

CHINESE

ISSN 1007-9572

CN 13-1222/R

CODEN ZQYHAK

GENERAL
PRACTICE

中国 全科 医学[®]

Volume 24 Number 14

May 2021

ZHONGGUO
QUANKEYIXUE

中文核心期刊

中国科技核心期刊

中国科技论文统计源期刊



5.2021

2021年5月15日

第24卷 第14期

国家卫生健康委员会 主管
中国医院协会 主办

ISSN 1007-9572



万方数据

中国全科医学[®]



订阅杂志
赠送课程

ZHONGGUO QUANKE YIXUE

1998年6月创刊 总第677期 第24卷 第14期 2021年3月在线出版 2021年5月15日发行

主 管

国家卫生健康委员会

主 办

中国医院协会

100080北京市海淀区

知春路6号锦秋国际21层

学术顾问

John Murtagh (澳大利亚)

主任委员

李长明

副主任委员

祝瑾瑜 杜雪平 张静波 傅 华

主 编

杨 辉

总发行人

韩建军

澳大利亚

Leon Piterman David Legge

Shane Thomas Colette Browning

Hui Yang George Liu

美 国

Kurt C. Stange LiLi

Martin. Ronnie B James Xu

编 辑

中国全科医学杂志编辑委员会

100010北京市东城区内务部街19号

电话: 010-63052088 83525550

传真: 010-83116369

http://www.chinagp.net

E-mail: zgqkyx@chinagp.net.cn

上海工作部

联络人: 潘颖

地址: 200090上海市杨浦区腾越路450号

单位: 上海同济大学附属杨浦医院

电话: 021-65690520-646

E-mail: qkoffice@126.com

中国标准连续出版物号

ISSN 1007-9572

CN 13-1222/R

投稿与稿件查询

http://www.chinagp.net

电话: 010-63052088 83525550

0310-2067118

E-mail: zgqkyx@chinagp.net.cn

目 次 CONTENTS

指南·共识 Guideline · Consensus

姑息治疗与安宁疗护基本用药指南

Chinese Guideline for Use of Essential Medicines in Palliative and Hospice Care

..... 海峡两岸医药卫生交流协会全科医学分会 1717

2021年美国NIH发布的新型冠状病毒肺炎治疗指南与中国发布的

新型冠状病毒肺炎治疗方案对比分析

Comparative Analysis of the New Coronavirus Pneumonia Treatment Guidelines Issued by the US NIH in 2021 and the

New Coronavirus Pneumonia Treatment Plans Issued by China

..... 李树仁, 赵文静, 李健超, 孟阳, 郝潇, 张倩辉 1735

论 著 Article

阻塞性睡眠呼吸暂停临床亚型的潜在类别以及对不同类别

首次持续气道正压通气治疗反应的分析研究

The Latent Class of Clinical Subtypes of Obstructive Sleep Apnea and the Analysis of Characteristics of Initial Exposure

to CPAP Therapy 邱健, 程金湘, 任佳封, 孙述昱, 赵显超, 江应聪, 宿长军 1745

运动干预对非体外冠状动脉旁路移植术后中年患者健康相关生存质量的影响研究

Health-related Quality of Life of Middle-aged Patients with Exercise Intervention after Off-pump Coronary Artery

Bypass Grafting 赵铁夫, 王盛宇, 张春晓, 张明, 陈宏, 马涵英 1752

单中心非瓣膜性心房颤动患者抗栓现状分析及建议

Antithrombotic Therapies for Patients with Nonvalvular Atrial Fibrillation: a Single-center Comparative Analysis and

Recommendations 谢煌烈, 韩鹏宇, 郑朝阳, 朱伟, 陶文祥, 王恒坤 1758

冠状动脉慢性完全闭塞性病变患者心电复极指标的变化研究

Changes of Electrocardiographic Repolarization Indices in Patients with Coronary Chronic Total Occlusion after

