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发展全科科研 助力全科医疗 ——社区干预研究

初级保健研究较常见的九类研究方法包括: 随机对照试验(干预性研究)、队列研究(观察性研究)、案例对照研究(观察性研究)、横断面研究(观察性研究)、Meta分析(二次研究)、案例研究、半结构化访谈、混合方法学研究、质量改进方法学研究。

全科医生进行初级保健研究具有诸多优势, 例如其进行社区干预研究时的优势包括: (1) 社区人口相对稳定, 流动性小, 并有足够数量, 利于进行干预研究。(2) 社区覆盖人群类型较广泛且全面, 不仅有目标患病人群, 还有健康人群, 相对来说较易设立观察组与对照组。(3) 由于全科医生与所辖社区人群建立了签约机制, 人群具有较好的依从性, 失访率较低, 可以进行长期随访。(4) 全科医生直接管理所辖社区人群健康并建立了相应的健康档案, 较易获取第一手资料。

目前初级保健研究发展较快, 新的研究方法不断涌现, 如快速研究、基于地理信息系统的研究等, 本刊欢迎所有在社区进行的干预研究(投稿邮箱zhaoyuecui@chinagp.net), 以期为广大全科医生的科研及临床决策提供参考。

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