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世界全科医学瞭望

——整合型医疗服务体系

建立整合型医疗服务体系是世界各国卫生改革的重要研究命题和趋势, 整体化体系的变革可以促进医疗服务质量的提升和医疗成本的降低。

1.概念与内涵 目前国内外对整合型医疗服务体系的概念界定尚不统一。根据WHO的定义, 其是指根据居民健康需求, 由卫生体系内不同层级机构协作为其提供健康促进、疾病预防、诊疗、康复及管理连续性服务。核心理念为以人为本, 旨在实现医疗服务的整合。

2.国际典型模式 (1) 美国凯撒医疗集团模式, 是美国整合医疗模式的典范, 有效遏制了医疗费用的高速增长。其将医疗服务分级, 用户通过定期缴纳固定费用以获得包括诊所、医生组织、医院等全覆盖的指定医疗服务网络。实现了医保和医疗服务系统、各级医疗机构医务人员、信息技术、医疗设备、决策机制等的整合。(2) 英国国家医疗服务体系(NHS), 是英国整合医疗和福利制度的代表。其将医疗、预防、保健、康复、健康教育和健康促进等整合, 通过实施以社区全科医生首诊为基础和双向转诊为途径的分级医疗体系, 为居民提供系统、连续、全方位服务。卫生发展5年规划中提出, 要建立统一的、国家层面的NHS领导机构, 以充分调动患者、志愿部门、监管机构、信托发展机构等。(3) 德国公共合同型服务模式: 严格执行区域医院规划, 明确区域内各机构功能定位; 实现政府主导与市场调节的高效配合, 在保证服务公平、可及的同时, 优化资源配置; 实行转诊制, 促进分级医疗; 医疗管理体系严格、精细、规范。

3.我国医联体建设 医联体是我国在整合医疗服务方面进行的具体探索, 目前尚无统一运行模式, 较为成熟的医联体模式包括: 深圳罗湖医疗集团、江苏镇江康复医疗集团为代表的城市医疗集团; 安徽天长为代表的县域医共体; 北京儿童医院为代表的跨区域专科联盟; 中日友好医院为代表的远程医疗协作网。当前, 我国医联体建设全面推开, 患者就医流向趋于合理, 区域医疗资源实现共享, 逐渐形成了具有中国特色的整合型医疗服务体系。



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