Successful Revascularization 仇鑫, 余晓凡, 叶青, 周俊玲, 陈鸿武, 马礼坤 1764

出版

中国全科医学杂志社
100010北京市东城区内务部街19号
电话: 010-63052088 83525550
传真: 010-83116369
E-mail: zgqkxyx@chinagp.net.cn

印刷

廊坊市佰利得彩印制版有限公司

发行

国内: 中国邮政集团公司
北京市报刊发行局
邮发代号: 80-258
国外: 中国国际图书贸易集团
有限公司
(北京399信箱; 100044)
邮发代号: M 5123

订购

全国各地邮局

邮购

中国全科医学杂志社发行部
100010北京市东城区内务部街19号
电话: 010-83116360 63052088
传真: 010-83116270

定价

每期15.00元, 全年540.00元

广告经营许可证

许可证号: 1304034000014

本刊2021年版权归中国全科医学杂志社所有
未经编辑部许可, 不得转载和摘编
本刊所发表作品仅为作者观点, 并不代表编委会和编辑部意见
如有印装质量问题请向本刊发行部调换



官网稿件
查询通道



中国全科医学
教育平台



中国全科
医学杂志



中国全科医学
学术平台

扫描上方二维码关注
《中国全科医学》官方微信

基层医院慢性心力衰竭治疗转归的影响因素研究

Influencing Factors of Treatment Outcome of Chronic Heart Failure in Primary Hospitals

任莉霞, 贾旭, 王志浩, 张薇, 钟明, 马骁 1769

半定量试纸法评价微量白蛋白尿的探索性研究

Semi-quantitative Urine Strip for Screening Microalbuminuria in Patients with Hypertension: an Exploratory Study

喜杨, 王鸿懿, 杨帆, 孙宁玲 1776

双氢青蒿素对类风湿关节炎患者外周血单个核细胞

TLR/MyD88信号通路的影响研究

Effect of Dihydroartemisinin on TLR-mediated MyD88-dependent Signaling Pathway in Peripheral Blood

Mononuclear Cells in Patients with Rheumatoid Arthritis

闫慧明, 安燕, 张雪, 刘咏梅, 秦洁莉, 刘远, 王武龙, 岳建伟, 赵洪 1780

初治涂阳肺结核患者治愈后的随访观察及复发情况的影响因素分析

Recurrence and Associated Factors in Cured Patients with Newly Diagnosed Smear-positive Pulmonary Tuberculosis:

a Follow-up Study 李鹰, 王祖康, 魏尤良, 蔡志华 1785

静电敷贴经颅微电流刺激对慢性贫血患者睡眠质量和贫血症状的影响研究

Effects of Electrostatic Acupoint Plaster Cranial Electrotherapy Stimulation Treatment on the Sleep Quality and

Symptom Distress of Chronic Anemia Patients 姚燕妹, 许丽琼, 周有良, 范凤雷, 赵巧巧, 丁汀 1790

希恩综合征并发垂体危象患者精神异常的影响因素分析

Influencing Factors for Mental Disorders Occurring in Sheehan's Syndrome Patients with Pituitary Crisis

郭久畅, 张琳, 王茜, 杨丹, 章莹, 张晗, 廖鑫, 高琳 1795

艾司西酞普兰联合捏脊法治疗首发抑郁症患者的临床疗效研究

Clinical Therapeutic Effect of Escitalopram Plus Chiropractic Therapy on First-episode Depression

章晓梅, 张伟英, 张红波, 严央丽, 钟华 1800

医学循证 Evidence Based Medicine

一步法LCBDE+LC和序贯二步法ERCP/EST+LC治疗胆囊结石合并胆总管结石有效性和安全性的Meta分析

及安全性的Meta分析

Comparisin of Efficacy and Safety of One-stage LCBDE+LC and Sequential Two-stage ERCP/EST+LC in the

Treatment of Cholecystolithiasis Complicated with Choledocholithiasis: a Meta-analysis

林秋满, 王桂良, 吴灶璇, 张鑫, 钟亭西, 龚敏, 李兴 1805

他达拉非联合坦索罗辛治疗男性下尿路症状合并勃起功能障碍疗效及安全性的Meta分析

Efficacy and Safety of Combination Therapy with Tadalafil and Tamsulosin in Treating Lower Urinary Tract

