颈子宫骶骨固定术治疗中重度盆腔器官脱垂的临床研究

Clinical Study of Laparoscopic Cerclage Sacrohysteropexy for Treating Moderate to Severe Pelvic Organ Prolapse

.....彭爱珍，曹变娜，郭久柏，罗美 3950

医学循证 Evidence Based Medicine**耳塞和眼罩对重症监护室患者谵妄和睡眠质量影响的Meta分析**

Effect of Earplugs and Eye Masks on the Incidence of Delirium and Sleep Quality in Intensive Care Patients:

a Meta-analysis吕露露，张雪静 3956

悬吊固定与交叉钉固定在重建前交叉韧带股骨侧固定方式优劣的Meta分析

Suspensory versus Cross-pin Femoral Fixation in an ACL Reconstruction: a Meta-analysis

.....吕阳，高世华，刘军，黄俊翰，陈海云，潘建科，何祥忠，何静雯 3962

男男性接触者社交软件的使用和性行为特征及性传播疾病关系的系统综述

Use of Geosocial Networking Smartphone Applications and Associated Sexual Behaviors and Sexually Transmitted

Infections among Men Who Have Sex with Men: a Systematic Review

.....王海东，张璐，周莹，王国立，武建辉 3969

流行病学调查 Epidemiological Survey**2008—2018年银川市肺结核流行特征调查分析及趋势预测**

Epidemiological Characteristics from 2008 to 2018 and Trend Prediction of Pulmonary Tuberculosis in Yinchuan City

.....刘小娟，李燕，沙小兰，刘兰 3975

2007—2017年上海市松江区梅毒流行病学分析

Epidemiological Analysis of Syphilis in Songjiang District of Shanghai from 2007 to 2017 ... 马纪林，张雪平 3980

社区适宜技术 Recommended Therapeutics in Community Health Service**锁定钢板治疗不同Neer分型肱骨近端骨折的疗效及生物力学恢复情况的评价**

Efficacy and Biomechanical Recovery of Locking Plate in the Treatment of Proximal Humeral Fractures with Different

Neer Classifications赵洪斌，宋洋，黄明光，曾秋涛，缪旭东，阮张涛 3985

蜂蜜外涂治疗小儿肛裂的临床疗效探讨

A Clinical Study on External Application of Honey in the Treatment of Anal Fissure in Children

.....俞婷，薛敏敏，陈兴华，谢珉宁，陈磊，胡春兰 3990

疗效分析 Efficacy Analysis

华蟾素胶囊和芬太尼透皮贴剂联合治疗肿瘤骨转移中重度癌痛的效果研究

Efficacy of Cinobufacin Capsule Combined with Fentanyl Transdermal Patch in the Treatment of Moderate and Severe

Cancer Pain with Bone Metastasis

.....杨森, 赵华新, 王朝昕, 葛许华, 陆媛, 金花, 薄小杰, 张含之, 马乐, 潘莹, 于德华 3993

经皮神经电刺激疗法辅助治疗阿片类药物镇痛不全骨转移癌痛临床疗效观察

Clinical Effect of Transcutaneous Electrical Nerve Stimulation in the Treatment of Opioid Analgesic Insufficiency of

Bone Metastases Cancer Pain杜伟斌, 鲍关爱, 沈福祥, 胡华辉, 陈荣良, 全仁夫 3997

42例甲磺酸阿帕替尼治疗多线化疗失败的晚期胃癌的疗效研究

Efficacy and Safety of Apatinib in the Treatment of Advanced Gastric Cancer with Multiple Line Failure of

Chemotherapy: 42 Cases赛福丁·柯尤木, 王斌, 唐勇 4002

临床诊疗提示 Clinical Practice Tips

结核性脑膜炎继发抗N-甲基-D-天冬氨酸受体脑炎一例报道及诊治思路分析

Anti-NMDA Receptor Encephalitis Secondary to Tubercular Meningitis: a Case Report and Diagnostic Ideas

.....陈丹, 张昀, 周宝桐, 关鸿志, 曾学军 4006

儿童蜱虫叮咬致感染三例诊治分析并文献复习

Infection Caused by Tick Bites in Children: Report of Three Cases and Literature Review

.....黄瑞欧, 周凯, 曹黎明, 刘浩, 单鸣凤 4011

新进展 Cutting Edge

高胆固醇与骨关节炎的研究进展

Research Progress on High Cholesterol and Osteoarthritis韩广弢, 李皓桓, 蔡伟松, 张宇标 4015

衰老过程中的脂肪组织炎症研究进展

Adipose Tissue Inflammation in Aging代火祥, 张欣, 申军, 黄丽红 4020

跟舟联合的诊断与治疗新进展

Progress in Diagnosis and Treatment of the Calcaneonavicular Coalition钱会杰, 韩树峰, 贾二龙 4027

