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本期荐读

开展医疗卫生服务相关改革，应重视提高医疗卫生服务的质量和效率，并逐步建立起医疗卫生服务标准化体系。基于此，本期聚焦全科医生规范化培养、社区卫生服务标准化，重点向您推荐以下文章。

《全科专业住院医师规范化培训内容与标准补充修订建议（针对2019年修订版）》一文，是中国医师协会全科医师分会基于新型冠状病毒肺炎疫情实践对《全科专业住院医师规范化培训内容与标准（2019年修订版）》所做的补充修订。针对疫情防控期间暴露出的基层全科医生传染病防控知识与经验不足的问题，提出在培养过程中应适当延长全科住院医师在基层实践基地培训时间、充实培训内容，规范传染病的轮转时间、充实培训细则，加强公共卫生服务体系相关内容的学习。本补充修订建议是对我国全科专业住院医师规范化培训制度的进一步完善。

我国心血管病发生率呈逐年上升趋势，以社区为基础进行综合管理是其防治的重要一环。英国国家卫生与临床优化研究所（NICE）是负责制定医疗卫生和社会照顾服务指南与标准的法定机构，2019年其对《大于16岁人群卒中和短暂性脑缺血发作的诊断和初期管理指南》和《成人原发性高血压管理指南》进行了更新。本期对以上两个指南进行解读，针对心血管领域的重要问题做出科学合理的解答，力求为临床心血管疾病的规范化防治提供证据与参考。

我国社区卫生服务仍在持续发展完善中，以其为对象进行综合标准化建设，对其规划运行有重要作用。上海市闵行区古美社区卫生服务中心是社区卫生服务综合标准化国家级试点立项单位，目前已经形成一套社区卫生服务标准体系。本期“社区标准化建设专题研究”详细介绍了其综合标准化构建方法、系统评价方法，并汇总报道其开展经验和开展成效，可以为其他机构开展社区卫生服务标准化建设提供参考。

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