Symptoms and Erectile Dysfunction in Men: a Meta-analysis

李金泽, 彭磊, 李云祥, 韦堂墙, 熊蔚, 牛超, 张宗平 1813

间歇期痛风患者中性粒细胞/淋巴细胞比值的变化及其临床意义研究

Changes and Clinical Significance of Neutrophil/Lymphocyte Ratio of Intercritical Gout Patients

..... 杨颖瑜, 柳涛红, 王聘, 黄玉琴, 何欣, 青玉凤, 张全波 1820

系统性红斑狼疮伴持续性血小板计数增多的临床分析

Clinical Analysis of Systemic Lupus Erythematosus with Persistent Thrombocytosis

..... 崔鹏, 徐冬, 邢恬, 任国华, 马尚民 1827

ARSE基因突变导致X-连锁隐性遗传点状软骨发育不良的临床表型及基因型分析

Clinical Phenotypes and Genotypes of X-linked Recessive Chondrodysplasia Punctata Caused by ARSE Gene Mutations

..... 李林, 杜开先, 张晓莉, 董燕, 关静, 甘玲, 贾天明 1831

程序性细胞死亡蛋白1配体抑制剂Atezolizumab引起免疫相关性心肌炎一例报道

Immune-related Myocarditis Caused by PD-L1 Inhibitor Atezolizumab in Thymoma Treatment: Report of One Case

..... 龙浪, 罗锋, 王力, 郝国清 1837

全科医疗工具与方法 Research on Tools/Methods in General Practice

老年2型糖尿病患者糖化血红蛋白预测模型的建立与评分表的开发

Establishment of Predictive Model and Development of Scale for HbA_{1c} in Elderly Type 2 Diabetes Patients Based on

Logistic Regression 杨恒博, 袁蓉, 石霞, 吴行伟 1841

基于WHO国际临床试验注册平台重症哮喘临床试验注册现状分析

Analysis of Registration Status of Severe Asthma Clinical Trials Based on WHO ICTRP

..... 屠新敏, 王明航, 赵欢欢, 杨江, 林晓红 1848

《中国全科医学》稿约见官方网站www.chinagp.net杂志专区

For CGP Instructions for Authors, Please Click Journal Section at www.chinagp.net

【期刊基本参数】 CN13-1222/R*1998*t*A4*120*zh*p*¥ 15.00*21*2021-14

本期责任编辑 崔莎 英文编辑 李秀娟 责任排版、校对 尹鹏 李婷婷

专家谈

——姑息治疗与安宁疗护基本用药指南

王一方(北京大学医学部教授):《姑息治疗与安宁疗护基本用药指南》不同于其他疾病的用药指南,在适应证与用药细则解读之前,对其中的医学人文内涵进行了阐释和建构。首先是目标人群的界定:“罹患各种现代医学尚无法治愈的,慢性疾病患者及临终患者”。在姑息治疗的谱系里,靶点不是最高诉求,临床治愈是指目的性治愈、过程性治愈。其次在“原则”上:该指南关注的中心是患者,而不仅限于疾病本身。姑息治疗团队需要根据临终患者的用药感受调整用药的种类或剂量,权衡用药的不良反应。第三,该指南面向临床专科医师。姑息治疗的宗旨是“全人医学”模式引领下的全科、全队、全程、全家服务,姑息医学科是专科中的全科,如何协调好“专”与“全”的辩证关系,是一个理论难题,更是实践难题。

张波(北京协和医院药剂科主任):目前我国姑息学科的相关知识、理论和技能缺乏系统全面的介绍。李玲教授团队按照国际药物指南制定标准制定了我国首部《姑息治疗与安宁疗护基本用药指南》,从循证的角度,全面、系统的介绍了23种症状控制药物,基本覆盖终末期患者常见的躯体和精神心理症状以及临终期难治性症状的姑息镇静用药,并多选自我国现行的基本药物目录,为从事姑息治疗与安宁疗护相关专科的医务人员提供了药物治疗风险获益评估和实践的参考依据,也为满足不同层次医疗机构和学科的使用奠定了坚实的基础。

