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本期荐读

全科医学研究者一方面需要面对具有时代性和社会学的临床问题,同时其又在工作中频繁接触患者,因此,全科医生更加注重患者的就诊体验。而质性研究在此方面具有独特的优势。本期特开设“质性研究”栏目为全科医生科研能力提供支持与帮助。本期《阿尔茨海默病主要家庭照顾者管理负担来源及其管理策略的质性研究》《居家老年多病共存患者多重用药体验的质性研究》采用半结构深度访谈法,并采用 Colaizzi 的现象学资料 7 步分析法,从人文的角度理解患者存在的问题;《医务人员对北京市老年人接种流感疫苗的影响质性研究》通过进行深度访谈,使用 Excel 主题框架法进行资料整理,对提高老年人群疫苗接种率提供了线索与科学依据。

2017 年 2 月原国家卫生计生委和国家中医药管理局下发的《乳腺癌和甲状腺癌分级诊疗重点任务及服务流程图》提出,要求基层医疗机构规范对甲状腺疾病的社区管理。本期《上海市浦东新区全科医生甲状腺结节及分化型甲状腺癌相关知识了解情况调查》一文得出全科医生对甲状腺结节及分化型甲状腺癌相关知识的了解较为欠缺,需要加强学习和临床培训。

1980—2013 年,我国组织的大规模糖尿病流行病学调查发现,我国糖尿病患病率由 0.7% 上升至 10.4%。在糖尿病并发症中,最常见的是糖尿病膀胱,有 25%~87% 的糖尿病患者深受困扰。本期《糖尿病膀胱研究进展》一文在总结流行病学特点,疾病研究历史的基础上,以全新的结构框架梳理糖尿病膀胱的发病机制,并提出目前的研究热点及传统治疗方法以外的新方法,以期为临床提供研究方向,提高患者的生活质量。

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