世界全科医学瞭望

—WONCA特别工作组：伦理问题

2002年，世界家庭医生组织(WONCA)伦理问题特别工作组的职权范围被定义为“试图阐明WONCA及其成员(组织和个人)遇到的道德问题的性质，并探讨决策所需信息的原则、价值观和信仰问题”。基于此，通过促进同业内部的广泛交流，发起和支持研究，WONCA伦理问题特别工作组将致力于在整个WONCA社区、国际学术界、医疗保健组织和政府机构中传播信息，以鼓励在初级卫生保健的实践、教育和研究中保持最高伦理标准。

◆ 目的

1.代表WONCA制定医学伦理核心课程，并与欧洲全科教师学会(EURACT)和WONCA教育工作组(WP on Education)合作，将其应用于全球基础医学教育课程中；

2.为师资和受训人员准备如何在医学教育的三个层次中教授伦理的核心课程；

3.制定初级卫生保健机构教学伦理声明；

4.制定医学生和受训人员职业态度评估工具，供医学院或医学系使用；

5.编制全科医生日常实践中挑战他们职业态度的事件手册，本手册可用于全球教学；

6.在声望较高的期刊上发布筛选过的道德困境及问题分析；

7.准备WONCA相关行业关系或赞助等论题推荐。

◆ 目标

• 继续现有活动；
• 从感兴趣的WONCA成员中组建执行组；

• 开发并运行网站；
• 开始道德难题汇编工作；
• 开始制定培训师资和受训人员核心课程。

◆ 未来三年的主要活动

1.制定医学院校医学伦理核心课程；

2.开发信息交流和案例讨论的网站；

3.制作PowerPoint幻灯片，供当地WONCA工作组成员在会议上进行展示介绍。



Wonca
Global Family Doctor

《中国全科医学》稿约见官方网站www.chinagp.net杂志专区

For CGP Instructions for Authors, Please Click Journal Section at www.chinagp.net

【期刊基本参数】 CN13-1222/R*1998*t*A4*120*zh*p* ¥15.00*24*2019-32

本期责任编辑 陈素芳 英文编辑 李秀娟 责任排版、校对 尹鹏 贾萌萌

CHINESE GENERAL PRACTICE

Established in June 1998 Volume 22, Number 32 November 15, 2019

Administrative Institution

National Health Commission of
the People's Republic of China

Sponsor

Chinese Hospital Association Suites
21st Floor, Jinqiu International Building,
No. 6 Zhichun Road, Haidian District
Beijing 100080, China
Publishing House of Journal of
Chinese General Practice
A907 Guangyi Building,
5 Guangyi Street,
Xicheng District, Beijing 100053, China

Academic Adviser

John Murtagh

Chairman

Li Changming

Vice-Chairman

Zhu Shanzhu Chen Bowen
Du Xueping Fu Hua

Editor-in-Chief

Yang Hui

Managing Director

Han Jianjun

Editing

Editorial Board of Journal of
Chinese General Practice
A907 Guangyi Building,
5 Guangyi Street,
Xicheng District, Beijing 100053, China
Tel: 010-63052088 83525550
Fax: 010-83116369
http://www.chinagp.net
E-mail: zgqkxy@chinagp.net.cn

Publication

Publishing House of Journal of
Chinese General Practice
A907 Guangyi Building,
5 Guangyi Street,
Xicheng District, Beijing 100053, China
Tel: 010-63052088 83525550
Fax: 010-83116369
E-mail: zgqkxy@chinagp.net.cn

Printing

Bailide Colored Printing Co., Ltd.
Langfang

Distribution

Domestic Distributor:
Beijing Post Offices
Code No. 80-258
Overseas Distributor:
China International Book Trading
Corporation
(P.O.Box 399 Beijing, China 100044)
Code No. M 5123