胡毅(中国人民解放军总医院肿瘤医学部主任):姑息治疗与安宁疗护的核心是症状控制。李玲教授团队发布的《姑息治疗与安宁疗护基本用药指南》针对各种疾病终末期常见33个躯体及精神心理症状(涵盖了肿瘤终末期患者的常见症状),基于充足的循证医学证据,既确保推荐药物的证据性,也确保各级医疗单位的可及性。本指南有助于提升各层级医疗机构和临床各个专科医护人员对姑息医疗的认识,并提高临床服务技能和质量。

(全文更多内容扫描二维码查看)



王一方, 张波, 胡毅. 《姑息治疗与安宁疗护基本用药指南》专家谈[J]. 中国全科医学, 2021, 24(14): 目次页.

CHINESE GENERAL PRACTICE

Established in June 1998 Volume 24, Number 14 May 15, 2021

Administrative Institution

National Health Commission of
the People's Republic of China

Sponsor

Chinese Hospital Association Suites
21st Floor, Jinqiu International Building,
No. 6 Zhichun Road, Haidian District
Beijing 100080, China

Academic Adviser

John Murtagh

Chairman

Li Changming

Vice-Chairman

Zhu Shanzhu Du Xueping
Zhang Jingbo Fu Hua

Editor-in-Chief

Yang Hui

Managing Director

Han Jianjun

Editing

Editorial Board of Journal of
Chinese General Practice
19 Nei wu Street,
Dongcheng District, Beijing 100010, China
Tel: 010-63052088 83525550
Fax: 010-83116369
<http://www.chinagp.net>
E-mail: zgqkx@chinagp.net.cn

Publication

Publishing House of Journal of
Chinese General Practice
19 Nei wu Street,
Dongcheng District, Beijing 100010, China
Tel: 010-63052088 83525550
Fax: 010-83116369
E-mail: zgqkx@chinagp.net.cn

Printing

Bailide Colored Printing Co., Ltd.
Langfang

Distribution

Domestic Distributor:
Beijing Post Offices
Code No. 80-258
Overseas Distributor:
China International Book Trading
Corporation
(P.O. Box 399 Beijing, China 100044)
Code No. M 5123

