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本期荐读

美国内科医师协会认为, 当一种疾病有多个指南指导或与现有指南冲突时, 对现有指南进行严格评估比制定新指南更有价值。《慢性鼻窦炎指南的评价与内容分析》一文, 即使用AGREE II和RIGHT对现有指南进行评价, 并使用气泡图和思维导图对各指南的推荐意见进行对比, 以期引导临床工作者以审慎的态度参考指南推荐意见。同时, 发现目前指南制定过程中存在的缺陷, 为将来指南的制定及报告提供借鉴。

随着人口老龄化加重, 多病共存案例越来越多, 多个临床实践指南同时使用, 可能会导致治疗之间的矛盾, 药物的相互作用, 疾病的相互干扰。《社区老年多病共存患者多重用药情况评价研究》一文, 即应用STOPP/START及Beers标准, 对多病共存多重用药患者进行不合理用药的评估, 分析了多重用药产生不合理用药的原因, 并提供了一些针对多重用药的合理性评价工具。

决策平衡在行为改变过程及健康行为维持中发挥重要中介抑或决定作用。《健康相关行为决策平衡测评工具的研究进展》一文, 对国内外健康行为相关的决策平衡测评工具进行综述, 以期为我国国情、综合全面、系统科学的决策平衡测评工具提供借鉴和参考, 最终为挖掘健康相关行为决定因素, 开展健康行为促进研究提供借鉴和依据。

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