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本期荐读

2019年中国流行病学调查结果显示,我国>35岁的居民中,约1 370万人患有心力衰竭。2019年,欧洲心力衰竭协会和欧洲心脏病学会提出了针对射血分数保留的心力衰竭诊断的“4步HFA-PEFF诊断算法”的诊断系统,本期特邀南方医科大学南方医院许顶立教授团队针对《射血分数保留的心力衰竭的诊断》共识进行解读,并探讨目前心力衰竭社区管理的改进模式,旨在提高临床对心力衰竭的诊断准确率,并提供多学科、多层次的心力衰竭立体管理模式。

重视传染病流行病学研究并准确预测其流行趋势,对卫生部门风险研判和卫生资源分配具有重要的指导意义。据中国疾病预防控制中心发布的数据,2017年中国流行性腮腺炎发病数为252 740例,2018年1—6月为135 672例。本期《中国流行性腮腺炎发病率模型拟合及预测效果比较》借助2004—2016年全国流行性腮腺炎的逐月发病率,组建4种模型,并评价模型预测效果,对流行性腮腺炎的疾病监测具有重要意义。

国家统计局数据显示,2018年我国65岁以上老年人总数达1.66亿,其轻度认知障碍的发病率高达20.8%,认知障碍疾病是我国不可忽视的重大健康问题。既往研究表明,听力下降与认知障碍之间存在显著的相关关系。本期《听力下降预警老年人群3年后认知障碍的发生情况》一文通过调查1 117例老年人的听力水平以及其3年后认知障碍的发生情况,得出听力下降的老年人易发生认知障碍,这对发现认知障碍高风险患者,减少或延缓老年人认知障碍的发生有重要意义。

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