Price

RMB 15.00 Yuan

CSSN

ISSN 1007-9572
CN 13-1222/R

Copyright © 2021 by the
Chinese General Practice

CONTENTS IN BRIEF

- 1717 **Chinese Guideline for Use of Essential Medicines in Palliative and Hospice Care**
General Practice Branch of Cross-Strait Medicine Exchange Association
- 1735 **Comparative Analysis of the New Coronavirus Pneumonia Treatment Guidelines Issued by the US NIH in 2021 and the New Coronavirus Pneumonia Treatment Plans Issued by China**
LI Shuren, ZHAO Wenjing, LI Jianchao, MENG Yang, HAO Xiao, ZHANG Qianhui
- 1745 **The Latent Class of Clinical Subtypes of Obstructive Sleep Apnea and the Analysis of Characteristics of Initial Exposure to CPAP Therapy**
QIU Jian, CHENG Jinxiang, REN Jiafeng, SUN Shuyu, ZHAO Xianchao, JIANG Yingcong, SU Changjun
- 1752 **Health-related Quality of Life of Middle-aged Patients with Exercise Intervention after Off-pump Coronary Artery Bypass Grafting**
ZHAO Tiefu, WANG Shengyu, ZHANG Chunxiao, ZHANG Ming, CHEN Hong, MA Hanying
- 1758 **Antithrombotic Therapies for Patients with Nonvalvular Atrial Fibrillation: a Single-center Comparative Analysis and Recommendations**
XIE Huanglie, HAN Pengyu, ZHENG Chaoyang, ZHU Wei, TAO Wenxiang, WANG Hengkun
- 1764 **Changes of Electrocardiographic Repolarization Indices in Patients with Coronary Chronic Total Occlusion after Successful Revascularization**
QIU Xin, YU Xiaofan, YE Qing, ZHOU Junling, CHEN Hongwu, MA Likun
- 1769 **Influencing Factors of Treatment Outcome of Chronic Heart Failure in Primary Hospitals**
REN Lixia, JIA Xu, WANG Zhihao, ZHANG Wei, ZHONG Ming, MA Xiao
- 1776 **Semi-quantitative Urine Strip for Screening Microalbuminuria in Patients with Hypertension: an Exploratory Study**
XI Yang, WANG Hongyi, YANG Fan, SUN Ningling
- 1780 **Effect of Dihydroartemisinin on TLR-mediated MyD88-dependent Signaling Pathway in Peripheral Blood Mononuclear Cells in Patients with Rheumatoid Arthritis**
YAN Huiming, AN Yan, ZHANG Xue, LIU Yongmei, QIN Jieli, LIU Yuan, WANG Wulong, YUE Jianwei, ZHAO Hong
- 1785 **Recurrence and Associated Factors in Cured Patients with Newly Diagnosed Smear-positive Pulmonary Tuberculosis: a Follow-up Study**
LI Ying, WANG Zukang, WEI Youliang, GONG Zhihua
- 1790 **Effects of Electrostatic Acupoint Plaster Cranial Electrotherapy Stimulation Treatment on the Sleep Quality and Symptom Distress of Chronic Anemia Patients**
YAO Yanmei, XU Liqiong, ZHOU Youliang, FAN Fenglei, ZHAO Qiaoqiao, DING Ting
- 1795 **Influencing Factors for Mental Disorders Occurring in Sheehan's Syndrome Patients with Pituitary Crisis**
GUO Jiuchang, ZHANG Lin, WANG Qian, YANG Dan, ZHANG Ying, ZHANG Han, LIAO Xin, GAO Lin
- 1800 **Clinical Therapeutic Effect of Escitalopram Plus Chiropractic Therapy on First-episode Depression**
ZHANG Xiaomei, ZHANG Weiying, ZHANG Hongbo, YAN Yangli, ZHONG Hua
- 1805 **Comparisin of Efficacy and Safety of One-stage LCBDE+LC and Sequential Two-stage ERCP/EST+LC in the Treatment of Cholecystolithiasis Complicated with Choledocholithiasis: a Meta-analysis**
LIN Qiuman, WANG Guiliang, WU Zaoxuan, ZHANG Xin, ZHONG Tingxi, GONG Min, LI Xing
- 1813 **Efficacy and Safety of Combination Therapy with Tadalafil and Tamsulosin in Treating Lower Urinary Tract Symptoms and Erectile Dysfunction in Men: a Meta-analysis**
LI Jinze, PENG Lei, LI Yunxiang, WEI Tangqiang, XIONG Wei, NIU Chao, ZHANG Zongping
- 1820 **Changes and Clinical Significance of Neutrophil/Lymphocyte Ratio of Intercritical Gout Patients**
YANG Yanyu, LIU Taohong, WANG Dan, HUANG Yuqin, HE Xin, QING Yufeng, ZHANG Quanbo
- 1827 **Clinical Analysis of Systemic Lupus Erythematosus with Persistent Thrombocytosis**
CUI Peng, XU Dong, XING Tian, REN Guohua, MA Shangmin
- 1831 **Clinical Phenotypes and Genotypes of X-linked Recessive Chondrodysplasia Punctata Caused by ARSE Gene Mutations**
LI Lin, DU Kaixian, ZHANG Xiaoli, DONG Yan, GUAN Jing, GAN Ling, JIA Tianming
- 1837 **Immune-related Myocarditis Caused by PD-L1 Inhibitor Atezolizumab in Thymoma Treatment: Report of One Case**
LONG Lang, LUO Feng, WANG Li, YAN Guoqing

【Serial Parameters】 CN13-1222/R * 1998 * t * A4 * 120 * zh * p * ¥15.00 * 21 * 2021-14