Price

RMB 15.00 Yuan

CSSN

ISSN 1007-9572
CN 13-1222/R

Copyright © 2019 by the
Chinese General Practice

CONTENTS IN BRIEF

- 3905 **Interpretation of the European Practical and Patient-Centred Guidelines for Adult Obesity Management in Primary Care —2019**
ZHOU Fangli, LI Sheyu
- 3910 **Interpretation of Intrapartum Care for Women with Existing Medical Conditions or Obstetric Complications and Their Babies (NICE 2019)**
LU Hong, ZANG Yu
- 3915 **Correlation between FT₃/FT₄ and Non-alcoholic Fatty Liver Disease in Patients with Euthyroidism and Hypothyroidism**
FAN Yaofu, CAO Wen, DI Hongjie, ZHANG Huifeng, SUN Hongping, CAO Lin, CHU Xiaoqiu
- 3921 **Reasons for Delay in Visit and Initial Diagnosis of Brucellosis**
LI Lin, XU Wentu, SU Cheng, ZHANG Ying
- 3926 **Human Body Composition Analysis in the Treatment of Heart Failure**
NIE Qiuping, LIU Meixia
- 3932 **Influencing Factors of Bowel Preparation for Colonoscopy in Inpatients**
SUN Chang, HE Wenying, WANG Ce, MA Junji, TIAN Hui
- 3939 **Prognosis Analysis of Surgical and Non-surgical Treatment for Patients with Pancreatic Neuroendocrine Tumor with Liver Metastasis**
SONG Jiaxin, ZHANG Xianbin, ZHANG Houli, MA Li
- 3944 **Diagnostic and Prognostic Values of Heme Oxygenase-1 in Secondary Phagocytic Syndrome in Children**
WANG Yingchao, LI Zhuangzhuang, ZHU Guiying, YIN Chyun, WANG Long
- 3950 **Clinical Study of Laparoscopic Cervical Sacrohysteropexy for Treating Moderate to Severe Pelvic Organ Prolapse**
PENG Aizhen, CAO Bianna, GUO Jiubai, LUO Mei
- 3956 **Effect of Earplugs and Eye Masks on the Incidence of Delirium and Sleep Quality in Intensive Care Patients: a Meta-analysis**
LYU Lulu, ZHANG Xuejing
- 3962 **Suspensory versus Cross-pin Femoral Fixation in an ACL Reconstruction: a Meta-analysis**
LYU Yang, GAO Shihua, LIU Jun, HUANG Junhan, CHEN Haiyun, PAN Jianke, HE Xiangzhong, HE Jingwen
- 3969 **Use of Geosocial Networking Smartphone Applications and Associated Sexual Behaviors and Sexually Transmitted Infections among Men Who Have Sex with Men: a Systematic Review**
WANG Haodong, ZHANG Lu, ZHOU Ying, WANG Guoli, WU Jianhui
- 3975 **Epidemiological Characteristics from 2008 to 2018 and Trend Prediction of Pulmonary Tuberculosis in Yinchuan City**
LIU Xiaojuan, LI Yan, SHA Xiaolan, LIU Lan
- 3980 **Epidemiological Analysis of Syphilis in Songjiang District of Shanghai from 2007 to 2017**
MA Jilin, ZHANG Xueping
- 3985 **Efficacy and Biomechanical Recovery of Locking Plate in the Treatment of Proximal Humeral Fractures with Different Neer Classifications**
ZHAO Hongbin, SONG Yang, HUANG Mingguang, ZENG Qiutao, MIAO Xudong, RUAN Zhangtao
- 3990 **A Clinical Study on External Application of Honey in the Treatment of Anal Fissure in Children**
YU Ting, XUE Minmin, CHEN Xinghua, XIE Minning, CHEN Lei, HU Chunlan
- 3993 **Efficacy of Cinobufacin Capsule Combined with Fentanyl Transdermal Patch in the Treatment of Moderate and Severe Cancer Pain with Bone Metastasis**
YANG Sen, ZHAO Huixin, WANG Zhaoxin, GE Xuhua, LU Yuan, JIN hua, BO Xiaojie, ZHANG Hanzhi, MA Le, PAN Ying, YU Dehua
- 3997 **Clinical Effect of Transcutaneous Electrical Nerve Stimulation in the Treatment of Opioid Analgesic Insufficiency of Bone Metastases Cancer Pain**
DU Weibin, BAO Guanai, SHEN Fuxiang, HU Huahui, CHEN Rongliang, QUAN Renfu
- 4002 **Efficacy and Safety of Apatinib in the Treatment of Advanced Gastric Cancer with Multiple Line Failure of Chemotherapy: 42 Cases**
SAIFUDING • Keyoumu, WANG Bin, TANG Yong
- 4006 **Anti-NMDA Receptor Encephalitis Secondary to Tubercular Meningitis: a Case Report and Diagnostic Ideas**
CHEN Dan, ZHANG Yun, ZHOU Baotong, GUAN Hongzhi, ZENG Xuejun
- 4011 **Infection Caused by Tick Bites in Children: Report of Three Cases and Literature Review**
HUANG Ruiou, ZHOU Kai, CAO Liming, LIU Hao, SHAN Mingfeng

【 Serial Parameters 】 CN13-1222/R * 1998 * t * A4 * 120 * zh * p * ¥15.00 *24* 2019-32